

ONLY **CREST 3D WHITE** LETS YOU RSVP WITH A GORGEOUS SMILE.

Jak Was

Save Date

Spictos t bin



Professional Effects Effet professionnel

REMOVES 14 YEARS OF STAINS ÉLIMINENT 14 ANNÉES DE TACHES Get professional results, fast.

Crest 3D White Professional Effects Whitestrips whiten as well as a \$500 treatment.

*vs. lights/laser



Healthy, beautiful smiles for life.

www.3DWhite.com/en-CA © Procter & Gamble, Inc., 2016 ORAL-20465

REMOVES 14 YEARS OF STAINS

rolessional Effects

THEKIT.CA / 3

BEAUTY INSIDER BRAVE Why Canadian model Winnie Harlow is still fighting

"My biggest obstacle was that I focused on what others thought of me and not on my opinion of myself," explains Toronto native Winnie Harlow, who grew up with a rare skin condition called vitiligo. "It was a daily process of reminding myself that my beauty is my own." After years of insecurity, Harlow's life changed in 2014 when Tyra Banks discovered her on Instagram. Since then, she's modelled for some of the biggest brands in the business and made a memorable cameo in Beyoncé's *Lemonade*. Now, as an ambassador for Dove's #MyBeautyMySay program, Harlow is dedicated to helping women develop their confidence. Like everyone else, it's something she admits she still struggles with at times. "Every day, I work on it. Even though I gained confidence, I'm still human and have those days when I'm feeling weak. It's something I will feeling weak. It's something I will fight my entire life." Most impor-tantly, she knows she doesn't have to do it alone. "It doesn't just take one person to make a change," she says. "There is power in numbers. Uplifting each other is uplifting yourself." —Carly Ostroff. Photography by Christopher Wahl





WEDDING STYLE A FASHIONABLE DAY

The hottest happening-off-the-catwalk trend? Autumn weddings. We asked Anna McMeekin, a Toronto digital content strategist, to share snaps from her special day. Her ideal vibe? An elegant blacktie English garden party. Mission accomplished



M.A.C BROW SCULPT IN TAUPE, \$25, MACCOSMETICS.CA

TO BOLDLY GO

Hillary Clinton has blazed a trail for women in politics. Makeup artist James Kaliardos shares his experience of doing Clinton's makeup for the March 2016 issue of Vogue

"We talked a lot about beauty and politics and how different female world leaders do their makeup. I said I think the brow is really important—it gives people the belief that you're confident and determined and that you know what you're doing. So we strengthened Hillary's brow and kept her eye simple with a little contouring, eyeliner and mascara. I contoured her face a little bit and kept her skin warm and glowy—it was good for her to look healthy. To me, makeup is a tool for communicating who you are." —As told to Rani Sheen



SHOPPING POWER PUFFER

We drooled over Balenciaga's super-cool, off-the-shoulder styling trick this season, but who are we kidding? This is Canada. Invest in one of these practical-magic toppers-then watch your "Will I be warm enough?" worries disappear.



THE JEWELS "My mom lent me a pair of her earrings, which were beautiful art deco earrings originally belonging to my great-grandmother and a bracelet that matched the earrings, from the Carol Tanenbaums Vintage Jewellery Collection. Dave surprised me with that bracelet on our wedding day as a gift."





THE FLOWERS "We got married on the Thanksgiving long weekend, so I wanted to give a nod to that in the flowers, which were mainly white, green and a hint of orange in stone planters.'

PHOTOGRAPHY BY WHEN HE FOUND HER

HOW WE MET "Dave and I have a ton of mutual friends. He actually went to high school with my sister's fiancée, so it's sort of funny that we met online! After our first date, I was intrigued. He has a really dry sense of humour. Now I know he is the most rocksolid human I've ever met."



THE DRESS "I had a really hard time finding a dress that I liked. Lace is so big right now for bridal, and that's not for me. I always knew that I wanted something simple and structured. I finally had an appointment at White in Toronto and found my dress, which was designed by Monique Lhuillier. I knew it was the one the second I tried it on. It is definitely the most amazing dress I've ever worn, and I felt like a million dollars in it.





GAP, \$148, GAPCANADA.CA







Jet-black makeup ruled the season. To capture the versatility of its eye-catching cool, we scouted smart, inspiring Canadian women and asked them to showcase its power

PHOTOGRAPHY BY LUIS MORA | BEAUTY DIRECTION BY RANI SHEEN

ELISABETH LEPAGE, 36 Marketing director at Roots

ON HER SOFT CAT-EYE "I feel powerful and comfortable at the same time. My day-to-day look is always effortless and natural. I mostly use black makeup at night."

ON GENDER EQUALITY "It's time that men and women partner together for equality. It's a subject that is very dear to my heart. I decided to be part of the solution a long time ago and actively encourage women to voice their needs."

ROOTS JACKET, \$1,088, TOP, \$38, ROOTS.CA



ON THE POWER OF VOICES "Watching Margaret Cho speak up about sexual abuse, or Constance Wu calling out the lack of Asian representation in Hollywood inspires me. These women, whose experiences I can relate to, are using their influence to pave the way for the rest of us."

JASMINE CABANILLA, 19 Student

ON HER BLACK GLITTER ROOTS "The sparkle emoji is my favourite emoji, and I think I'm totally emulating it with this look." **H&M** TOP, \$35, HM.CA

ON THE POWER OF WOMEN "The beautiful thing about women is that we've always been powerful, regardless of how men decided we should exist in their society."



NADIA GOHAR, 27 Artist

ON HER GREASY, SOOTY EYE "The makeup artist applied Vaseline for a glossy look. I'll definitely be using that trick."

ON THE HOLLYWOOD WAGE-GAP DISCUSSION "The wage gap in Hollywood seems like a minuscule topic when it comes to empowering women all over the world. The wage gap, period, seems more pressing. Having grown up in Egypt, where female genital mutilation and 'virginity tests' still occur, I sometimes feel alienated by Western topics surrounding feminism and female empowerment." H&M TOP, \$30, HM.CA. BCBGMAX-AZRIA DRESS, \$777, BCBG.COM





nimator, editor, director, server ON HER STRIATED EYELINER "I feel special. Being the canvas for this art gives me a feeling of power." BOSS DRESS, PRICE UPON REQUEST, SELECT BOSS STORES. H&M TOP, \$13, H&M



TRISH EWANIKA, 53 Designer and owner of Ewanika boutique

ON HER SMUDGY LINER "I enjoy the sense of intrigue and mystery it creates. I generally don't wear a lot of makeup; being mostly sans eyebrows, I usually use some form of eyeliner and mascara. The artful application by the makeup artist encourages me to be a bit more daring."

ON POWER DRESSING "As a clothing designer, I am acutely aware of how clothes can make one feel. All things align when what I am wearing makes me feel like I say and do what I need to." PARI DESAI BODYSUIT, \$490, EWANIKA

MAKEUP: JULIE CUSSON FOR CHANEL. MAKEUP ASSISTANT: LÉONIE LÉVESQUE. HAIR: WENDY RORONG FOR PLUTINO GROUP/ MOROCCANOIL, TEXT: VERONICA JILLIAN VIEIRA. CREATIVE DIRECTION JILLIAN VIEIRA. CREATIVE DIREC TION: JESSICA HOTSON

ON THE POWER OF DISCUSSION "I find it empowering when I hear dialogue about race, gender and sex happening in groups who are not subjugated by these issues. It gives me more faith in the world."

MOUNA TRAORÉ, 27

Actor, writer, filmmaker

ON HER DOUBLE CAT-EYE "It's sharp, edgy and dangerous. It definitely makes me feel powerful and sexy. CHEAP MONDAY JACKET, \$145, CHEAP MONDAY.CA. AMERICAN APPAREL TOP \$52. AME

BLACK UP LIPSTICK IN M 30 SATIN BLACK, \$28, SEPHORA.CA. CHANEL CALLIGRAPHIE DE CHANEL CREAM EYELINER IN HYPERBLACK, \$40, CHANEL COUNTERS. THE ESTÉE EDIT INSIDE TRACK EYE KAJAL IN EXTREME BLACK/ GUNMETAL, \$26, SEPHORA.CA. RIMMEL LONDON SCANDALEYES RELOADED MASCARA IN EXTREME BLACK, \$9, DRUGSTORES. M.A.C CHROMALINE GEL/CREAM IN BLACK BLACK, \$24, MACCOSMETICS.CA. L'ORÉAL PARIS VOLUMINOUS LINER NOIR IN BLACKEST BLACK, \$13, DRUGSTORES

6 / THEKIT.CA



Derek Lam, seen here at his uptown New York showroom and office, will be at Holt Renfrew Yorkdale in Toronto for a personal appearance and a fashion presentation on November 17 at 6 p.m.

FASHION INSIDER LEADING THE WAY

First there was Liz Claiborne, then Perry Ellis, then mega-brand Ralph Lauren. Now, American sportswear has Derek Lam

BY CARLY OSTROFF

Georgia O'Keeffe didn't care for conventions, and as it turns out, neither does contemporary designer Derek Lam, who cited the famous painter as muse for his Spring 2017 collection. "When you look at her life, what she did with it and the steps she's taken, that was very inspiring to me," says Lam, sitting in his Madison Avenue showroom. After all, he says, O'Keeffe was a trailblazer. Known for her severe style of dress, she was surrounded by scandal—partly because she lived with another woman and, in her 80s, took on a much younger assistant and rumoured lover. "Sometimes we think we're contemporary," he explains. "But there are people who have led the way."

Before Lam began reinventing American sportswear at his namesake labels, he graduated from the Parsons School of Design and kicked off his career at Michael Kors. Through nearly eight years with Kors, Lam learned about the drive to succeed. "Michael is incredibly passionate about the work he does and he's always stayed focused on that passion, creativity and his business," says Lam.

The designer's education in fashion continued at luxe brand Tod's, where Lam worked as creative director from 2006 to 2011. There, Lam developed an understanding of the technical work that goes into crafting accessories and about brand promotion. "Tod's is a worldwide company with great recognition, so seeing how it represents its brand in different markets was incredible," he says.

By 2003, Lam, together with his partnerturned-husband, was ready to launch his eponymous business. From the very beginning, the venture earned a niche in the marketplace. "The Spring 2004 collection was a real introduction to the world," he says. "We had all the great editors, magazines and stores hearing about what I was doing by word of mouth, showing up for the show and then supporting it. That was a very big break."

Since then, the CFDA-award-winning designer—whose line is carried by luxury retailers like Holt Renfrew—has expanded to include a diffusion line called 10 Crosby, as well as footwear, handbags and most recently fragrance. Lam has cemented his status in the industry with his modern sensibility and designs that feel simultaneously accessible and directional, applying his signature elevated approach to this spring's wide-legged trousers and suede and leather-trimmed outerwear, including his first-ever khakis.

Not unlike the artist who inspired his latest collection, Lam prefers to do things his own way. "I felt there was a missing voice in what was happening in American fashion," he says. "So I took it as a challenge to do something that was unique." WORK IT Derek Lam's Spring 2017 outfit suggestions for every work scenario







You can still be very feminine at power lunches, but a pleated blouse worn tucked into the black-andwhite-striped trousers is a new take on the pant-and-shirt look, which always projects confidence DEREK LAM PANTS, \$1,323, HOLT RENFREW

Lunch with clients

cocktails "This tee dress is something that you can wear during the day but still has that interesting twist to it that makes it special." DRESS, \$1,834, HOLT RENFREW

After-work

Meeting with your boss 'The white poplin is something that you can easily wear to work but creates a fashion statement when tucked into trousers. It really has that great kind of Katherine Hepburn quality.' **DEREK LAM** TOP, \$914, HOLT RENFREW



SHINOLA WATCH \$2,810, SHINOLA.COM

ACCESSORIES DON'T CALL IT A COMEBACK

Shinola is reviving the manufactured-in-America tradition one diamond watch at a time

It came as a shock to me that I was pronouncing "Shinola" wrong: It's shine-ola, not shin-ola. It's named after a bygone shoe shine polish, so that should have been an indication. Well, live and learn—which is what the five-year-old Detroit brand is about. "There's no place [in the U.S.] to learn how to craft, design, prototype and pattern leather goods anymore," says Jennifer Guarino, vice-president of manufacturing. "We started teaching people from scratch." But by basing operations in postrecession Motor City, the company has access to a lot of people who have mastered the inner workings of a production line.

Starting out with timepieces, bikes and leather goods, Shinola's roster of high-quality heritagefeeling wares is expanding to include jewellery and watches speckled with diamonds. Last month, Shinola dropped a fine jewellery collection with Pamela Love, brimming with opals, tiger's eyes, mother-of-pearl and diamonds that's equal parts pretty and edgy.

"I've always seen Shinola as a women's brand," states Daniel Caudill, the brand's creative director. "Everyone thinks of it as very masculine, but it's classic, it's casual, it's simple, and it's not about fast fashion." For a brand that's not about fast fashion, success in the industry has come rather quickly. *—Veronica Saroli*





Hylamide 120nd & 4 ft oz/atik Hydra-Density Mist Multi-Depth Toning TREATMENT FOR WATER DENSITY Patter Hydra-Densité Treatment Tonifant Multicouche de Density Tonifant Multicouche

KENSINGTON MARKET

285 A Augusta Ave.

THE ABNORMAL BEAUTY COMPANY. DECIEM

HYLAMIDE: HYDRA-DENSITY MIST

Hylamide's Hydra-Density Mist supports dermal water density for intense lightweight hydration and comfort. It contains a Marine Exopolysaccharides that concentrates hydration density with a higher water-retaining capacity than hyaluronic acid, offering immediate and lasting oil-free hydration. The formula also contains purified green tea polyphenols, golden eye grass root and Tasmanian pepperberry to reduce signs of inflammation, of irritation and of redness, leaving the skin feeling calm and looking rested, now and with continued use.

THE ABNORMAL BEAUTY COMPANY STORES:

QUEEN WEST 881 Queen St. W

YORKVILLE 1240 Bay St. Off Bellair St. **CABBAGETOWN** 242 Carlton St.

SQUARE ONE 100 City Centre Dr. Mississauga (Coming Soon) **ALSO AVAILABLE:**



HA BLUR Finisher Series



PHOTOGRAPHY FOUNDATION Finisher Series **FIRST PERSON**

Power heels

A pair of pumps helped **Danielle Groen** move from heartbreak to happiness

"I'd been so

fixated on a single

storyline: Either

the shoes belonged

to my personal life,

where they spoke

of disappointment,

or they lived in

my professional

world, where they

telegraphed worth."

PHOTOGRAPHY BY HAMIN LEE

The shoes cost upwards of \$800, an inconceivable expense that became altogether conceivable by my second lap of the Holt Renfrew store. I took an absurd pleasure in wearing them. They were something I didn't need but was surprised and delighted to find I wanted, which was roughly how I felt about the institution of marriage. Besides, I was a prudent bride. Hadn't I pushed for the City Hall wedding, on a Thursday, after lunch, attended by three parents I contemplated the Louboutins from the doorway

and two witnesses and wrapped up with wine by 5 o'clock? And these shoes-these gorgeous, cobalt Christian Louboutin stilettos-were a clever combination of something new and something blue. Hell, I was even borrowing height for the very old tradition of marching down the aisle. One pair of shoes to cover four wedding dictates: The Louboutins were nothing if not economical.

The breakup, less than a week before our City Hall appointment, was economical too: six and a half years undone by a five-minute exchange. I didn't say much; I wasn't being asked to weigh in. A month later, after the books and cookware had been divided, rings returned, furniture reshuffled to fill the

apartment's sudden space, I took the shoes from their box in the closet. They radiated failure. But they were still outrageously pretty. Since they'd been stripped of their original domestic purpose, maybe I could give them an ornamental one instead-so I carried the shoes over to a bench in my office and placed them on top like a sculpture.

Like all good inventions, heels sprang from necessity, devised by the 16th-century Persian cavalry to provide better grip in the stirrups when they rode. The stiletto is a more recent creation, coming out of the 1950s and Christian Dior. Its name was taken

footwear of choice for fast-talking femmes fatales. Decades later, the shoe morphed into a staple of the workplace, worn by women who triumphed in boardroom battles—a spiky symbol of power.

I wanted that power. Three months after the breakup, there was an industry gala for several hundred peoplejournalism's cash-bar equivalent of the Oscars-and the magazine I worked at was up for some awards.

of my office, then plucked them off their decorative perch. It was a night that demanded ceremony. I was going to put those stilettos to work.

For the next two years, they were exclusively devoted to my career. They carried me to interviews and office functions, to swanky corporate parties and the divey karaoke bars that followed. (I will sing "No Diggity" and nothing else.) My professional life took off—I wrote more, made more, assumed new responsibilities—and the shoes became both talisman and armour. I liked the clack they made to announce my arrival; I liked that they lifted me a smidge past six feet tall. Mostly, I liked having engineered the Louboutins' transformation into a kick-ass pair of *Lean In* heels.

And then I woke up and my cousin was getting married and it seemed ludicrous not to take these hot shoes out. I'd been so fixated on a single storyline: Either the shoes belonged to my personal life, where they spoke of disappointment, or they lived in my professional world, where they telegraphed worth. But heels have always embraced the tension between opposites. Designed to make men feel secure in the saddle, they're about the last thing you'd connect to stability. They raise you up until you hit an unexpected dip in the pavement, and then they take you down. They're beautiful and they mangle your toes from a long, slender dagger, and it swiftly became the beyond recognition. If they can manage all that,



they can certainly bridge the distance between a presentation and a date.

After stumbling home, boozy and dance-sore, from my cousin's wedding, I yanked off the Louboutins the moment I made it inside. They skidded across the hallway and flipped over, and I howled: The perfect red lacquer was chipped and scuffed, exposing the corkcoloured sole beneath. That night, I swore viciously at the scratches. The next morning, I accepted their fate. Then I caught myself admiring the damage: Now, the bottom of the shoe actually suggested a journey. The top remained pristine.

FIND YOUR FOOTING

These mega-embellished shoes unapologetically say, "Look at me." Best part? You can wear flats and still make a major statement.



CHRISTIAN LOUBOUTIN, \$2,325, CHRISTIANLOUBOUTIN.COM. GEOX, \$200, SIMILAR STYLES AT GEOX STORES. PRADA, \$1,235, NET-A-PORTER.COM. GIANVITO ROSSI, \$1,310, MATCHESFASHION.COM. MANOLO BLAHNIK, \$1,310, MANOLOBLAHNIK.COM. JIMMY CHOO, \$1,050, SELECT JIMMY CHOO STORES



ONE-MINUTE MIRACLE

Dear Darphin Paris Lumière Essentielle **Illuminating Oil** Serum: By this time of year, my skin is showing little of the radiance I enjoyed during long sunny days. But since you've entered my life, it always feels like summer. Smoothing on your ultra-light hydrating formula packed with citrus and cedarwood essential oils leaves my skin so bright and bouncy, I'm considering ditching foundation. (Seriously, you're that compelling.) I think it's about time we make this thing official. With love, Jillian Vieira DARPHIN PARIS LUMIÈRE

ESSENTIELLE ILLUMINATING OIL SERUM, \$105, SEPHORA

In the 1970s, Tracey "Africa" Norman was a successful model, shooting with big-name photographers for biggername magazines-her image was even on a Clairol hair colour box for years. She was living her dream, but hiding a secret that threatened to halt her career in its tracks. As though it wasn't hard enough being a black model in

the '70s, Norman had an even greater challenge: concealing the fact that she was born male. For a while, the illusion worked, but when someone spilled her secret to an editor one day at a shoot, her modelling career was over. Norman never expected to model again, but after she was profiled in a 2015 issue of New York magazine, she was summoned to a meeting with an unnamed client. As fate would have it, that client turned out to be Clairol. Now, at age 64, Norman is once again representing the brand, this time for its Nice'n Easy Color as Real as

You Are campaign—and she's finally being celebrated for who she really is.

After all you've been through, what does it mean to see society start to accept and embrace trans people? "I think it's very exciting that doors are opening for trans women to walk through and pursue their careers. I think people today have more of an open mind than they did when I was working back in the late '70s and '80s."

Did you see this change coming? "I didn't think it would ever happen. With what I went through in the '70s with the disrespect and the hatred that was prevalent back

then, it was hard for me to even fathom that this could ever happen."

How did you find the courage to do what you did at the time? "Growing up looking at my mother, seeing her strength and what she had to do to raise two kids in the '50s

and '60s by herself, that encouraged me to move forward when friends thought that I was beautiful enough to be a model. And they encouraged me, so I just pursued it. When you're young, you really don't have the fear factor set in. So it was easy for me to get involved in the fashion community, because I had people that loved me, trained me and pushed me out there to do that."

What is it like to be back, modelling after all this time? "It's very exciting for me to represent Clairol again. They're allowing me to be my true self and to

represent them; back in the '70s I wasn't able to live my truth fully. So there was a little tension, but now I can be more relaxed. I don't have to worry about being fired!"

Do you use hair dye yourself? "I started using hair colour back in the '70s when I was first on the box. That's when I was introduced to colouring my hair. I really enjoyed that aspect of it because it changed my look and softened my features. It helped me build my confidence too, to be in front of the camera and project a different image every time. The colour that they used this time was Light Brown 6N, and it also helped soften my features. Which was very nice, because of my age!"

Editor-in-Chief Laura deCarufel ● @Laura_deCarufel @LauradeCarufel

Creative Director Jessica Hotson @jesshotson

Executive Editor Kathryn Hudsor @hudsonkat

Beauty Editor Rani Sheen

Fashion Editor Jillian Vieira ❥ @JillianVieira

Managing Editor Eden Boileau © @lilyedenface

Associate Beauty Editor Natasha Bruno Datashajbruno

Assistant Digital Editor Carly Ostroff @carlyostroff

Assistant Editor Veronica Saroli

Assistant Art Directors Sonya van Heyningen © @svanh7

Kristy Wright @creativewithak

Designer Amber Hickson

@amblynncreative

Publisher, The Kit Giorgina Bigioni

Project Director, Digital Media Kelly Matthews

Direct advertising inquiries to: Marketing Manager Evie Begy eb@thekit.ca

The Kit is Canada's 360° beauty and style leader (c) 2016, The Kit, a division of Toronto Star Newspapers Limited.



Acting Publisher, Toronto Star, and Acting President, Star Media Group David Holland

Fditor-in-Chief, Toronto Star Michael Cooke

"I think it's very exciting that doors are opening for trans women to walk through and pursue their careers."

THE SHOPPING CHANNEL[™]

Discover / ///

IT COSMETICS JE NE SAIS QUOI PALETTE & BRUSH 495-833

BEEKMAN 1802 MEET ME UNDER THE MISTLETOE 495-615



GUILLAUME HOME EXOTIC LUXE FAUX FUR THROW

559-002

DIAMOND SHOW 14K GOLD .75CTW DIAMOND 2016 HOLIDAY RING 541-898

BOSE SOUNDLINK MINI BLUETOOTH SPEAKER II 648-973 Discover thousands of unique gift ideas!

MINI COOPER RIDE-ON CAR 653-957

BELLINA CASHMERE EXTRA FINE MERINO WOOL V-NECK SWEATER 535-095





DYSON SUPERSONIC HAIR DRYER 559-674

BOSE QUIETCOMFORT WIRELESS HEADPHONES 649-526



HP 21.5" TOUCH ALL IN ONE DESKTOP 650-174



HEYS 3PC FASHION SPINNERS 514-654

Enjoy everyday free shipping on select orders of \$150*or more. Use code SHIP150.





ASUS 8" ZENPAD 8.0 Z380M 16GB TABLET WITH APPS SUITE 650-100



TYCOON FOR DIAMONELLE® STERLING SILVER SIMULATED EMERALD HALO PENDANT WITH CHAIN; 541-490, RING; 541-492, EARRINGS; 541-491

*Some conditions apply. Free shipping is valid on items with a shipping weight of less than 20lbs. Canada Post shipping only. For details visit tsc.ca/discoverjoy. © 2016 Rogers Media.

Shop tsc.ca 🕟