





When all else fails, avoid bad hair days and win in the style stakes with your new go-to accessory



1. BRIGHT WHITE A white fedora complements eyecatching colour-block outfits for a city-chic finish. Big It Up straw

Madmen Toyo Fedora Nuvo in

white, \$45, bigitup.com

2. STRIPE OUT

Add new life to a denim shirt and shorts combo, or to your favourite summer whites, with a bright brim. Wildhagen Bonnie handwoven panama straw hat, \$195, at Wildhagen Hats, 416-830-8589

3. AU NATUREL

Instantly update any outfit, from a printed maxi to blazer and jeans, with a natural straw hat and oversized bow. Lilliput Hats 1920s straw cloche in

natural, \$160, lillyputhats.com



"The 1990s are back in a big way—and I love it! How can I incorporate this trend into my wardrobe without looking like I just walked off the set of Blossom?"—Amelia

#### DEAR AMELIA:

Smart question. So many of us are victimized each season by certain retro trends we've embraced before, but we aren't clear on how to revisit without looking like we've stepped out of the past.

The 1990s vibe is a kind of anti-fashion sentiment: It grew out of the grunge movement, when garments with a casual street feel were mixed together in uncontrived ways.

When Marc Jacobs first sent grunge down the runway for Perry Ellis, the iconic American label he once designed for, it was quite a shock. It was the Spring 1993 collection—layering, flannel shirts, Doc Martens, and crocheted skullcaps—and it was considered a slap in the face of uptight fashionistas who felt Jacobs had gone too far in his homage to the Seattle alternative-rock scene. But the designer hit on an interesting notion about laissez-faire dressing and the vitality of youth. Once fashion's serious arbiters embraced grunge, style sensibilities would never be the same.

Now that we have a penchant for the grungy good old days, we ought to reflect the sophistication of current times while giving a nod to the old/new '90s.

My suggestion is to dress with a polished feel even though you may be into distressed denim, studs, leather pants, and motorcycle jackets. There are chic ways to mix it all up without looking like you stepped out of a Nirvana music video. Accessories are key, too, but don't load too many on at once. Chokers are back big time; that's always a sexy way to punch up a neckline. The plaid that came on strong in the '90s is returning, now in the form of tailored shirts and sweet little dresses.

Reptile belt buckles made a big splash in the '90s, with NY accessories designer Barry Kieselstein-Cord. I still wear mine religiously.

Other timeless pieces that I've held onto and incorporate into my wardrobe today include body suits, which are great with jeans; a lizard-print leather coat; and a black leather jacket with an elegant "motorcycle feel" made by Toronto's Izzy Camilleri.

Shop vintage for some accent pieces, but keep in mind that by the end of the '90s, minimalism



had taken over—and we're already seeing that trend for fall. That's the joy of fashion: The only constant is change! In the meantime, be

careful wearing overalls. They're hard to pull off. And I still haven't figured out a chic way to wear Doc Martens. Do let me know if you have any ideas!

Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the Toronto Star and host of Fashion Television Channel. Follow on Twitter @Jeanne\_Beker

-NATASHA BRUNO/PHOTOGRAPHY BY GEOFFREY ROSS

# radar

We're all familiar with foundation for the face, but for your nails? Revlon's new line of Nude Expressions nail polishes, comes in eight neutral shades to match almost any skin tone (\$9 each). The idea behind this limited collection, sold in retailers across Canada until the end of the month, is to camouflage nails, making hands appear more slender. -Courtney Greenberg

## SURF'S UP!

You're not ready to hit the beach this summer until you've checked out Tommy Hilfiger's new collection, Surf Shack. Boho attitude meets preppy flair in this limited line of surfboards, swimwear, and apparel inspired by Malibu, Biarritz, and Australia's Gold Coast. American artists like Gary Simmons and Lola Schnabel are lending a hand to design the surfboards. Boards and swimwear are available now for a limited time at tommy.com. -C.G.



## SILENT

Japanese text messaging and websites—are crossing over into fashion. Designer Wendy Brandes created nine variations of earrings, each featuring a different hand gesture from the expressive Emoji keyboard, including one she felt was missing: the notoriously absent middle finger. Available online, each silver stud goes for \$35, and gold for \$225, wendybrandes.com. -Katherine Cameron

ever line of handbags this spring. Headed by Margherita Missoni herself, the collection will be designed inhouse and include totes, handbags, and satchels in black, tan, and rustcoloured leather and suede. Notably missing from the new lineup is the iconic colourful knitwear Missoni is known for, but Margherita insists she'll bring back more of those elements for summer. The handbags range from \$1,760 to \$5,890 and will be available in stores mid-May. -K.C.





## SPOTTED

## OPPING LOCKS

Forget "blonds have more fun." Coloured hair is where it's at. Temporary hues let you liven up your look to suit your mood



A neon-dipped ponytail for spring: That would be so fun and Nicki Minaj of you. Kevin Murphy Color Bug Hair Shadow in Neon Green and Purple, \$20 each, KevinMurphy.com.au



TURQUOISE TRESSE

Want to update an LBD? Try a hit of blue for a night out. Tish & Snooky's Manic Panic Semi Permanent Hair Colour Cream in Atomic Turquoise, \$15, at Shoppers Drug Mart



POP-ART COLOUR

Indulge every rainbow-loving whim with these easy-to-use, colourful Ardene Coloured Clip-On Hair Extensions, 5 for \$10, at Ardene stores



**PUNKY PINK** 

Tap into the Karl-Lagerfeld-for-Chanel punky-pink effect. **Dippity-do** Colorgel in Posh Pink, \$7, at Walmart

# mirac



## HAIR SAVER

The latest in the beauty balm craze, this multi-tasking BB cream delivers smoother, softer, shinier locks, thanks to a supercharged leave-in formula. For those extended, between-haircuts stretches, it's also an effective remedy for split ends. And did we mention it smells great too?

-ASHLEY KOWALEWSKI Pantene Pro-V Ultimate 10 BB Crème, \$8, pantene.ca

#### THE BUDGET CHALLENGI

A light-washed denim jacket is the ideal spring cover-up



Gap 1969 jacket, \$80, gapcanada.ca



DRESS IT DOWN

Closet filled with dresses you never wear? Give a floor-grazing maxi just the right amount of edge.



CASUAL CHIC We love a denim jacket thrown over casual wardrobe basics for a chic just-roll-with-it off-duty look.



DAY-TO-NIGHT

Try wearing a denim jacket in lieu of a blazer with dressy separates and polished accessories.



## 30 DIFFERENT STYLES, A FEW SIMPLE STEPS.





## HOW TO GET THE LOOK?

- Wash with TRESemmé® Moisture Rich Shampoo and TRESemmé® Moisture Rich Conditioner.
- 2 Smooth TRESemmé® Flawless Curls® Curl Enhancing Mousse through wet hair for a boost of salon-quality volume. Then flip hair over and gently blow-dry, using your fingers.
- 3 Spray TRESemmé® Thermal Creations® Heat Tamer® Protective Spray through your hair.
- Wrap sections of hair around the barrel of your curling iron, in alternating directions for each curl.
- 5 Run fingers through curls, and then finish with TRESemmé® TRES TWO® Super Hold Non-Aerosol Hair Spray.





## HOW TO GET THE LOOK?

- 1 Wash and condition with Nexxus® Hydra-Light Shampoo and Nexxus® Hydra-Light Conditioner.
- Apply Nexxus<sup>®</sup> Maxxify<sup>™</sup> Volumizing Foam Styler to the roots of your hair.
- 3 Blow-dry hair, adding height to roots by lifting sections of hair or flipping hair forward. Use a round brush to smooth just the ends.
- Wrap sections of hair around a medium barrel curling iron to create a spiral, and hold for 5-10 seconds and release.
- Once cool, gently brush out spirals and use a small amount of Nexxus® Hydra-Light Leave-In Conditioning Foam to define sections.
- 6 Spray hair with Nexxus® Maxximum® Super Hold Styling and Finishing Mist.



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SHOPPERS DRUG MART

## HOT, HOT HAIR

We snuck backstage with a team of Moroccanoil stylists during New York fashion week to bring you the inside scoop on how to get maximum impact from your tresses this summer of deborah fulsang





## UNDONE UPDO

IT'S A NEW TAKE ON: Boho chic WHY WE LOVE IT: With silk blooms, stylist Peter Gray created a do that's just right for a music festival, or summer wedding. THE BONUS: It also wears well with heels and jeans for evening patio cocktails. GET THE LOOK: Start with a side part and do a medium-sized braid; secure it across the back of the head. Then loosely pin up sections of hair into the braid. Tuck in glittering pins or blossoms.



## WET LOOK

IT'S A NEW TAKE ON: 1980s Brigitte Nielsen

WHY WE LOVE IT: It mimics a closecut style and has a just-out-of-the-

THE BONUS: "Mandy mentioned the 1980s and Brigitte Nielsen—that called for gel, something pulled-back, messy, and fun," says artistic director Antonio Calero. "But simple: you can do it yourself in 10 minutes."

GET THE LOOK: On shorter locks, run your fingers through your hair with sculpting gel and then shine spray.



WHY WE LOVE IT: It lets you embrace your inner glamourpuss.

THE BONUS: A look this bold encourages playful dressing.

GET THE LOOK: Calero used synthetic hair for the Blonds show—and serious backcombing—but added treatment oil to give it healthy texture and shine. Temper volume with softness. Focusing less on the crown and more on the sides will give hair lots of movement and result in big hair with

ALEXANDRE HERCHCOVITCH EASY DOES IT WHY WE LOVE IT: The modern and

natural effect made Herchcovitch's ready-to-wear collection, which paid homage to Boy George's '80s Culture Club style, seem wearable and current.

THE BONUS: Calero's relaxed waves are a laissez-faire approach to beauty. GET THE LOOK: While your locks are slightly damp, apply setting lotion or spray and tie in a snug knot. Let dry and release for casual waves.

Travel for Deborah Fulsang was provided by Moroccanoil. Moroccanoil did not review or approve this story.

## easy updos at your finger

We love a good styling sesh when it counts, but these clever gadgets will give you a quick and classy hairstyle, so on sunny days you can rock your third-day hair, and skip the blowout -VANESSA TAYLOR



#### **INSTANT BUN BOOST**

Sephora Bunette (available in blonde and brunette), \$8, sephora.com

HOW TO: Place the ends of the ponytail through the centre of the Bunette and roll toward your head. Fold the two ends together, creating a full bun, and slide hair over from either side to conceal foam tool.



#### **COOL-CHICK KINKS**

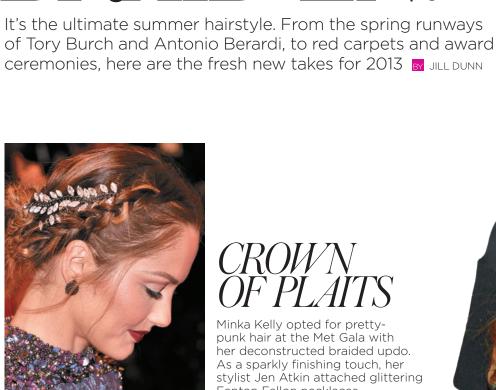
Kevin Murphy The Surfer Girl Kit, \$33, kevinmurphy.com.au

HOW TO: Prep hair with a dime-sized amount of texturizing cream (add a little more if your hair is very thick), place butterfly clips in a couple of rows around the length of your hair, and let hair air-dry in the clips.



#### THE WINDSWEPT FRENCH TWIST

Stylize Updo Clip, \$9, shoppersdrugmart.ca HOW TO: Pull hair into French twist shape and anchor the Updo Clip in place by gathering a small section of the hair from the opposite direction before flipping the clip back to hold the French twist in place. Tuck in any loose strands.



THE ESSENTIALS

## CROWN OF PLAITS

Minka Kelly opted for prettypunk hair at the Met Gala with her deconstructed braided updo. As a sparkly finishing touch, her stylist Jen Atkin attached glittering Fenton Fallon necklaces.

TEXTURE TIP: Messy is good when it comes to braids. Encourage flyaways by gently running fingers through finished braids.





## BOHO BABY

No one does hippie chic better than Mary-Kate Olsen. Bohoinspired baby braids were woven into her signature messy strands, serving as hair accessories.

TEXTURE TIP: Secure braids with small clear elastics so the braids blend seamlessly (no clunky black ends here).



## DRAMATIC DI ITCH

7 THEKIT.CA

Did you know that a reverse French braid is known as a Dutch braid? If you have thick hair like Gomez, try this ropelike style for a dramatic Rapunzel-like do. TEXTURE TIP: This style looks modern thanks to its dual textures: super-slick sides paired with a messier tail.







# MAGNUM GOLD?!

## AS GOOD AS GOLD

Rich vanilla bean ice cream with a sea salt caramel swirl dipped in a golden coating made with real Belgian Milk Chocolate.



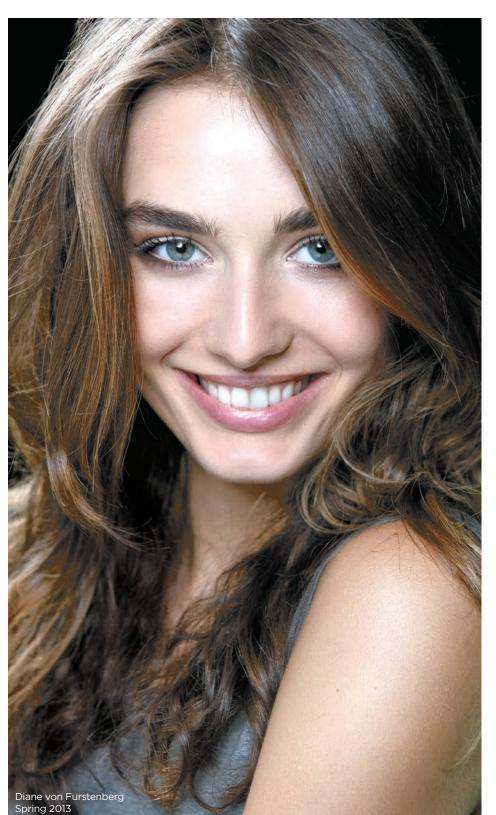
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THE FIX

## THIN HAIRAPY

Sure, we can cover up the greys, but what to do about thinning hair? Fret no more—we've got the answers

BY LIZA HERZ

Many of us colour our hair to hide the greys. But have you ever found yourself staring in the mirror and wondering if your hair's getting thinner? Do you worry when you're left with a comb filled with hair after washing it? You're not alone. Aging hair is fast becoming a priority concern for women, and it's as much about the texture and volume of hair as it is about the colour.

A recent study of women aged 40-65 revealed women are more dismayed by the prospect of thinning hair than by almost all other physical manifestations of aging. That includes wrinkles and cellulite, age spots, and even weight gain. Dr. Marianne LaFrance of Yale University collaborated with Pantene researchers through Ipsos-Reid to investigate 400 women's reactions to thinning hair. Out of all the changes that accompany aging, women felt most out of control when faced with the prospect of thinning hair, LaFrance says. "And that's a recipe for distress."

After we hit 40, hair begins to diminish in both quantity and thickness. Stress, poor diet, pregnancy, and our addiction to hair colouring and 450F flat irons can kick-start that downward spiral even earlier.

As a culture, we're obsessed with the luscious, nubile image that long healthylooking hair portrays.

"Long hair says the wearer is a sexual creature," writes anthropologist Grant Mc-Cracken in his book Big Hair. "It has the

appearance of being wild and uncontained." Perhaps it's because long, glossy hair occurs naturally only in the young. (Hair grows fastest in females 16 to 24.)

That said, women of all ages get a little help when they're hitting the red carpet.

## "Whenever you look at a magazine cover, 99 per cent of the time it's not all their real hair."

-Alain Larivée, stylist

Montreal stylist Alain Larivée often uses extensions to give the impression of a lot of hair-including when styling the otherworldly locks of Vampire Diaries' Nina Dobrev, 24. He knows he's not alone. "Whenever you look at a magazine cover, 99 per cent of the time it's not all their real hair. It's deceiving for the consumer who thinks, 'I want that!'

Well, luckily for us, hair extensions aren't the only option anymore. Antiaging hair products are springing up all over, focusing on stimulating the follicles underneath the scalp or aiming to strengthen, protect, and thicken the feel of existing hair strands.

## THE GOODS

Stock your arsenal with volume-boosting products



CLEAN & STRONG Protects hair with amino acids that replicate the keratin of hair fibres for strength and flexibility.

Joico Body Luxe Shampoo, \$13, joico.com



#### **EASTERN PROMISE**

Modern stem cell technology combines with ancient Chinese medicine to rev up circulation and energize hair follicles.

Peter Lamas Chinese Herbs Re-Energizing Scalp Serum, \$45, peterlamas.com



#### PUMP IT UP

Uses heat-activated polymers to create the look of added volume and give guts to fine hair.

John Frieda Luxurious Volume Fine to Full Blow Out Spray, \$15, johnfrieda.ca



125 mL (4.2 FL OZ)

#### TOP TREATMENT

Protects delicate hair from breakage and thickens individual strands for an instant to hair's thickness.

Pantene Age Defy Advanced Thickening Treatment, \$25, available at drugstores

-LIZA HERZ

#### thick-hair tricks Enhance your natural assets with the help of John Donato, hair stylist and owner of Donato+Spa GO SHORT & SWEET "The mistake a lot of people make is layering. The best haircut is the bob or graduated bob because that makes the hair appear to be a lot thicker and fuller." GET GROWING web Get more tips to "There's a product called Viviscal. It's a hair supplement that promotes the growth of hair kit2it.com/ and all those little baby hairs thinning-hair necessary because we lose up to a hundred hairs a day."



## **3.** BOOST YOUR ROOTS

"Spray something like Volumista by Oribe through the hair to give support right at the root. It makes the hair appear fuller and thicker."

## COLOUR

"Often, the lighter the ends are, the thinner the hair looks. I would go darker for someone with really thin hair. Darker hair looks fuller and thicker."

## FIGHT THE FRIZZ

"When your hair feels healthy it also looks thicker. We have a smoothing treatment called Express Renewal. It lasts about eight weeks and it softens and conditions the hair." (Look for treatments containing keratin, a hair protein that adds shine and volume.)

For Donato+Spa locations visit donato.ca

-COURTNEY GREENBERG

## Do you know what it takes to get healthy-looking lashes?

## How can I make my lashes + brows look thicker?

Certain aspects of eyelash and brow growth are uncontrollable; genetics and aging play a large role, but the environment, your nutrition and your overall health impact your lashes as well.



Hair on your eyelashes and eyebrows have a horter life span than those on your scalp. They actually go through 3 phases of growth. The anagen or active growth phase. The catagen or transition phase. And finally,

the telogen or resting phase. The entire cycle for these lashes and brows is 2-4 months, as opposed to your hair-cycle which is 3-6 years. That is why we all need something to enhance the appearance of length, thickness and total lash health.

100% of women in a clinical study showed an improvement in their lashes in just 2 weeks.\*

## Who should use PREVAGE® Clinical Lash + Brow Enhancing Serum?

Anyone who wants to help prevent lash and brow breakage and brittleness due to aging and environmental assaults. And improve the look of sparse, thinning lashes and brows.



\* Based on a US clinical study of 30 women over 2 weeks. ©2013 Elizabeth Arden, Inc.

elizabetharden.ca



Wendy W. Lee, MD

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#### How do I know that it really works?

The spa-science experts at Elizabeth Arden have done extensive testing to make sure that it works. 100% of women in a clinical study showed an improvement in their lashes in just 2 weeks.\* And, with continued use, it improves the healthy look of lashes and brows by supporting and enhancing lashes and brows at all three stages of their life cycle.



Photos taken after 2, 4 and 6 weeks of continued use. Results may vary.

## Lashes look longer, fuller, healthier in just 2 weeks.

100% of women in a clinical study showed an improvement in their lashes.\*



PREVAGE® Clinical Lash + Brow Enhancing Serum

\*Based on a US clinical study of 30 women over 2 weeks. ©2013 Elizabeth Arden, Inc.





NEW YORK







Who doesn't love the thrill of a vintage score? Meet Andrea Stanford: As a girl who curates luxury vintage sales, she delivers that shopping euphoria for a living. The mom of three girls—who sources everything from purses to decor items like vases, chairs, and mirrorsrefuses to compromise the aesthetic of her home. "It's a combination of French and Italian modernist pieces with classic lines, but I wanted our home to look like someone actually lived there!" she told us. With Diptyque and Cire Trudon candles burning throughout, we felt at home the second we entered.



CLOCKWISE FROM TOP RIGHT: Shirts (left to right) from Gap, and the Jean Shop; Stanford's fragrance collection; her daughter Ryan's room; her jewellery, much of which came from her grandmother; Stanford relaxing at home.



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