

# mr KIT

BEAUTY  
FASHION

## SUITS YOU

Amp up  
the summer  
staple with  
bold add-ons  
PAGE 6

## SCENT SHOP

Get him out of  
his cologne rut!  
PAGE 10

# MAKE DAD'S DAY

In a tribute to the men we love (and who, like doting papa David Beckham, love their kids), we rounded up 39 genius gift ideas—from shoes to shaving accessories—that are sure to put a smile on his face

PAGES 3-10



# NAUTICA

FRAGRANCES FOR MEN



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ASK JEANNE

*“I object to my partner’s casual footwear. At work, he looks polished in slacks and shoes with no socks. On weekends, to brunch dates with me, it’s flip-flops. How can I convince him to try something else?” —Marianne*

**DEAR MARIANNE:**  
As much as our own fabulous footwear is meaningful to us women, I do agree that very often, the shoes make the man as well. It’s one of the first things we look at, and the type of shoes the man is wearing—and what shape they’re in—speak volumes about a man’s personality, style savvy and attitude in general. Evidently, your guy is keen on comfort, and understandably so. The no-socks trend speaks of ease and a certain kind of cool, though the look doesn’t appeal to everyone. Still, if this is his idea of chic, just make sure he’s aware of potentially stinky feet by using talcum powder and washable terry cloth sole inserts. Of course, going sockless in the winter months is pretty weird, and does look like a guy might be trying too hard. But in the warmer months, it’s perfectly fine for your man to shed his socks, even with a suit, if the suit is slim fitting and fashion forward, since going sockless is a fashion forward notion to begin with. (And no socks with a baggy old suit can look pretty darn creepy.) Now when it comes to flip-flops, that’s another story. While that sort of ultra casual footwear is great for the beach, it doesn’t always speak of a guy being slick and stylish. Still, I’ve seen some men pull the look off, if their feet are in good shape. If not, well, that’s tantamount to a lady wearing sandals and being in desperate need of a pedicure! If your guy insists on wearing flip-flops, you might want to get him a gift certificate for a pedicure, just so he gets the hint. Otherwise, all you can do is suggest other types of casual footwear that do turn you on. Just point out how off-putting and unsexy you find thong sandals away from the beach. Gifting him with a pair of cool Converse sneakers or smart deck shoes or fab leather sandals might do the trick. Surely your honey is eager to please you. But if he still insists on sporting flip-flops, I’m not sure there’s much you can do. Some guys are adamant about digging their heels in and going strictly for the



comfort factor. And flip-flops can indeed score big points in that department, especially on a sweltering hot day. If your partner is hell-bent on wearing this flimsy footwear, just make sure his flip-flops aren’t shabby and they fit him properly. Toes or heels hanging over the edge only add insult to injury.

Send questions to [askjeanne@thekit.ca](mailto:askjeanne@thekit.ca). Jeanne Beker is a contributing editor to the *Toronto Star* and host of Fashion Television Channel. Follow on Twitter @Jeanne\_Beker

John Bartlett Spring 2013



WOOL & PRINCE

Finally, an answer to the prayer of every guy (and gal)! Wool & Prince has created a button-up shirt that can be worn for 100 days without being washed. The start-up company sourced an anti-wrinkle, anti-odour, soft, thin, light wool fabric to make laundry a thing of the past. Initial orders sold out fast but the second shipment arrives late fall so mark your calendars! —Courtney Greenberg



MALE MODELS

In keeping with the fashion industry’s growing obsession with androgyny, womenswear label Proenza Schouler has chosen unconventional models in the all-male indie rock band Deerhunter. Photographer Robert Semmer shot images of band members wearing women’s pieces from the Fall 2013 collection. Catch one on the back cover of Deerhunter’s latest album, *Monomania*. Visit [4ad.com/artists/deerhunter](http://4ad.com/artists/deerhunter) —Jane Makela

TOP 8

what we want this week  
BOYS’ CLUB

Keep the men in your life looking dapper with polished accessories



1. **SPICE IT UP** Invigorating bitter orange and lavender mix with a sensual sage-and-spearmint heart. **Prada** Luna Rossa eau de toilette, \$88 (100 mL), at Hudson’s Bay, [sephora.ca](http://sephora.ca)  
2. **FRESH SNEAKS** Take casual steps forward in classic lace-ups with a twist. **Prada** sneaker, \$530, at Harry Rosen, [harryrosen.com](http://harryrosen.com)  
3. **SLEEK SATCHEL** This vibrant messenger bag exudes laid-back style with uptown sophistication. **Marc by Marc Jacobs** leather bag, \$465, at Holt Renfrew  
4. **TICK JOCK** This slim, water-resistant watch is perfect for the sports enthusiast. **Swatch** Rebirth Blue Plastic Chrono

watch, \$135, at Swatch stores. 5. **LOOKING COOL** Let shielding the rays be your excuse to don this lightweight fedora. **Old Navy** straw fedora, \$20, [oldnavy.ca](http://oldnavy.ca) 6. **SMOOTH OPERATOR** Refresh skin and reduce pores for an enviable complexion. **Biotherm Homme** Total Perfector Skin Optimizing Moisturizer, \$55, at drugstores, [biotherm.ca](http://biotherm.ca) 7. **HAIR DRESSER** Get seriously suave locks. **Dove Men+Care** Fortifying Styling Paste, \$9, at mass retailers. 8. **INSTANT TUDE** Classic aviators are updated with a fresh splash of colour **Cutler and Gross** sunglasses, \$550, at [Cutler and Gross](http://Cutler and Gross)

—NATASHA BRUNO/PHOTOGRAPHY BY ADRIAN ARMSTRONG

web

Get more gift ideas and find out what your pick says about you at [kit2it.com/for-dad](http://kit2it.com/for-dad)

radar



DIVE INTO JUNE

Make a splash this summer with your best swimsuit ever and beach-ready body. We’ve done the leg-work for you. For more, check the June issue of The Kit interactive magazine. Download the app or read it at [thekit.ca/newissue](http://thekit.ca/newissue). We’re free on all platforms.

MR. PORTER MON AMI

Mr. Porter, online retailer and hub of men’s style, has teamed up with French ready-to-wear menswear label Ami for an exclusive summer collection. Designed by Alexandre Mattiussi, who worked for Dior, Givenchy, and Marc Jacobs, Ami is created with real men in mind (read: stylish, cool, French men). The 13-piece collection is easy, versatile, and impeccably tailored, and can be shipped express to your door. —Lauren Harasty



# the edit

web

For a roundup of hot shaves across the country visit [kit2it.com/clean-shaven](http://kit2it.com/clean-shaven)



Joseph Gordon-Levitt

## SPOTTED

# CLOSE SHAVE

There's something so nuzzle-worthy about a freshly shaven face. Now, these high-tech essentials make the ritual itself even more enjoyable —ASHLEY KOWALEWSKI



**BALM BOOST**  
This rejuvenating balm purifies and invigorates with therapeutic ingredients of purslane, centella and blue alpine thistle. **ClarinsMen** After Shave Energizer, \$32, [clarins.ca](http://clarins.ca)



**SENSITIVE SIDE**  
Relieve burning irritation instantly with this quick-absorb, vitamin B5-infused balm. **Dove Men+Care** Post Shave Balm, \$10, at mass drugstores, [dovemencare.com](http://dovemencare.com)



**QUICK HIT**  
Vitamins C and E set to work revitalizing and moisturizing while this gel-like formula is quick to absorb with no oily film. **Acqua di Parma** Colonia Essenza Face Emulsion, \$74, at Holt Renfrew stores



**CLEAN CUT**  
With five blades to get the closest shave, this futuristic razor also has a built-in Braun trimmer, so even if you have stubble or a beard, the finish is sharp. **Gillette** Fusion ProGlide Styler, \$25, at mass drugstores, [gillette.com](http://gillette.com)

## THE ESSENTIALS

# GENIUS GIFT SHOP

Tired of Father's Day presents staying in the box? Give an essential item a stylish upgrade—et voilà—he'll use it everyday —NATASHA BRUNO

## STRIPE IT UP

IN WITH: PRINTED T-SHIRT  
OUT WITH: WORN-OUT TEE

Forget white. Inject colour with a playful crew neck T-shirt he'll be sure to wear all summer long. **H&M** multi-coloured cotton T-shirt, \$13, at H&M



## SMOOTH OPERATOR

IN WITH: TRADITIONAL SHAVING KIT  
OUT WITH: DISPOSABLE RAZORS

Make his daily routine an indulgence with a fresh-from-the-barber wet shaving kit. **Hommage** razor and brush shaving kit, \$600, at Harry Rosen, [harryrosen.com](http://harryrosen.com)



## WEEKEND WANDERER

IN WITH: A LEATHER CARRY-ALL  
OUT WITH: THE OLD GYM BAG

A leather duffle is the perfect companion for weekends away, and for the traveling professional. Plus, leather only gets better with age. **Jack Spade** leather duffle bag, \$495, at Holt Renfrew



## SO FRESH & SO CLEAN

IN WITH: DESIGNER WASH  
OUT WITH: BASIC SOAP BAR

Condition hair and cleanse the body with this paraben-free wash, enriched with coconut, aloe vera, and vitamin E. **Kiehl's** Cross-Terrain All-in-One Refueling Wash, \$13, [kiehls.ca](http://kiehls.ca)

## DANCING SHOES

IN WITH: BRIGHT AND STREAMLINED  
OUT WITH: CLUNKY SQUARE-TOE

Classic oxfords are updated with coloured soles and neon accents. **Cole Haan** Carter Saddle in peacoat and cobalt, \$198, at Hudson's Bay



## GO MAD FOR PLAID

IN WITH: SLIM-FIT PATTERNED SHIRT  
OUT WITH: DRESSY BUTTON-DOWN

This poppy plaid shirt pairs well with a slim-cut blazer and khakis for the office, or try rolled-up sleeves and dark denim for the weekend. Pure multi-coloured plaid cotton shirt, \$150, at Hudson's Bay



# Refresh YOUR REGIME

TRUST THESE TOP-SELLERS  
TO INSTANTLY REJUVENATE  
YOUR MAKEUP KIT

Your best asset this season? You—with a little help from the best products on the shelves. Top-secret formulations, unique ingredients and superior shades will keep you groomed to perfection.



## CUSTOM COLOUR

Why shouldn't your eyes get the bespoke treatment? Stila's innovative new colour pigments are custom-pressed and baked, so no two pans are alike. Blend, layer or wear each vibrant shade alone for long-wearing wow factor. **Stila Countless Colour Pigments**, \$29 each

## DIVINE INTERVENTION

Dry oils are like candy for your face, body and hair. Caudalie Divine Oil contains a blend of grape, hibiscus, sesame and argan oils that balance your own oil levels. The result? Skin that's soft and smooth all day long. **Caudalie Divine Oil**, \$52



## BLACK MAGIC

By day, the fluorescent pigments in Stila's latest lip colour creates a pop of colour three times brighter than other lip colours. By night, the black light sensitive pigments make the product glow when exposed to UV light. **Stila After Glow Lip Colour**, \$24 each, in six shades



## BRONZE AGE

There's a reason this bronzer has been a bestseller for years: The formula strikes a subtle balance between colour and transparency, fine texture and staying power—so you look naturally sunkissed in seconds. **Guerlain Terracotta 4 Seasons in Ivoire**, \$82



## MUD MASK

There's no better cure for clogged pores than mud—and this clearing treatment decongests, detoxifies and leaves your skin clear and radiant. Spot-treat blemishes or use as a full face mask for a gorgeous glow. **Glam Glow Gorgeous Super Mud Clearing Treatment**, \$69

## SOFT FOCUS

To get the softest skin, you've got to do some sloughing. Peach leaf, apricot seeds and chestnut flakes in Perfect Body Exfoliating Cream do just that. And urea and hyaluronic acid in the Silky Lotion provide long-lasting hydration. **Darphin Perfect Body Exfoliating Cream**, \$58, and **Body Moisturizing Silky Lotion**, \$54



## CURVE BALL

While there's no forever-cure for cellulite, the powerful plant extracts in Clarins Body Lift target the different stages of cellulite, resulting in tightened, smoother skin. Yes, please! **Clarins Body Lift**, \$65



## SPLISH SPLASH

If you loved last summer's Mermaid's Dream collection, you'll love these followup mermaid-inspired hues, including Do the Mermaid (left) and Mermaid's Dream (right). **Deborah Lippmann Mermaid's Dream Collection**, \$22



## PINK STANDARD

Everyone (yes really, everyone) looks good in pink. And with full-size versions of Full Exposure Mascara, Reflection High Shine Gloss, Limited Edition Blush and Be Legendary Lipstick, this kit is a total no-brainer for the girl-on-the-go. **Smashbox Studio Selects: Pop of Pink Kit**, \$44



## BIG BEAUTY EXCHANGE



RECEIVE UP TO  
**\$110**

IN EXCHANGE FOR  
50,000 OPTIMUM POINTS\*  
THAT'S AN EXTRA \$25  
FOR USING YOUR  
OPTIMUM POINTS NOW

RECEIVE UP TO  
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95,000 OPTIMUM POINTS\*  
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FOR USING YOUR  
OPTIMUM POINTS NOW

RECEIVE UP TO  
**\$330**

IN EXCHANGE FOR  
142,000 OPTIMUM POINTS\*  
THAT'S AN EXTRA \$75  
FOR USING YOUR  
OPTIMUM POINTS NOW

\*Taxes are payable on the full purchase price prior to the application of the discount reward. Offer is a reduction off your total pre-tax purchase price of products eligible for point redemption. Points are not redeemable for cash or credit. All other reward levels remain in effect during this promotion. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. Valid Shoppers Optimum Card® must be presented at time of purchase. Shoppers Optimum Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Murale. Offer valid in-store from Thursday, June 6 to Saturday, June 8, 2013 only. See Beauty Master for details. Available only at Murale.

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by SHOPPERS DRUG MART



FASHION

# WELL SUITED

What’s hotter than a guy in a suit? A guy in a suit in June. Read on for how to keep cool and work some personality into this classic, classy look BY VANESSA TAYLOR

*web*  
For more tips,  
visit [thekit.ca/  
newissue](http://thekit.ca/newissue)

THE LOOK: **MODERN TUX**



“The combination of the tie clip and the graphic black-and-white shirt gives an up-to-date twist to the classic.”  
—Kendall Nedd

Justin Timberlake

our experts



ACCESSORIES  
EXPERT  
**KENDALL  
NEDD**  
Store  
manager,  
Aldo



GROOMING  
GURU  
**JOHN  
DONATO**  
Owner, Donato  
Salon + Spa,  
Toronto



WARDROBE  
SAVANT  
**JASON  
GREEN**  
Managing  
Director,  
Harry Rosen

THE LOOK: **PASTEL JACKET**



“A pastel jacket needs to be worn with a light shirt and dark pants for that high-impact combination of light and dark tones.”  
—John Donato

Terrence Jenkins

THE LOOK: **SUIT & T-SHIRT**



“To pull this look off, the T-shirt has to be fitted. Plain white, black or navy is most effective.”  
—Jason Green

Joshua Jackson

THE LOOK: **DOUBLE-BREADED**



“The double-breasted jacket fashioned in a shorter cut like this is a powerful statement. He wears it well.”  
—Jason Green

Chris Pine

THE LOOK: **KHAKI SUIT**



“Roll up the pants and use colourful accessories, for example a burgundy tie.”  
—Kendall Nedd

Ryan Gosling

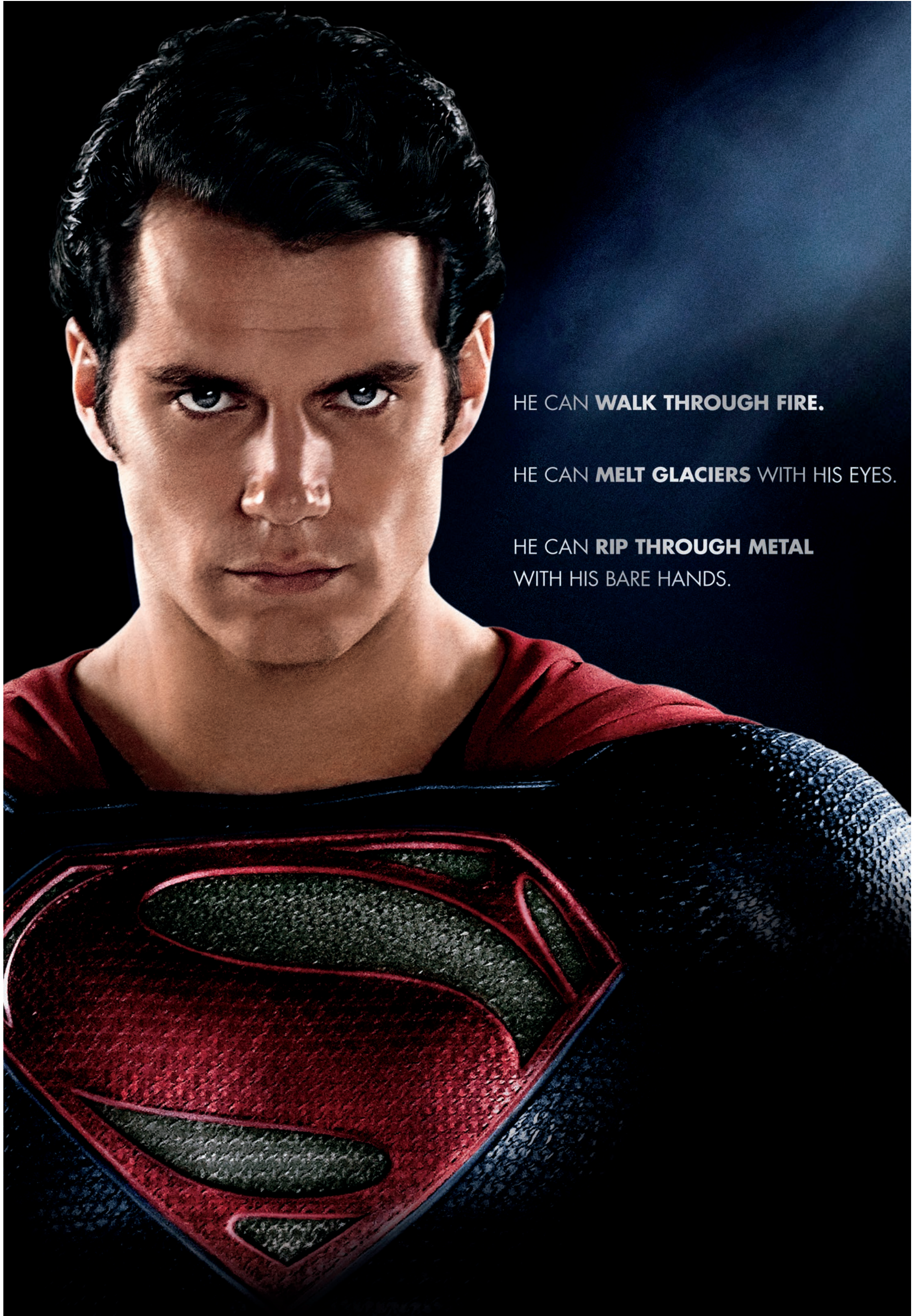
THE LOOK: **THE 3-PIECE**



“This is definitely for a formal occasion—three-piece suits have that quality to them. They simply elevate your look.”  
—John Donato

Jon Hamm





HE CAN **WALK THROUGH FIRE.**

HE CAN **MELT GLACIERS** WITH HIS EYES.

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WITH HIS BARE HANDS.

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ACCESSORIES

# IT'S ALL IN THE DETAILS

Remember when accessorizing just meant wearing cufflinks? Times have changed. Hello, bold colours and whimsical prints

by VANESSA TAYLOR



## 1. BRIGHT BOW TIE

Not just for special occasions! Try one with a crisp plaid or checked shirt and slim jeans for a casual look. From left: **Hermès** Noeud Papillon silk bow tie, \$175, at Hermès, hermes.com; **Edward Armah** silk bow tie, \$98, at Harry Rosen, harryrosen.com

## 2. PRINTED POCKET SQUARE

From the neat and tidy flat fold to the three-point fold, pocket squares are as diverse as the men wearing them. Here are our picks for mixing up your prints. From left: **Hermès** Pique Fleuri de Provence silk pocket square, \$155, hermes.com; **Holt Renfrew** silk pocket square, \$65, at Holt Renfrew

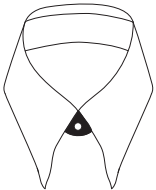


## 3. STATEMENT STRAIGHT TIE

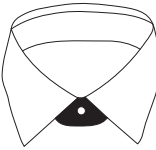
Woven ties are an easy way to add a warm-weather update to a year-round grey suit. Look for fantastic summer shades of magenta, cobalt blue, even juicy orange. From left: **Paul Smith** polka-dot tie, \$145, at Holt Renfrew; **Ralph Lauren** Black Label silk knit tie, \$125, at Harry Rosen, harryrosen.com

## COLLAR CALL

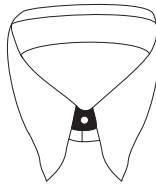
What does your shirt collar say about you?



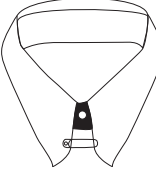
**BUTTON-DOWN= VIGILANT**  
Think: Clark Kent



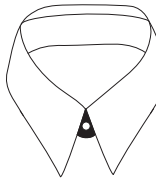
**SPREAD= OPEN-MINDED**  
Think: Psy



**TAB= STUBBORN**  
Think: James Bond



**PINNED= PLAYBOY**  
Think: Jay Gatsby



**STRAIGHT= CONSERVATIVE**  
Think: The Prime Minister

PRODUCT PHOTOGRAPHY: GEOFFREY ROSS. COLLAR ILLUSTRATIONS: CATHERINE RYAN.

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## PARFUMS

THE NEW FRAGRANCES FOR WOMAN AND FOR MAN

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**HUDSON'S BAY**



FRAGRANCE

# TO SIR WITH LOVE

Guys can be as reluctant to change their cologne as their beer brand. Here, a guide for getting the man you love out of his scent rut **BY** DEBORAH FULSANG



IF HE LIKES:  
*Ralph Lauren Polo*  
This scent distills the '80s and its polo tees and jeans-with-a-blazer style. The bold, tobacco, wood and leather still embody the all-American athleticism of Ralph Lauren. **Ralph Lauren Polo** eau de toilette, \$75 (59 mL), sears.ca

*WHY*  
THEY FEATURE A SIMILAR MIX OF FRESH AROMATICS, WARM WOODS AND LEATHER.



HE'LL LOVE:  
*Armani Code Ultimate*  
Armani Code Ultimate mixes cool citrus notes, bright Mediterranean-themed aromatics and a warm sensuous essence of leather, tonka bean and amber. **Armani Code** eau de toilette, \$79 (50 mL), Sephora



IF HE LIKES:  
*Davidoff Cool Water*  
Cool Water is a fresh-faced scent inspired by the clear coolness of the surf. Its freshness is countered by woody, floral, amber and musk notes; still a classic after 25 years. **Davidoff Cool Water** eau de toilette natural spray, \$65 (75 mL), at drug and department stores

*WHY*  
SIMILAR TOP NOTES—AROMATIC LAVENDER AND MINT— ARE OFFSET WITH A MUSKY, WOODY BASE.



HE'LL LOVE:  
*Jean Paul Gaultier Le Male*  
Jean Paul Gaultier Le Male Cologne Tonique gives off aromatic lavender, mint and cardamom—and freshness by way of cut grass. **Jean Paul Gaultier Le Male Cologne Tonique**, \$72 (125 mL), at The Hudson's Bay, Ogilvy, and Holt Renfrew stores



IF HE LIKES:  
*Guerlain Vetiver*  
Guerlain Vetiver remains a must for men who appreciate good shoes, good food and a good read. It's elegance made easy via dry, crisp vetiver, a dash of spice and warm wood. **Guerlain Vetiver** eau de toilette, \$96 (100 mL), Guerlain boutiques

*WHY*  
THESE ARE TWO SUPERCHARGED VETIVER-BASED COLOGNES.



HE'LL LOVE:  
*Tom Ford Grey Vetiver*  
If your man likes vetiver as much as a killer-cut suit, he'll fall hard for this luxe scent that is blended with grapefruit, orange flower, sage and sultry woods. **Tom Ford Grey Vetiver**, eau de parfum, \$100 (50 mL), Sephora



IF HE LIKES:  
*Paco Rabanne Pour Homme*  
Green and very gorgeous-guy, Paco Rabanne Pour Homme remains relevant 40 years after its debut. It mixes citrus and herbs with geranium flowers, cloves, wood, amber and musk. **Paco Rabanne Pour Homme** eau de toilette, \$60 (50 mL), Hudson's Bay

*WHY*  
BOTH ARE KINDS OF FOUGÈRE—BELONGING TO THE GREEN, FERN-LIKE FRAGRANCE FAMILY.



HE'LL LOVE:  
*Arquiste Boutonnière no.7*  
It's a green floral that mixes vivid gardenia with citrus and lavender, vetiver and oakmoss for sexy, unexpected, thoroughly modern results. **Arquiste Boutonnière no.7** eau de parfum, \$175 (55 mL), at select Holt Renfrew stores



IF HE LIKES:  
*Old Spice Classic Cologne*  
There's something Old-Man-and-the-Sea about Old Spice. Celebrating its 75th anniversary, it still reminds us of one of Dad's signature citrus-herbal-spicy-warm whisker rubs. **Old Spice Classic Cologne**, \$12, Shoppers Drug Mart

*WHY*  
BOTH HAVE AN OLD-WORLD MANLINESS ABOUT THEM.



HE'LL LOVE:  
*Givenchy Gentlemen Only*  
This new aromatic was inspired by the Givenchy Gentlemen scent of 1975, with its signature mandarin, nutmeg and cedar, vetiver, and patchouli notes. **Givenchy Gentlemen Only** eau de toilette, \$67 (50 mL), at Hudson's Bay, Shoppers Drug Mart and Sephora

## skin secrets by profession

For every job there's a skincare issue—and a solution —COURTNEY GREENBERG



PROFESSION:  
**TENNIS PLAYER**  
Keep cool and sweet-smelling on and off the court—all day long.



Clarins  
Antiperspirant  
Deodorant Stick,  
\$20, at Clarins  
counters



PROFESSION:  
**CHEF**  
Chopping onions to steaming mussels, wash off the kitchen build-up.



Dior Homme  
Dermo System  
Gel, \$43, at Dior  
counters



PROFESSION:  
**WRITER**  
If the only glow your skin gets is from a computer screen, fake it.



Vichy Capital  
Soleil Self  
Tanner \$25, at  
drugstores



PROFESSION:  
**LANDSCAPER**  
Keep your skin protected and as hydrated as the gardens you plant.



Clinique Age  
Defense Hydrator  
SPF 15 for Men, \$37,  
Clinique counters,  
clinique.com



PROFESSION:  
**TRADER**  
Hide the signs of an early start (or a late finish!) in a flash.



Biotherm  
Aquasource  
Skin Perfection  
Roller Ball, \$38, at  
department stores  
and drugstores





CLOSET OF THE WEEK

Brian Atwood

Creative director, Brian Atwood, New York

BY THE COVETEUR



Brian Atwood's design accolades are plentiful, and so are the American shoe designer's dark flowing locks. We opened his medicine cabinet to reveal his secret solutions for mane-taining that flawless hair, as well as go-tos for his glowy skin. While we briefly joked with him that it had to be a toupée — delicate ripples like that only exist in the ocean! — Atwood insisted it's au naturel and his regime is a lot simpler than you would imagine. "My routine is really easy. I rinse it every day and I wash it maybe once a week with whatever is in the shower. And then I dry it but I use the Oribi. It styles better when it's not washed."



CLOCKWISE FROM TOP LEFT: Brian Atwood wears a Prada sweater and Lanvin pants; Atwood's dog draped in Hermès scarves; bright lace-up heels by Brian Atwood and a Prada tie; an embellished jacket.

web See more of Atwood's style on TheCoveteur.com

THE KIT on instagram

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MANPOWER Doug's Yohji Y3 for Adidas are always ready for action.



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# GLORIA VANDERBILT

## June 6 - 22

de luca fine art | gallery

217 Avenue Rd. Toronto T 416 537 4699 delucafineart.com



**SHOPPERS DRUG MART**

# RUN for WOMEN

body mind spirit

**First event**  
**Unionville, ON - June 22**



**REGISTER NOW! [www.runforwomen.ca](http://www.runforwomen.ca)**

Experience an Olympian's inspired words, a fun run and some awesome swag you are sure to love!



UNIONVILLE, ON - JUNE 22  
CALGARY, AB - JULY 27  
**Jennifer Heil**  
Olympic Gold and Silver Medalist,  
2011 Female Athlete of the Year.



VANCOUVER, BC - JULY 13  
**Hayley Wickenheiser**  
Four-time Olympic Medalist  
Captain - Women's National  
Hockey Team.



OTTAWA, ON - AUG 24  
QUEBEC CITY, QC - SEPT 21  
**Chantal Felicie**  
Four-time Olympic Medalist (including 14  
Gold medals), Chef de Mission for the  
Glasgow 2014 Commonwealth Games.



HALIFAX, NS - AUG 10  
**Heather Moyse**  
2010 Olympic Edinburgh Gold Medalist  
Two-time Women's Rugby World Cup  
Leading Try Scorer

**Inspirational Speakers presented by** **ONE A DAY**  
ADVANCED MULTI-VITAMIN

A portion of the event proceeds and your pledges and donations will be supporting women's mental health programs in event communities across Canada.

moving  comfort

**ONE A DAY**  
ADVANCED MULTI-VITAMIN

 **Running Room**

**THE KIT**  
BEAUTY & FASHION

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DARK  
OBSESSION  
for men



Calvin Klein  
a new fragrance

Calvin Klein