

#### PHOTOGRAPHY: COURTESY OF SHISEIDO (TOP LEFT); NARS (TOP CENTRE AND RIGHT); PETER STIGTER (BOTTOM LEFT AND RIGHT)

TREND REPORT SPRING FASHION

The essential—and surprisingly wearable looks of the season, from sexy siren to dreamy bohemian

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## PERFECT SKINNOW

Top makeup artists reveal their secrets to get covetable skin in a flash (no, really)

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Once considered a staple of the straitlaced upper crust, the top-handle bag is finally letting its hair down. Fashion's biggest players—Louis Vuitton, Miu Miu and Dolce & Gabbana, among them—have embraced contradiction, affixing prim grips to bold bodies. Glossy, orbed leather, colour-blocked snakeskin and striking nautical stripes rule the season. So consider it confirmed: Opposites really do attract. *—Jillian Vieira. Photography by Adrian Armstrong.* 



PROFILE **ONTHE RISE** We caught up with singer Tinashe right before

She lives with her parents since she travels so much (plus, it allows her 24/7 access to her fave homecooked meal: her dad's spaghetti), and her beauty staples include lip balm and sunscreen.

THE MOMENT:

"People can tell when things

are contrived and don't

come from a genuine place."

The fragrance "Looking Glass is about appreciating that moment when women check themselves out, whether it's in a building window or in the mirror. That moment of self-recognition gives a woman the confidence to go and do what she needs to take care of.'



The fragrance "Blackout has a mystery and a real sexuality. It's based on chai tea, which is unusual, so it really shows off personality. I think it would be really intriguing for someone to smell it on their date."



The fragrance "Silent St. is very soothing, very calming—it's kind of the scent of serenity. I'm always looking for a sense of calm after a busy workweek.'

DEREK LAM 10 CROSBY EAUX DE PARFUM, \$120 (50 ML) EACH, SEPHORA.CA

### she kicked off her world tour

Tinashe is only 23, but she's already on her second world tour. The American R&B singer also produces, acts, dances and designs clothing, and she released an eyeshadow palette with M.A.C this month. So when she says, "I'm just trying to do

everything bigger and better," you know she means it.

But the millennial, who has opened for Justin Bieber and Katy Perry, is still keeping some things simple:

The release date for her upcoming album, Joyride, has yet to be announced, though notable names like Max Martin (of "Bad Blood" fame) and Mike Will Made-It ("Formation") have been linked to it. "People can tell when things are contrived and don't come from a genuine place," she explains. "The internet

gives people a chance to call people out."

As for next steps: "The sky's the limit," she says. "I'm experiencing the joyride every day.' -Veronica Saroli



### LAURA GULSHANI in Chanel lauragulshani.com

It took Gulshani, 23 (a former Kit intern), years to feel confident enough in her artistic abilities to share her vibrant runway portraits with the world. "I just joined Instagram last year because, before, I didn't want people to know I could draw," she says.

### STEPHANIE MCKAY in Chloé

stephanieanne.ca

Trained in classical-realism style, McKay, 26, is now captivated by sketching fanciful haute couture. "For me, the most intriguing part of the artistic process was learning how to simplify things."

### SHARMAINE SERMONIA in Proenza Schouler sharmainesermonia.com

Sermonia, 21, grew up in Saudi Arabia and the Philippines and taught herself to draw out of loneliness. "A lot of my drawings are from childhood memories," she says. Now, her friends (and patrons) ask for Sermonia originals.

### JOCELYN TENG in Louis Vuitton wallnine.com

"My dad's an artist," says Teng, 29, "and ever since I can remember I've had a paintbrush in my hand." As for her own style: "I like to draw fast because I'm trying to capture abstract feelings more than details."

### STEFANIE AYOUB in Calvin Klein stefanieayoub.com

Stints in garment design helped Ayoub, 25, realize drawing was her passion. "The designer I worked for in Paris did beautiful illustrations to accompany her designs, and I thought that seems much more interesting than sitting at a sewing machine."

### KSENIA SAPUNKOVA in Sacai kseniasapunkova.com

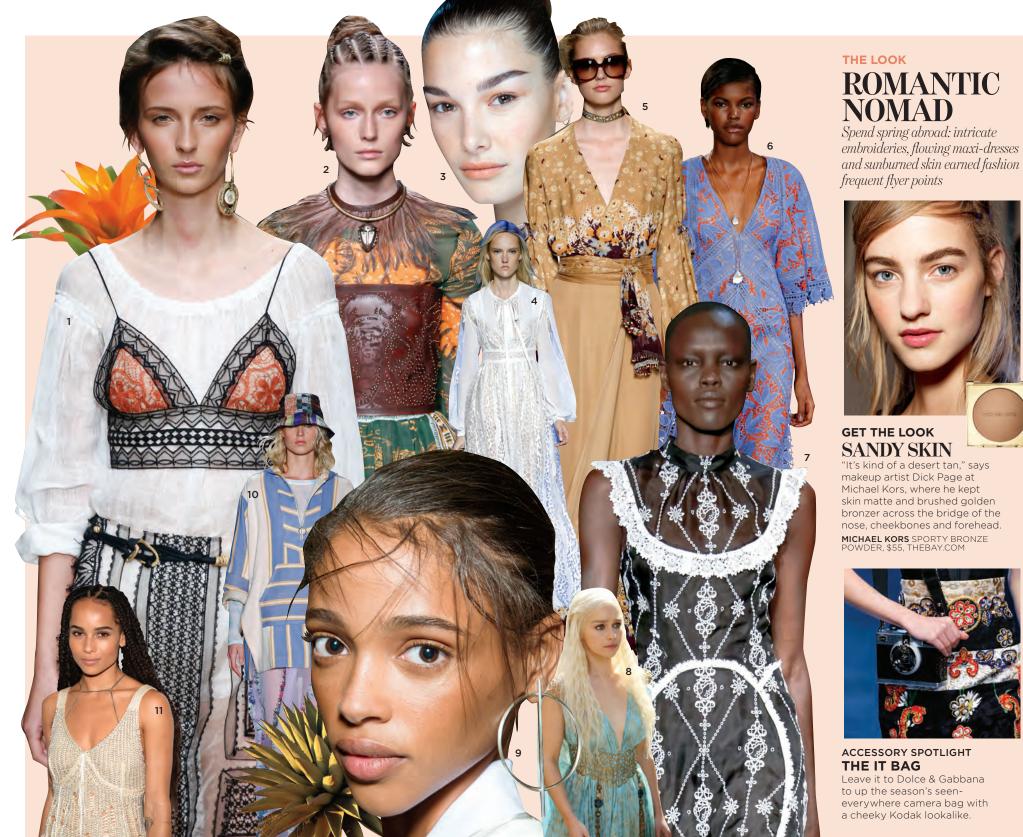
Sapunkova, 26, who studied sculpture in her native Ukraine, uses the analogy of court sketches to describe her work. "In court, you focus on facial expressions or hand gestures. Fashion illustration

simplifies what you see."

# Spring 2016 lookbook

From boho to futuristic, this season's trends have a whole lot of character. We've distilled the essential looks, so you can pick your personality and join the fashion party

BY JILLIAN VIEIRA AND RANI SHEEN



1. Alberta Ferretti delves into desert wear. 2. Feathers and leathers at Valentino. 3. Subtle earth tones at Balmain. 4. Elie Saab's mirage-like evening gowns. 5. Folksy inspiration at Etro. 6. Rich hues meet delicate lace at Tory Burch. 7. Pretty prairie dressing at Erdem. 8. *Game of Thrones*'s Khaleesi is the queen of boho chic. 9. Windswept hair and tanned faces at Michael Kors. 10. BCBG Max Azria's California road trippers. 11. Actor Zöe Kravitz's easy elegance.



1. A school of underwater creatures at Emilio Pucci. 2. Caribbean eyeshadow hues at Diane von Furstenberg. 3. Chic Navy uniforms at Mugler. 4. House of Holland's tugboat-captain style. 5. Life's a beach at Dolce & Gabbana. 6. Brigitte Bardot channels Mediterranean chic in the classic Breton top, 1956. 7. Stripes on stripes at Max Mara. 8. Sportmax's striking net print. 9. Yacht-appropriate garb at Giorgio Armani. 10. New England nautical at Ralph Lauren.



from the cosmos in metallic lips, high-shine leather and utilitarian boiler suits, making a perfect landing on spring runways



ACCESSORY SPOTLIGHT THE IT BOOTS Forget "Take me to your leader"—these sterling Rodarte boots say "I'm the boss." (Bottom line: You need a metallic shoe.)



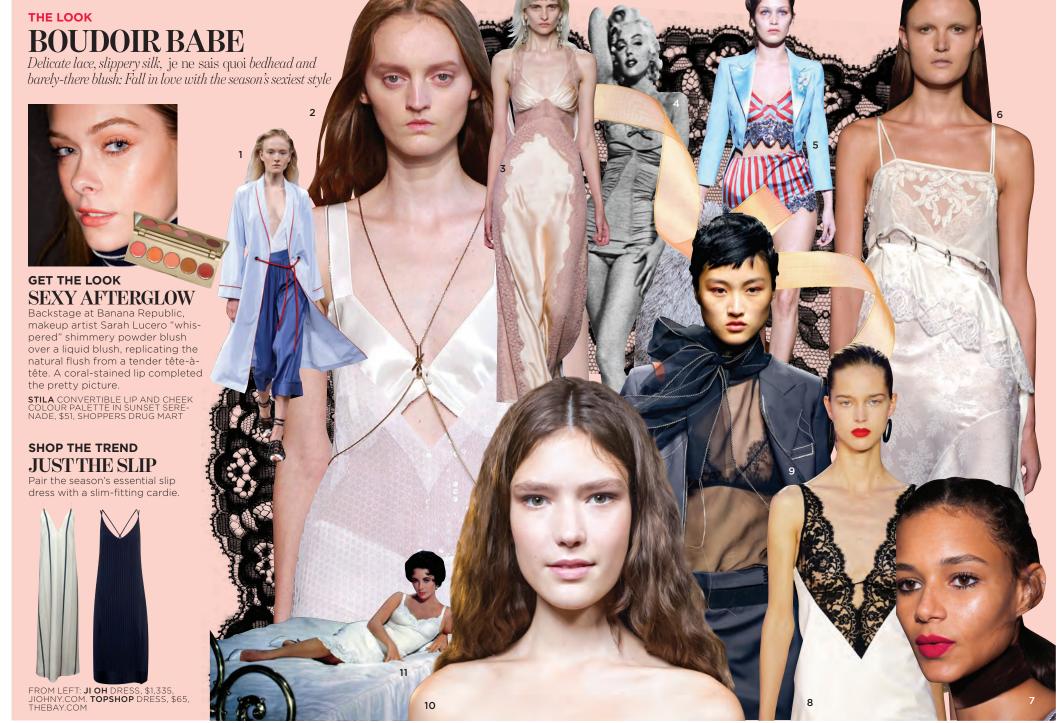
GET THE LOOK

The sparkling lids at Delpozo were the prettiest take on the season's heavymetal makeup. Makeup artist Monica Marmo pressed silver glitter over M.A.C's Mixing Medium gel, describing the look as "a woman from the future."

M.A.C GLITTER IN 3D SILVER, \$26, MACCOSMETICS.CA



1. Iris van Herpen's molten metal illusions. 2. Striking silver pleats at Emilio Pucci. 3. Mylar-like varsity jackets at Courrèges. 4. Broken-mirror detailing at Loewe. 5. Spacesuit chic at Lacoste. 6. Futuristic gold lips at Prada. 7. Captain Link Hogthrob and First Mate Piggy in *The Muppet Show*. 8. Velvet alien vibes at Vetements. 9. Iridescent coats at Edun, calling to mind high-tech spaceship material.



1. Back-to-bed housecoats at Thakoon. 2. Body chains and sequins meet at Calvin Klein. 3. Alexander Wang's vintage-inspired negligee. 4. Marilyn Monroe, the ultimate pin-up, 1953. 5. Silky separates at Marc Jacobs. 6. Deconstructed slips by Riccardo Tisci at Givenchy. 7. Alluring ruby lips at Giles. 8. Plunging necklines at Céline. 9. Alber Elbaz's sexed-up workwear at Lanvin. 10. Rumpled waves at Stella McCartney. 11. Elizabeth Taylor in *Cat on a Hot Tin Roof*, 1958.

PHOTOGRAPHY: PETER STIGTER (RUNWAY AND BACKSTAGE BEAUTY EXCEPT STRIPED NAILS, PUBLIC SCHOOL, COURRÈGES, DELPOZO); GETTY IMAGES (TAYLOR, MONROE, CACTUS, PLANETS); REX USA (BARDOT); ISTOCK (SHELL & ANCHOR ILLUSTRATIONS, RIBBON, LACE, FLOWER); FLICKR.COM: JUNGLE-JANE-PICS (CAMEL). COURTESY OF ESSIE (BROOKS); AVEDA (PUBLIC SCHOOL); BELL MEDIA (GAME OF THRONES); M.A.C COSMETICS (DELPOZO)



### **Dear Garnier SkinActive Micellar** Waterproof Cleansing Water: You've become my special companion on those late nights when I just want to slip into bed without sudsing up my face. After a quick shake, your bi-phase formula blends conditioning silicone with micelle molecules to attract and pull away dirt, oil and makeup with a few swipes from a cotton pad. High-five for whisking away even my most stubborn waterproof mascara and tight-liner. And thanks for being oil-free—you don't leave behind a greasy, cloudy film on my contact lenses, which is a strangely common problem. Yours truly, Natasha Bruno

GARNIER SKINACTIVE MICELLAR WATERPROOF CLEANSING WATER, \$10, DRUGSTORES MAKEUP LESSON

## Spring cleaning

Expired sunscreen and year-old mascara have no business near your face. Here's what to keep, what to toss and what needs a good scrubbing

### BY ANDREA JANUS

Chances are that you clear out the fridge and mop the floors as soon as you notice a little dust. But are you as diligent with the products you put on your skin and hair? "They weren't made to be out there for 10 years," says Frauke Neuser, principal scientist at P&G Beauty. "It's very similar to food: With a packet of dried pasta, you can still use it once it goes beyond the expiration date, but is it going to taste as good?" As temperatures start to rise and the weather demands a lighter moisturizer and stronger sunscreen, it's the perfect time to give your makeup bag (and the jumble in the back of your bathroom cabinet) a spring clean.

### Sunscreen

It's easy—and important—to figure out when to replace your sunscreen because it has an expiry date on the bottle, as required by Health Canada. "The expiry date is the end of a period during which manufacturers know that the product is actually doing what it's supposed to do," explains Neuser. When the UV filters start breaking down, the level of protection indicated by the SPF rating decreases too.

### Skincare

If your skincare products don't have an expiry date, look for an icon that resembles a bottle with an open top. The number you see next to that is the max number of months you should use the product after it's been opened. Or, as Neuser suggests, you can also just eyeball it: "For anything that looks off or smells off, don't even risk it." Emulsions (products that mix oil and water) may start to separate, and the active ingredients may lose their potency. Packaging is another factor; you introduce microbes every time you dip a finger and scoop cream out of a jar. "We have preservatives in there, so we can guarantee safe use for 12 months, but beyond that we don't recommend you keep using it," says Neuser.

### Makeup

Mascara has the highest risk of contamination because it touches your lashes and eye area directly, and your eyes are more sensitive than any other part of your face. "If there is contamination, it can lead to inflammation and irritation," says Neuser, who suggests buying a new tube every three to four months. Makeup artist Olivia Colacci is even more conservative—she recommends replacing it every month. Make sure to keep an eye on the product's texture as well. "You'll never finish a pot of cream eyeliner—you won't even put a dent into it," says Colacci. "But you'll need to replace it because it's dried up."

### Brushes

breath

Makeup brushes don't need to be tossed in the trash, but they do need to be cleaned regularly—at least every other week, Colacci advises. Gently swirl expensive natural bristle brushes in baby shampoo and rinse until the water runs clear. Then pat them dry with a paper towel and lay flat to dry on a towel. Synthetic brushes tend to be used with creamier products like foundation, so you'll need something stronger like an alcoholbased brush cleanser or even dish soap. "Just like it gets the grease off your dishes, it will get oil off the brushes," Colacci says.

### Haircare

Aerosol styling products like hairspray are basically a lifelong investment because they don't collect bacteria. "That's the type of product that you never really need to chuck," says Neuser. Hot-metal hair tools collect product residue and should be cleaned—just wipe them down with a damp towel while they're still warm and product buildup will slide right off. Hairbrushes also get grubby and need regular care. "If you're using a dirty brush on your hair, it will put the oils back in and make your hair look dirty," says Colacci. Wash them with shampoo, loosening dirt by rubbing two of them together, bristles facing each other.

### Tools

Metal eyelash curlers and tweezers should be wiped or sprayed with an alcohol-based cleanser to disinfect them, says Colacci. When the little rubber pads on your curler start to weaken, they need to be replaced. "As soon as they wear down, the metal will hit metal and that will cut your lashes."

### Fragrance

Worry not—there aren't any safety concerns about perfume because of the high alcohol content. "They are very unlikely to spoil," explains Neuser. But the scent won't last forever. "Some of them aren't going to smell the same after 10 years as they do on day one."

THE CANADIAN

### Fresh st<mark>art</mark>

Revitalize your beauty stash by tossing out the old and investing in some new spring essentials. PHILOSOPHY TAKE A DEEP BREATH OIL-FREE OXYGENATING MOISTURIZER, \$49, BEAUTYBOUTIQUE.CA. BOBBI BROWN LONG-WEAR GEL SPARKLE IN GOLDSTONE, \$34, BOBBIBROWN.CA. OLAY REGENERIST MICRO-SCULPTING EYESWIRL, \$39, DRUGSTORES. SEPHORA COLLECTION LIPSTICK JUNGLE BRUBH SET, \$68, SEPHORA.CA. ELIZABETH ARDEN GRAND ENTRANCE MASCARA, \$32, SHOPPERS DRUG MART. TWEEZERMAN PROCURL LASH CURLER, \$28, TWEEZERMAN.CA

## ACNE GUIDE

A new batch of acne-fighting ingredients promise to beat the adult breakouts that have been causing you teen angst

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BY LAUREN KERBEL

I hate 17-year-old me. Carefree and collagen-rich, she somehow managed to sidestep the teenage hormone-induced breakout blitz with minimal effort. I hate her because nine years later, for my birthday, I got my first serious case of spots, becoming the newest addition to the one in five women who suffer from adult acne. The situation escalated quickly into a veritable beard of angry pimples in all shapes and sizes, leading me to my wits' end and, ultimately, to a tearful visit to a dermatologist's office. I obediently swapped all my skincare products for the doctor's own line made with derm-favourite acne fighter benzoyl peroxide, but after months of that routine plus chemical peels and blue light sessions, I was seeing only minimal improvement, and plenty of dryness and flakiness. If I've learned anything from my experience (and subsequent hours spent on the "Skincare Addiction" Subreddit forum) it's this: Adult acne isn't one-size-fits-all—especially stubborn adult acne, which requires ongoing prevention and treatment. So I'm taking it back to the bathroom. There is no single miracle ingredient that works for everyone, but luckily for me—and other sensitive types—there are plenty of new non-irritating spot fighters on the scene.

### 1. Lauric acid

This fatty acid found in coconut oil and breast milk has been shown to keep breakouts at bay without drying the surrounding skin. "Lauric acid is becoming a popular ingredient for fighting acne due to its antibacterial properties," says scientist Christelle Merial Kieny, from Pierre Fabre Dermo Cosmetics, makers of Avène skincare. In fact, a 2009 study found it to be a more effective anti-microbial than benzoyl peroxide.

FIND IT IN: **PAULA'S CHOICE** CALM REDNESS RELIEF 1% BHA LOTION EXFOLIANT, \$35, PAULASCHOICE.COM

### 2. Papain

This papaya enzyme rivals glycolic and salicylic acids in its exfoliating powers without causing stinging and peeling. According to Kieny, an in-vitro study on the proprietary papain ingredient in Avene's Cleanance Expert determined that the enzyme requires half the concentration than that of salicylic acid to achieve the same exfoliation results.

FIND IT IN: **AVÈNE** CLEANANCE EXPERT, \$30, SHOPPERS DRUG MART

#### 3. Zinc

This mineral has been generating buzz in the

blogosphere, with devotees claiming that they've cleared breakouts with everything from sunscreen to diaper rash cream containing zinc. Studies have found a link between zinc deficiency and adult acne. It also purportedly regulates sebum production. "Topically, it can help with inflammation, though improvement is likely modest at best," says Dr. Benjamin Barankin, medical director of the Toronto Dermatology Centre.

FIND IT IN: **LA ROCHE-POSAY** EFFACLAR DUO [+], \$25, DRUGSTORES

### 4. Linoleic acid

Recent studies have noted a deficiency of this essential fatty acid in acne sufferers. Found in nuts and seeds like flax, hemp and sesame, as well as in plant oils like rosehip oil, it has been shown to reduce microcomedones (small clogged pores) when applied topically. Kieny confirms that alphalinoleic acid has proven anti-inflammatory power.

FIND IT IN: **PAI** ROSEHIP BIOREGENERATE OIL, \$40, PAISKINCARE.COM

### 5. Hydrocolloid

Using the same technology as hydrocolloidal bandages used for blisters, these

blogger-beloved patches form a protective gel barrier over spots to absorb oil and pus while keeping bacteria (and prodding fingers) away. While not preventive, they can flatten a Vesuvius overnight and help heal popped pimples should you give in to temptation. According to Barankin, they're not as effective as prescribed treatments at reducing inflammation and scarring, but "there's no harm in trying them for inflammatory acne" as opposed to blackheads. NEXCARE ACNE ABSORBING COVER, \$10, AMAZON.CA



### **BEAUTY INSIDER INAFLASH**

The world's top makeup artists share their tricks to getting gorgeous-looking skin—instantly

### BY NATASHA BRUNO

The backstage scene during New York Fashion Week is hectic. Swarms of models run from one show to the next, while teams of hair, makeup and nail artists surround them with dryers, brushes and sponges, trying to get everyone runway-ready. Yet there's no sign of that chaos when models hit the catwalk; invariably, they look serene and pictureperfect-not an eye bag, fine line or shiny patch to be seen. Genes and youth help (of course), but the top makeup artists all have wellpractised skin-enhancing tricks to ensure a catwalk-ready complexion. "They make a huge difference," said James Kaliardos, backstage at Rodarte during the Spring 2016 shows. "My work looks the way it does because of them." Read on for instant gratification skincare tips-essential intel for a morning pick-me-up or pre-party prep.



SK-II

### MASK FOR AS LONG AS POSSIBLE

'The girls got SK-II sheet masks to start with, and I did their lips while the masks were still on to get their skin as hydrated as possible." -Gucci Westman at Marchesa IN HER KIT: SK-II FACIAL TREATMENT MASK, \$134 FOR 6, NORDSTROM.COM

### TREAT LIPS WELL

9

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"I like the girls to go to hair first so that their moisturizer has time to set in. And then I use lots of lip balm. Lips are the biggest casualty of Fashion Week. —Dick Page at Zero + Maria Corneio IN HIS KIT: **SHISEIDO** IBUKI REFINING MOISTURIZER ENRICHED, \$55, BENEFIANCE FULL CORRECTION LIP TREATMENT, \$45, THEBAY.COM

### USE WIPES TO STIMULATE BLOOD FLOW "I do a bit of exfoliation with a wipe. I focus around the

nostrils because most people have dryness there, and add just a bit of friction under the eyes with the wipe to get the blood flowing. Then I spray softening lotion and massage that into the face before moisturizing. Nobody really understands softening lotion, but it hydrates and sets the skin for moisturizer." – Romero Jennings at Kye

IN HIS KIT: M.A.C WIPES, \$24, LIGHTFUL C MARINE-BRIGHT FORMULA SOFTENING LOTION, \$42, MACCOSMETICS.CA

### NARSskin

NAPOsin

### TAKE A MINUTE TO MASSAGE

JHL/EIDC

"I take NarsSkin Luminous Moisture Cream and really massage the face. Massaging is important because it gets all the blood in the face going, keeps your collagen production working and plumps up the skin. It works by pushing on pressure points—you [massage] upwards on the neck and in circles up and around the eyes. And if I don't use toner, then there are some dry areas left on the skin, which makes the makeup look cakey." — James Kaliardos at Rodarte

IN HIS KIT: NARSSKIN LUMINOUS MOISTURE CREAM, \$85, NARSCOSMETICS. COM, NARSSKIN MULTI-ACTION HYDRATING TONER, \$40, SEPHORA.COM

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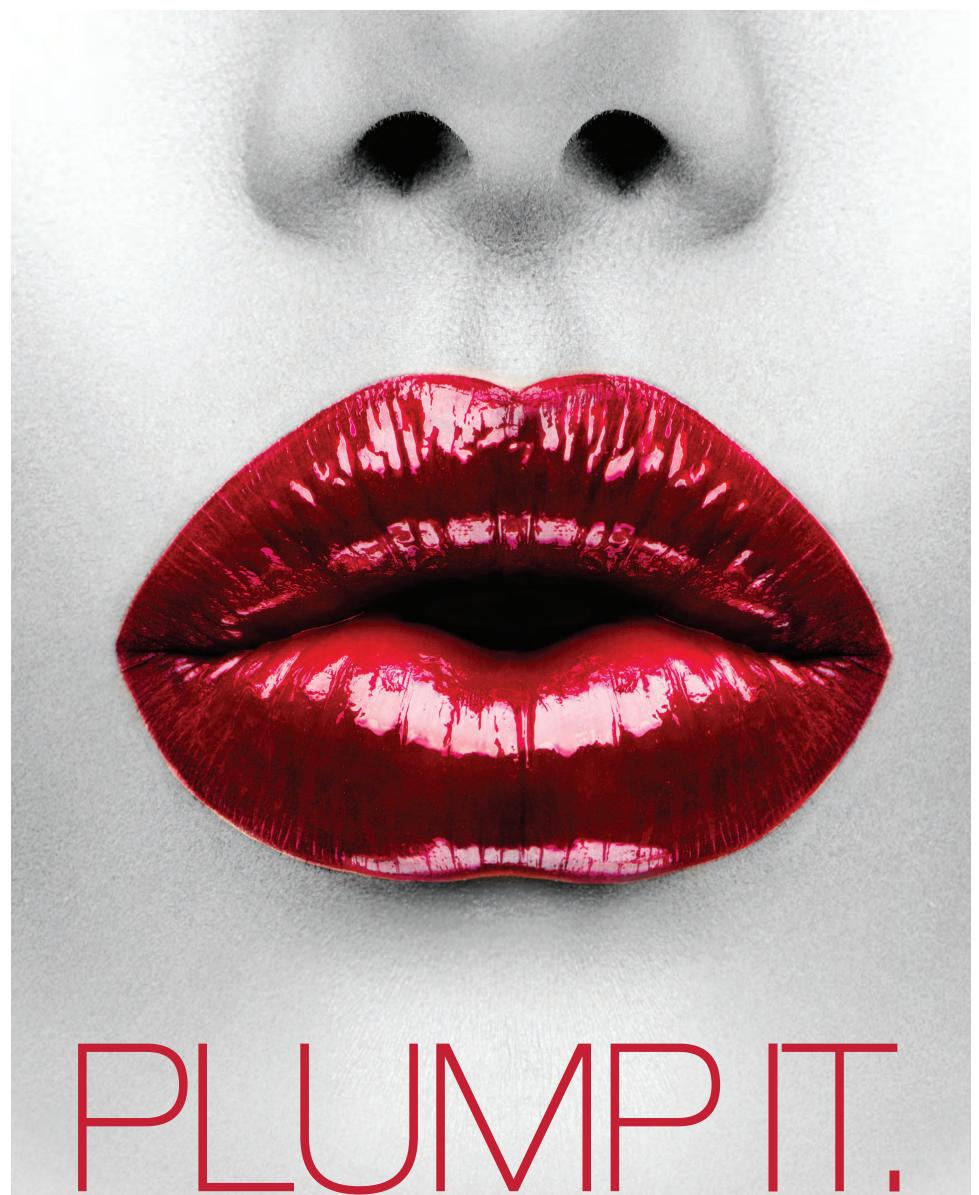




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