

THE Kit

BEAUTY &
FASHION

TORONTO FASHION WEEK SPECIAL

TREND ALERT!

Six laid-back New York Fashion Week styles anyone can rock
[PAGE 12](#)

NORTH STARS

The homegrown designers celebs can't resist
[PAGE 6](#)

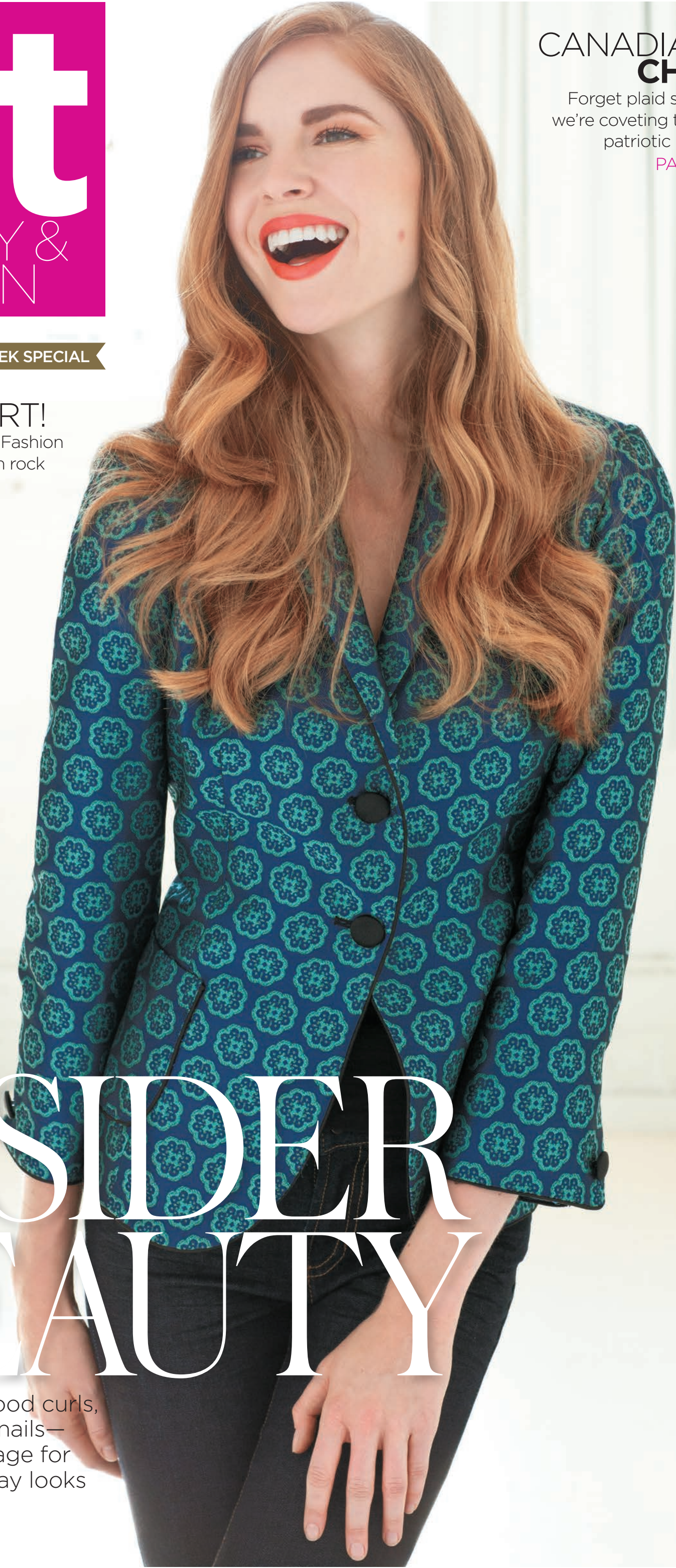
CANADIAN CHIC

Forget plaid shirts: we're coveting these patriotic picks
[PAGE 3](#)

INSIDER BEAUTY

From old Hollywood curls, to the new nude nails—we snuck backstage for hot-off-the-runway looks worth stealing
[PAGE 5](#)

PHOTOGRAPHY BY NORMAN WONG



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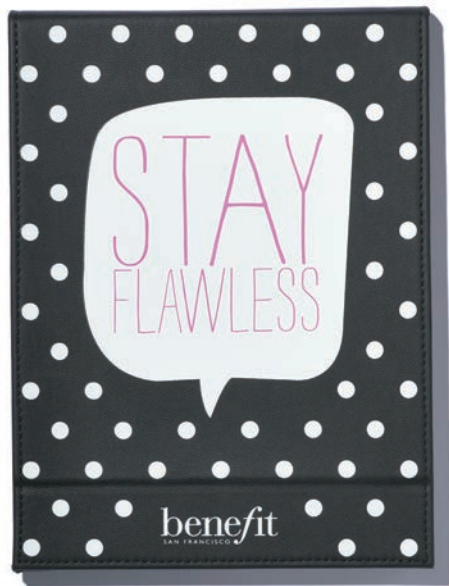
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OTTAWA DOWNTOWN (BANK & LAURIER)
VANCOUVER OAKRIDGE MALL

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by **SHOPPERS DRUG MART**

what we want this week

THE NEW CANADIANA

Toronto fashion week puts the spotlight on local talent. In honour of the designers putting us on the fashion map, we rounded up our favourite pieces from homegrown stars



1. COOL RIDER Tanya Taylor revamps a fall staple with a fresh poppy print and boxy silhouette. Tanya Taylor moto jacket, \$1,395, at Holt Renfrew. 2. BIB FEST Jenny Bird used mesh as the theme of her newest collection. Jenny Bird moon bib necklace, \$195, jenny-bird.com 3. CROCK ROCK This snake-embossed leather handbag's an everyday upgrade. Sneha Varma Tacit shoulder bag, \$222, snehavarma.com 4. NEAT NEEDLEPOINT With its graphic pattern this flattering skirt makes for a chic statement day or night. Pink Tartan pencil skirt, \$295, pinktartan.com. 5. BAND TOGETHER Toronto designer Corrine Anestopoulos worked with sustainable tilapia fish leather to create these gorgeous bracelets. Telsum bracelets, \$118 each, ilovebiko.com

—NATASHA BRUNO/PHOTOGRAPHY BY ADRIAN ARMSTRONG



ASK JEANNE

Dear Jeanne, I desperately need a haircut but my hairdresser is booked until next month. How do you make a haircut last a few weeks longer?
—Carrie

DEAR CARRIE:
While getting a great haircut when you feel you need it is important for the style psyche, you can use this opportunity to grow—and I'm not just talking about your hair!
We're such creatures of habit that we are often locked into images of ourselves, and it's tough to break the ritual of visiting our hairdressers because we think it's the only way to keep a consistent edge and signature look.
Don't get me wrong: I go through withdrawal when I can't get in to see my "mane" man, Gregory Parvatan at Rapunzel (I've been loyal to him since 1979). But it's fun to experiment for a few weeks.
You might be tempted to take matters into your own hands: If you're brave enough to play with scissors, get a thin pair made for trimming hair and start snipping away, a teeny bit at a time.
Yes, it can be scary. But I'm not suggesting a radical overhaul—maybe just the very ends can go.
If you're attempting to trim your own bangs, don't cut more than about a half an inch. I'm not keen on cleaning up my own, but if I simply can't see the forest for my fringe, I throw caution to the wind. It usually makes me feel better until I can see a pro.
If that's too bold for you, you can always consider growing your hair out, or just get it back into shape with some of the countless "self-help" products out there to help perk up your locks. Always use a quality shampoo and conditioner, paying special attention to the ends of your hair.
If you blow-dry your hair, do it every other day instead of daily—all that heat takes a toll. And don't be afraid to try oils. They'll rejuvenate your hair and make it look its shiny best.

Depending on the length of your hair, now could also be the time to play with hair accessories. Pretty headbands are on trend and can add an air of romance while keeping stray hair in place until your hairdresser can squeeze you in—or you decide to find a new stylist.
There are many great talents out there, and while I'm a strong advocate of loyalty in the hair department, the odd affair with another stylist isn't necessarily the end of the world.

Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the *Toronto Star* and host of Fashion Television Channel. Follow on Twitter @Jeanne_Beker

ALEXIS MABILLE
SPRING 2014

Rita picked up by Rimmel

Rita Ora beams in her first beauty campaign for Rimmel London. The 22-year-old British singer has reason to smile: to celebrate the beauty company's 180th anniversary, she is creating a collection of bright nail polishes and bold lip crayons. The Rimmel London 180 Years of Cool collection hits Canadian stores in July 2014.
—Tarah Kennedy



Topshop's Moss magic

Kate Moss and Topshop have announced their 15th clothing collaboration. Moss will work with Topshop's creative director, Kate Phelan, to create more retail magic with the popular British store. Based on the success of the past pairings, we can't wait to see the new collection, due to launch in April. —T.K.

radar

The style news that got us talking this week



Crystal Kerr

Miranda Kerr made headlines with her breakup with Victoria's Secret. But now she's proving she's more than just a bodacious bod, as the new face of Swarovski. Ronnie Cooke, creative director of the crystal jeweller, said the first campaign mixed Kerr with English garden roses and jewellery from Swarovski to create "beauty, warmth, coolness and desirability." We're craving those earrings already.
—Brooke Halnan



One Elle of a girl

Canadian retailer Addition Elle has collaborated with plus-size model Ashley Graham for its new 14-piece lingerie collection. Graham helped design the vintage-inspired collection, which includes lacy panties (\$28) and bras (\$70) and sexy chemises (\$90). The line will be available across Canada in stores and online at additionelle.com starting Nov. 1. —B.H.

MELISSA'S *Musts*

1.



2.



3.



4.



10.



1. Carven blazer, TNT | 2. Thomas Wylde blouse, TNT | 3. Necklace, BANANA REPUBLIC
4. Black Halo dress, MENDOCINO | 5. Ela clutch, JUDITH & CHARLES | 6. Manolo Blahnik heel, BROWNS | 7. Jeans, GAP
8. Max Mara Weekend jacket, ANDREWS
9. Sweater, PINK TARTAN | 10. Valentino boot, DAVIDS | **MELISSA IS WEARING:** Dress, PINK TARTAN; Michael Kors ring, CUPIDO

9.



MUST HAVE, MUST TRY, MUST GET.
TRUST YOUR FALL SHOPPING LIST
TO BAYVIEW VILLAGE MARKETING
DIRECTOR - AND RESIDENT IT GIRL -
MELISSA EVANS-LEE.

7.



5.



6.



8.



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BACKSTAGE BEAUTY

As the fashion frenzy approached, we asked beauty experts to share the looks they'd be creating at Toronto fashion week's Spring 2014 shows. We got the scoop so you can try them out while they're still being sported on the runway. Here's the hottest hair, newest nails and must-try makeup of next season

BY DEBORAH FULSANG, PHOTOGRAPHY BY NORMAN WONG

NEW HOLLYWOOD HAIR

Sleek at the crown with flowing, tailored curls that can be shaken out for a more playful look



STEP 1: Start with clean, dry hair and find your part.



STEP 2: Take a 1- to 2-inch section of hair and spritz with heat-protecting spray.



STEP 3: Wrap hair around a 1-inch curling iron, away from the face, leaving the ends free. Drop hair to cool and continue with next section.



OPTION: For a tighter curl, pin sections up after curling.



STEP 4: Spray each section with a fine-mist hairspray as it cools.



STEP 5: Gently brush out the waves with a wide paddle brush.

THE EXPERT



CINDY DUPLANTIS, REDKEN ARTIST

“This new Hollywood hair is versatile: you can have it smoother for day and then rake it out with your fingers for the evening to get a dishevelled, young rock star look.”

INSPIRED BY

ANNA SUI, DIANE VON FURSTENBERG, SPRING 2014



ANNA SUI
SPRING 2014



web
Find everything you need to know about fashion week at thekit.ca

TO GET THE LOOK, TRY: REDKEN POWDER REFRESH01 AEROSOL HAIR POWDER/DRY SHAMPOO, \$22. REDKEN IRON SHAPE11 FINISHING THERMAL SPRAY, \$18. REDKEN FASHION WORK12 VERSATILE WORKING SPRAY, \$20. REDKEN SHINE FLASH02 GLISTENING MIST, \$18, REDKEN.CA. THROUGHOUT: HAIR, CINDY DUPLANTIS FOR REDKEN. MAKEUP, GRACE LEE FOR MAYBELLINE NEW YORK CANADA/PLUTINO GROUP. JOE FRESH DENIM SHIRT, \$29, JOEFRESH.COM. ON THE COVER: JOE FRESH JEANS, \$29, JOEFRESH.COM. PINK TARTAN BLUE FOULARD BLAZER, \$496, PINKTARTAN.COM.

SHARP EYES

This look is all about well-defined peepers with double graphic lines for a revamped cat eye

STEP 1: Start with a bare canvas. Prep eyes with a long-wearing nude-coloured cream eyeshadow.



STEP 2: Using liquid or gel liner, line your eye, starting from the inner corner and using small strokes. How far to go? “Extend the line out as far as you’re comfortable,” says Lee, “but don’t go past your actual brow line.”

STEP 3: Add black mascara. “I always say at least three coats,” says Lee.



TIP
“When creating this graphic lined look, keep Q-tips dipped in makeup remover handy so you can clean up your edges,” says Lee.

The world wears Canadian

From Michelle Obama to the Duchess of Cambridge, famous faces worldwide are turning to the skills of extraordinary Canuck designers for their moment in the spotlight
—NATASHA BRUNO



KATE MOSS IN MANITOBAH MUKLUKS, CIRCA 2006



ELISHA CUTHBERT IN VAWK, 2011



JENNIFER LOPEZ IN BROSE, 2011



MIRANDA LAMBERT PAVONI, 2012



EMMA STONE IN TODD LYNN, 2012

EMMA STONE IN TODD LYNN, 2012

WHEN YOU TAKE CARE OF YOURSELF, THE RESULTS ARE

FACE

FAST FACE FIX

Clean skin before bed is one of the most important steps in your beauty regimen. Get the job done in next to no time with **NEUTROGENA® All-in-One Make-up Removing Cleansing Wipes**. They can gently erase 99% of your most stubborn make-up.

For problem skin, consider **NEUTROGENA® Oil-Free Pink Grapefruit Cleansing Wipes**. These can help remove oil and dirt, and rinse clean without over-drying your skin. Cleanse and moisturize all in one step.

For a lighter option, there’s **NEUTROGENA® MOISTURE® Oil-Free SPF 15**. This lightweight lotion keeps skin moisturized all day.

TOP TIPS

1. Use a gentle hand when removing make-up, especially around your eyes.
2. An SPF is important all year round—not just in the summer.
3. To prevent face lines when you wake up, sleep on a silk or satin pillow.



BODY



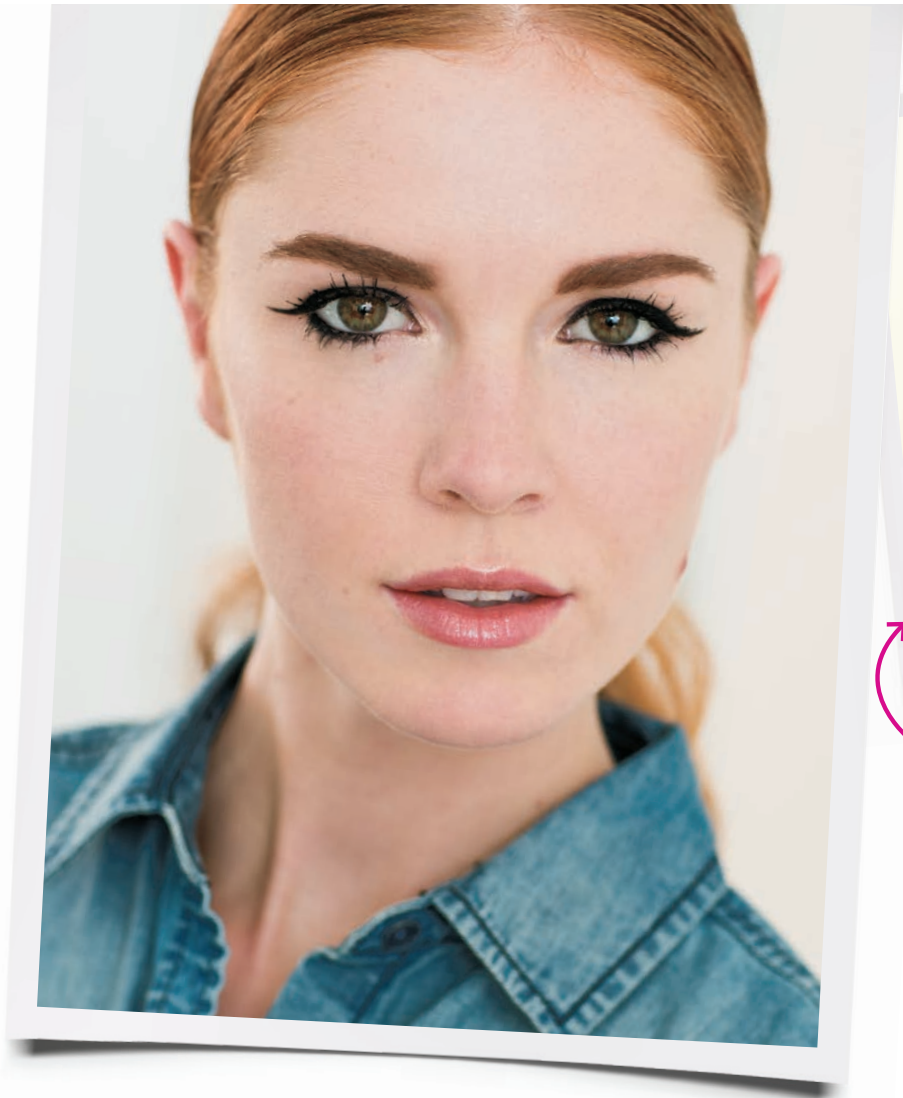
GLAD ALL OVER

At this time of year, it’s easy for skin to dry out. Give it just that little bit of extra attention with **AVEENO® Daily Moisturizing Lotion**. Natural oatmeal and rich emollients yield healthier-looking skin in just one day.

AVEENO® Skin Relief Body Wash gives a soap-free clean while it moisturizes, so your skin feels soft and smooth all day long.

TOP TIPS

1. Moisturizer is more effective when used on exfoliated skin.
2. Before getting out of the shower, turn the temperature to lukewarm. The shock of cold air dries out your skin.
3. Apply moisturizer right after your shower to lock in moisture.



STEP 4: For optional right-from-the-runway edge, add a second, thinner line directly above the first line.

TO GET THE LOOK, TRY: MAYBELLINE NEW YORK COLOR TATTOO CREAM SHADOW IN BARELY BRANDED, \$9. MAYBELLINE NEW YORK EYESTUDIO MASTER PRECISE INK PEN EYELINER, \$10. MAYBELLINE NEW YORK COLOSSAL SMOKY EYES MASCARA, \$9.

THE EXPERT



GRACE LEE, LEAD MAKEUP ARTIST, MAYBELLINE NEW YORK, CANADA

“This graphic eye is new as the liner goes straight out—not upward, as a lot of women traditionally wear it.”

INSPIRED BY

RODARTE, TRACY REESE AND DENNIS BASSO, SPRING 2014



SHENAE GRIMES IN AMANDA LEW KEE, 2012



KEIRA KNIGHTLEY IN ERDEM, 2012



MICHELLE OBAMA IN JASON WU, 2013



KATE MIDDLETON IN TARA JARMON, 2013



GWYNETH PALTROW WITH ELA HANDBAG, 2013



SOPHIA BUSH IN SMYTHE, 2013



COCO ROCHA IN GRETA CONSTANTINE, 2013

BEAUTIFUL.

SPECIAL ADVERTISING FEATURE

HAIR

HEADS WILL TURN

It's easy to make every day a good hair day. And a wholesome, healthy-looking shine starts with naturally clean hair. Treat yours to **AVEENO® Pure Renewal™ Shampoo and Conditioner**—sulfate-free solutions for gentle cleansing and conditioning.

TOP TIPS

1. Apply shampoo to the roots of your hair, then gently start massaging.
2. Use conditioner only from the mid-lengths to the ends of your hair.
3. Try to let hair air-dry as much as possible before you start to blowdry.



BONUS TIP: Blowdry your part and hairline first. Even if you skip the rest, you'll look polished.

REGIMEN

REGIMEN REVAMP

Fall is the perfect time to renovate your whole beauty routine—time to rethink and start fresh. The benefits of solid routine for face, hair, arms and legs quickly add up over time. When you take care of yourself, the results are beautiful.

TOP TIPS

1. Don't rub your eyes when you're tired. This tends to stretch that area of delicate skin.
2. UV rays don't rest during the winter and neither should your protection regimen. Remember an SPF.
3. Give skin the best detox possible—by drinking plenty of water.



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NOUVEAU NUDE NAILS

Nail art takes a back seat to the classic French manicure—with a subtle, triangular twist



STEP 1: Prep is key here, since a bare nail is the focus. Carefully push back cuticles and trim dead skin around the nail until each finger looks flawless.



STEP 2: Brush one coat of ridge filler over entire nail. Think of ridge filler as CC cream for nails. “It will hide small imperfections and give a very slight tint of colour,” says Remark.



STEP 3: Using a toothpick dipped in nail polish, place a tiny dot at the centre of each nail. This will be the point of the triangle.



STEP 4: Dip your nail polish brush in your chosen colour and remove excess from one side. Narrower brushes offer more accuracy and definition for drawing straight lines.

STEP 5: Place the brush at the dot and stroke out to one side of the nail, right to the tip. Repeat on the other side. Fill in the rest of the triangle if there is any nail left unpolished. Apply a second coat if necessary.

TO GET THE LOOK, TRY: **ESSIE RIDGE FILLING BASE COAT**, \$10. **ESSIE FOR THE TWILL OF IT NAIL POLISH**, \$10. AND **ESSIE GOOD TO GO TOPCOAT**, \$10. **ESSIE APRICOT CUTICLE OIL**, \$10. ESSIE.COM. MANICURE, RITA REMARK/ESSIE CANADA.



STEP 6: Apply topcoat over the entire nail and let dry.

THE EXPERT



RITA REMARK, LEAD NAIL ARTIST, ESSIE CANADA

“Nails are making a shift to the natural, but that doesn’t mean a little *je ne sais quoi* is out of the picture. Many designers opted for simple designs atop buff nails.”

INSPIRED BY

PRISM AND MILLY, SPRING 2014



TIP
“Maintenance is vital with natural-nail looks. Apply cuticle oil and hand cream between manicures,” says Rita Remark, lead nail artist, Essie Canada. “Do it before bed to ensure your hands get a good five hours of moisturization.”

MODEL CITIZENS

It’s not just Canadian designers making their mark in the fashion world. These top models have rocked runways around the globe —TARAH KENNEDY



ZOE COLIVAS, 17 TORONTO
This is Colivas’s second season at Toronto’s World MasterCard Fashion Week. She first graced the Joe Fresh Spring 2013 runway after travelling to Milan and Paris to walk for Prada’s Spring 2013 show, Rochas and John Galliano.



JENNA EARLE, 18 EDMONTON
After winning the Next Face of Edmonton Model Search at West Edmonton Mall in 2011, Earle went on to walk the runways of Givenchy, Oscar de la Renta and MM6 Maison Martin Margiela. The bold-browed beauty can be seen this month in the *New York Times Style Magazine*.



SENAIT GIDEY, 18 TORONTO
Since her debut at the 3.1 Phillip Lim Spring 2011 show, Gidey has walked for Burberry and Christopher Kane, and she was in Chanel’s Fall 2013 presentation.



HERIETH PAUL, 19 OTTAWA
Who else can say she was offered a job after shaving her head? After her 2010 modelling debut in New York, Paul made the bold decision to shave off her hair. Since then, the model has signed a contract with Calvin Klein.



ANAIS POULIOT, 22 CHICOUTIMI, QUE.
Known for her luscious pout, Pouliot has been featured on magazine covers and walked runways in Paris, New York and Milan. The star of ad campaigns for See by Chloé and Tod’s, the French-Canadian model’s most recent ad campaign is Aldo Fall 2013.



GRACE MAHARY, 23 EDMONTON
She was shooting for a career in basketball, but it was modelling that let Mahary show her stamina: she appeared in 29 Spring 2013 runway shows, including Marc Jacobs, Miu Miu and Prada.



COCO ROCHA, 25 TORONTO
The career of Yorkdale Shopping Centre’s new face took off after she did an Irish step dance down the runway for Jean Paul Gaultier’s Fall 2007 show—fitting, as she was discovered in a dance competition in Vancouver. She has walked runways worldwide, and this year, she fronts L’Oréal’s campaign.



MEGHAN COLLISON, 25 EDMONTON
Collison’s big break came in 2006 when she won the Mode Model search and was named style.com’s next girl to watch—before she’d walked a single runway. You may recognize her from the Prada Spring 2012 ad campaign.



SHALOM HARLOW, 39 OSHAWA, ONT.
After being scouted at a Cure concert while in high school, Harlow was named VHI’s Model of the Year in 1995, and has appeared in ad campaigns for Tiffany & Co., Chloé and Valentino. Our favourite fact: She has a Nars lip gloss named after her!



LINDA EVANGELISTA, 49 ST. CATHARINES, ONT.
Known for joking that models “don’t wake up for less than \$10,000 a day,” Evangelista began her career at age 12 modelling for local stores for \$8 an hour. Since then, she has graced countless runways and hundreds of magazine covers.

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CORA is wearing SHADE #2. SHANINA is wearing SHADE #8.

the edit

web Get more striking ideas at thekit.ca



SPOTTED

PRETTY CHEEKY

Pinky blushes make for an in-from-the-cold healthy glow in seconds! —NATASHA BRUNO

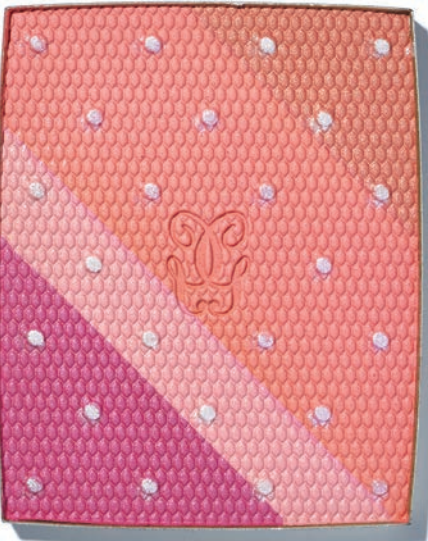


FLOWER CHILD
This velvety cream formula gives a sheer wash of buildable colour for a natural glow or dramatic flush. **Sonia Kashuk** Crème Blush in Petal, left, and Rosey, \$10 each, at Target

HIT THE MATTE
For a fresh approach, dust matte powder blush on the apples of your cheeks. **Bobbi Brown** blush in Berry and Pink Coral, \$30 each, at Bobbi Brown counters and bobbibrown.ca



PRO POWDER
You're mere moments from model-like cheekbones. This lightweight powder makes it easy to contour and define your face. **Dior** Diorblush Vibrant Colour Powder Blush in New Red, \$43, at Dior counters and thebay.com



FOUR-SHADE WONDER
Swirl a brush into this quattro-blush formula for a healthy highlighted glow. **Guerlain** Madame Rougeit 4 Colours Blush, \$70, at boutiques and select Guerlain counters



one minute miracle



LIQUID FALSIES

The buildable cream formula isn't the only thing that makes this a major lash-enhancer. A unique spatula comb forces your lashes up as you apply it and gets right into the corners of the eyes. It's a fake-lash look, without the effort. The stand-up pot will make a dramatic statement on your dresser too.

—ASHLEY KOWALEWSKI
Anna Sui Lash Amplifying Mascara, \$28, annasui.com, at Murale, Jean Coutu, Hudson's Bay and select Shoppers Drug Mart stores



OUTFIT ENVY

Eva Chen

Lucky magazine's style-savvy editor-in-chief knocks it out of the park at Paris fashion week in colourful lady-meets-tough-girl layers

—NATASHA BRUNO

TIP
When it comes to revealing your midriff, less is more. Keep the look classy by going for a longer-length skirt

why we love it

- TOUGH LUX**
The champagne metallic sheen jazzes up this cool-girl Marc Jacobs moto jacket and gives Chen's look a glamorous finish.
- PEEK-A-BOO**
By baring just a sliver of her midriff with a cropped Topshop T-shirt, she adds a sassy dose of downtown edge without being risqué.
- SCENE-STEALING OMBRE**
This Marc by Marc Jacobs neon pink clutch shows off Chen's fun-loving personality.
- MAJOR MIDI**
The below-the-knee length of this Proenza Schouler skirt elegantly balances out the cropped top and leather jacket, and we love the punchy green hue and black hem.
- STATEMENT STEPS**
With their chunky heel, contrasting platform, and buckle embellishment, these Prada peep-toe beauties finish off the outfit with serious bad-girl flair.

COVERGIRL®

easy breezy beautiful

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District 4 is wearing
Lime Green Flame
Shadow Pencils, Ink It!
Aquamarine Ink, Sapphire
Flare & Turquoise Glow
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IN THEATERS NOVEMBER 22ND

New Capitol Collection available while supplies last

6 looks we love from NEW YORK

We still have a few months to go (a.k.a. winter) before spring arrives, but if the runways are a bellwether, we'll be wearing cheerful colours, slept-in hair and a new shape of trouser **BY** VANESSA TAYLOR

A MEAN GREEN

SEEN AT: J. CREW & JENNY PACKHAM

From ethereal beauties floating down the runway at Jenny Packham to clean, crisp silhouettes at J. Crew, chartreuse was the season's bright new hue. This shade is less severe than neon, but still packs a big punch.



TOUSLED BUN

SEEN AT: MICHAEL KORS & PETER SOM

We love less-than-perfect hair (especially when it comes to updos), and the tousled buns at Michael Kors and Peter Som were among the best. They make you look like you've either had a great night out or been driving a Vespa. This messy style not only welcomes frizz and flyaways, it actually looks better for them.

CONFETTI NAILS

SEEN AT: JENNY PACKHAM & WES GORDON

We can't deny we've indulged in the nail art craze, but we swooned over pretty, candy-coloured hues at the spring shows. While a straightforward manicure can seem dull (it's no leopard-print mani), designers like Jenny Packham layered on a sprinkle of sparkle to add interest.



SLOUCHY PANTS

SEEN AT: MICHAEL KORS & JEREMY LAING

I'm not sure there is anything I like more than a laissez-faire outfit that oozes confidence and style. Michael Kors captures that feeling—and while the fur wrap (real or faux) is key to the look, it's the trousers that are on our shopping list. The wide-leg style lends itself well to wrinkle-prone fabric—especially with an extra long hemline.



DAY-THREE HAIR

SEEN AT: ALEXANDER WANG & TOMMY HILFINGER

Don't confuse this look with beachy waves from seasons past: there are no curls of any sort in this do. The look focuses on kinks and texture in the hair. Think more 1990s Courtney Love and less Jessica Alba.

HONOURABLE MENTION



TINY TOPKNOTS

SEEN AT: VICTORIA BECKHAM

Sitting front row at Victoria Beckham's runway show, Harper Beckham sported a baby topknot. Her mini version of a style regularly spotted at The Kit office certainly made her look the part.



CLOCKWISE FROM ABOVE: Charlotte Olympia shoes, Topshop top and Christopher Kon clutch; Warne in an ASOS shirt, J Brand shorts, Christian Louboutin pumps and Karen Walker sunglasses; Alice McCall dress and shorts; Sergio Rossi heels.

CLOSET OF THE WEEK

Nicole Warne

CONSULTANT & BLOGGER, GARY PEPPER

BY THE COVETEUR



"My advice for bloggers just beginning is to have a strategy in place before launching. Like any business, you need a three-month, one-year and five-year business plan," Nicole Warne, the Gary Pepper girl, told us. Say what you want about her slightly scratch-your-head moniker—we asked the whole "Who is Gary Pepper?"—but this girl's got it down. When she launched her eBay store, Gary Pepper Vintage, she started the blog to connect with her customers, and it sure took on a life of its own.

web See more of Reed's style on theCoveteur.com

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THE LITTLEST HOBO

Assistant art director Colleen Henman couldn't have looked sweeter when she showed up with these props.



PAINTING BY NUMBERS

Backstage at our gift guide shoot, this giant palette from Smashbox was a big hit!



KEEPING UP

Senior editor Alex Laws gets up close and personal with Rob Kardashian in New York.



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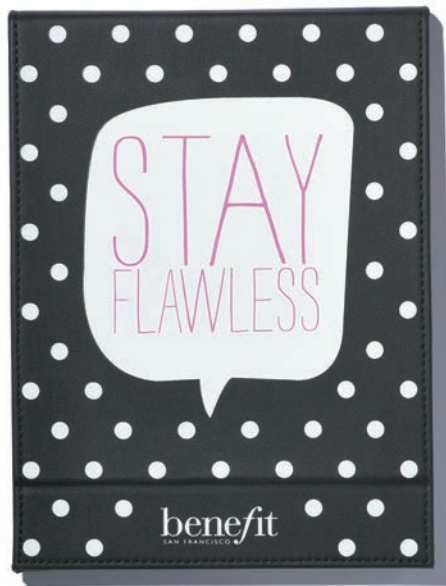


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