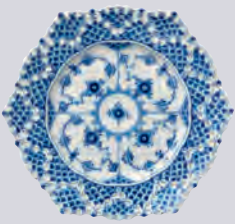


MOTHER’S DAY SPECIAL: CELEBRATE MOM IN STYLE



PHOTO: CARLYLE ROUTH



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MAKE HER SMILE
*35 Mother’s Day presents
guaranteed to delight*
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SPECIAL
FAMILY ROMANCE

Canadian mothers and daughters share their love stories

BY EDEN BOILEAU

CATHERINE AND CAITLIN DOHERTY

While they’re both prop stylists, Catherine Doherty and her daughter Caitlin are at opposite ends of what that means. Catherine, 51, is zoomed in, creating beautiful tabletops for food and decor photo shoots, while Caitlin, 31, is the wide shot, designing bold, unique sets for fashion features and celebrity profiles. With a laughing, back-and-forth rapport, the duo seem as much like sisters as mother and daughter. They totally agree that time at the cottage is the best, just maybe not on who’s more high-maintenance.

What is your favourite thing about each other?
Catherine: “I like Cait’s spontaneity. She keeps things fun, and there’s always chaos around the corner.”
Caitlin: “I love Mom’s energy. We’re always laughing!”

How are you alike and how are you different?
Catherine: “We both lose things all the time. We’re passionate people—we both have the wanderlust thing. How are we different? I’m a worrywart, and Cait never worries about anything. I’m always like, ‘What could happen next?’ A bomb could go off and Cait would be like, ‘Oh, yeah, that’s fine.’”

What’s your favourite thing to do together?
Caitlin: “To be at the cottage on the dock, hanging out by the fire or going on hikes.”

Catherine: “I love to hang out with the family [which includes Catherine’s other kids, Tara, 17, and Luke, 19], at the cabin. Our lives are so busy, so when we’re all together it’s really nice. We’ve had the chance to travel a couple times just the two of us, and that’s been really fun, too. We went to Mexico City recently.”

How do you try to emulate your mom?
Caitlin: “I’ve watched her approach things head-on. She’s taught me to face things without fear.”

What have you learned from Caitlin?
Catherine: “To live in the moment. Also, I see the way she is with her friends—she’s got this little army of people surrounding her. I think it’s important to surround yourself with good women.”
Continued on page 4

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GIFT GUIDE

Blue belles

Something blue isn't just for brides—give mom a pretty present in the season's serene and stylish sky, sea and robin's egg hues

BY RANI SHEEN AND JILLIAN VIEIRA



Turn mom's camera roll into her very own artful zine with the Recently app. The simple process lets her select the best pics from her iPhone and publishes them as a high-quality book.

The classic water-inspired scent L'Eau d'Issey emerges with a vibrant sunshine-splashed update for the season, with aquatic floral notes kicked up with tart, juicy grapefruit, passion fruit and guava.

Swimsuit shopping is one of those tasks we'd like to never do again. Support her under the dressing room lights and help find the best suit for her (like this one, made for larger chests, with flattering gathers on the bottoms).

There's nothing more sophisticated than a navy manicure—except perhaps a navy manicure offset by the palest robin's-egg-blue pedicure. A creamy formula in a luxe faceted glass bottle is pretty chic, too.

LAVIE EN ROSÉ

We matched the season's top pink wine with on-trend rosy lips for the woman who loves to entertain

The crisp pink wine known and loved as rosé has won the world over by occupying the middle ground between red and white vino and being the drink of choice for patio season. The appeal is only growing, explains Shari Fanson, a consultant for the Liquor Control Board of Ontario, who has noticed gentlemen coming in for "brosé." A rosé by any other name will smell as sweet, indeed. Here, Fanson breaks down three rosé styles, which we paired with runway-inspired lip colours to wear while drinking them. —Veronica Saroli



Fanson's favourite sparkling rosé reminds her of a rich cherry pie; the bubbles bring out raspberry and rhubarb flavours. Cuvée Catharine is made in the traditional method, meaning it has the creamy brioche characteristic from autolysis, the breaking down of yeast cells during the second phase of fermentation in the bottle, something that distinguishes finer wines.

SMASHBOX BE LEGENDARY LIQUID LIP IN HATERADE, \$28, SEPHORA.CA. HENRY OF PELHAM CUVÉE CATHARINE ROSÉ BRUT VQA, \$30, WHERE LIQUOR IS SOLD



"When you see something that's a brighter hue, you can assume that it's probably going to be riper, with fruit characteristics," Fanson says. "It will be a little bit fuller in weight as well because it required a little more grape skin contact to create that colour." Tasting notes for these wines run the gamut from strawberry and raspberry to blackberry, blackcurrant and even tomato leaf. They pair well with richer foods, like a burger or brisket.

KJAER WEIS LIP TINT IN SWEETNESS, \$67, THEDETOXMARKET.CA. MALIVOIRE LADYBUG ROSÉ, \$17, WHERE LIQUOR IS SOLD

KITCHEN MATCH

We paired spring's hottest cookbooks with the coolest aprons for the woman who is always perfectly put together

BY VERONICA SAROLI



The luxury English department store Fortnum & Mason was founded in 1707, invented the Scotch Egg three decades later, and The Queen and Duchess of Cambridge formally opened its tea salon in 2012, so there's a lot of history to be told in *The Cook Book's* 304 pages. The aquamarine volume contains quintessentially British recipes like tea scones, Welsh rarebit and Scotch eggs.

THE COOK BOOK: FORTNUM & MASON BY TOM PARKER BOWLES, \$40, BOOKSTORES



William Wegman, Laurie Anderson, Alice Waters and other foodie luminaries contribute stories and recipes to this artful veg-centric book ripe with fanciful illustrations and dishes. There are more than 75 salad recipes in this collection; try grilled hearts of palm with mint and triple citrus or collar chiffonade salad with roasted garlic dressing and crouton crumble.

SALAD FOR PRESIDENT: A COOKBOOK INSPIRED BY ARTISTS BY JULIA SHERMAN, \$35, BOOKSTORES MAY 16



Michelin-starred chef Jeremy Fox's highly anticipated first cookbook shines a light on flora and elegant methods to treat vegetables. Incorporating techniques from his Napa Valley restaurant, Ubuntu, Fox assembled 160 recipes, like figs, celery, almonds and pickled grapes, dedicated to plant-based ingredients.

ON VEGETABLES: MODERN RECIPES FOR THE HOME KITCHEN BY JEREMY FOX WITH NOAH GALUTEN, \$60, BOOKSTORES



The blue piping on this apron ties the whole look together, and the pattern offers just a hint of British eccentricity. ANTHROPOLOGIE APRON, \$32, ANTHROPOLOGIE.COM



A soft grapefruit-sorbet hue emits enough summer-at-my-country-property vibes to make you think that you picked all the salad yourself. H&M APRON, \$40, HM.COM



The dark colour will disguise any spills or accidents that may arise while testing new recipes, and the geometric veggie pattern riffs on the cover. IKEA APRON, \$10, IKEA.COM



Salmon pink wines generally come from Provence and provide watermelon and rose petal aromas. "They're softer, a little more elegant and lighter," Fanson explains. She recommends pairing them with light bites—but has one exception: fried chicken.

MUD COSMETICS LIPSTICK IN SANDY BEACH, \$19, SEARS.CA. CAVES D'ESCLANS WHISPERING ANGEL ROSE, \$27, WHERE LIQUOR IS SOLD

SPECIAL

Family romance

Canadian mothers and daughters share their love stories

BY EDEN BOILEAU | PHOTOGRAPHY BY CARLYLE ROUTH

KAREN AND KRYSTAL KOO

As vice-president of sales and marketing at Dream real estate company Krystal Koo, 33, thinks big and builds big. The company, run by her husband, Michael Cooper (its president and chief responsible officer), develops whole communities (it has the Distillery District and the PanAm athletes' village on its resumé). But within five minutes of chatting with Krystal and her mother, Karen, 59, a dental hygienist, it's clear one of the things Krystal values most is the love and support she received from her mom. Ambitious and driven in her professional life, Krystal is equally focused on her personal goal of recreating that environment of love and support for her family, which includes son Jack, 2, and daughter Vivienne, 2, months.

What is your favourite thing about your mom?
Krystal: "My mom is the most easygoing, lighthearted person. She has no cares in the world. She's everything you expect from a mom, but she's so cool about everything and so calm."

That's nice to grow up with.
Krystal: "Yes, no stress. So I stress because she doesn't stress! I do the stressing for both of us."

What's your favourite thing about Krystal?
Karen: "She's very independent. And she knows what she wants to do when she has a goal."

Do you have any mother-daughter traditions?
Krystal: "We have a lot of family traditions because my dad's two brothers married my mom's two sisters."

Wait, what?
Karen: "Three brothers married three sisters."
Krystal: "So the family was close! Our family tradition was that my parents took us camping every summer, just the four of us. Otherwise, we had about 10 people living with us at all times. My mom had all her cousins and siblings, and when everybody was starting to immigrate here we were the house that everyone joined. My parents gave us this tradition of going away for three weeks in the summer and camping in the wilderness and just hanging out."

What's the best advice your mom ever gave you?
Krystal: "I think the best advice she ever gave me wasn't spoken, it was through her actions. The way she takes care of people—me, my brother, my family—has inspired me to do that for other people. I try to live that every day of my life and now with my family, my husband's family. It was such a loving household, even though she was working every day from 7 to 7. It showed me how I want to treat other people."

What are you most proud of about Krystal?
Karen: "Hmm..."

Krystal: "I would assume your proudest moment was when we named the YMCA after you [Krystal and Michael donated \$2 million to help build the new Cherry Street YMCA and named it the Cooper Koo Family YMCA]. How did you feel about that?"

Karen: "Excited! I didn't think I would have those kinds of honours."

Krystal: "The reason we did that was that our parents—who are both from immigrant families, both very poor and came from nothing—taught us that you had to come here and work really hard, but that there's a chance, and that you could do better for the community. We thought that was something we could do for them in their memory, showing us that anything is possible."



Continued from cover

CATHERINE AND CAITLIN DOHERTY

FOR FUN

What would you get your mom if money was no object?

Caitlin: "I would pay for her to go on a year-long trip. Or a boat because she could sail around the world."

Catherine: "I'd hate sailing around the world."

Caitlin: "Oh, okay, never mind."

What do you think Caitlin would change about your style?

Catherine: "She has been telling me for years to let my hair go white, so I took her advice and stopped colouring my hair."

Did your mom ever tell you to change your style?

Caitlin: "No, I don't think so."

Catherine: "I absolutely told you to stop plucking those f—king eyebrows."

Caitlin: "Oh yeah, you did do that. Thank you."

Catherine: "Stop it! They won't grow back! It's the '90s; it won't be the '90s forever!"

Who's more high-maintenance?

Caitlin: "Probably you."

Catherine: "I was going to say you! I'm so low maintenance. You like your massages and facials and stuff like that. We're tied."

BEAUTY NOTE
A strong, defined brow is a must for a modern beauty look. Choose a pencil close to your natural colour and use light flicks to fill in and fill out your natural shape.

ON CATHERINE: ESTÉE LAUDER DOUBLE WEAR STAY-IN-PLACE BROW LIFT DUO IN MEDIUM BROWN, \$34, PURE COLOR ENVY SCULPTING EYESHADOW 5-COLOR PALETTE IN FIERCE SAFARI, \$58, ESTÉE LAUDER.CA
ON CAITLIN: ESTÉE LAUDER THE BROW MULTITASKER IN LIGHT BRUNETTE, \$34, LITTLE BLACK LINER EYE LINER, \$36, ESTÉE LAUDER.CA

BEAUTY NOTE
Warm weather and fresh air will give you a natural glow, but so will a light touch with bronzer, blush and highlighter. Dust bronzer onto forehead, nose, chin and cheeks and touch a little illuminator onto the high planes of your face.

ON KAREN: ESTÉE LAUDER BRONZE GODDESS POWDER BRONZER IN MEDIUM, \$49, PURE COLOR ENVY SCULPTING BLUSH IN BLUSHING NUDE, \$38, ESTÉE LAUDER.CA

ON KRYSTAL: ESTÉE LAUDER BRONZE GODDESS POWDER BRONZER IN MEDIUM, \$49, ESTÉE LAUDER.CA, ESTÉE LAUDER LIMITED EDITION BRONZE GODDESS ILLUMINATING POWDER GELÉE IN HEAT WAVE, \$45, HUDSON'S BAY

OH, MOM

What do you wish your daughter would do more of?

Karen: "Nothing more...give me more time, spend more time with me."

Krystal: "I spend so much time with you!"

Karen: "Not enough."

Krystal: "You work every day!"

Karen: "I want the whole family all together, in a room, face to face for a whole month."

Krystal: "You just spent three weeks' vacation with me!"

Karen: "I want to spend more time with my grandchildren."

Krystal: "She just wants grandchildren time—it's not me."

Karen: "Yeah, my two grandkids, they are amazing. That's what I want to do."

TANIA KWONG, OLIVIA AND ELLA

Writer and editor Tania Kwong, 35, warned us that her daughters—Ella (right), 4, and 6-year-old Olivia—don't love to sit still for photos. But that's life with kids: They call the shots, preconceived notions and best-laid plans be damned. If anyone seems to have it figured out, though, it's Tania (her polished Instagram feed looks like she has a team of 12 working on it). She has an ease to her approach to motherhood. Her formula? A little discipline, a lot of optimism, and faith that the world is becoming a better place for young women.

Do you see yourself in your girls?
"Olivia, for sure. She looks like me, but she's also how I was when I was a kid, very cautious and quiet—but then, of course, she has other sides that aren't like me. I don't see myself as much in Ella, but part of me wishes I was like her. She's super outgoing, she always tells you how she feels. They're complete opposites, but they're both alike in that they don't take no for an answer!"

Are you a helicopter or free-range parent?
"When it comes to school, I'm a helicopter mom. When I was a kid, I was always trying to impress my parents with my grades. But with other things, like social things, not really. I'm just like 'Do whatever! You do you—just relax.'"

What values do you try to pass on to them?
"The ones I picked up from my mom: loyalty, honesty and optimism. When I grew up, my mom was super optimistic, and I feel like I'm different from other people because I always see the glass half-full—everyone who knows me says that about me. I'm trying to instill that in them, along with empathy and an appreciation for beauty."

Are you worried about trying to raise self-confident young women?
"I am, but I also think the culture has changed—it's so much more inclusive than it ever was. When I was growing up, you had to look a certain way: waif skinny and probably anorexic. I had Kate Moss in my day; they have Ashley Graham. You also see more women of colour. I grew up mixed—my dad is Chinese, and my mom is English, and I was teased in school, but they aren't now because it's a totally different world. So I'm actually grateful that they're growing up now, not when I did."

GIRL TALK

What is your favourite thing about your mom?
Olivia: "Tight hugs."
Ella: "Kisses."

What is your favourite thing to do with your mom?
Olivia: "Playing snakes and ladders."
Ella: "Painting Easter eggs."

What's the silliest thing your mom does?
Olivia: "Dancing silly."

How does your mom make you laugh?
Ella: "Laughing and tickling."

What makes her happy?
Olivia: "Cleaning."
Ella: "Flowers."



BEAUTY NOTE
A fresh berry lip colour is pure spring joy. Choose a creamy lipstick formula in a vibrant shade and apply it with a lip brush for a precise shape.

ESTÉE LAUDER DOUBLE WEAR STAY-IN-PLACE LIP PENCIL IN ROSE, \$27, PURE COLOR ENVY SCULPTING LIPSTICK IN JEALOUS, \$36, ESTÉE LAUDER.CA

PENNY LAWLER, ALISON LAWLER-DEAN AND PENNY

There's a wistfulness to the way Alison Lawler-Dean and her mom, Penny Lawler, look at each other. They're particularly grateful for their time together because Penny, 74, has been keeping cancer at bay for a decade. Cancer has no upside, but Alison, 37, vice-president of marketing and communications for Rethink Breast Cancer, says it does remind them to spend more time together making memories. Those memories are made all the sweeter with the other Penny in Alison's life, her happy-go-lucky, curly-headed 3-and-half-year-old daughter, who shares the big joke she likes to play on Alison: "I call her Daddy!" she exclaims, proud of her hilarity. Besides joie de vivre, Alison also picked up her mother's innate desire to make a positive contribution to her community—which she hopes to pass down to Penny, too.

What is your favourite thing about each other?
Penny: "Allie's heart. She has such a great heart. She loves people, she loves life, she's full of generosity."
Alison: "My mom's strength. She's my go-to whenever I need any motivation or inspiration. She leads such a passionate life—she's been such a strong leader in her community and her family. She's an incredibly strong woman."

What do you have in common and how are you different?
Alison: "Laughter, but I think that's a family trait, a survival trait. I think we're both very committed to positive change."

What's the best advice you got from your mom?
Alison: "She's demonstrated how you can help change the world—that's in me. Whether it's community based or more global, volunteering with charities or working with charities, she always gave so much of herself. She made me feel like we could be involved and make a difference."

What have you learned from your daughter?
Penny: "How to be less critical. I would always be very critical of—in this case, my mother. But Allie was so accepting of people. That doesn't mean some people didn't drive her crazy, but in general, she's so accepting. I came to see that as a great trait. It makes you really daring to be like that."

What values do you try to impress upon your daughter?
Alison: "I think something I try to pass on is kindness and looking out for other people in the world."
Penny: "She was already born with a passion for life."

LITTLE PENNY'S THOUGHTS

What's your favourite thing about your mom?
"I like to play my jokes with her."

What's your favourite thing to do with your mom?
"Drawing."

Is that Grandma?
"I call her Nana."

What do you like to do with Nana?
"I like to go out and have some pizza."



BEAUTY NOTE
Warm, peachy tones on cheeks and lips work best for fiery gingers. Keep with a rusty-brown colour palette for brows, too.

ON ALISON: ESTÉE LAUDER PURE COLOR ENVY SCULPTING BLUSH IN WILD SUNSET, \$38, THE BROW MULTI-TASKER IN LIGHT BRUNETTE, \$34, ESTÉE LAUDER.CA, BANANA REPUBLIC TOP, \$95, BANANA-REPUBLIC.CA

ON PENNY: ESTÉE LAUDER PURE COLOR ENVY SCULPTING BLUSH IN ALLURING ROSE, \$38, DOUBLE WEAR STAY-IN-PLACE EYE-PENCIL IN COFFEE, \$28, ESTÉE LAUDER.CA

MAKEUP: ANTONIO HINES FOR ESTÉE LAUDER (KAREN, CAITLIN, ALISON, PENNY); KATARINA L. SIMON FOR ESTÉE LAUDER (CATHERINE, KRYSTAL, TANIA); HAIR: NELSON AGUIAR AND AMANDA FREDERICK FOR BUMBLE AND BUMBLE AND BRENNEN DEMELO STUDIOS

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PHOTOGRAPHY: GETTY IMAGES (CELEB EXCEPT PFEIFFER, MACDONALD), PETER STIGTIGER (RUNWAY EXCEPT MACDONALD)

BIANCA JAGGER



ALIX BODYSUIT, \$239, NET-A-PORTER.COM



CHER



NINA RICCI



Eden's parents' dinnerware, a gift for their 1969 wedding.



CUTLER AND GROSS SUNGLASSES, \$542, CUTLERANDGROSS.COM



YSL FULL METAL SHADOW LIQUID EYESHADOW IN GOLD SOURCE, \$36, YSLBEAUTY.CA



Eden's mom and dad in the early '70s.



JULIEN MACDONALD



Michelle Pfeiffer in Scarface.



FLEETWOOD MAC RUMOURS



CHRISTIAN LOUBOUTIN SHOES, \$1,220, CHRISTIAN LOUBOUTIN, TORONTO



FREDERIC MALLE SUPERSTITIOUS ALBER ELBAZ EAU DE PARFUM, \$550 (100 ML), HOLT RENFREW



TEMPERLEY LONDON JUMPSUIT, \$3,758, NET-A-PORTER.COM



CA&LOU BRACELET, \$555, CAANDLOU.COM



BALMAIN



THE KIT LOVES
THAT '70s STYLE

Managing editor Eden Boileau recalls when her mom was her ultimate fashion icon

When I was kid, in the '70s, my mom's thing was dinner parties. They weren't lavish or grand, although, after taking a French cooking course, she did serve *coq au vin* like any hostess worth her *fleur de sel*. The vibe was intimate and casual: Everyone sat around after dinner in a haze of cigarette smoke, lounging on rust velour floor pillows, listening to Fleetwood Mac's *Rumours*, while I gleefully ate a TV dinner in the family room and watched *Happy Days*. I loved the grown-up glamour of those gatherings, but it was watching my mom get ready for them that really seared "sexy '70s dinner party" into my sartorial consciousness. I would sit on the bed among her clothing cast-offs while she tried on outfits and spritzed herself with Ciara cologne. In those days, the cheekbones were high, the tans were real and there wasn't a bra for miles. To my 7-year-old self, it seemed the ideal vision of my far-off adulthood. I looked forward to the day when I would set the dining room table for friends, wearing tight jeans, a satin halter and sparkly lip gloss. I can't say I grew up to adopt the style as my signature, but this season's less-boho-more-party '70s runway looks have sparked my childhood obsession anew. I still have my mom's stoneware; it might be time to set the table. I'm keeping my bra on though.

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SOFT & ROMANTIC

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MOST WANTED

Tailor made

One trend I will always champion: fashion that celebrates being unapologetically you. That's why I leapt at the chance to customize my own Michael Kors handbag (one from his sleek Mercer line) as part of a *Kit* collaboration with illustrator Daisy Emerson. The Central Saint Martins grad has made waves with the aesthetically minded Instagram set and with a little bit of design guidance from yours truly, this monogrammed piece—with a vintage bowling bag shape and some splashy frontwoman attitude—is the ultra-chic result.—*Jillian Vieira. Photography by Aimee Nishitoba*

ARTIST STATEMENT: DAISY EMERSON

What's it like to be plucked by one of the biggest fashion brands to customize its iconic bags? London-based illustrator Daisy Emerson knows first-hand. We chatted about her creative process, sartorial leanings and what keeps her inspired.

What do you love most about being an illustrator? "That I'm able to be creative as my job. When I receive a new commission, it's a chance to think about new ideas and techniques, which is always good for the mind. It helps you grow as an artist."

How would you describe your fashion philosophy? "I think I've carved out a bit of a uniform look of black skinny jeans, a white tee, a leather biker jacket and Superga platforms—but it's a look I always tend to gravitate toward. I think fashion is about feeling good and comfortable in what you've got on."

What was your favourite thing about working on this Michael Kors campaign? "I usually stick to typography in my work, so it was fun to be able to come up with the little icons and graphics!"



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Q & A

FAMILY AFFAIR

Liv Tyler opens up about being a parent to her own mini Brady Bunch

As the daughter of rock legend Steven Tyler and model Bebe Buell, Liv Tyler was widely known well before her breakthrough role in 1996's *Stealing Beauty*. Now, the 39-year-old actress is raising a famous family of her own with sports agent (and David Beckham BFF) Dave Gardner in London, England. "We're a bit like the Brady Bunch," says Tyler by phone, with her signature soft laugh. "Four kids: two big boys [Milo, 12, Tyler's son with ex-husband Royston Langdon; Grey, 10, Gardner's son with ex-wife Davinia Taylor] and two babies [the pair's son, Sailor, 2, and daughter, Lula, 10 months old]."

In fact, the little ones just wrapped their first big gig: a Mother's Day Gap campaign that Tyler co-directed and starred in, which aims to celebrate moms and their kids while also calling for donations toward Every Mother Counts. "It was so sweet to watch Sailor and Lula on camera, just running around and playing," recalls Tyler. "I see them every day, all day long, but watching the play-back and seeing them be their own little people was so incredible." We chatted with Tyler about all those special moments her mega-family affords her.

What does a typical night in your household look like? "The evening is my favourite time of the day. We try to have dinner together, kind of early, then the big boys have homework and tutors. The babies have a bath and go to bed by 7, and we usually watch a movie or do something with the big boys."

What's your approach to letting your kids be in the spotlight? "I just want them to be able to enjoy their lives and their friends and their schoolwork. I go off to work and I come home, and I try not to talk about it too much. They understand that sometimes I get dressed up and go out at night. When Milo was a baby and we were night-shooting for *The Incredible Hulk*, he told all his friends at the park, 'My mommy works nights.'"

What is the most memorable Mother's Day gift you've ever received? "They're always so sweet. I get two Mother's Days now because Mother's Day actually happened here in England. This year, they all made me a card and brought me breakfast in bed—it was a huge cake that said, 'We Love Mommy'—and then we all snuggled in our pajamas. Wouldn't it be nice if it was like that every day? I'll have to remind everyone that there's another Mother's Day coming up."
—Caitlin Kenny

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We've rounded up five of our fave Mom-worthy products. Visit thekit.ca/mothers-day-kit for a chance to win the beauty mother lode



Wet-skin technology means you can slather this on while you're still damp for maximum absorption and silky-soft skin.

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JOHN FRIEDA MIRACULOUS RECOVERY SHAMPOO, MIRACULOUS RECOVERY CONDITIONER AND MIRACULOUS RECOVERY DEEP CONDITIONER, \$11 EACH, WALMART.CA



Makeup always looks better when it's applied with the right brushes—this set has everything you need for a full makeup look in one pretty package.

QUO COSMETICS MOTHER'S DAY BRUSH SET (LIMITED EDITION), \$55, SHOPPERS DRUG MART



The Dove beauty bar is a gentle-cleansing classic, but, with the addition of the word "Love" engraved on it, it becomes a collectible item or a sweet gift.

DOVE BEAUTY BARS (LIMITED EDITION LOVE ENGRAVED BARS), \$5, DRUGSTORES



A lifesaver for regular colourers, this touch-up kit will see you through to your next salon appointment or bathroom dyeing session.

CLAIROL ROOT TOUCH-UP, \$11, WALMART.CA

NO PURCHASE NECESSARY. OPEN TO CANADIAN RESIDENTS, 18 AND OLDER. CONTEST LAUNCHES AT 12:01 AM, MAY 10, 2017 AND CLOSING AT 11:59 PM, MAY 14, 2017. ODDS OF WINNING DEPEND ON TOTAL NUMBER OF ELIGIBLE ENTRIES RECEIVED. ENTRANTS MUST ANSWER A SKILL TESTING QUESTION. APPROXIMATE VALUE OF EACH PRIZE: \$114+. COMPLETE CONTEST RULES AVAILABLE AT WWW.THEKIT.CA/MOTHERS-DAY-KIT/

TEST DRIVE

Chin chin

A new treatment promises to dissolve a double chin, but is it too good to be true? One woman sticks her neck out for a beauty adventure

BY LEAH RUMACK

My chins and I have never been friends. I find them flappy and frumpy, and for as long as I can remember, I've had (at least) two of them. Double chins are sometimes caused by weight gain, but often they're genetic. So while it's possible I'm not the most sylph-like I've ever been, even at my wedding-day fighting weight I had to weed through many a non-flattering side-angle snap to create a photo album that didn't look like my husband had married Jabba the Hutt in mascara. Now, one kid and a few (okay, 25) pounds later, my chins' genetic destinies have seen them blossom into their most highly actualized selves. I've had it. It's time for them to go plague some other middle-aged ingenue!

Methods that claim to banish extra chins have been around forever, but they're not terrifically convincing, or appealing. (Anyone feel like embarking on a rigorous facial exercise program? No? Me neither). Over the past few years, creams that target and tighten the thinner and less elastic skin of the neck and décolleté have become *de rigueur* in the beauty junkie's arsenal. Until recently, however, the only way to truly rid yourself of a jowly jawline was liposuction or a face or neck lift (or all three)—surgery that requires, well, surgery, plus downtime and the wearing of many cartoon-like bandages.

So I'm intrigued when I read about a possible magical elixir that has recently been approved by Health Canada: Belkya (a.k.a. Kybella), which is an injectable treatment made of a synthetic form of deoxycyolic acid that dissolves the stubborn fat under the chin.

I quiz my dermatologist, Toronto-based Dr. Nowell Solish, about this enticing new treatment—he was one of the doctors recruited for the studies to get the drug approved. He gives my chinny chin chins a squeeze and tells me I'm a good fit for Belkya. "The best candidates are people who have genetic submental fat—a double chin," he says. "It's what we call diet resistant, so if you lose weight, it doesn't seem to change very much. You also need people with good skin tone. When you remove the fat, you want the skin to tighten around the area, otherwise you're just trading it for hanging skin, so the ideal candidate is younger."

The good news is that in dermatologist terms, "younger" generally means in your 40s. The treatment isn't cheap, though. Most people need more than one treatment (which involves up to 50 tiny injections at a time) spaced at least a month apart, and depending

“Anyone feel like embarking on a rigorous facial exercise program? No? Me neither.”



on how much fat you have, it's about \$1,000 a pop. In my case, Solish estimates two to three treatments would do the trick. Before I plunk down those kinds of shekels, I decide to try a lower-tech option.

I check into the Four Seasons Toronto Spa for a facial featuring the new Firming Neck Cream from Omorovicza, a cult skincare line from a grand old Budapest family that owns skin-rejuvenating hot springs. Chock full of white truffle enzymes and leontopodic acid from edelweiss flowers, the cream promises to firm and help my jawline appear "more sharply defined." I emerge utterly dewy and smelling like Switzerland, and I dutifully apply the light, luxe cream for weeks. My neck and chest do look fresher and tighter, but edelweiss is no match for my chins.

I find myself back in Solish's office, wincing as he needles me many, many times under my chin. He injected an anesthetic beforehand, but still, it doesn't tickle. Common side effects for Belkya are swelling, bruising, pain, numbness, redness and areas of hardness in the treatment area—I get them all. My chins swell to bullfrog proportions and stay that way for almost a week, and I'm sore for at least six. ("That means it's working!" Solish assures me.) I try to catch my profile in the mirror. Are my chins shrinking? I don't believe it until I go back for treatment number two and he cheerily shows me my "before" snaps. It's true—the chins are running scared! They will be vanquished! Because there's less fat to gobble up this time, the swelling is much less impressive, and I'm sore for only a few days. I'll need one more treatment until my profile is as sleek and sharp as a razor. In the meantime, I will smear myself in edelweiss flower cream and never, ever look to the side.

TOOL KIT
If you're not ready to take the treatment plunge, these neck creams will help smooth and firm the area south of your mouth.

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