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a new fragrance

for men

Calvin Klein



what we want this week TV MANI-F

Start the summer off right with salon-like



1. HANDY TOOL Clippers with a no-slip, silicone handle make trimming easier than ever. Avon Comfortable Grip Nail Clipper, \$4, avon.ca 2. TRIM & TIDY Clip away cuticles for a perfectly prepped nail bed. Avon Comfortable Grip Cuticle Nipper, \$7, avon.ca 3. SKIN SOFTENER This nourishing cucumber and green tea balm loosens stubborn cuticles. Sally Hansen Cuticle Eraser + Balm, \$9, at select drug stores and mass retailers 4. SMOOTH MOVES With 12 interchangeable files, say goodbye to dry skin and hello to sandals. Avon Flawless Feet Pedicure Orb \$8, avon.ca 5. SEAL THE DEAL Get extra mani mileage with a coat of high-shine sealant. Sally Hansen

Complete Salon Manicure Ultra-Wear Top Coat, \$9, at select drug stores and mass retailers 6. MIX & MATCH Pick opposite shades on the colour wheel for your fingers and toes. China Glaze Nail Lacquer in Tart-y For The Party (left), \$9, at beauty salons; Nars Pierre Hardy Nail Polish in Sharks Yellow, \$32, narscometics.ca 7. SCRUB UP Refresh tired toes with this dried-orange-peel scrub, laced with moisture-replenishing oils. Moroccanoil Body Buff, \$42, at spas and fine salons. Moroccanoil.ca 8. HAPPY HANDS Nourish dry palms with soothing shea butter, macadamia oil and sweet marshmallow. Soap & Glory Hand Food, \$10, soapandglory.com

-NATASHA BRUNO/PHOTOGRAPHY BY ADRIAN ARMSTRONG

web Get more inspiring ideas at thekit.ca



"Eating at a university cafeteria this year has taken a toll: I've put on a little weight and my favourite dresses don't fit. What garments are worth buying while I work on a yoga routine to melt away the pounds?"—Marsha

DEAR MARSHA:

Most of us can relate to this rude awakening that you're getting now that summer is almost here and we're all taking especially long, hard looks in the mirror. But stay positive: Weight can come off as quickly as we put it on. All it takes is focus and willpower.

But in the meantime, if you're looking for a temporary fashion fix, go for the types of garments that can be easily taken in once you drop a size or two. Simple shift dresses are great for this, and there are all kinds of floaty tops around that can help hide those extra inches. I wouldn't go overboard purchasing too many new pieces if you're sure your size is going to change. But investing in a few good basics that can be altered later is definitely worth your while.

If you're looking for clothes that will just carry you through the summer, go for great pops of colour. Hopefully, you can find these garments on sale at this point, so you don't have to spend a bundle on clothing that you'll be casting off this fall, when a darker colour palette-including plenty of blackwill be the big story. I'd indulge in melon, mint, and lemon for the weeks ahead very hot shades this season.

You also may be interested in looking for some fine knits that will be forgiving now, but will still look good even when you do go down in size.

Try finding lightweight cardigans that won't be too size sensitive, so you'll be able to wear them at any weight. Of course, skirts with elasticized waistbands are always welcome for those whose weight tends to fluctuate.

Most importantly, get yourself some



fabulous yoga wear to help inspire you on your mission. Every little bit of motivation helps. Just keep your eye on the prize by thinking of how good it'll feel to get back into those favourite old dresses this fall. Good luck with your goal!

Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the Toronto Star and host of Fashion Television Channel. Follow on Twitter @Jeanne Beker

radar

COVERGIRI

GAME ON

Get ready for the Capitol Collection from CoverGirl inspired by The Hunger Games: Catching Fire, the second installment of the popular movie franchise starring Jennifer Lawrence Few details have been announced, but be on the lookout because the movie opens in North America this November. We can't wait to recreate Effie Trinket's diva-tastic looks! -April Corner

FASHION RANKS

Forbes magazine recently released The World's 100 Most Powerful Women of 2013 list and it comes as no surprise that many of fashion's biggest names made the cut. Fashion mogul Tory Burch is ranked at no. 69, with Diane Von Furstenberg close behind at no. 74. European heavyweights like Angela Ahrendts, the CEO of Burberry Group, came in at no. 53, and Miuccia Prada, owner and designer of Prada, at no. 58. -Lauren Harasty



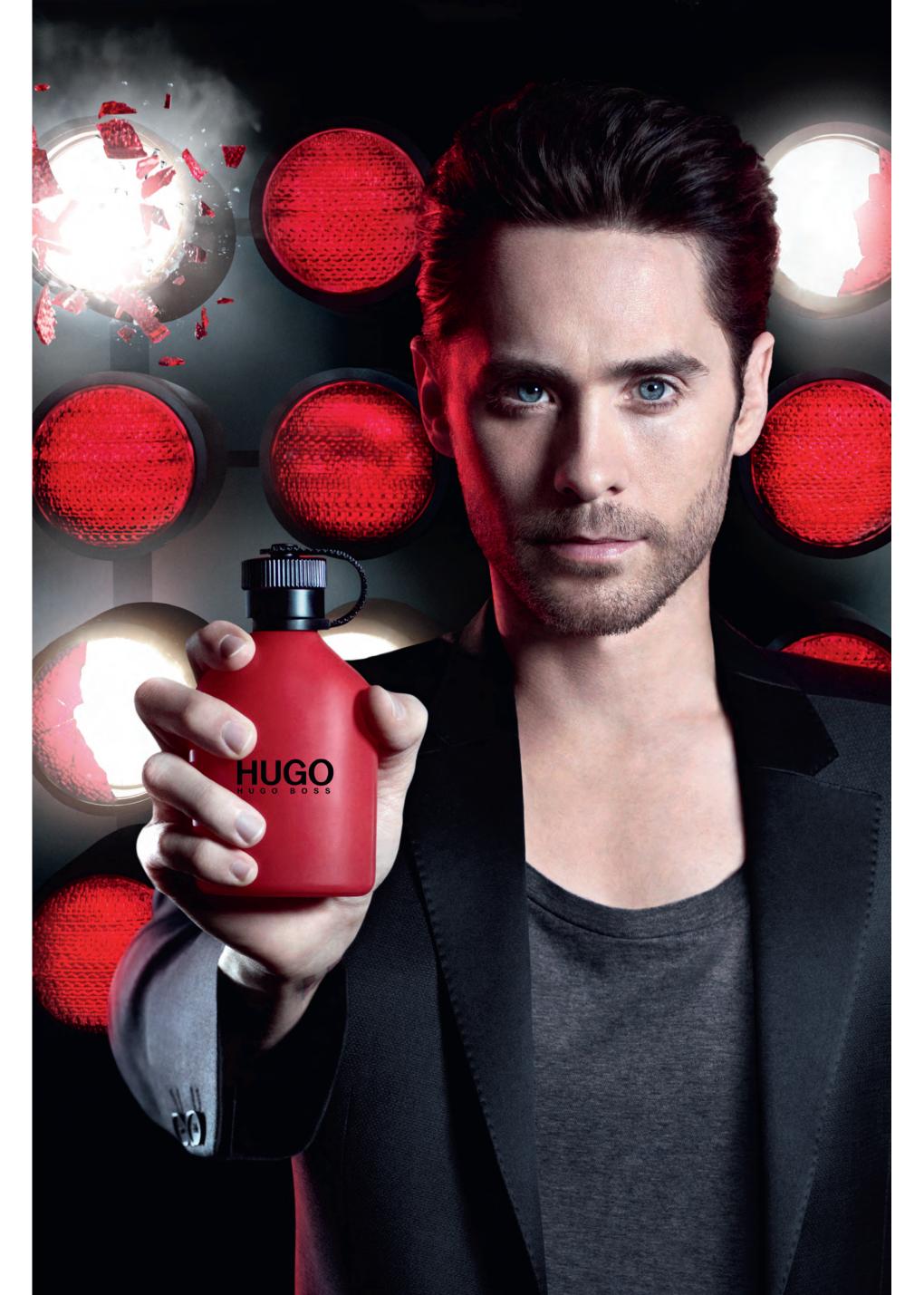
POLISH &

Looking for beauty products that will get your summer groove on from top to toe? Blockbuster brands Ralph Lauren and Essie Canada have you covered with a limited edition collaboration. Essie Canada nail artist Rita Remark matched a polish to each scent of Ralph Lauren's Big Pony Fragrance Collection For Women. Saddle up! 50 mL body mist and nail polish, \$67, at Hudson's Bay and Sears. —Deborah Fulsang

Who could forget when Kate Middleton announced her engagement to Prince William in a royal blue Issa London wrap dress? The body-hugging number sold out almost immediately and skyrocketed the label to fashion stardom. But after seven successful years Daniella Helayel will be stepping down from her throne as the company's creative director. She's not done just yet, though: In August her collaboration with Banana Republic makes its debut, so you can dress like Kate (without spending like her). -Courtney Greenberg







RED MEANS GO

HUGO RED

THE DARING NEW FRAGRANCE FOR MEN FEATURING JARED LETO



shoe, \$118, at Ann Taylor stores

Spotted in Paris,

ONC minute miracle



BIKINI FIX

Nix red bumps and ingrown hairs for good. Drenched in skin-calming antioxidants like green tea and oat extract, and smoothing alpha and beta hydroxy acids, these pads can be used on any post-waxed or post-shaven areas that threaten to make your bikini line look less than brilliant.

—ASHLEY KOWALEWSKI Bliss Ingrown Eliminating Pads, \$45, blissworld.com, at Sephora



ON THE COVER

MAKE A SPLASH

Spending a week at a luxury retreat or a weekend lounging by the beach? We've got the perfect suit for every poolside personality vanessa taylor • photography: chris nicholls



If a basic bikini just won't do, this stunning monokini sure will. These strong, graphic lines are a great way to cheat major curves and create an enviable hourglass figure

Aqua Di Lara White Label Diamante monokini, \$285, aquadilara.com; Oliver Peoples Braverman sunglasses, \$460, at Josephson Opticians stores, josephson.ca; Mocha by Cocoa for Target Canada Juliet earrings, \$10, target.ca



BOND BABE

Part femme fatale, part retro-glamazon, this one-piece is paparazzi-friendly. Check out the flattering panels and lacing that lets you adjust how much cleavage to show as the day turns to night

Tommy Hilfiger swimsuit, \$198, 212-223-1824; Mykita Karen acetate sunglasses, \$545, at Josephson Opticians stores, josephson.ca; Carole Tanenbaum vintage collection tiered ll earrings, \$300, at TNT and White Toronto, caroletanenbaum.com; Cocoa Jewelry cuff,



UPTOWN GIRL

Evenings by the pool call for crisp white outfits with shimmering gold accents. Pair your bikini with airy basics like these palazzo pants for a glam cocktail-hour ensemble

L*Space by Monica Wise De Janeiro Henna bandeau, \$98, at Sandpiper Swim; Old Navy cardigan, \$30, oldnavy.ca; Tommy Hilfiger grosgrain stripe pant, 212-223-1824; Carole Tanenbaum vintage collection earrings, \$450, at TNT and White Toronto, caroletanenbaum.com; Elsa Peretti Bone Cuff in 18-karat yellow gold for Tiffany & Co. \$14,300, at Tiffany & Co., tiffany.com



suits you!

We did the hard part: scoured the racks to bring you the ultimate suits for any body type. Vintage to sporty—you're sure to wow! by vanessa taylor

IF YOUR SHAPE IS:

Hip and hot vintage-inspired details—1960s prints, high waists and lower-cut legs— perfectly disguise a fuller midsection



COLOUR-BLOCK QUEEN This one-piece instantly draws the eye inward, giving you a long, lean silhouette.

One-piece in Brazen Blue,

\$118, at Ann Taylor,

anntaylor.com

VINTAGE VIXEN These higher-waisted briefs conceal a tummy, and the top gives you a boost. Huit Cleopatra padded air bra, \$118, and brief, \$60, at Premier Jour, pjlingerie.com

TANK IT EASY Tankinis are perfect for

those who want the look of a bikini but with a little more coverage. Tankini top, \$28, and bottoms, \$22, at Old Navv. oldnavv.ca

IF YOUR SHAPE IS: *HOURGLASS*

Classy wraparound details play up your assets, while lower-cut bottoms are also flattering



SNAKE CHARMER The cross-front neckline is flattering on a larger bust while the belt detail defines the waist. Belted swimsuit, \$45, at select Winners, winners.ca



This two-piece is ideal thanks to minimal detail on the hips and a higher-cut leg. Huit Smarty padded air bra, \$103, and brief, \$48, at Premier Jour, pjlingerie.com

MIRACLE WORKER The pioneer of flattering swimsuits has ruching to emphasize the waist and full-support cups. Miraclesuit Escape swimsuit, \$180,



Flirty skirts, cutouts and ruffles will create the illusion of curves on a straight, boyish figure

SLEEK & SIMPLE



FRILL SEEKER Ruffles create the illusion of a fuller bust while tie details at the hip create shape. Shan string bikini, top, \$140, and bottoms, \$130, at Brava Boutique

CURVE CREATOR The bandeau and miniskirt on these bottoms are playful but not matronly Seafolly Rocococo Rose bandeau, \$109, and skirted bottoms, \$97, seafolly.com

SHAPE SHIFTER Made for athletic figures! Cut away details add curves to the midsection, as do the horizontal stripes. Roxy Sun Rebel strapless swimsuit, \$78, roxy.com

IF YOUR SHAPE IS: PEAR

Textured tops—crochet, frills and ruched necklines—draw the eye to narrow shoulders and away from hips and thighs



ONE-PIECE WONDER The ruching detail and halter neckline keep the focus up top. Miraclesuit Magicsuit swimsuit, \$166, cyberswim.com



HOLY CUTE The ruffled top is ideal for a smaller bust and fuss-free bottoms flatter. Roxy Sweet Terrain tankini, \$48, and Sweet Terrain boy brief in

Bubble Gum, \$38, roxy.com



THE FIX

The singer chats about a new opportunity to combine her two passions: music and fighting animal testing BY JANINE FALCON

that The Body Shop created the first

from deer. And for me, white musk

to wear it every day.

represents my teenage years—I used

Do you have favourites from The Body

Shop, your collection and in general?

Musk Libertine smells gorgeous. From The Body Shop in general, the Brazil

What are your go-to makeup moves?

mascara, and a light, light gloss. I do like

flick. That's probably my signature look.

Have you always been an eyeliner pro? I had this friend Katy who used to have

the most immaculate eyeliner. And she

did it on the train. I once tried to do

that, but I ended up looking a mess.

a bit of gel eyeliner on top with a little

I feel like I can never be too brown,

so I'm a bronzer addict. I love a bit of

Out of my own collection, the White

Nut Body Butter. It's so hydrating.

synthetic musk; it was originally taken

On top of winning Britain's The X Factor Tell us about the packaging. I helped with the design, the motif and the logo. The deer image celebrates

and getting three Grammy Award nominations, Leona Lewis has become an amabassador against cosmetic animal testing. The 28-year-old, who recently collborated on a collection with The Body Shop, spills.

The Kit: When did you commit to only

using what's not tested on animals? It started with being conscious of fashion and making the transition to stop wearing leather. After that came the cosmetics. I just kind of became more and more aware of making cruelty-free decisions.

How does it feel to have a company like The Body Shop offer you a platform to share your views?

I'm as passionate about animals as I am about music-I have been since a really young age. Now I'm getting to campaign with The Body Shop about animal rights and a cruelty-free world. It's a dream. I have an animal sanctuary called Hopefield, with a few hundred rescued animals, mainly horses. It gets funding through the collaboration, and I got to do a makeup range, too.

So I definitely had to practice!





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EXPERT GUIDE

tips & tricks for

Sunny days are almost here! Be ready for them with our insider advice on manis, tanning and hair-removal

BY DEBORAH FULSANG

Joan Smalls



l. BANISH IN-GROWNS "Wash with a bath glove and a body scrub. You'll remove dead skin that can prevent hair from pushing through." -ERICA AZEVEDO,

2. MAKE YOUR WAX LAST LONGER Waxing every four to five weeks is optimal. "Hair should be one centimetre long." -JULIA DEVIZOVA, RAINSPA.CA

"Use a metal foot file on your feet." Or just try a loofah bath mat and exfoliate while you wash. HANNAH DERBY, PURENAILBAR.COM

> 4. GO NUTS! "Coconut oil is antiviral, anti-microbial, and antifungal—great for acne, in-grown hair and skin irritation. It can smooth skin and reduce signs of stretch marks." -ERICA AZEVEDO, WAXING-CLINIC.CA

D. MAKE YOUR MIT A HIT "After you apply self

GEEBEAUTY.COM

tanner, gently buff down your body for a streak-free tan." -NATALIE GEE,

"Avoid the mouth when applying self tanner as we collect a lot of natural darkness there." -NATALIE GEE, GEEBEAUTY.COM

Get 20 more tips at kit2it.com/

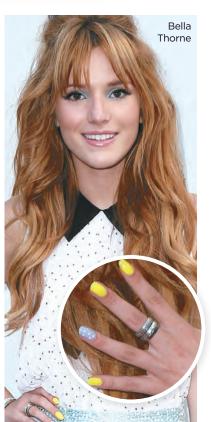
more-beauty-tips

7. PLAN YOUR SPRAY DAY If it's that time of the month, your tan may not last as long. "Hormones can affect the staying power of your spray tan." -LAURA DOWNING, SUNDROPS.CA

8. BE A BUFF A double-sided buffer keeps your nails looking smart without polish. "Use the lightly abrasive side first, and then the smooth one." -JENNY BENATTAR, ROUGENAILBAR.COM

9 slather on spf "We often forget to put SPF on our hands and feet. They end up with pigmentation marks." —SAM GLOBA, CONCEPTSTORONTO.COM

"Shellac lasts longer than regular nail polish (two to three weeks) without chipping but no drying time. -JENNY BENATTAR, ROUGENAILBAR.COM



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NEW YORK

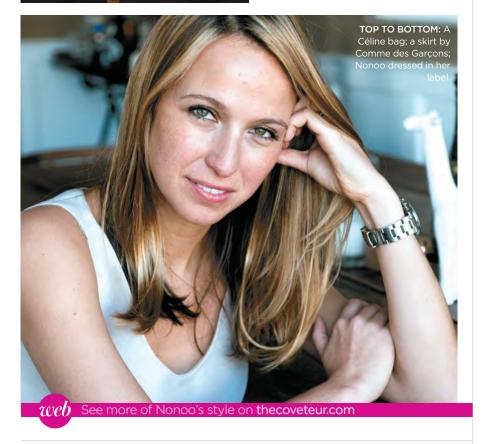
see the science at elizabetharden.ca







Misha Nonoo has a thing for hats. Her quirky assortment ranges from pilot to Star Wars and she's even got a few Philip Treacy toppers perfect for a Royal Wedding-like affair. (She and her husband did actually attend the nuptials of William and Kate.) The Bahrain-born, Londonbred designer had her own fairy tale-like wedding, complete with a performance by Lana Del Rey. Showing the photo album of her big day, she says, "I designed my own gown, which was made entirely out of my three favourite types of lace: Chantilly, Binche and Guipure. Designing my own wedding dress encouraged me to start my own signature eveningwear collection, which launched this February."



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Publisher, The Kit Giorgina Bigioni

Direct advertising

enquiries to: Associate Publisher

a division of Toronto

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Star Newspapers

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Christine Loureiro's favourite shoes went to the big shoe store in the sky.



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STYLE PHILOSOPHY

HOW TO GET CASUAL WORKWEAR RIGHT

BY CARRIE KIRKMAN

Our workplaces are embracing a more casual look—so much so, it seems the workwear rulebook has been thrown out. But the truth is, there is still such a thing as a fashion faux pas and nowhere is this more apparent than in the workplace.

No matter how casual your office is, it's still the place where your personal brand and professionalism is observed and judged. Sure, the office style paradigm might be less about powersuits and more about personality nowadays, but, it's a mistake to think there are no boundaries to observe.

Here are three of my "what not to wear" rules for the workplace, with suggestions on what you can wear instead to put your best foot forward.

LEAVE IT AT HOME:

Leggings as pants, distressed denim, shorts

TRY THIS INSTEAD:

Classic, solid denim is more professional and polished. In the summer, try white jeans, as shown in this look from Jones New York. White denim is a great neutral base for fresh and vibrant colour, like a gorgeous paisley blazer.

Leggings-as-pants is one of my ultimate nonos. However, leggings layered under tunics or dresses offer a great way to wear a shorter hemline at work. Add a fabulous embellished sandal and you're summer-ready.

Jones New York printed blazer, \$179, Signature Easy Care





LEAVE IT AT HOME: Boring basics

TRY THIS INSTEAD:

If you find you're stuck in a wardrobe rut, force yourself to break free. Great staples are a good foundation, but try adding something more fun and interesting to personalize and complete your look.

If you always wear dark colours, add one bright or patterned piece. This short-sleeved RACHEL Rachel Roy top is punched up nicely with the patterned trousers, taking things far beyond merely basic. Once you begin to embrace change, you'll develop an appetite and eye for experimentation.

RACHEL Rachel Roy lazer-cut top, \$109, and twill trousers, \$119.

LEAVE IT AT HOME: Anything that shows too much skin

TRY THIS INSTEAD:

In the office, opt for a more conservative style. You can wear your favourite camisoles and tank tops if you layer them to appear more modest. If you're transitioning from day to evening, rework those layers to show a little more arm or décolleté.

This Anne Klein outfit layers a cardigan over a tank top, with the gold buttons elevating the pairing. With such a "together" look on top, you can push boundaries with a bold print on your bottom half.

Anne Klein three-quarter sleeve V-neck cardigan, \$99, scoop-neck tank top, \$39, and Leo skinny jeans, \$99.

You never know who you're going to meet on any given day, so always dress to make a strong first impression. Build your individual brand in a way that marries with your style and sensibility. And finally, don't forget the details: A great outfit may be the star, but your accessories are the supporting cast.

Carrie Kirkman has more than 25 years of experience in brand building for top fashion labels. Follow her on Twitter: @CarrieKirkman





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