SHAKE UP YOUR MAKEUP

join us for beauty tips, tricks and trends.

AUG. 22 - AUG. 28 let's talk lips

Matte, glossy, subtle, bossy – we've got lip tricks

that'll have everyone talking.

aug. 29 - sept. 4 focus on face

From skin care to contouring, let us lead you to your most flawless face.

sept. 5 - sept. 13 finishing touches

FRAGRANCE Sultry, sophisticated, vivacious, flirtatious — we'll help you find one that's truly you.

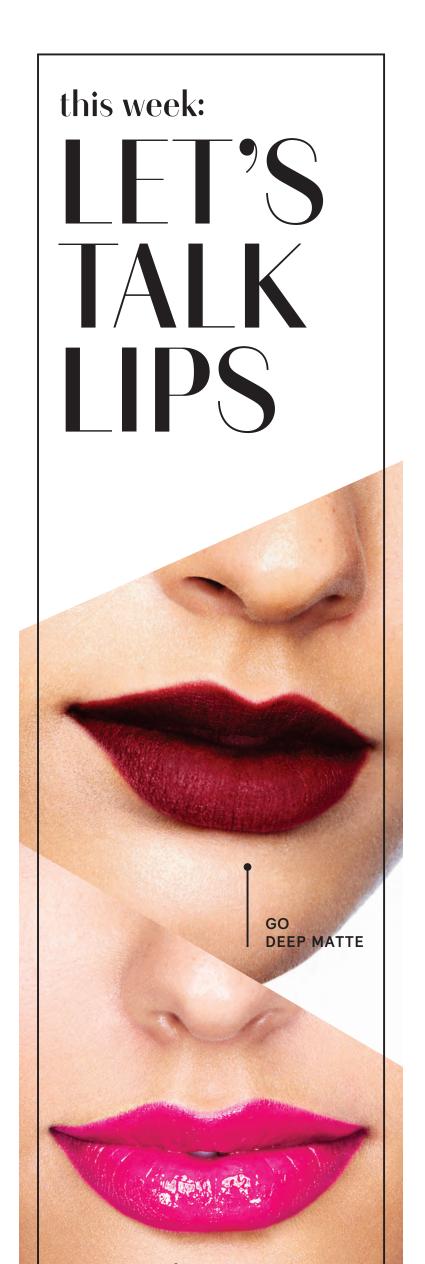
NAILS Discover what's new in nail colour for a perfectly polished, finished look.

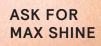
and don't forget the eyes

Brows to blending, liner to lashes – we'll show you how to make your eyes unforgettable.

SHAKEUPYOURMAKEUP.CA #SHAKEUPYOURMAKEUP





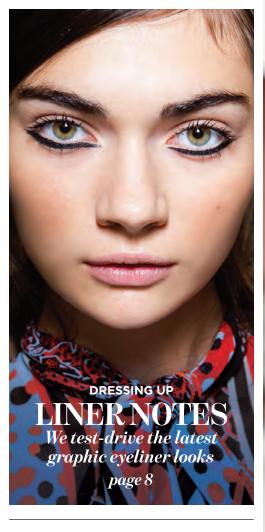


discover the latest trends and tips for beautiful lips on page 11.

SHAKEUPYOURMAKEUP.CA #SHAKEUPYOURMAKEUP



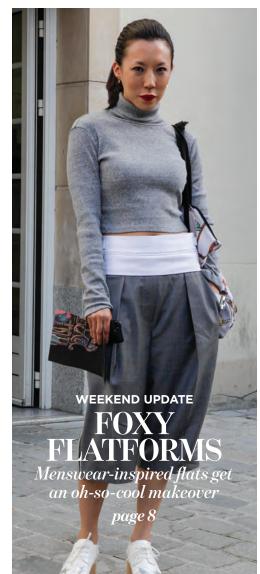




DAY IN THE LIFE DEREK LAM If it's a good day, we

"If it's a good day, we do yoga. If it's a bad day, we do meditation" page 10

vZ



FALL 2015 TREND REPORT

Your fall shopping list starts here! Our editors share the top 10 most essential fashion and beauty trends—plus how to wear them now page 4

> Fendi Fall 2015. Photo: Peter Stigter

STAY CONNECTED



е @тнекіт









From shaved to beautiful underarms, the difference is Dove.

What makes Dove different? Every time you shave your underarms, up to 36% of what you shave is skin. Dove is the only deodorant with its unique 1/4 moisturising cream to help your skin recover, leaving you smooth and beautiful underarms.



Based on 216 reviews from ChickAdvisor.com by 03/19/15. Users received samples and/or points.

www.dove.ca

TWEET OF THE WEEK

"I'm just gonna say it. Sandals that go between the toes bum me out." @SarahKSilverman, August 13, 2015

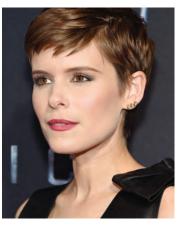
BEAUTY MATH

Forest-green-rimmed eves and a raisin lip add up to a look we love

AN IRIDESCENT DEEP-GREEN CREAM SHADOW LIKE **NARS** VELVET SHADOW STICK IN SUKHOTHAI, \$35, NARSCOSMETICS.COM



A RED-BROWN SEMI-MATTE LIP COLOUR LIKE **CARYL BAKER** LIPSTICK IN ARTISAN, \$18, CARYLBAKERVISAGE.COM



Actor Kate Mara smouldered at the New York premiere of her film Fantastic Four. To get the look, accentuate a neutral smoky eye by tracing the outer half of the lash lines with dark-green shimmery shadow, using an angled eyeliner brush. Switch to a fine, tapered brush to gently smudge the lines outward, softening the edges. Outline lips with a berry lip liner for definition before dabbing on a brick-red lipstick with your finger d blattin a with

LINE WE LOVE

onnect the dots

fashion pieces, but the Brit It brand was actually founded back when the Beatles were around (1964, to be precise). For this year's Archive collectionavailable now exclusively at Topshop's Vancouver and Yorkdale (Toronto) locations-the company turned to its own rich history for inspiration. "We wanted to deliver a capsule collection of pieces that together define the Topshop style over the decades," says Kate Phelan, Topshop's creative director and the former fashion director of British *Vogue*. That might sound like a simple case of combing through

Topshop may be beloved for its of-the-moment back catalogues, but the process was more involved than that. As Phelan explains, "The Archive collection was based on the original '70s, '80s and '90s pieces that our archivist sourced from a variety of locations such as flea markets, auction sites and charity shops." All the effort has paid off with a retro-chic collection that also feels ultra-modern. Take this '80s-inspired polka-dot top and matching shorts-talk about hitting the fashion sweet spot. -Alex Laws. Photography by Adrian Armstrong

TOPSHOP ARCHIVE COLLECTION TOP AND SHORTS,

Three sketches created by Gretchen Röehrs exclusively for Square One Shopping Centre in Mississauga, Ont.



DAILY DOSE GET YOUR FASHION AND BEAUTY NEWS UPDATES EVERY MORNING AT THEKIT.CA

Gretchen Röehrs serves up fresh and whimsical Instagram illustrations that blend fashion and food. A Silicon Valley text designer by day, Röehrs, 26, whips up her haute cuisine doodles at lunch, to the delight of her 50.1K followersincluding Square One Shopping Centre in Mississauga, Ont., which tapped her to create custom illos to celebrate its food court's second anniversary this month. We spoke with Röehrs (@groehrs) to find out what's cooking.

Q & A **CULINARY COUTURE**

Today, there are as many food trends as fashion trends—and one illustrator has found a way to tastefully combine the two

BY VERONICA SAROLI

What do you find inspiring about food?

"Some of the shapes are so dramatic and gorgeous and reminiscent of a woman's body. I was really inspired by all the different shapes I saw at the farmers' market, so the drawings kind of created themselves. They take about five minutes. I don't have the attention span to spend any longer, or I just eat it."

Why do you think food and fashion have become so popular? "Both are things that people interact with every day. We're not going to museums every day, and we're not watching art films every day, but fashion and food offer a way to make

Do you look for certain qualities in your "subjects"?

the everyday more exciting."

"I think all fruits and vegetables have a personality. Everything already has some connotations attached to it, and it's fun to debunk those. Like artichokes: Some people really hate artichokes, but look at how beautiful they are."

When did you notice your Instagram popularity taking off? "I was just doing my illustrations for

fun. I had only about 100 followersall people I actually knew. It only started taking off two months ago. I went from 100 followers to 10,000 in the span of a week and a half. It was absolutely insane."

"I think all fruits and vegetables have a personality."

How do you think your illustrations will evolve?

"I'm more comfortable doing traditional fashion illustration, so I'd love to get back into that, but the food stuff is a fun project. People can relate to it pretty easily. If I draw a look from an Alexander Wang show, only a certain number of people I know will appreciate that, but with food, it appeals to all kinds."



Kim Kardashian

Mrs. Kardashian-West posted a nude selfie to spread body positivity and show haters that she's still confident while pregnant.

Christian Louboutin

With a new lipstick line and a photo-filter app, the famed footwear designer's red-soled empire is red hot.

STYLE THERMOSTAT

Fruit of the Loom

Fit for Me, the brand's plus-size line, changed its labels to make them clearer-customers didn't know the line existed.

Moschino

Graffiti artist Rime is suing the label and creative director Jeremy Scott for allegedly ripping off his artwork for Fall 2015 dresses.

Urban Outfitters

A jewellery stand depicting a Hindu goddess was removed from shelves after complaints that the item trivialized Hinduism.

FALL 2015 TREND REPORT

Fashion file

This season is a chic mix of anything-goes style, from demure minimalism to gotta-try-it OTT glamour. Here's your insider guide to the top five trends and how to wear them

BY VANESSA TAYLOR. ILLUSTRATIONS BY LAURA GULSHANI

The trend CAPED CRUSADER

The look: The cape is the season's top topper, and designers showcased its versatility in creative ways: collegiate (Tommy Hilfiger), classic (Chanel) and military (Chloé). Erdem even explored the cape's evening-wear possibilities by adding it to delicate dresses.

How to wear it: Despite the variety of options on offer, the season's silhouette is clear: It hits below the waist (no short capelets, please) and bells out, creating an A-line from the shoulders. For first-time cape wearers, this piece may feel overpowering, so pay attention to proportions: Keep your bottom half slim with tailored trousers or skirts.



The trend VICTORIAN REVIVAL

The look: It's all about elegant, touchable fabrics: a moody mix of luxe velvet and reams of lace, from the sweet (blush pink at Alexander McQueen) to the sultry (sheer midnight hues at Rodarte).

How to wear it: Keep the look modern by focusing on the spirit of the Victorian era, not literal period dressing. This season's ubiquitous high neckline translates IRL to crisp workday blouses and dresses with a fresh new focal point.

The trend STATEMENT FUR

The look: Spectacular fur coats stole the show at Rodarte and Christian Dior, but it was the fur collar that really made maximum impact. Whether it was a generous stole slung over the shoulders at Lanvin, Prabal Gurung and 3.1 Phillip Lim or the strategically placed tufts on the shoulders at Proenza Schouler, the furry memo was loud and clear.

How to wear it: Add drama to your look with real or faux fur accessories. Sling an infinity-style scarf over your shoulders, or amp up a classic wool coat with an oversized scarf or an of-the-moment removable collar.



The trend LAVIE BOHÈME

The look: Fashion's '70s love affair continues this season with a mash-up of fanciful prints at Burberry Prorsum, laissez-faire layers at Stella McCartney and playful embellishment (fringe! tassels! fur!) at Lanvin.

How to wear it: Go long and loose i





the comfort factor). We also loved how the short vest (worn open) at Chloé and Rebecca Minkoff defined the season's easy, breezy silhouette.

The trend BLANK SLATE

The look: White ruled the runways, a from sophisticated chunky knits at Victoria Beckham to flirty / school-girl-style frocks at Fendi. Céline's Phoebo Philo riffed on the trend's sporty side with a grandslam collection of snowy-white minimalist dresses and sharpshouldered coats.

How to wear it: Choose your accessories with care. A few squeaky clean sneakers aside, designers chose to show dark shoes—think navy, black or brown boots and heels—which grounded all the white in a chic fall palette. Textural fabrics are also key: Stock your closet with cozy knits and touchable wools.

EIND ECCLINE CCLINE

CHEAT SHEET VERY NECESSARY ACCESSORIES

Fall is all about amping up ladylike chic with a touch of attitude. Consider these hot-off-the-catwalk extras a stylish shortcut to the look



Jewellery: The choker necklace Seen at: Rodarte, Altuzarra, Tome



Footwear: The mid-ankle boot Seen at: Dries Van Noten, Fendi, Rebecca Minkoff



Bag: The structured top-handle **Seen at:** Balenciaga, Marc Jacobs, Miu Miu

"I WILL TAKE BEAUTY INTO MY OWN HANDS"

Katie Holmes

New skin is revealed in just 5 days without drastic measures.

Olay Regenerist Micro-Sculpting Cream regenerates surface cells for **stunningly youthful**, **award-winning skin**.

OLAY

REGENERIST micro-sculpting cream crème micro-sculptante



2015°86, 2015

Your best beautiful begins at Olay.ca *Based on mass-market facial moisturizer and cleanser dollar sales for the past 12 months.



YOUR BEST BEAUTIFUL™



SOFIA VERGARA



get the radiant glow of love @covergirl.ca

Sofia Stays Luminous in Medium Beige.

THEKIT.CA / 7

FALL 2015 TREND REPORT

Best-ever beauty

Juicy lips, artistic liner and the return of the updo—we've got the backstage scoop on the coolest trends of the season

BY RANI SHEEN. ILLUSTRATIONS BY LAURA GULSHANI

The trend MOUTH-WATERING COLOUR

Lips were coated in all the colours of a harvest fruit platter on fall runways. Glossy, matte, stained, opaque, precisely painted or patted on with a finger, each was more tempting than the last.







"Grey is a softer version of black. It suits everyone, although light grey on dark skin tones can turn ashy very easily. I decided to soften and warm my grey banane shape by applying a soft reddish coral underneath, which if worn on its own would be a bit difficult to pull off. It worked well together." —Linda Cantello, at Giorgio Armani

The trend GREY SCALE

Eyeshadow the colour of a stormy sky ruled the runways, but makeup artists used it in unique ways. Softer than a smoky eye but more defined than a taupe base, grey shadow provides definition, low-key glamour and a little mystery.

Marni

Tom Pecheux applied taupe shadow all across the lid, ending in a squared-off shape for subtle structure.

Alexander Wang

This pewter wash was meant to look ghostly and a bit goth, said Diane Kendal, but with a light hand and a bit of blush it's also very pretty.

Dries Van Noten

A smudge of opaque mid-grey on the inner corners made it look as though Peter Phillips had been fingerpainting on models' eyes.

Giorgio Armani

Linda Cantello applied a "banane," or banana-shaped line, of warmgrey shadow across the socket for a slightly retro effect.



The trend EMBELLISH IT

Barrettes, brooches and chain headpieces adorned a new wave of updos. At Prada (above), the shiny baubles that decorated pinned high ponies looked as if they'd been plucked right from the embellished clothing. Dolce & Gabbana's messy chignons sparkled with pearls, enamel flowers and golden bows, as if they'd been plundered from an elderly relative's hoard of heirlooms. At Hermès, links of chain, diamond strings and leather straps formed a sleek harness over low buns. Sparkle made it to faces too, with strips of crystals under the eyes at Rodarte (right), as well as nails—at Badgley Mischka, crystals adorned both the front and back sides of the tips. No jewellery drawer is safe.



"We made Swarovski crystal strips and placed them in the centre under the eyes, straight. It's a little bit odd. It's not like carnival or stripper or showgirl, it's a bit more abstract and magical." —James Kaliardos, at Rodarte

The trend LOW-KEY POLISH

A new interpretation of no-makeup makeup arose for fall—a handsome, groomed beauty look that was slightly boyish but not the least bit scruffy.

MAKEUP: At Vera Wang it took the form of straight, softly defined, feathery brows that Lucia Pieroni filled in on each model using a mixture of brow powder, wax, tint and pencil. At BCBG, Val Garland used a dark shade of concealer to subtly contour eyelids and cheeks in lieu of eyeshadow or blush.

HAIR: It was all about natural texture that was amplified with hot tools but not obviously waved. Paul Hanlon did it with a centre part and tucked it behind ears at Prabal Gurung, and Guido Palau gave it a windswept twist at Ralph Lauren.

NAILS: Warm, sandy hues on nails at Acne, Donna Karan and Zac Posen blended with skin but offered shine and polish. It's not a lot, but it's not nothing.



"We're using a bit of moisturizer and serum to give the hair quality. Once it's dry, we use a curling iron on the last three inches, just to give it a bit of movement, then we brush it. We use a bit of wave spray to give a little bit of ease. She should look like she has been outside a little bit." —Paul Hanlon, at Prabal Gurung



The trend CREATIVE EYELINER

Liquid liner has been a makeup artist MVP for a while, but this season the pros went extrawild with their wands and created entirely new shapes and effects. Look beyond the cat eye and think outside the lines. (P.S. We tried the trend! Check out page 8 for our test drive.)

de la thom an vace ou "I was so tired of the classic eyeliner with the flick that I've been seeing for years and years; I just wanted to do something different. This is a modern kind of eyeliner, but it also has elements that go back to Russian modernism like the straight line and half circle." —Benjamin Puckey, at Yigal Azrouël

8 / THEKIT.CA

WEEKEND UPDATE FOXY FLATFORMS

Classic menswear-inspired shoes—think oxfords, monk-straps and brogues—have reached new heights thanks to a stylish boost from a super-chunky sole. Here's how to master this footwear trend with everything from a tailored suit to a party-ready skirt

BY NATASHA BRUNO







1. Grey day

Strike the right balance between casual and cool: Oxford platforms emblazoned with silver stars give a comfy, cropped turtleneck and high-waisted culottes a trendy lift.

2. Texture play

Ace relaxed chic by pairing shiny two-tone loafers, a loose T-shirt and an elegant voluminous satin and tulle evening skirt.

3. Layer slayer

Think outside the ankle boot. These flatforms pair perfectly with coolweather classics like tights, a wool coat and a statement scarf. Stick to dark neutrals for a timeless fall look.

4. Sole cycle

Finish off a monochromatic ensemble with an eye-catching punch. Vivid coral lug soles turn beige monk-strap-style shoes into a bold sartorial choice.

5. Gridlock

Amp up your workwear look with thick-soled black lace-ups, which add a modern, androgynous edge to a boardroom-worthy windowpane-print suit. (Bonus points for the unexpected basketball tank.)

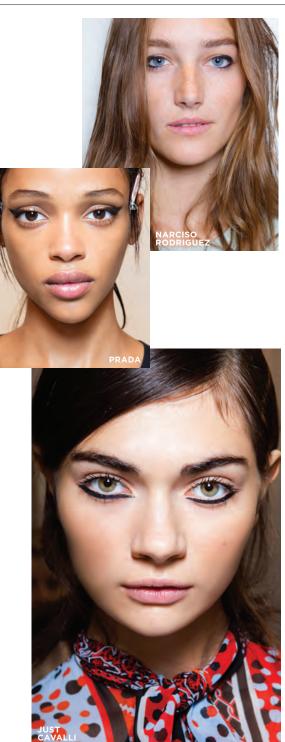
6. Shimmer and shine

Ditch the heels: These glossy metallic-silver flatforms lend feminine polish to a tomboy-chic look, which transitions from the office to afterhours in a snap.



The It item: Meet your new statement shoe: Fringe, faux crystal embellishment and a contrasting white sole combine to create a fashionforward flatform that's super-easy to wear. Try it with tailored trousers and skirts for work, or with cuffed denim for an elevated weekend vibe.

MARSHALLS EMBELLISHED LUGG SOLE SNEAKER, \$130, MARSHALLS



DRESSING UP LINER NOTES

Ingrie Williams takes her eye makeup from basic to badass



ONE-MINUTE MIRACLE Dear Circadia The Pillowcase, You

deserve your somewhat self-important title. You look like a simple piece of snowwhite bed linen, but your 20,000-microfilament-thread-count micro-nylon fabric was actually designed by a skin-science researcher. Unlike regular cotton, which can absorb water, your high-tech cloth helps skin retain water overnight, which means I wake up more applecheeked than usual, my serum works better; and sleep creases on my face are a thing of the past. Sweeter dreams are made of this. Love, Rani Sheen \$60, WSKINCARE



SHISEIDO SHIMMERING CREAM EYE COLOUR IN BR623 SHOYU, \$29, DRUGSTORES. SHISEIDO AUTOMATIC FINE EYELINER, \$35, DRUG-STORES. YSL BEAUTÉ COUTURE KAJAL IN NOIR ARDENT, \$39, HUDSON'S BAY. ANNABELLE EYEINK MISTAKE PROOF EYELINER AND CORRECTOR, \$11, ANNABELLE.COM

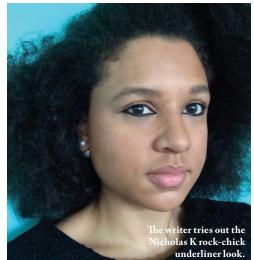
by road-testing the latest graphic eyeliner shapes

I'm sitting in the dark at a Nina Simone retrospective when a light bulb goes on in my head. Clips of the singer showcase the strength of her voice, but it's her signature cat-eye liner that really speaks volumes to me. While I can confidently pull off a bold lip and have learned to enhance my measly brows, I've shied away from anything beyond a basic swipe of eye pencil. I have my reasons: oily lids, lack of patience and an already ingrained problem with punctuality. Still, images of Nina dance in my head for the next few days. The first step to a new beauty lookinspiration-is complete.

Step two: research. The spring and fall runways were rife with variations on the feline flick, dubbed the "anti-cat-eye" because eyeliner was used any which way but that. Straight slashes, thick underliner, triangular shapes: the more graphic, the merrier. "Many makeup artists and designers wanted something that was different, but not too complicated," explains Toronto makeup artist Simone Otis, who worked on the legendary Dick Page's team at shows including Narciso Rodriguez, Michael Kors and Zero + Maria Cornejo.

Step three: a tutorial. I sit with Otis as she recreates the chevron-shaped liner designed for the Narciso Rodriguez runway on me. She uses cream shadow to

sketch the lines before committing to them, and sets them with black powder shadow. "You can make a few mistakes and then blend powder over to soften it," she explains. Backstage, Page described the look as "scruffy and punky," citing another liner-loving icon: "Debbie Harry at her worst looks



better than everyone at their best!" In minutes, Otis makes my eyes pop. "It's a really fun look," she says. "It's simple but it has impact." I spend the rest of the day making eyes at myself.

Step four: the test drive. I decide to tackle the Prada floating flick, which leaves space between the lashes and the line. As per Otis's instruction, I angle my gaze down into the mirror and find that it's fairly easy to achieve. I'm quite impressed with myself. The boyfriend, not so much. "Why are you wearing so much makeup?" he asks. Undeterred, I kiss him goodbye and get my man-repelling self out the door. I'm greeted by squeals of "I love your eyeliner!" from the fairer sex. The next day, feeling emboldened, I

The next day, feeling emboldened, I attempt the Just Cavalli underliner slash. As I shade it in, I lose confidence. I morph it into a ring around the entire eye, à la Diesel Black Gold, using liquid liner. It takes a few tries to perfect the thin flicks at the ends, but it's nothing a little makeup remover and extra-pointy Q-tips can't handle. I dig the results. Later that week, I discover the Nicholas K version of lower liner, which ends in points at both corners of the eye and defines the inner third of the upper lash line. I try it and am shocked by how easy it is to do. And it looks *so* cool! I suddenly feel like a total badass. I know Nina would approve.

WINNER

Sheela Hamdard ^{WOODBRIDGE,}

ONTARIO

Here's why **Sheela** chooses to feel beautiful every day

zttelle, full Seautiful!

After entering the national Choose Beautiful search in May, Sheela Hamdard was one of three entrants chosen out of many inspiring Canadian women because she proves that having a positive attitude and a consistent skin care regimen make her feel beautiful each and every day. The **Dove** team and **Shoppers Drug Mart** agree and want to celebrate her sunny outlook.

The Kit spent a day with her in Woodbridge, Ontario to give her the street style star treatment, where she walked away with a range of Dove essentials, as well as a \$1,000 Shoppers Drug Mart shopping spree.

The registered dental hygienist, who is a major fan of Dove Dry Spray Antiperspirant in Beauty Finish, likes to wake up with purpose. Her morning mantra? It's about progress, not perfection. "I love this mantra because not only does it keep me focused," she says, "but it makes me feel good when I can look back and say 'Well, I am closer to my goal than I was a month ago, but I still have work to do.'"

Another daily ritual that helps Sheela feel beautiful is her dedicated skincare routine. "I also make sure to drink lots of water throughout the day," she says. "Knowing I put the extra time in to take care of my skin makes me feel beautiful—with or without makeup."

All women have insecurities but instead of saying "I don't like my stomach or I don't like my arms", choose what you do like and own it! I believe all women are uniquely beautiful."

—Sheela Hamdard, Woodbridge, Ontario





All you need is Dove

Switch to the expert care real women love.





INTC714_49522

ACCESSORY SPOTLIGHT



The It bag has been sacked! The new trend in purses is all about striking shapes, as shown by five Canadian designers. Prediction: You won't be able to keep your hands off them

BY INGRIE WILLIAMS

1. The jumbo tote

For the woman who prefers to have everything at her fingertips, bigger is better. Inspired by military architecture, this winged leather and metal tote delivers an incredibly roomy catch-all with a surprisingly edgy aesthetic. B.C.-based designer Jana Macova has called upon her metalwork roots, using screws and rivets for construction in place of sewing. Go ahead and load 'er up.

MARY RICH BAG, \$900, MARYRICH.COM

2. The new briefcase

Can a bag be totally polished without being prim? Wael Kilani thinks so. The Montreal designer's Pride City bag riffs on the concept of a traditional briefcase with an elongated silhouette and a glossy snakeskin-print leather finish. Suede lining in vibrant sapphire seals the deal. Whether your #OOTD includes a blazer or blue jeans, this eye-catching tote is a picture-perfect wardrobe addition. KILANI BAG, \$880, BYKILANI.COM

3. The oversized clutch

Big in scale and plush in texture, this lamb-shearling clutch offers a chic shortcut to runway style, courtesy of Toronto design duo Alison Booth and Alison Lovell. It's surprisingly versatile too: The top can be flipped to showcase a fuzzy or flat side; the zippered bottom expands the pouch from slim to slightly plump; and accompanying straps—one black leather, one gold chain—transform it to hands-free in a snap.

BRUNSWICK + CO. CLUTCH, \$550, BRUNSWICKANDCO.COM

4. The small shopper

Forget about a yes man—we like a yes bag. Qualifications include compactness (to maintain an up-for-anything vibe) and surprising spaciousness (to accept a few bonus items). Want to lug a bottle of water? Sure. Tablet? No problem. Folding umbrella? Of course, you might need that later! With a flat base and cross-body option, this calf-hair top-handle beauty designed in Toronto is a welcoming just-right size.

SNEHA VARMA BAG, \$295, SNEHAVARMA.COM

5. The mini cross-body

Back in 2013, when Montrealbased outerwear label Mackage launched handbags, the arrow closure hardware immediately hit the fashion bull's eye. A bestseller ever since (because doesn't it feel good to go with less?), the playfully petite cross-body has been updated this fall in a delicious Bordeaux shade of pebbled leather. Sometimes, the smallest bags cause the biggest stir.

MACKAGE BAG, \$395, MACKAGE.COM



THE KIT

Editor-in-Chief Laura deCarufel Declaura_deCarufel CauradeCarufel

Creative Director Jessica Hotson @jesshotson

Senior Editor Alex Laws DexLaws

Fashion Editor Vanessa Taylor Devanessa_tweets

Beauty Editor Rani Sheen Deanisheen

Digital/Special Projects Editor Michelle Bilodeau Dembilodeau

Assistant Digital Editor Carly Ostroff @carlyostroff

Assistant Editor Natasha Bruno Datashajbruno

Assistant Art Directors Sonya van Heyningen @svanh7

Kristy Wright @creativewithak Designer

Amber Hickson Comparison Amber Hickson Comparison Amber Hickson Amber Hickson Comparison Amber Hickson Amber Hic

Associate Publisher Tami Coughlan

Project Director, Digital Media Kelly Matthews

Direct advertising inquiries to: Marketing Manager Evie Begy eb@thekit.ca

The Kit is Canada's Beauty Authority (c) 2015, The Kit, a division of Toronto Star Newspapers Limited.

Star Media

President, Star Media Group John Cruickshank

Editor-in-Chief, Toronto Star Michael Cooke



DEREK LAM



AFTER

TURN BACK THE HANDS OF TIME

Believe it or not, your hands can be your best secret keeper, defying your real age. Simply by restoring elasticity with Radiesse (the only filler approved in Canada for rejuvenation of the hands), a natural filler that lifts and plumps the skin on your hands, replacing lost volume, softening their look and feel, and stimulating your collagen production—all for long-term results that typically last up to a year.

RADIESSE

Ask your doctor or go to www.radiesse.ca for more information

MERZ AESTHETICS

RADIESSE is indicated for subdermal implantation for the correction of moderate to severe facial wrinkles and folds, such as nasolabial folds and the rejuvenation of the hand. After injection, patients may experience redness, bruising, swelling or other local side effects. Most side effects of treatment resolve within a few days. More rare side effects may include swelling that lasts longer, unevenness or firmness in the area injected, and as with any injection, there may be a risk of infection.

Please see instructions for use for full list of warnings and precautions

© 2015 Merz Pharma Canada. All rights reserved. MERZ AESTHETICS and the MERZ AESTHETICS logo are trademarks of Merz Pharma GmbH & Co. KGaA. RADIESSE is a registered trademark of Merz North America, Inc. The New York designer whose namesake label and diffusion line, 10 Crosby, both launched in Holt Renfrew this summer—on his 9-to-5 routine and beyond

BY CARLY OSTROFF

8 A.M. RISE & SHINE

CÉLINE

"I'm usually up by 8 or 8:30, and I drag the dog out the door for a walk. He's an Irish Terrier named Roscoe. He's two years old. He doesn't have his own account, but he's always on my Instagram."

9 A.M. JUST BREATHE

"My yoga instructor comes. If it's a good day, we do yoga, and if it's a bad day, we do meditation. I'm not really a big breakfast person—I just have a little coffee and some granola with yogurt."

10 A.M. IN UNIFORM

"Some days I want to get dressed up and I'll think about my outfit. Dressed up means maybe I'll wear a jacket. There are some days where I just need to get out of the house, so



I'll wear J.Crew chinos and a T-shirt, and throw on a sweater. It's pretty much a uniform."

10:30 A.M. WALK MAN

"I usually walk to the office. That's one of my favourite luxuries—getting to walk to work—which I love."

11 A.M. MEETING MAKER

"I have a series of meetings with the design team, the production team and sales. I also meet with vendors. With all our different categories like handbags and shoes, I'm always balancing everyone's needs."

1:30 P.M. GREEN MACHINE

"I just have salad from Pret A Manger. They make a really good chicken salad and I like it with their balsamic vinaigrette. Or I'll get sushi for lunch. Usually that's enough to pull me through the day."

2 P.M. DESIGN AMBITIONS

"I really try to concentrate on design. In reality, there is always some kind of meeting happening that gets interrupted. There are a lot more meetings in design than anybody expects. I'm constantly touching base with other departments."

6:30 P.M. HOMEWARD BOUND

"I leave the office, and then I'm always racing home to see the dog."

7:30 P.M. DINNER HOUR

"I have the service called Blue Apron that delivers food, and it's a great way to cook."

9 P.M. WINDING DOWN

"I watch my TV shows: \$25,000 Pyramid, a show from the '80s. I love that show. I also watch The Good Wife and Veep. Then I get into bed and read The New York Times."

Outerwear from Derek Lam's Fall 2015 collection.

GIVE ME THOSE LIPS

Nothing takes a look from zero to 60 quite as fast as show-stopping lips. From deep matte, to high shine, to fashionista red – these are the looks everyone's talking about.

> SMASHBOX BE LEGENDARY LIPSTICK IN FIG

deep matte

Calling all romantics. Whether it's date night or you're heading to a late summer wedding, it doesn't get lovelier than a deep berry lip.

This is a must-have look — especially when you start with smooth skin for the perfect canvas and use a moisturizing lipstick for soft, hydrated lips. Keep colour from feathering with a lip contour and remember to blot lots to keep it matte and on trend.

StriVectin

High-Potency Wrinkle Filler

Combleur de rides intense ensmi (0.5 fi cz





max shine

STRIVECTIN® LABS HIGH-POTENCY

WRINKLE FILLER

High shine is always in style, and today's tints glide on sleek and smooth with saturated pigments for a strong pop of colour.

Start with a hydrating lip treatment to keep your lips super soft, and try adding a dab of concealer to the Cupid's bow to enhance your lip shape.

CLARINS INSTANT LIGHT LIP COMFORT OIL



LISE WATIER PORTFOLIO PROFESSIONAL CORRECTORS

fashionista

Variety may be the spice of life, but a ravishing red lip will also do the trick. It's an easy look to love because you can dress it up or down, day and night; it truly is the one look that can make everything from heels to sneakers look high fashion.

(Red) hot tip: highlight the lip with a dab of concealer around the outer edge of the lips, and keep bleeding and feathering at bay by starting the look with waterproof lip liner.



TOURN

ANNABELLE® COSMETICS STAY SHARP WATERPROOF LIPLINER

SHAKE UP YOUR MAKEUP

SHAKE UP YOUR MAKEUP IS ON NOW UNTIL SEPTEMBER 13. SPEAK TO A BEAUTY EXPERT TO TRY THESE LOOKS AND MORE, AND VISIT SHAKEUPYOURMAKEUP.CA FOR YOUR CHANCE TO WIN AMAZING PRIZES, INSTANTLY.*

MAYBELLINE NEW YORK FACESTUDIO

master

ONCEAL

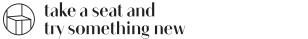
FACESTUD

Camouflaging Concealer MASTER

CONCEAL

SHAKEUPYOURMAKEUP.CA #SHAKEUPYOURMAKEUP





*Visit www.shakeupyourmakeup.ca between August 15 and September 13, 2015 for your chance to win instantly 1 of 5 prizes daily. Odds of winning depend on number of eligible entries received. Correct answer to skill-testing question required to be declared a winner. Must be a Canadian resident and age of majority or older in province or territory of residence.

DOLCE & GABBANA

