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THE No.1 MASCARA IN CANADA*

NOW HAS A PRIMER







NEWS

LOCALS ONLY

Holt Renfrew turns its spotlight onto homegrown talent

After four seasons spent curating sustainable fashion from remote parts of the globe, Holt Renfrew's Uncrate series is coming home. This month, an all-Canadian lineup of more than 25 do-good designers-like Kotn tees, Brunswick & Co. tote bags, Fogo Island homeware and fashion insider favourite, Laura Siegel-will launch in stores. "In celebration of Canada's 150th and Holt Renfrew's 180th anniversaries, we are narrowing our focus exclusively on what is happening right here at home," says Alexandra Weston, Holt Renfrew's director of brand & creative strategy. —Jillian Vieira



SWEAT IT OUT SoulCycle spins into Toronto

Popular American spinning chain SoulCycle opens its first international location in Toronto today, bringing its yellow bikes and its ability to wrap anyone who enters in a warm cult-like embrace. The candlelit classes span 45 minutesbarely the length of a juicy cable-TV drama-but those precious moments "tapping back" to upbeat tunes burn 500 to 700 calories and convert fitness non-believers faster than it takes a bead of sweat to trickle down your neck. Instructor Jenna Garofalo recommends newbies start out with the classic SoulCycle class. "The beauty of it is that motivation comes from the instructors and the energy of the pack." To fete the 55-bike King Street West studio, the company collaborated with homegrown brands on merch like a Roots varsity jacket that will have heads spinning, too. -Veronica Saroli



ONE TREND. THREE WAYS

RUMPLED PONIES

The humble ponytail is a gift to those who like to sleep in and those who can't be bothered to wash their hair after barre class. But this season, we saw a decidedly more artful take on the low-key style. At Monique Lhuillier, hairstylist Bob Recine saturated dry roots with Morrocanoil mousse and raked them upwards toward the top of the head to encourage movement, then used his fingers to blow-dry hair in all directions for a chaotic look. Then he gathered the hair in his hands to secure it in a ponytail and added a small black ribbon. "There's no combing, no brushing," said Recine. "When you perfect beauty, you sacrifice charm. There's always that little mistake in hair that people are attracted to; the little hair that flirts with somebody's mouth. That's what we're after: imperfection." -Rani Sheen

MONIQUE LHUILLIER How-to: Rough-dry hair, then gather into a mid-height pony and finish with a simple

ribbon.



ROKSANDA How-to: Use a curling iron for a smooth wave pattern throughout hair, then secure a pony very low and cover elastic with a wide neoprene tube or





MOROCCANOIL VOLU-MIZING MOUSSE, \$30 MORROCANOIL.COM

BEAUTY INSIDER SPOT ON

Green beauty titan Tata Harper takes on a new skincare frontier: adult acne

BY RANI SHEEN

When you visit Tata Harper's lush, pond-dotted farm in the rolling hills of Vermont's Champlain Valley, the plant power behind her green beauty empire is immediately obvious. Harper has 1,200 acres of fields and greenhouses in which lavender, arnica, calendula, meadowsweet, borage and alfalfa are grown, dried and blended for her decadent skincare products. Even the bustling research labs and manufacturing facilities that act as the brains behind every green and gold bottle are tucked into converted barns.

Lately, Harper has turned her resources to a skin issue many of us are facing. "Adult acne is on the rise—I see it all the time," says Harper, every inch a glamorous farm-dwelling Colombian in a full gingham skirt and low-back T-shirt. "One of my really good friends has acne, and I felt so bad that I had nothing to help her with. I had never really studied acne with our scientists to get to the root of it." Now that she has "gone deep," researching and developing a new spot treatment that stars antiseptic willow bark, detoxifying broccoli extract and oil-reducing saw palmetto, we asked for her top five pieces of breakout-busting advice.



1. Think long-term strategy "Acne is something that needs to be controlled all the time. It is a condition you have to live with, so you need to learn how to control it."

2. Look to the causes "I think it has to do with people's life-

realize it. Also, our air and water is polluted. And sometimes people say to me that they moved from one city to another, like from Miami to New York, and their skin freaked out."

Cleanse

THE BODY DELI SAGE

3. Don't dry out your skin "When you get to a certain age, controlling it by drying it out just doesn't work out anymore. You need anti-aging benefits, moisturization and collagen productionyou need a lot of things in addition to controlling and healing the skin. Also, people who have eczema and acne can't use benzoyl peroxide and

4. Nourish the skin's top layer "People who have a compromised skin barrier are the quickest to help. Or if you need to improve your microbiome, it's a fairly simple task. But when people have food allergies or hormonal issues that they have not identified, it's much more complicated."

5. Eat your way to clear skin "It's helpful to eat foods that are rich in sulfur (such as eggs), silica (cucumber) and beta carotene (cantaloupe, apricots, carrots). Look for green and yellow vegetables, rather than red ones."





ed with Tata

ducts for a

dy glow at

ction during

Ingredients for Tata Harper products are harvested at her Vermont farm.



TOOL KIT

If you're acne-prone, every skincare step should soothe

nourish and treat

your skin-as well as prevent breakouts

Here's your full kit:

styles and the amount of stress they have. It's also triggered by hormonal changes in people who are having babies. Some people have food allergies and don't



DERMALOGICA



alcohol because their skin

Serum PROVINCE APOTHECARY



Moisturize EMINENCE CLEAR



DEAR SENSITIVE SKIN... T'S OVER.

New

10balm[™]**soothing cream** from Indeed Laboratories™

A unique blend of natures 10 most powerful soothing ingredients helps to calm and nourish irritated and sensitive skin.



#ScienceForYourFace indeedlabs.com





ONE-MINUTE MIRACLE SPECIAL

Little wonders Here at The Kit, our editors appreciate a beauty product that does what it says it'll do, and fast, just as much as you do. All year long we try out hundreds of contenders—here's what made the cut

HAIR HEROES

The shampoos, stylers and treatments that gave us shiny, swishy, voluminous, TV-commercial-worthy hair

DRY SHAMPOO Dear Batiste Dark & Deep Brown dry shampoo: Blondes really do have more fun—mostly because they aren't spending eons trying to brush away pale dry shampoo residue from their golden roots. But you've given this brunette her morning minutes back: Your rice starch and cocoa-coloured tint (not so much

that you stain my scalp, but enough to invisibly blend in) revive my two-day-old hair, leaving a light jasmine scent. Now that I've got all this free time and date-ready hair, what are you doing this Friday? All my love, Jillian Vieira

BATISTE DARK & DEEP BROWN DRY SHAMPOO, \$9, SHOPPERS DRUG MART



generous lather made me tingle and your fresh, cooling peppermint oil (like the gum I chewed in high school) got me going first thing in the morning. My scalp was soothed (thanks, tea tree oil!) and my hair was left super soft: a refreshing reminder that assumptions can get in the way of love. Kisses, Kathryn Hudson HEAD & SHOULDERS COOLING RELIEF 2 IN 1 SHAMPOO, \$6, DRUGSTORES

Dear Joico Moisture Co+Wash Whipped Cleansing Conditioner: I don't like bubbles. I renounced bubble bath years ago (why would I want to soak in soap?), and only soft,

unctuous cream cleansers will do for my face. Until you came along, I had no choice but to wash my hair with sudsy shampoo. But you, dear whipped-cream emulsion,

have changed everything. Now conditioning, my favourite step, is the only step. You're dreamy and time-saving. I'm ready to co-habitate, for good. Lovingly, Eden Boileau JOICO MOISTURE CO+WASH WHIPPED CLEANSING CONDITIONER, \$23, SALONS



Dear StriVectin Hair

All Smooth Overnight Anti-Frizz Serum: May I be frank? I love sleeping with you. After smoothing a pump of your lightweight, creamy balm onto my

mid-lengths and ends before bed, I'm able to rest easy. I know your formula, packed with keratin, oat protein and olive oil, is working to smooth frizz over time, fight static and generally say *bonsoir* to bed-head.

up relaxed—and rumple free. Bisous, Kathryn Hudson

Plus, your subtle vanilla

and almond scent helps

me unwind so I can wake

STRIVECTIN HAIR ALL SMOOTH RNIGHT ANTI-FRIZZ SERUM, \$35 BEAUTYBOUTIQUE.CA



Natasha Bruno

Dear Lush Cosmetics Kinky Hot Oil Treatment: You're a reminder to schedule

some much-needed me time. When I place your solid-chunk-of-oil-ona-stick into a bowl, add hot water and stir, you melt into a thick cream with an uplifting aroma of sweet jasmine and earthy vetiver. You take a few moments to work into dry hair, section by section, and hang out there while I kick back and relax. Post-shampoo, you leave my spirals hydrated, buoyant and well-defined. Let's spend more quality time together. Thankfully,

LUSH COSMETICS KINKY HOT OIL TREATMENT, \$10, LUSH.CA SHINE BRUSH

Dear Goody Clean Radiance Brush: I'm not one to beat around the brush: You hurt me. When I run you through my fine, easily tangled hair, I feel your copper bristles every step of the way. But once I get your chic rose-gold body through my locks, the static-free, glistening waves that emerge—the very ones I

started out with six hours earlier—

have me dreaming that I could be

the star of my very own shampoo commercial one day. So no pain, no gain, right? With admiration (and future royalties), Evie Begy GOODY CLEAN RADIANCE BRUSH, \$18,

> Dear Herbal Essences Soft Control Crème Gel: Right after a shower, I eagerly rub my hands together as if anticipating

a scrumptious meal, but it's my hair that gets to feast on a dime-sized dollop of the aloecactus flower-and-bamboo-rich cream sandwiched between my palms. There's no need for seconds, because one coating provides all the frizz-reducing protein and light hold I need. Compliments to the chef, Veronica Saroli HERBAL ESSENCES SOFT CONTROL

Dear Cake The Locks Smith Hydrating Dry Conditioner Spray: I think you should take a break. You do too much! You condition, you shine, you smooth, you control—you're a blowout in a bottle! Even if you did none of that, I'd still be addicted to

you for your delicious vanilla and

caramelized sugar scent. Your three moisturizing oils (argan, coconut and crambe seed) fight frizz, yet you're as light as air and seem to disappear on contact, leaving only shiny locks behind. I thought I was in love with dry shampoo, but I may have to re-examine my feelings. Falling for you, Eden B. CAKE THE LOCKS SMITH HYDRATING DRY CONDITIONER SPRAY, \$19, SHOP PERS DRUG MART

Dear Revlon Professional Equave Instant Beauty Volumizing Detangling Conditioner: Your bottle says "Instant Beauty Instant Love," which is remarkably accurate because I did fall instantly in love with you. My very long locks suddenly think (and look like) they're 10 years old all carefree and shiny and bouncy. With two different types of keratin (keratin amino acids and hydrolyzed keratin), you smooth and soften my hair like nothing I've ever used before. And since you're spray-on and leave-in, you cut my shower time and my water usage. You're really doing all you can to woo me,

MAKEUP MAGICIANS

These primers, shadows, blushes and glosses go above the call of duty to offer beauty with benefits. Herewith, our pick of the makeup crop

Dear By Terry Cellularose Blush Glacé: You are literally making me blush. A dab of your

shimmery tinted gel, as silky as English custard and rose-scented to boot, is enough to transform my office-cubicle complexion into a flushed cast worthy of the most breathless Jane Austen character. You blend easily on top of tinted moisturizer, leaving a subtle watercolour wash that outlasts most romances. I leave you with a quote from Pride and Prejudice: "My feelings will not be repressed. You must allow me to tell you how ardently I admire and love you." Kisses, K.H. BY TERRY CELLULAROSE BLUSH GLACÉ IN ROSE MEI BA. \$58. SAKS.COM

> CONCEALER Dear Osmosis Age Defying Treatment Concealer: My morning routine just doesn't feel

complete without your double-ended genius. First, your smooth stick of argan, apricot and coconut oils, plus shea butter and Vitamin E, instantly moisturizes my under-eye area—especially helpful when I'm sleep-deprived or suffering from itchy eyes. Since the formula isn't sticky, I'm able to immediately layer on and blend in your dark-circleand-blemish-camouflaging concealer. You leave me looking dewy, fresh and bright-eyed. I hope we stay friends forever. Love, N.B.

OSMOSIS AGE DEFYING TREATMENT CONCEALER, \$55, OSMOSISSKINCARE.COM



Dear L'Oréal Infallible **Pro-Contour Contour** and Highlight Palette: At first I thought you were totally weird. I mean, what's with that V-shaped brush? But

like so many geniuses before you, you were just misunderstood. Then I figured it out (duh): The brush straddles my cheekbones, one side swiping on highlighter while the other deposits the contour—both shades exactly where I need them, at the same time! Contour confusion gone; makeup mastery complete. Swooning, Eden B. FOUR CONTOUR AND HIGHLI PALETTE, \$20, DRUGSTORES

Dear Rimmel Wonder'full

Volume Colourist: You're full of surprises. To the naked eye (get it?) you're a perfectly serviceable mascara: dark and inky, volumizing without being clumpy, with a tapered brush that makes it easy to coat the tiny lashes in the corners. But where you excel is the fact that your formula contains a small dose of dye, so you actually tint my lashes over time. That means that on lazy weekends my mouse-coloured lash tips look less naked, even when they are. This is going to be a long-term relationship. Yours, Rani Sheen RIMMEL WONDER'FULL VOLUME COLOURIST MASCARA IN EXTREME BLACK, \$11, DRUGSTORES

DEFINER Dear

Know Cosmetics No Bare Brows: My a.m. makeup routine is easy, breezy and done in less than five minutes—except when it comes to my brows. Years of over-plucking and waxing have left my sparse set in need of special attention. That's why I appreciate your do-it-all attitude. Your buildable, gel-like colour on one end lets me create natural-looking strokes, while your silky wax-and extra-stiff brushon the other is the perfect finishing act. Now my brows are done in a flash and your timing could not have been better. Yours always, J.V. KNOW COSMETICS NO BARE BROWS, \$24, BEAUTYBOUTIQUE.CA

Dear Clarins Instant Light

Natural Lip Perfector: I'm a little clingy when it comes to my lip products: I keep them close at hand for regular reapplication after they come off on my endless cups of tea. You are there for me at any hour (and every hour), with a shiny but not tacky finish that brightens my face, a flattering red tint and a nourishing mix of shea butter and wild mango that keeps my lips from drying out. You also smell deliciously like candy apples, providing a nostalgic (if appetite-stimulating)

Best, R.S. CLARINS INSTANT LIGHT NATURAL LIP PERFECTOR IN RED SHIMMER, \$20, CLARINS.COM

moment of escape, well, every hour.

my lids like a toddler whooshing Dear CoverGirl Outlast down a waterslide. Oh, the cut-eye I cast on my shadow stash. But now, Intense Color + Gloss: your genius base acts like the sun I'm an Aquarius, and at high noon, keeping my shadow as such I enjoy having

the freedom to follow

a whim. Your double-

ended colour and gloss

is there for me whether

feel like doing a carefully

applied velvety pale lip—

you're the perfect peachy

shade for that, IMO—or

a quick swipe of almost-

clear gloss for a hit of

full-on '90s shiny. Your

two ends are designed to

be layered, but I prefer

choosing one or the

other, and you're fine

with that. Appreciatively,

Rani Sheen

COVERGIRL OUTLAST INTENSE OLOR + GLOSS IN NUDE INTENSIT

EYESHADOW

Dear Benefit

honest v.

firmly in place. And your dark formula deepens the colour, so I can create a smoky eye in the time it takes to say "Shadow, we're okay." If this whole innovative makeup thing doesn't work out, you'd make a rad couples counsellor. Love, Laura SMASHBOX PHOTO FINISH LID PRIMER IN SMOKE, \$25, BEAUTYBOUTIQUE.CA

ILLUMINATING STICK

Dear M.A.C Prep + Prime make me feel pretty, and you're not even trying. Your main aim is to bring moisture to my skin via your solid stick of nourishing plant oils (nigella seed, camellia, coconut) and butters (cocoa, shea, mango seed). And that you do, to dry cuticles, knuckles and elbows. But when I swipe you onto my cheekbones, browbones and above my eyebrows, where I would normally wear highlighter, magic happens. The high planes of my face become gleamy but not shiny, making me look like I'm having a candlelit dinner even when I'm sitting under harsh office lights. Fondly, R.S.

Essential Oils Stick: You

M.A.C PREP + PRIME ESSENTIAL OILS STICK, \$33, MACCOSMETICS.CA

Dear Revlon Sponge Brush: You're bringing something new and well thought out to the makeup sponge table. Your conical handle allows me to more comfortably and neatly apply and blend out my foundation, and your flat sponge edge with pointed tip lays down concealer exactly where it's needed. You're pretty slick, probably because you were designed by the same detailoriented people who work on BMW. It all adds up to a seamless experience. My compliments, R.S.

REVLON SPONGE BRUSH, \$15,
DRUGSTORFS

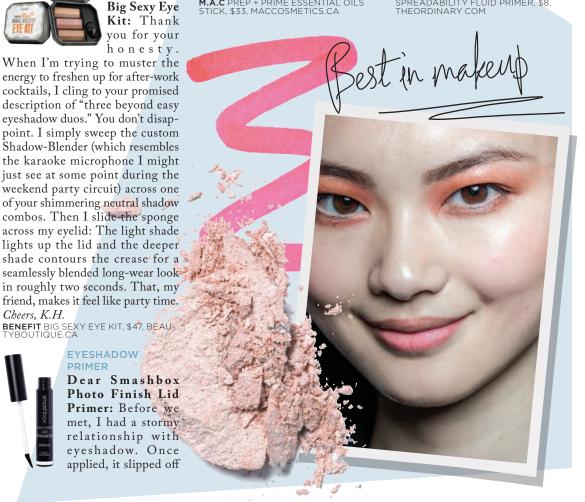
BLENDING SPONGE

FOUNDATION PRIMER Dear Deciem The Ordinary High-Spreadability Fluid Primer: As a working mother of a toddler, the idea of adding another step to my morning routine made me want to head o a remote mountaintop where I could live, barefaced, among the goats. Your promise of a perfectly even complexion stilled that urge. Now I wake up knowing your light, non-oily formula-a blend of premium, super-spreadable silicones—will help

me leave the house looking polished

and ready to take on the day. Timbuktu

will have to wait. Love, L.D. **DECIEM** THE ORDINARY HIGH-SPREADABILITY FLUID PRIMER, \$8 THEORDINARY COM



BODY BOSSES Heads, shoulders, knees and toes (plus nails): We didn't miss a spot with our roundup of the best in body

BODY WASH

Dear Dove Shower Foam: When it comes to lathering up in the shower, I tend to just reach for a bar of soap. But your new foamy texture has totally elevated my body-washing game. Your

rich, thick froth that I massage into damp skin, and your super-gentle formula is fortified with moisturizing shea butter. Best of all: You do doubleduty as shaving cream, because your creaminess helps ward off any irritation or nicks. There's no way I can go back to the basic bar now. *Love*, *N.B.* **DOVE** SHOWER FOAM IN SHEA BUTTER WITH WARM VANILLA, \$8, DRUGSTORES

pump dispenses a cloud of

Dear Bioderma Atoderm Huile De Douche: This season's freezing temperatures and constant indoor heat make my skin super dry, but thanks to you, this

winter won't be getting the best of me. When I apply your silky shower oil to my face and body, your coconut- and sunflower-derived ingredients provide all the moisturizing reinforcement I need. And your light scent and barrier-repairing formula is gentle on my ultra-sensitive skin. You've washed away my winter blues. Happily yours, Carly Ostroff BIODERMA ATODERM HUILE DE DOUCHE, \$20, DRUGSTORES

aren't you? It's working, Eden B.

REVLON PROFESSIONAL EQUAVE

Dear Nivea In-Shower Fresh Body Lotion: I was uneasy about hooking up with such a tall talker. You touted yourself as a body cream unlike any I'd heard of before—one that's applied

in the shower, then rinsed, leaving skin super soft for 24 hours. I thought I'd find a flaw in your story, but you impressed me. Your hydrating, aloevera-infused formula absorbed quickly, so I could get dressed right without any stickiness. I'll never doubt you again. Love, J.V.

NIVEA IN-SHOWER FRESH BODY LOTION \$8, DRUGSTORES

Dear Weleda Nail Care Pen: My nails are never-nudes. I dress them in near-constant gel manicures, because freshly decorated tips just bring me so much joy. But while the polish stays perfect for weeks, ragged cuticles let the sides down. Your handy, portable pen dispenses a mix of pomegranate seed and sweet almond oils, with coconut oil and shea butter, which keep the mixture semi-solid so it doesn't slide off my fingers. You keep my cuticles smooth and my nail beds so nourished, I might even let them go naked. I've

gotta hand it to you, R.S. WELEDA NAIL CARE PEN, \$22, WELEDA.CA Dear CND Cucumber

sive treatment: I was surprised by your substantial texture: You're more like crème brûlée than the whipped cream I was expecting. You take a while to rub in and absorb—a self-administered foot massage! And you smell great. My feet were silky smooth immediately. The small cracks were visibly improved after one use, and by the end of the week they were gone. Can I try you on my husband? Sincerely, Christina Begy CND CUCUMBER HEEL THERAPY INTEN-SIVE TREATMENT, \$50, SALONS

Heel Therapy Inten-

NAIL POLISH TOOL Dear Tweexy Wearable Nail Polish Holder: Well, aren't you just the most clever thing? And

Cheers, K.H.

so helpful! I've longed for someone or something to hold my nail polish bottle while I do my mani, whether I'm on the go or curled up on the couch. Now, I just pop you on my fingers like a giant silicone engagement ring and you securely hold my polish while I paint. Let's spend the summer together! We can go to the beach, the park, even cuddle up in bed. I'm so glad we're going steady. Gratefully, Eden B. TWEEXY WEARABLE NAIL POLISH HOLDER, \$16, AMAZON.CA

HAND BALM Dear Rodan + Fields

REDEFINE Redefine Age Shield Hand Balm: I'm a little paranoid about the backs of my hands. They're vulnerable to dark spots, since they're constantly exposed to hyperpigmentation-causing UV rays, and the sunscreen I apply in the morning degrades every time I wash my hands. So your handy stick format appealed to me, as did your SPF 30 protection, non-greasy texture and fresh scent. I keep you in my purse to swipe on as often as my paranoid heart desires. Which is a lot. Yours, R.S.

RODAN + FIELDS REDEFINE AGE SHIELD HAND BALM SPF 30, \$51, RODANANDFIELDS.COM

M NAIL TREATMENT Dear Sally Hansen Moisture

Rehab: As a woman who's often looked down at her nails in horror during, say, the middle of a meeting, I'd like to thank you for being a real pal. A manicure will never top my list of fun ways to spend precious free time, but your lightweight serum, packed with of-the-moment ingredients like acai and algae, is quick to apply at night and leaves my nails looking hydrated, healthy and cared for—so I can skip polish without shame. Thanks buddy, K.H.

SALLY HANSEN MOISTURE REHAB, \$10,

ADVERTORIAL

Win your own miracle kit

We sent this selection of beauty miracle-workers to our cross-country network of influencers and asked them to put them to the test. But we want you to have the chance to try them out too, so we're giving away a miracle kit valued at \$469 for one hour each weekday, from March 2-8. Visit thekit.ca/omm-2017/ to enter









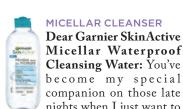






SKIN STARS

Our quest for eternal dewiness knows no bounds—here, the lotions, potions and emulsions that got us glowing



nights when I just want to slip into bed without sudsing up my face. After a quick shake, your bi-phase formula blends conditioning a glistening trace of water droplets— I was spellbound. May I share your secret? As you turn from cream to water on contact, "hydrozome" technology pushes a wave of moisturizing ingredients, like minerals and sea kelp, into the skin to keep it plump and radiant. My dryness disappeared faster than Houdini. Signed, Hogwarts alum V.S.

BLISS FABULOUS DRENCH 'N' QUENCH MOISTURIZER, \$48, SEPHORA.CA

my skin tone over the long term. As for our future, well, I think we're golden. Yours truly, C.O. LA PRAIRIE CELLULAR SWISS ICE CRYSTAL TRANSFORMING CREAM, \$250, HOLTRENFREW.COM



EXFOLIATING PEEL Dear Kiehl's Nightly Refining Micro-Peel Concentrate: I love the idea of a glowy complexion that's born of almond milk

smoothies and early morning yoga. But life is busy, you know? Just two drops of your formula, packed with quinoa husk extract—a superfood that is apparently super at refining

But now your smoothing blend of raspberry leaf, lady's mantle and oat husk extracts has followed me home to Canada. I'm ready to move past our summer romance and see where your long-lasting hydration takes us. Let's never be apart again, R.S. BELIF THE TRUE CREAM—AQUA BOMB, \$47, THE FACE SHOP STORES, BELIF-CANADA.COM



I pump on your foamy formula and massage it in. Thanks to the plumping effects of oxygen and hyaluronic acid, you give my complexion a fresh-from-a-facial glow. What can I say? You make my skin tingle. Yours bright and early, C.O.

KATE SOMERVILLE DERMALQUENCH LIQUID LIFT, \$114, SEPHORA



minating Oil Serum: By this time of year, my skin has little of the radiance it had during sunny days. But with you, it always feels like summer. Smoothing on your ultra-light hydrating formula packed with citrus and cedarwood essential oils leaves my skin so bright and bouncy, I might ditch foundation. I think it's time we made it official. With love, J.V.

DARPHIN PARIS LUMIÈRE ESSENTI-ELLE ILLUMINATING OIL SERUM, \$105, SEPHORA



woman, but sometimes, conditions necessitate a splurge. Conditions like a Canadian winter, deadline-related stress or lack of sleep. Your blend of oils puts my tired complexion to bed and tells it everything's going to be okay—and you mean it. When you're in my routine, I wake up to calm, smooth, hydrated skin. There's a lot of science behind you, with ChronoluxAI technology to help skin repair and soothe irritation, but I don't need to know all that. I just need to know you're there for me. Yours, Eden B. ESTÉE LAUDER ADVANCED NIGHT REPAIR INTENSIVE RECOVERY AMPOULES, \$135, HUDSON'S BAY

CREAM CLEANSER

Dear Almay Age

Essentials Lip Treatment:

This is my dilemma:

I have an incredibly kissable

baby and I love to wear

lipstick. As a result, little

blond Charlie occasionally

resembles a redhead.

Luckily, your formula—rich

in peptides, collagen and

hvaluronic acid—defines the

contours of my mouth so

my colour stays put. Since

you also target fine vertical

lines, my lips are almost as

smooth as baby Charlie's.

Kisses, Laura deCarufel ALMAY AGE ESSENTIALS LIP TREAT-MENT, \$10, DRUGSTORES

> Dear Aveeno Absolutely Ageless Nourishing Cleanser: You're the best thing to happen to my parched skin. Usually winter makes my complexion go ballistic, but your super-

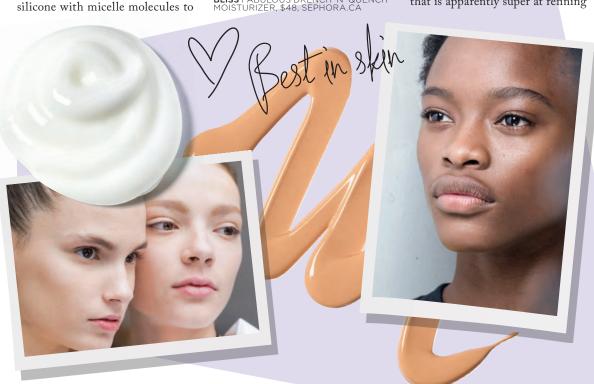
dense formula of moisturizing glycerin and exfoliating citric acid draws water in and drives impurities out, giving me a springtime glow. My once dehydrated complexion now looks baby fresh. I can't resist your silky charms—you make cleansing the best part of my day. Sincerely yours, Paige Peake

AVEENO ABSOLUTELY AGELESS NOUR-ISHING CLEANSER, \$10, DRUGSTORES **HEALING BALM**



Dear Indeed 10Balm: You're the scratch to my itch. When my eczemariddled skin needs love, you're as soothing as Bob

Ross on *The Joy of Painting*. Your 10 big-deal natural ingredients, from bee pollen to baobab oil, take my dry patches from alligator rough to baby's-bottom soft, with no greasy film. And you're unscented, so my sensitive sniffer will never tire of you. Forever yours, Sonya van Heyningen INDEED LABORATORIES 10BALM, \$20, SHOPPERS DRUG MART



attract dirt, oil and makeup with a few swipes from a cotton pad. High-five for whisking away even my stubborn waterproof mascara. And thanks for being oil-free and not leaving a greasy, cloudy film on my contact lenses, which is a strangely common problem. Yours truly, N.B. **GARNIER** SKINACTIVE MICELLAR WATERPROOF CLEANSING WATER, \$10, DRUGSTORES



Dear Bliss Fabulous Drench 'n' Quench: As a kid, I was too busy

reading *Harry Potter* to be interested in magic. Real wizardry was done with wands. But when you came in contact with my grown-up skinsinking right in and leaving behind



COLOUR-CORRE-**CECTING CREAM** Dear La Prairie Cellular Swiss Ice Crystal Transforming Cream:

When we were introduced by a mutual friend, I thought you were too good to be true. Your colour-correcting technology promised to adjust to my skin tone whether I had spent the weekend in my apartment or on a yacht in Cannes—and it did. Plus, your prismatic pigments help blur any evidence of nights on the town and early mornings at the office. As if that weren't enough, your daisyflower extract promises to even out

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FASHION

The state of Toronto Fashion Week

It's official: TFW is back after being scrapped last year—but seemingly countless high-style events have already stepped in to take its place. In this new crowded landscape, Carlene Higgins wonders: What should Fashion Week be, anyway?

With all the

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Up until the December news that Toronto Fashion Week was being resurrected from the grave, some of us in the industry believed it might never come back. IMG—the production company behind New York, London and Sydney Fashion Week, among others—killed it last July after four years. The reason? A lack of "local support for the industry." Oh, how the truth burned. You would seldom catch a buyer from any of the country's major department stores sitting front row, and most editors couldn't make time for the full week of all-day events. But the big problem, as one insider put it, is you weren't likely to have FOMO if you didn't attend.

When the axe fell on Fashion Week, I was a incredible things," said Freed. "It's evolved, but

When the axe fell on Fashi style editor at a major Canadian publication and had a trip booked to attend London Fashion Week, which redefined itself in recent years from a staid afterthought on the international circuit to a destination for cuttingedge fashion. Sure, Simone Rocha and J.W. Anderson stunned, but the off-runway showroom presentations also sparked buzz in the town car

I shared with international journalists and stylists. In the vast, white Brewer Street Car Park (a former parking garage), more than 100 emerging designers displayed their wares as pop-ups, including talented up-and-comers like Rejina Pyo (who's since debuted on net-aporter.com) and Canadian expat Steven Tai, whom I chatted with casually. With impossibly chic U.K. editors like Caroline Issa in attendance, it felt like a secret after-hours club—like maybe the next Alexander McQueen was somewhere inside among us.

That's when I started wondering: In the face of nothingness, what should Toronto Fashion Week be, anyway?

FashionCan was the first to swiftly step in last season, supporting Canadian fashion when it needed a champion. A joint effort organized by the Canadian Arts & Fashion Awards (CAFA), The Collections and Yorkdale Shopping Centre, the runway event coincided with the launch of the mall's new wing last October. I pushed the limit on my downtown company's cab expenses to check out top homegrown designers like Pink Tartan, Greta Constantine and Mikhael Kale, whose looks graced the sprawling aisles. Between shows, I noshed on food court butter chicken, and at week's end, shopped the pop-up shops offering the see-now-buy-now collections (a trend big in New York for the last few seasons). By the time you read this, season two will have just wrapped.

Turns out, IMG's fateful move encouraged a lot of people to imagine what a new Toronto Fashion Week could look like. One of them is real estate developer Peter Freed. Mid-December, he announced that he was spearheading a group of investors who had purchased Toronto Fashion Week from IMG, and that along with former IMG Canada director Carolyn Quinn and PR maven Suzanne Cohon, Toronto Fashion Week was back on.

So on a Monday morning in January, I ventured to the Hazelton Hotel to hear their

plans. "What Fashion Week needs, with Peter's guidance, is a re-invention," said Cohon, the official fashion, arts and culture ambassador for Toronto Fashion Week. Their vision, they told me, is to take over the ritzy Yorkville neighbourhood TIFF-style this fall. In short: to create a grand spectacle that draws in the whole city. In addition to runway shows and presentations, they're planning for in-store activations, packed restaurants, live music (whether celebrities will perform isn't known yet) and Ted-talks-style learning sessions from fashion heavy-hitters. "Toronto Fashion Week has achieved incredible things and missed out on incredible things," said Freed. "It's evolved, but

it's an opportunity to bring it to the next level...to make this thing credible."

They aren't the only ones looking to bring TFW into the present. Just two months after IMG announced it was stepping down, TOM founder Jeff Rustia announced that he would expand his three-year-old Toronto Men's Fashion Week to include a women's division. Titled TW,

it kicks off March 9. "It will be a modern, hightech, relevant Fashion Week, with runway presentations that are well curated," Rustia says. "It will have showrooms, buyers' days and industry talks—all aimed at helping the business of fashion." Evan Biddell of *Project Runway Canada*, emerging talent Zoran Dobric and Toronto Fashion Incubator's annual competition made the edit.

With all the activity around Fashion Week, it's become an exciting, if confusing, time. Hopefully, one of these initiatives will manage to lure the brightest of our talents to participate in the hometown scene—if only before making it big abroad. Last year, 19-year-old designer Vejas Kruszewski made *Vogue* headlines after his line of avant-garde streetwear earned him LVMH's special prize (a huge honour and a cash injec-

tion of €150,000); he was a virtual unknown in Canada who never bothered to show a collection here, but nonetheless managed to infiltrate New York's fashion crowd: Model-of-the-moment Hari Nef wears his clothes and Opening Ceremony now sells them.

Similarly, Mona Koochek and Tania Martins, founders of local label Markoo, have side-stepped TFW for the past few years. Their line had been carried by a few boutiques in Toronto and Vancouver, but it's now exclusive to Assembly New York, a retailer that focuses on international designers dedicated to handcrafted, slow fashion. The duo presented in Toronto in a "small way" about a year ago, Koochek divulged to me over the phone, but they quickly bailed when they realized that it didn't exactly jibe with the spare, street-leaning image of their three-year-old brand. "The tent was covered with a lot of advertising," Koochek recalled. "I remember one time it was all pink lights, and I just felt that wasn't really us.

When I meet with Juliana Schiavinatto, stylist and former fashion director of Elle Canada, over a glass of red wine, she agrees that a flashy event for the general public serves a purpose (i.e., to drum up some desire to spend locally) but to earn credibility within the notoriously tough fashion industry, she believes that less is definitely more. "One day is enough," she tells me, underscoring the "curating" (an oft batted around term) needed to make the cut on a world stage. "It needs to be unexpected. Maybe it's set up like a tunnel, so you don't know what you're going to see next," she says. "Because if we just do it the same way, trying to be something we're not, it's not hitting the moment."

That's the kind of restraint I noticed at The Collections' reimagined presentation in February. The Toronto production agency's event—aptly titled Re\Set—was in collab with Robin Kay, long-time president of the Fashion Design Council of Canada. "We want to provide designers with marketing and commerce opportunities and rethink the national and global perception of fashion in Canada," explains Mel Ashcroft, one of the founders of The Collections, over email. Gone are the generic white tents of seasons past. Instead, the invite-only, two-night event took place in a weathered, mansion-like space in the trendy Queen West neighbourhood. Cool kids in navel-grazing '90s tops and cropped flares seemed legitimately excited to take in the pop-up shop and intimate presentations from the likes of Sid Neigum and Beaufille (both already style-anointed by vogue. com and WWD) in various rooms, complete with cracked walls and chandeliers. Finally, there's a hint of something different in the atmosphere this season—it feels like we're ready to take a fresh breath, instead of gasping for air.



BUY LOCAL

The Toronto Fashion Incubator, long-time advocate for Canadian fashion, is marking its 30th anniversary this year. Celebrate by supporting some of its brightest alumni

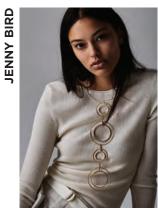


"Canada has such a unique fashion perspective because we all come from different backgrounds and it's fascinating to see how we were raised culturally."

—Matthew Gallagher



"Designers are influenced by their surroundings and what they see daily. Diversity makes Canadian fashion unique." —Jennifer Torosian



"The Canadian designer point of view, compared to the New York designer, isn't as heavily influenced by what's happening in Europe."

—Jenny Bird



"Many people have talked about Canada lacking fashion identity. Canada's identity is our multiculturalism, and that shows in my work." —Sid Neigum



Editor-in-Chief
Laura deCarufel

@Laura_deCarufel
@LauradeCarufel

Creative Director Jessica Hotson @jesshotson

Executive Editor

Kathryn Hudson

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Beauty Director
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@ranisheen

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Assistant Editor Veronica Saroli © @vsaroli

Associate
Art Directors
Sonya van He

Sonya van Heyninger
@ @svanh7

Kristy Wright
@ @creativewithak

Publisher, The Kit Giorgina Bigioni

Direct advertising inquiries to:

Collab Director

Evie Begy, eb@thekit.ca

Project Director, Digital Media

Senior Innovations Designer Amber Hickson Collab Coordinator

Collab Coordinator
Sarah Chan

Marketing Coordinator
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