BEAUTY & FASHION

PACK A PUNCH

Jeanne Beker knows how to pack for every kind of adventure PAGE 3 Three easy steps to get your pins in tip-top shape PAGE 7

HOT LEGS





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See reverse for details.



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What do you pack for a weekend getaway? And what do you wear while travelling? —Christine

DEAR CHRISTINE:

Packing is certainly the name of my game: I've done so much travelling over the years. Each time I haul out my suitcase, I embark on a mental journey, imagining the impending trip, with all its anticipated adventures. And then I start picturing myself in various scenarios, dreaming up the outfits I want to wear, going through my days and nights.

If it's a trip to my farm, I usually pack lots of comfy, cozy things, from Roots T-shirts, sweatshirts and yoga pants, to cuddly sweaters and jeggings. I'll take a pair of sneakers, a pair of boots, and a pair of loafers or ballet flats.

In case I want to go out for dinner, I always make sure to pack one nice top, a good pair of jeans, a pair of black stretch Rock 'n Karma jeans or leggings (which I buy religiously at a shop called Designs by Naomi in Toronto's Yorkville.) I always have at least one Edit cardigan with me, a wardrobe staple. I also take a smaller purse—again, for a night out.

If I'm planning a weekend in New York, Montreal or Halifax, I'll make sure I have at least one little black dress with me and a lightweight blazer or dressier jacket. Depending on the season, it's always smart to take a light trench. I adore Lida Baday's nylon jackets and coats. They pack really well, can be dressed up or down and always look chic. They're also fairly waterproof.

If it's a big-city getaway, I'll pack a good number of dressy accessories, from earrings, bracelets, and scarves to an evening clutch. I tend to give myself lots of options in that department, since accessories can do so much to change up your look. For travelling itself, comfort is key. There are some lovely two-piece leisure style outfits around in upscale fabrics that have great stretch to them, and a sporty chic feel that is perfect for plane rides. I'm not suggesting I get dressed up

Lida Baday Pre-Spring 2013 whenever I fly, but there's something to be said for looking and feeling pulled together, even in a casual chic way. You never know who you might meet! And I find a little layering goes a long way to ensure you'll be comfortable in a variety of climates. We often don't know what to expect. I always like to keep my options open.

1. SHOW YOUR ROOTS Fireworks or fireside, get your Canada Day on in a festive tee. **Roots** jersey t-shirt, \$38, roots.com 2. BLUSHING BEAUTY Give cheeks a renewed sense of vigor with a sweep of rich, buildable colour. **Cargo** Cosmetics Blush in Laguna and Key Largo, \$26 each, at Murale, cargocosmetics.com 3. CENTURIES-OLD TRADITION These authentic Aboriginal moccasins will keep feet comfy and pair perfectly with shorts and dresses alike. **Manitobah Mukluks** suede moccasin, \$75, manitobah.ca 4. SCARLET LADY

-NATASHA BRUNO/PHOTOGRAPHY BY ADRIAN ARMSTRONG

TOP



ndar

Channel your inner Marilyn Monroe with a sultry rouge pout. Lise Watier Rouge Fondant Suprême in Marilyn, \$24, lisewatier.com 5. CINCH IT Add a chic touch to a summertime tunic or cardigan with a glossy bow belt from a coveted Canadian brand. Brave Leather Janeel patent leather belt, \$70, braveleather.com 6. STAND OUT CLUTCH With its signature stripes and leather detailing, this clutch is sure to turn heads. Hudson's Bay denim leather-trimmed bag, \$95, at select Hudson's Bay stores



Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the *Toronto Star* and host of Fashion Television Channel. Follow on Twitter @Jeanne_Beker



HUGO BOSS WOOED WU Back in 2007, Jason Wu impressed

Back in 2007, Jason Wu impressed fashion lovers and critics with his sporty yet sophisticated readyto-wear collection. This week, he takes over as the artistic director of Boss womenswear. Wu's new looks will be showcased in New York for the women's pre-fall ready-to-wear and accessories collections in 2014.

NORDSTROM COMES NORTH

It seems like American stores are playing follow the leader as they enter Canadian territory. First Target, now Nordstrom. You may have seen ads for the department store, even though its arrival in Calgary is a year away. The president of Nordstrom Canada, Karen McKibbin, said the goal is to "build brand awareness." They're set to launch in Ottawa and Vancouver in 2015, and in Toronto by fall 2016.

WEVE GONE SHOPPING! The Kit print feature will not publish the first week of

ne Kit print feature will not publish the first week of uly. Miss us? Download the Summer issue of *The Kit* nteractive magazine now (see page 4 for details).





Mercedes-Benz is driving Canadian fashion forward by creating a platform for young designers to flourish. Winnipeg was added to the list of cities that the Mercedes-Benz Start Up program will visit this summer. The winners of the national competition will showcase their designs during Toronto fashion week in October and will have the chance to be mentored by fashion mavens like Barbara Atkin, the vice-president of fashion direction at Holt Renfrew, and Bernadette Morra, editor-in-chief of *Fashion* magazine.



Head to Montreal—and back in time—for the perfect day out and endless outfit inspiration. Grace Kelly: Beyond the Icon at the McCord Museum will explore the enchanting life of Grace Kelly, from being Alfred Hitchcock's muse to an Oscar-winning actress to Princess of Monaco. It will focus on her vibrant personality and display love letters, photos and of course, clothing and accessories from the countless designers who dressed her. June 6 to Oct. 6. Visit mccord-museum.qc.ca.

-Courtney Greenberg



ON THE COVER CALGARY CALLING

This Canada Day we're shining a spotlight on some of Alberta's up-and-coming designers and celebrating a fashion hotbed that was made for weekend shopping trips! BY NATASHA BRUNO

extra Check out Calgary's nottest shops by Brett at kit2it.com/ brettwilson in The Kit! Email letters@thekit.ca





Born and bred in Calgary, Caitlin Power launched her brand in 2008.

DESIGN STYLE: "My design aesthetic is an extension of my own style, but with higher end fabrics like leather and silk," Power says

BEHIND-THE-SEAMS FOR SS13: "The collection was inspired by light; how it reacts with different objects, absorbed by some and reflected by others. The colour palette reflects the balance between light and dark."

THE CALGARY EFFECT: "Being born and raised in Calgary has shaped who I have become in so many ways. I grew up a little bit of a tomboy; I played hockey and looked up to my older brother. I think this reflects my designs a lot, they're usually very sleek, not overly feminine and I like to play with androgyny."

SHOP IT: caitlinpower.com



The Calgary Stampede (July 5-14) turns 101 this year. Alberta's hottest accessories are real gems you'll want to sport -NATASHA BRUNO



HORSE POWER

With unique equine-inspired shapes, designer Sarah Shell's leather handbags still pay homage to the city where her company was born seven years ago. 442 McAdam Chappy Glitz bag, \$395, 442McAdam.com



FINE & DANDY

Goldsmith Frances Strathern fuses gold, silver, copper and gemstones for striking, one-of-kind pieces that look both modern and medieval. Franny E Fine Jewelry cuff with ruby, \$265, frannyejewelry.com

NATURAL CHARM

Inspired by nature, craftsman Ellinor Stenroos works with clients to custom-create luxurious showstopping designs EVStenroos bird's nest ring, \$4,500, evstenroos.com





After showing his first collection in 2002 at Toronto fashion week, design veteran Paul Hardy earned rave reviews from Canada's fashion elite

DESIGN STYLE: "My brand's style philosophy is individual separates that can infuse into one's existing wardrobe, layer to dress up or down, and have the ability to work from desk to dinner," says Hardy.

BEHIND-THE-SEAMS FOR SS13: "It's a coming-of-age story of a nameless Amish girl who flees the colony to escape to the big city. The underlying message is a portrayal of someone seeking a greater sense of wholeness in their life, while attempting to reconcile the reverent traditions of their past."

THE CALGARY EFFECT: "Calgary indirectly chose me I relocated here to take a job out of university with Holt Renfrew as a personal shopper. When I started my company in 2002, I journaled 'if you build it, they will come.' It has now been over 11 years.'

SHOP IT: paulhardydesign.com









LAUREN BAGLIORE



Lauren Bagliore splits her time between Calgary and New York and worked for Vivienne Westwood and Zac Posen before creating her own label in 2009.

DESIGN STYLE: Inspired by art and architecture, Bagliore has a masterful eye for draping. Her designs play with sharp cuts, deconstructed shapes, and asymmetrical hemlines.

BEHIND-THE-SEAMS FOR SS13: Influenced by Surrealism and Postmodernism, Bagliore sets out to capture a dreamlike state through her unique silhouettes and abstract prints. "Dreaming and hoping allow us to endure through the trials of life to achieve our innermost desires," says Bagliore.

THE CALGARY EFFECT: "Calgary was an easy choice as my husband is from there, so you can say that love will make you do crazy things," she says. "I find that Calgary has been a place of encouragement in a way that is different for me than in New York. People are hungry for something fresh and different, whereas in New York, it is just an expectation.'

SHOP IT: laurenbagliore.com

TRUSTY TRAVELLER

Jolie Clarabella leather bag, \$475, eluxe.ca



DREAM TEAM

You can feel the love in husband-and-wife duo Kristen Mackie and Martin Kresalek's creations. The playful trinkets channel a vintage vibe. Eliaz and Ella Wild Call chain necklace, \$27, eliaszandella.com

long weekend

Wherever you go, here's what to take so you're ready for action! -VANESSA TAYLOR





Cutler and Gross cat-eye sunglasses, \$575, cutlerandgross.com/shop

pack this!



Banana Republic Ikat short, \$62, bananarepublic.ca



FRESH & CLEAN The Body Shop Tea Tree Cleansing Wipes, \$13, thebodyshop.ca

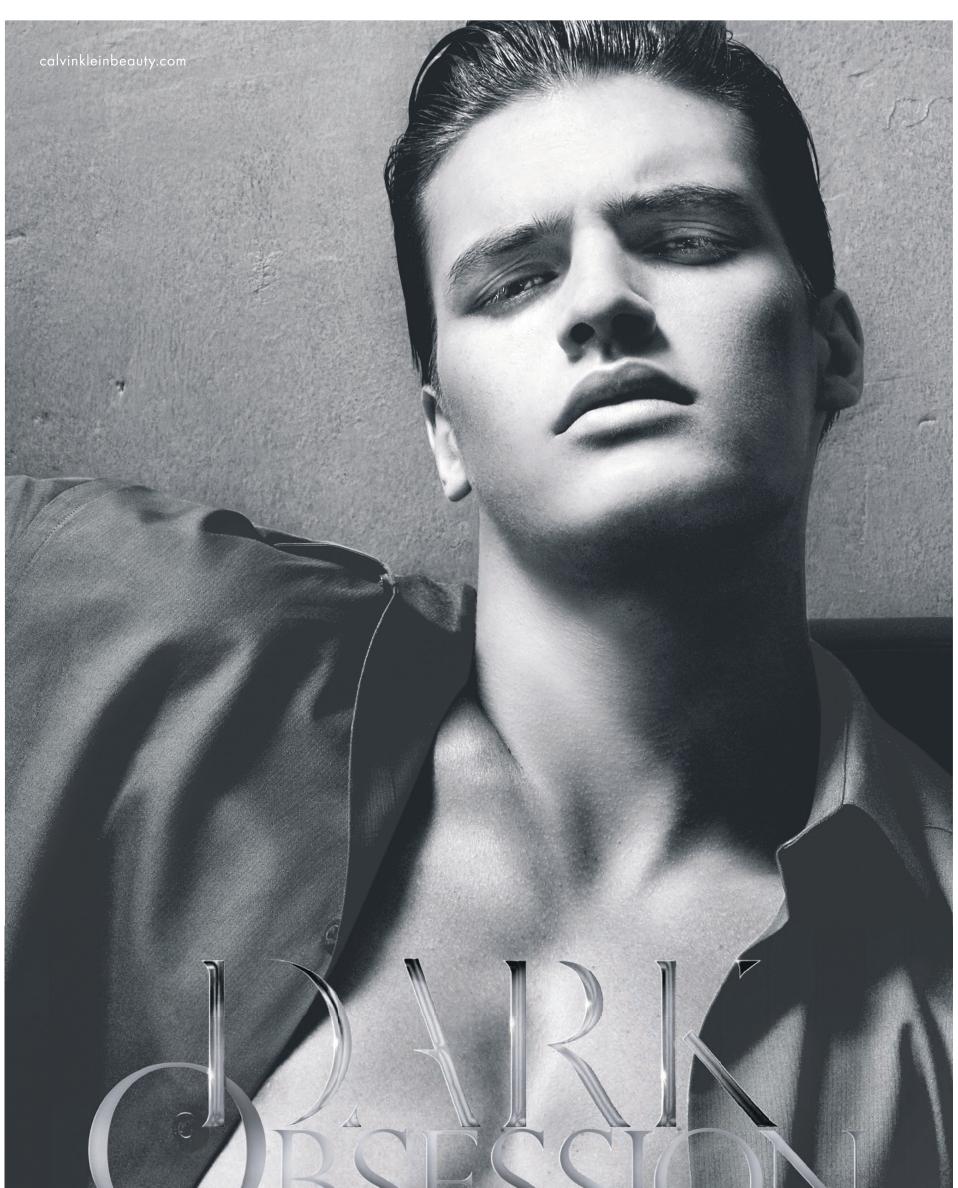


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Linda Rodin

Founder and creator, Rodin Olio Lusso, New York

THE COVETEUR



At 65 years old, Linda Rodin seems to only be getting cooler with age. When Linda was a little girl, her mother owned an antique shop, and it's easy to imagine her developing her style amidst an atmosphere of beautiful artifacts and heirlooms. After a long career in fashion as a model and stylist, Linda is now concentrated on her eponymous line of skincare products. She is also garnering attention for her impeccable personal style, modeling for the likes of Karen Walker, Coach, and J.Crew. Linda is the embodiment of eternal cool and I can't wait to see what lies ahead for her. —As told to The Coveteur by Ari Seth Cohen of Advanced Style

CLOCKWISE

Linda Rodin relaxes

in a Prada sweater and Anine Bing pants; jewellery by various designers; Repetto shoes and a vintage

cuff; Rodin's dog, Winky, sits with a

Jacobs shoes.

Gucci bag and Marc



See more of Rodin's style on TheCoveteur.com web

Third: get (temporarily) tanned. If you'd rather not fuss with self-tanner, there are some lovely wash-off body bronzers. A celeb-favourite (and mine, too) is Prtty Peaushun, a gorgeous, moisturizing lotion that delivers a streak-free sheer sheen. Caudalie Divine Legs Tinted Body Lotion gives you an outrageously sexy, south-beach bronze sheen with a sultry-sweet scent, too.

As always, excellent advice from the



THE KIT on instagram

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SE BEAU Get celeb tips and tricks from the MuchMusic Video Awards at thekit.ca.



Alex Laws hides a chipped mani with new B.C.-based vegan-friendly LACC nail polish.



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LEG ĨĨRK CERI MARSH

Usually this column contains my own research and reporting back on various beauty and style trends that face The Kit readers. But sometimes I come across a dilemma too daunting to take on alone, so I bring in the big guns. This time I turned to the all-knowing Janine Falcon, regular beauty contributor at The Kit. Just call her Dr. Beauty.

DEAR DR. BEAUTY,

Summer is here and shorts are now an acceptable fashion statement, day or night. Other than meditating on selfacceptance, what can a woman do to feel more comfortable about her legs? Very pale, very dry, Ceri

DEAR CERI:

First things first: get smooth. Some people rely on lasers, some wax, and some use cream depilatories. I have a daily date with a multi-blade razor. With most types of hair removal, you have to wait for regrowth. With a razor, your legs can be smooth whenever you want. And if you use a shaving cream, you'll get an even closer finish. It helps the razor to glide, keeps skin moisturized and lifts the hair up so the blades can get closer to the root.

Second: get soft. If you're going to apply colour, you want to do it on wellhydrated skin so you don't get a patchy, faux wood-grain effect. Exfoliate in the shower, but lotion up when skin is still damp. Wait about 15 minutes for all the moisturizer to sink in.

Doc. Switching over to a tinted body lotion does in fact smooth away imperfections-razor nicks, uneven colour-that we all have. I took a pair of navy silk shorts out for dinner the other nightsomething I would have felt inappropriate about a year ago. The wedges and fitted jacket I wore it with helped dress them up. But not as much my polished, lightly tanned legs. Just for the night.

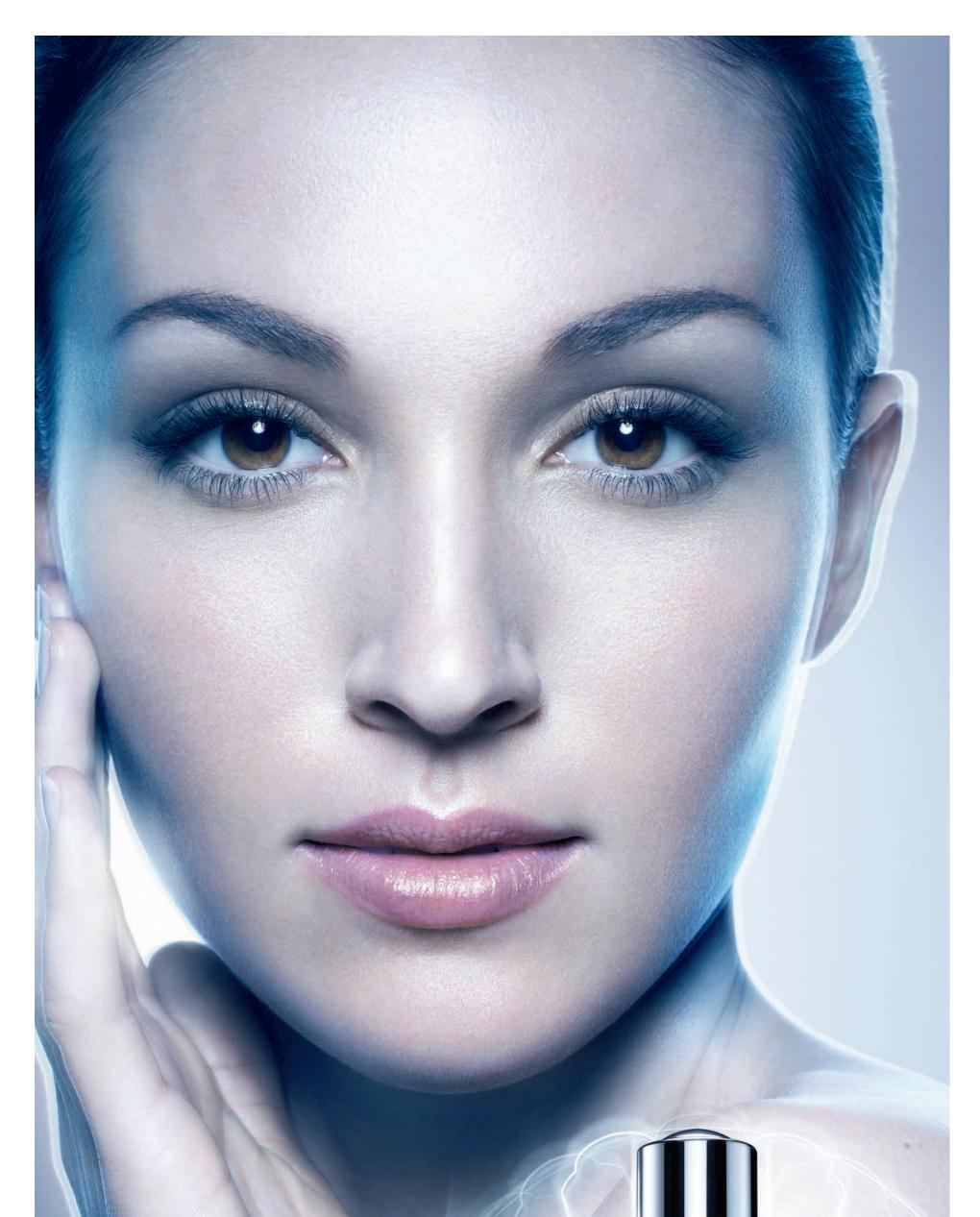
Ceri Marsh is a bestselling author and co-creator of the food and family website SweetPotatoChronicles.com



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