

THE Kit

BEAUTY &
FASHION

STRONG DEFENCE

Fight aging with the
latest skin-care advances
PAGE 6

RE-BOOT

Jeanne Beker talks new
slush-friendly footwear
PAGE 3

MISS MOTIVATOR

Fitness guru Eva Redpath
is on a mission to
empower women
PAGE 7



LET'S PLAY!

Put the fun back into exercise with fab new workout wear and
gym-kit essentials to make you look and feel your best
PAGES 3 TO 7

spotted

GIVE 'EM THE SLIP

The cool-kicks trend hasn't lost momentum. Sans laces and with an eye on texture, our picks are even easier to get into —INGRIE WILLIAMS



CÉLINE SPRING 2014



MARC JACOBS SPRING 2014



CÉLINE SPRING 2014



QUICK SILVER

All the thrill of metallic party heels, none of the toe-crunching regrets. Michael Michael Kors Boslip sneakers, \$128, at Capezio and capezioshoes.ca



CHECK IN

From cropped trousers to leather leggings, a digital take on plaid will give any look a boost. Céline checkered sneakers, \$650, at Holt Renfrew



WHAT A STUD

With hardware in rose gold and silver, underscored by a blush hue, punk merges with pretty. Sam Edelman Braxton sneakers, \$140, available at Hudson's Bay and thebay.com



NATURAL WONDERS

An oversized serpentine finish leads simple sneakers to walk on the wild side. H&M snakeskin print sneakers, \$35, at H&M and hm.com/ca



one-minute miracle

CITRUS SANITIZER

Don't let the number of people who've picked up that dumbbell/used that yoga mat put you off your workout! This zesty hand sanitizer is the perfect antidote.

Its non-sticky formula is free from triclosan, an antibacterial ingredient harmful to the environment, and its fresh fruity scent means you'll want to apply it again and again.

—ALEX LAWS

The Body Shop Satsuma Hand Cleanse Gel, \$2, thebodyshop.com

outfit envy

Elisabeth Moss

Upping the style ante, the *Mad Men* actor turns heads in a fitted sheer panelled jumpsuit at the Golden Globes Audi kick-off party. We're sure Don Draper would approve

—NATASHA BRUNO

PUNKY CLUTCH

The boxy silhouette and neon green safety-pin motif add a playful focal point.

SHARP SHOOTER

Crisp tailoring and a minimalist aesthetic highlight Moss's fit figure and put her curves front and centre.

TIP

Cropped trousers can visually shorten the leg. Create balance by pairing a shorter hemline with pointed-toe shoes to help elongate, and avoid any ankle-strap detailing.

ONE HOT ONESIE

The plunging peekaboo sheer and black panelling make this all-in-one a bold, sexy style statement. A great party alternative to a shorter cocktail dress.

NIGHT SHADES

The all-black colour palette is far from boring and helps a skin-flaunting outfit feel refined and polished.

DAINTY TOUCH

Sleek satin single-sole pumps finish off Moss's look with feminine flair.



UNSCENTED ALL-STARS

Freshen up after a workout with high-performing beauty staples that won't tick off your change-room mates

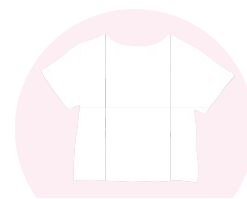
1. STAR PLAYER Relieve dry, itchy skin everywhere from lips to elbows to heels with this cult classic. Elizabeth Arden Fragrance Free Eight Hour Cream Skin Protectant, \$25, at Hudson's Bay, Shoppers Drug Mart **2. WIPEOUT** Clear skin of pore-clogging makeup before breaking a sweat with moisturizing cloths containing pro-vitamin B5. Simple Cleansing Facial Wipes, \$11, at drugstores **3. SMOOTH MOVES** Moisturize underarms with vitamins E and F. Dove Go Sleeveless Unscented Anti-Perspirant, \$5, at drugstores **4. TONING UP** Remove excess oil and grime a cleanser can leave behind for a more radiant post-cardio glow. Eucerin DermatoClean Clarifying Toner, \$12, at drugstores **5. OUTDOOR PLAYER** Go for a quick-absorbing moisturizer that protects skin from UV rays. Neutrogena Moisture Oil-Free SPF 15 Facial Moisturizer, \$16, at drugstores

6. SQUEAKY CLEAN Gently cleanse away dirt and oil with skin-loving cotton and rice extract, and aloe. Burt's Bees Sensitive Facial Cleanser, \$13, at drugstores **7. FIGHTING POWER** A spritz of anti-inflammatory rose water and Dragon's Blood extract will revitalize and refresh. Rodial Dragon's Blood Hyaluronic Tonic Re-Hydrating and Soothing Toner, \$35, at Murale **8. FRESH APPROACH** Rinse sweaty hair with this paraben- and sulfate-free shampoo. Be.better Tea Tree Oil Shampoo, \$6, at Rexall **9. SHINE DEFENCE** Minimize shine with a pressed powder free of gluten, mineral oil or talc. Cover FX Blotting Powder, \$22, at Murale, coverfx.ca. Props: Nike Sneakers, \$195, at Nike Store. Lululemon headbands, \$12 each, at lululemon.com

EDITOR: NATASHA BRUNO. PHOTOGRAPHY: ADRIAN ARMSTRONG

radar

The people, places and things in the world of style that got us talking



WEAR: SOULCYCLE & SHOPBOP

Iconic spin studio SoulCycle and online retailer ShopBop have collaborated on a line of tees, tanks, sweatpants and hoodies. From \$55 to \$155, shopbop.com.



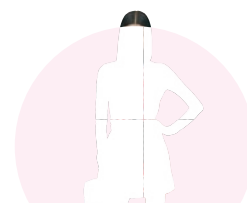
COVET: TORY BURCH FITBIT

Fitbit, a leader in fitness technology, has partnered with Tory Burch on a line of accessories for the Fitbit Flex. The super-stylish offerings promise to make tracking your activity and sleep look cool and are scheduled to hit Burch's stores and website this spring.



KNOW: TISCI FOR NIKE

Givency creative director Riccardo Tisci has teamed up with Nike to create a line of clothing and running shoes that will bear his initials, due to hit stores in spring. Maybe we'll be able to afford some designer kicks after all.



SHOP: PETER PILOTTO

Look chic swimming your lengths! Fashion label Peter Pilotto has collaborated with Target on a collection spanning everything from swimwear to evening wear, with the brand's trademark prints and bold hues. From \$15 to \$80, in stores Feb. 9.



GIVE: SJP CARDS

The Sarah Jessica Parker Collection includes more than 70 cards for birthday, friendship, Mother's Day, graduation and, of course, Valentine's Day. Available exclusively at Hallmark Gold Crown stores across Canada in Feb. From \$5 to \$8.

ONLINE FOR YOUR DAILY DOSE OF FASHION AND BEAUTY NEWS READ RADAR EVERY MORNING AT THEKIT.CA

ask jeanne

Slushy weather is hindering my shoe wardrobe! Can you suggest functional boots I can wear on a night out that do not sacrifice style? —Freya

DEAR FREYA: For all of us who adore our fabulous footwear, this really is the big question. I can't tell you how many pairs of gorgeous leather boots I've ruined because I foolishly didn't want to sacrifice "high style" for the sake of sensibility. But a couple of years ago, I just gave in and stopped being in denial of the fact that I live in a place that sees lots of snow and ice every winter, and to add insult to injury, all the salt that's used on the roads and sidewalks really wreaks havoc with my fine leather footwear.

So I went on a quest to find the most fashionable boots that I could that would keep my feet dry and not get ruined by the elements. Guess what? I actually found a few pairs, thanks to a couple of wonderful

brands. First, La Canadienne, a Montreal company, turns out a wide variety of cool boots that are both stylish and functional, made with the finest Italian materials and guaranteed waterproof for the first six months. I got a patent leather pair a couple of years back that are quite chic and really do fare well in the snow and sleet. Some of the wedge boots are attractive as well.

Another boot brand that I'm impressed with is Aquatalia. Constructed from the best weatherproof materials that keep your feet dry and cozy, these Italian-made boots are sublime. I'm happy to say I have the cutest Aquatalia wedge booties with fur trim—and a retro vibe—that have garnered me countless compliments.

There's no getting around the fact that in fashion, as in life, compromise is often a necessity. The last thing any of us want to do is look like victims—and that includes having our fabulous footwear victimized by slush! So have a look around. You will be able to find some reasonable alternatives, I assure you. You may have to abandon the sky-high stilettos, strappy evening sandals and luscious little dress booties for a few months, but think of how great it'll feel to get back into them once all this bad weather is behind us.

Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the Toronto Star and host of Fashion Television Channel. Follow on Twitter @Jeanne_Beker



"There's no getting around the fact that in fashion, as in life, compromise is often a necessity."

LA CANADIENNE BOOT, \$435. LACANADIENNESHOES.COM

LADIES WHO LUNGE: NAOMI WATTS, REESE WITHERSPOON AND FRIENDS LEAVING THEIR YOGA CLASS



BREAK A SWEAT *(in style)*

With new technologies and trendy workout lines coming out week by week there's never been more incentive to grab a buddy and hit a class

BY VANESSA TAYLOR

It's little wonder some consider yoga pants part of a standard weekend wardrobe. A recent study by market researchers NPD Group shows just 19 per cent of fitness apparel sold in Canada is actually worn for sport or exercise. Give credit squarely to the labels. Both Canadian retailers and athletic-wear manufacturers alike are experimenting with fabric, texture and fit. Their new lines are technical, figure flattering, and fashion

forward. Translation: There is workout wear that's just right for you, whether you're a cross-fit enthusiast or the closest you've been to exercise in weeks was watching our cover girl, Canadian tennis star Eugenie Bouchard, while she dominated at the Australian Open. Here are our favourite new lines. We promise they'll help you feel (and look) good playing sports and watching them. (They might even help your backhand.)

FOR THE WEEKEND WALKER

WHAT: HYBA

Reitmans expands beyond cozy knits and office staples with its new line of activewear, Hyba, in January. The cheerful palette, moisture-wicking fabrics, flat seams and wide waistbands that sit flat on the hips will be a hit with Pilates devotees and casual hikers alike.

WHY WE LOVE IT: THE SHAPE

Not everyone appreciates second-skin yoga pants. The details on Hyba garments include figure-flattering ruching around the midsection of sporty tanks

and hidden mesh panels built into yoga pants to smooth out the tummy.

THE GAME CHANGER: SIZING

Reitmans is renowned for its democratic sizing, and Hyba offers clothing in sizes from XXS to XXL. Yoga pants are available in inseam lengths from 28 to 34 inches. Another perk? The whole line is affordably priced.

From left: Hyba hooded jacket, \$50; vest, \$26; mesh sweatshirt, \$36; leggings with side zip, \$40, all reitmans.com



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Distributed by Calibre Beauté, a division of Quadrant Cosmetics Corp.

The LOVE ISSUE



WITH THE KIT THERE'S MORE TO FEBRUARY THAN VALENTINES!



February issue, out now:

- NEW LUSCIOUS BIG HAIR LOOKS
- BEAUTIFUL BRIDAL TRENDS
- HOT HATS AND HAIRSTYLES THEY WORK WITH
- 100 REASONS TO BE HAPPY

Download the app or read it at thekit.ca/newissue



FOR THE URBAN YOGI

WHAT: LOLË

Instead of focusing on being active as a single endeavour, Lolë knows our lives are busy all day—and designs its gear accordingly. With Canadian ready-to-wear designer Andy Thê-Anh at the helm, Lolë's a studio-to-street line.

WHY WE LOVE IT: DURABILITY

Beyond Lolë's stylish silhouettes and technically sound fabrics, it's the durability of these pieces that wins us over (Lolë garments are built to last over five years). Another bonus? Its environmental commitment: Lolë mixes organic cottons and eco-friendly fabrics to create soft, feminine pieces.

THE GAME CHANGER: THINKING BEYOND THE SPORTS BRA

While Lolë covers the basics with this line (think leggings and tanks), it's the extras that are exceptional. Its solution to a raincoat is a breathable waterproof material cut in a chic trench silhouette. Another must-have: the Supta one-piece. This loose jumpsuit is an insta-outfit that can be pulled on after a workout or on the weekend.

From left: Lolë cropped pants, \$80; jumpsuit, \$120; jacket, \$220; pants, \$100, all at lolewomen.com

FOR THE TECHY TRIATHLETE

WHAT: NIKE

Whether you're training for a half-marathon in all-weather conditions or working on military-inspired drills at the gym, Nike's innovation is key.

WHY WE LOVE IT: TECH SAVVY

From Dri-FIT fabric that slicks water away from the skin to the Nike+ Fuelband that makes daily activity fun and consistent, Nike's commitment to technology makes your workouts easier, no matter the sport or weather.

THE GAME CHANGER: NIKE+ FUELBAND SE

Set activity goals online, then watch as this sleek bracelet, designed to wear all day, tracks

not only your workouts but also the exertion of your late-night karaoke-a-thon. The Fuelband converts movement into energy and keeps tabs on whether you're meeting your target. To keep people motivated, Nike also launched its Nike Training Club fitness app, with more than 150 easy-to-follow 15-, 30- and 45-minute workouts. Not that you'll need it—everyone stops to ask you about the bracelet, so it's hard to be lazy.

From left: Nike+ FuelBand SE, \$149; Flyknit+ running shoe, \$195; Dri-FIT hoodie, \$80; all at Nike stores and nike.ca; women's tennis dress, \$110, at sportinglife.ca



PHOTOGRAPHY: FAME PICTURES/KEVSTONE PRESS (WATTS, WITHERSPOON AND FRIENDS).

ULTIMATE GYM KIT

Four editors share their (low-tech, analog) workout wonders

BANG PROTECTOR

I have hardcore bangs. They're long, they're blunt, they get in my face. To keep them back during lunch-hour yoga, I use a stretchy, wide Lululemon headband. Bonus: it doubles as an eye mask during shavasana.

—Emma Yardley, online editor

LULULEMON HARMONY HEADBAND \$18, LULULEMON.COM

WOW WRISTLET

I always take my gym card, phone and wallet into my Zumba class. I had a really nice one from U.K.-based leather brand Tula, but it was upgraded recently when I got a gift from another Brit label, Mulberry.

—Alex Laws, senior editor

MULBERRY WRISTLET POUCH, \$470, MULBERRY.COM

BEAUTY BALM

Lip balm is a must, as I find leaving the gym post-workout equals instantly dry lips. If the balm is tinted I'll even use it on my cheeks so I don't look like I just finished a workout!

—Christine Loureiro, editor-in-chief

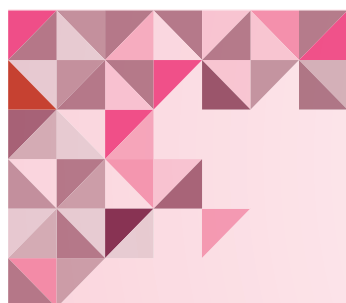
CARMEX MOISTURE PLUS TINTED LIP BALM, \$5, AT SHOPPERS DRUG MART

HOT HOOD

I know this line is generally for college students but I could live in my Pink hoodies. The oversized hood is so soft you can bury yourself in it and leave a spin class incognito.

—Vanessa Taylor, fashion editor

PINK HOODIE, \$50, VICTORIASSECRET.COM



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CHLOÉ FALL 2013



TIME SHIFTERS

In the quest for younger-looking skin, beauty companies are pairing high-tech ingredients with powerful, never-used-before botanicals to rewind wrinkles, even tone, plump skin and boost moisture. Meet your anti-aging arsenal

BY JILL DUNN

NEW WRINKLE ERASERS

Have you ever thought of your fine lines and wrinkles as skin "injuries"? The latest wrinkle-busting science is straight from the field of regenerative medicine: equating skin wrinkles to micro scars. (Collapsed collagen and elastin in the lower levels of our skin cause wrinkle dips and grooves, or "scars.") According to physician and surgeon Dr. Peter Lorenz, who directs the Scarless Skin Repair Laboratory at Stanford School of Medicine, the key is to stimulate the pro-regenerative proteins in the lower levels of our skin so the wrinkle is prompted to "heal" itself, resulting in a smoother surface.

Take Giorgio Armani Beauty's latest formula: Crema Nera Extrema. After screening more than 350 plants, the company tapped the healing powers of the South African resurrection plant, *Myrothamnus flabellifolius*—though deprived of vital elements for decades, it can revive itself when put in contact with water after mere hours. On skin, it can kick-start cells to behave like younger versions of themselves.

Even the gold standard of wrinkle smoothers, retinol (favoured by dermatologists for its clinically proven wrinkle-combatting nature), is getting an upgrade. Once tough to tolerate, it's now being controlled in time-release formulas (which slowly and steadily infuse skin with the treatment instead of a one-time blast), outperforming its predecessors sans redness or flakiness. "Our latest treatment is formulated with a patented encapsulation system that protects the retinol from oxidation," says Ann Marie MacDonald, president of Toronto-based Miracle 10 Cosmetics Inc. "When the product is applied, the capsule breaks down and delivers the retinol to the skin in its most active form."

The treatment also contains blackcurrant seed oil, sunflower seed oil and rosemary leaf extract, which are anti-inflammatory, and skin-healing vitamin E and lavender.



GIORGIO ARMANI BEAUTY CREMA NERA EXTREMA SUPREME REVIVING CREAM, \$380, AT HOLT RENFREW AND SELECT HUDSON'S BAY STORES



MIRACLE 10 RETINOL TREATMENT 60, \$87, MIRACLE10.COM

SKIN PLUMPERS

Gravity may be a hit at the box office, but it's another story when it comes to your skin—no one wants droopy jawlines or sunken cheeks.

While nothing short of a laser can truly resculpt or reshape your face, these new ingredients can help to restore skin density and improve overall tone and elasticity.

Peptides are the most trusted ingredient to bring the bounce back, but what's new is the way they're being formulated. Combining collagen-stimulating peptides with botanicals like algae yields maximum effectiveness, as we see in the latest Strivectin Tightening Face Cream.



STRIVECTIN TL TIGHTENING FACE CREAM, \$99, AT HUDSON'S BAY AND SELECT SHOPPERS DRUG MART STORES



KIEHL'S SUPER MULTI-CORRECTIVE CREAM, \$68, KIEHLS.CA

Kiehl's latest anti-ager, its Super Multi-Corrective cream, was 17 months in the making. It safeguards against sagging with a triple-threat blend of beech-tree extract derivative (a sugar found abundantly in beech trees that helps improve skin's overall firmness), as well as jasmonic acid, which triggers a self-repair process in skin cells to correct loss of suppleness and elasticity, and hyaluronic acid, known for its ability to improve skin firmness and improve plumpness. "These work together to impact the top, mid and deepest layers of the skin, and provide improvement in skin's texture, tone and elasticity," says Adam Geyer, consulting dermatologist with Kiehl's.

SKIN LIGHTENERS

It used to be that harsh ingredients like hydroquinone (which effectively bleached the skin) were the only option to put the brakes on excess melanin production (responsible for those pesky dark spots).

But the new smoothing and brightening ingredients give you that same seamless effect without the irritation. Clinique's Repairwear Laserfocus (introduced two years ago) has already been upgraded—a testament to just how quickly new innovation is being churned out in beauty labs. "Our new resurfacing technology includes a group of ingredients that, when combined, improve skin texture and smooth the surface by more than double the effect of the original formula, after only two weeks of use," says Dr. Tom Mammon, executive director of Clinique research and development.

"The first ingredient—salvia sclarea, or clary extract—supports the restoration of the skin's barrier layer. The second ingredient, acetyl glucosamine, is an integral part of the connective tissue that holds cells together. It supports the skin's natural structure by helping to naturally break the bonds between skin cells, encouraging exfoliation," says Mammon.

Meanwhile Lancôme's latest skin-perfecting serum targets the main colouring concerns for each skin type: blotchiness for fair skin, sallowness in medium skin tones and scars and hyperpigmentation in darker skin tones.

The end game with each pearlescent cream is to have a more uniform complexion, so it delivers immediate luminosity and long-term correction benefits.



LANCÔME DREAMTONE CUSTOMIZED SKIN TONE CORRECTING SERUM, \$110, LANCOME.CA



CLINIQUE REPAIRWEAR LASER FOCUS, \$59, CLINIQUE.CA

HYDRATION HELPERS

While exfoliation keeps pores clear and makes skin glowy, too much can actually age the skin, stripping away the moisture barrier (crucial to lock out age-inducing aggressors).



KORRES GREEK YOGHURT ADVANCED NOURISHING SLEEPING FACIAL, \$59, AT SEPHORA AND SELECT SHOPPERS DRUG MART STORES

This results in what's known as trans-epidermal water loss (a technical term for when water escapes the skin's surface, resulting in chronic dryness). Enter the hot new hyper-moisturizing import from Korea: sleeping facials. These gel-like formulas are slathered on before bedtime, allowing your skin to sip a long drink while you get some shut-eye. What's different about these, as opposed to night creams (which treat) or traditional masks (which you have to rinse off), is that these masks are about delivering intense hydration and balancing moisture in the skin.



LA PRAIRIE SKIN CAVIAR LUXE SLEEP MASK, \$365, AT HOLT RENFREW

They melt in right away (no need to rinse) so that you look plump and refreshed in the morning. Teeming with hydrating ingredients like ceramides and hyaluronic acid, they help halt chronic water loss so your skin doesn't shrivel during the day. Beauty sleep is finally living up to its name.

Jill Dunn is a freelance writer and beauty expert in Toronto. @JillD_tweets



EXCLUSIVE

5 BEAUTY RESOLUTIONS

Jane Wurwand, founder of Dermalogica and ambassador for glowing skin, shares her top tips to an ageless complexion

1. THE NUMBER ONE ANTI-AGER IS SPF 30 "Instead of 'sun protection,' we need to emphasize the idea of 'daylight defence,'" says Wurwand. "It doesn't matter if you're on a beach in the summer or a ski slope in winter—anytime you're in daylight, you're subject to UV damage, which is the worst skin offender."

2. TONER IS YOUR FIRST MOISTURIZING STEP, NOT A CLEANSING STEP "Toner is a product in transition," Wurwand explains. "It used to be that cleansers were oil-based, non-water-soluble, so you needed an astringent, alcohol-based toner to remove excess oil residue." With the advent of water-based foaming cleansers, astringent toners are too strong. Now, toners help even out patchy spots before applying serum or moisturizer, she says.

3. FACIAL FILLERS AND BOTOX CAN'T REPLACE GOOD SKINCARE "Botox and fillers might be good for lines, but they don't do anything to treat the texture or tone of your skin," says Wurwand.

4. USING TOO MANY PRODUCTS IS A FAUX PAS "I think the biggest flaw I see with people's skincare is that they use too many products and they're confused. I can't see how you can use more than five products in one day—who's got the time?" she says. "Lots of light layers of moisture will be the best: a hydrating toner, serum, primer, moisturizer and an eye cream."

5. EXFOLIATE BUT DON'T OVERDO IT "An editor once told me that our Daily Microfoliant is like a gateway drug," says Wurwand, laughing. "The skin is an organ of protection—too much exfoliation starts to stress the skin and it can become inflamed because it's trying to protect itself."

DERMALOGICA SPECIAL CLEANSING GEL, \$43, ULTRA SMOOTHING EYE SERUM, \$65, AND AGE SMART SUPER RICH REPAIR, \$101, AT SKIN CENTERS AND DERMALOGICA.CA

interview

Eva Redpath

She left acting and professional dancing behind to empower women through exercise, and became Canada's first Nike master trainer in the process

I LOVE TO EXPRESS MY STYLE. I like mixed metals, leather and jewellery. So if I can fit that rocker-chic look into my exercise clothing, which I live in, then I feel like my uniform is cute. I'd love to be wearing pencil skirts and nice blouses but I don't work in an office. My office is a studio.

I'VE BEEN DANCING SINCE CHILDHOOD. Coming from an industry where maintaining a certain body image wasn't always done in the healthiest ways, I wanted to create a class that took dance conditioning and brought it into the fitness world, empowering women through unconventional fitness.

I DABBLED IN THE ACTING WORLD. I was auditioning for parts on television shows, where it's all about body image and you're constantly being judged. I started to think, "I'm sick of hearing that I'm not right for these parts. I know I have a message and that I am driven to spread my message." And so, rather than keep waiting to be right for the part, I decided to go ahead and create a business of my own where I fit the role.

SEVEN YEARS AGO I transitioned from dance and performing and started Body Conditioning by Dancers. It's a women's-only fitness program that fuses dance training with a positive, motivating group-class structure. (And I have since been named Equinox signature program presenter, Canada's first and only Nike master trainer and I host a YouTube show called *Get Fit in the City*.)

FOR ME, FITNESS IS A LIFESTYLE, NOT A FAD. It's not something we do because we're trying to get ready for this season's skinny jean or because we want to get bikini-ready for summer. The class, its format, and the community really inspire women to have fitness as a part of their lives and as something they look forward to.

THIS IS A 24/7 JOB. But I'm good with that. Exercising for a living, inspiring people, getting fit. I am extremely passionate about what I do.

—AS TOLD TO BROOKE HALNAN. THIS INTERVIEW HAS BEEN EDITED AND CONDENSED.



The Kit on Twitter

Get up-to-the-minute updates on the latest fashion and beauty launches and our style-related musings @thekit



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TARGET MARKET
We wanted everything at the Target spring preview. (Especially in the Peter Pilotto line.)



MODEL MAN
Behind the scenes of our next Mr. Kit issue: our fashion editor, Vanessa Taylor!



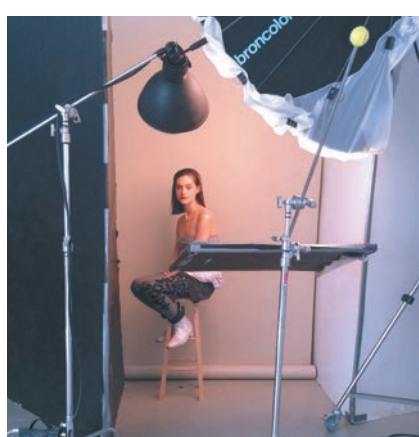
MAKING STRIDES
Alex Laws jumps on board at the launch of Forever 21's active line.



LIP SERVICE
There's a lot of research that goes into a beauty story. (Our kind of research!)



TASTY TREATS
Delicious fresh granola bars from @CinqFoods. #yum



CAMERA, ACTION
Sitting pretty during the photo shoot for our April cover (it's all about spring makeup.)

A CLICK AWAY FROM YOUR CLOSET

OUR FAVOURITE ITEMS FROM E-TAILERS WE LOVE

"This is a must-have flat, and in black and white, it is in line with one of the strongest trends for Spring," says Christine Carlton, co-founder, The September. "I love the silhouette of this shoe. The pointy toe gives it such an elegant and clean look."

Tabitha Simmons Alexa pointy-toe leather flat, \$645

thekit.ca/theseptember



In collaboration with *The* **SEPTEMBER**

Playing off perforated and polka-dot trends, Pine & Boon's Leather Dot Pouch is an absolute must. It's also maker Jess Marie's favourite item of all! "I love how simple it is," she says, "but those dots create an extra element of interest."



Pine & Boon leather dot pouch, \$48

thekit.ca/brika

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PARIS

ROUGE EDITION LIPSTICK

AVAILABLE IN 12 IT SHADES

1/4* OF PURE LAQUE:
Shine-wrapped colours
for a radiant finish.

A "READY-TO-WEAR" TEXTURE
Ideal texture for
a smooth application.
10h of hydration**

"IT" COLOURS
Tested and approved by
fashion editors.

TAKE YOUR LIPS
TO THE HIGHEST
LEVEL OF FASHION.



10 HOURS OF HYDRATION**

* % of the average for the range in relation to the total % pigments in the formula.
** Scientific test undertaken with 30 women.

www.bourjois.ca



only at