



Perfect pick-me-ups for new moms PAGE 11

MOTHER'S

Easy ways to try this top trend PAGE 3

FAMILY

Goldie Hawn and Kate Hudson share their beauty secrets PAGE 6







VALENTINA

THE NEW EAU DE PARFUM









"My teen daughter and I often dress alike. Neither of us is ageinappropriate (we both look great!) but our daily uniforms of jeans and floaty tops are too similar. How can I elevate my style?" —Robin

DEAR ROBIN:

I love the fact that you're indulging in the joys of cross-generational dressing and that you and your daughter are appreciating similar styles and trends. It's also good to hear that your confidence is up there—you're looking great and no doubt feel pretty fabulous because of it. So kudos to you both for being comfortable in your own skin.

But I am wondering about the fact that your daily uniform is a floaty top and jeans. Of course, I have no idea what you do for a living, but one of the pleasures of being a grown-up is having options when it comes to clothing. Take care not to get locked into uniform dressing—especially if you're interested in elevating your style. No one wants to be predictable, and while many young people find comfort in adopting a style they can turn to every day, it really doesn't do much for the creative spirit to resort to the same garments day in and day out.

However, if you do stick to your jeans and floaty top, you should accessorize in a manner that's more sophisticated than how your daughter might.

Up your style ante with great shoes, whether it's a feminine loafer or a chic sandal. Leave the sneakers and the flip-flops to your daughter. You might also want to make sure your bag is pretty polished. Try an oversized clutch or upscale tote rather than a casual shoulder purse or sloppy-looking bucket bag.

Of course, a beautiful silk scarf always adds a dash of elegance, and you could get your good jewellery out too. Clunky costume fare is fun, especially this time of year. But if you're looking to separate the women from the girls, nothing says high style more than understated, expensive-looking pieces. The right silver cuff, diamond stud or pearl earrings or a gold chain necklace could lift your basic jeans and top to new heights. Or team your beloved jeans with a belt to help give you a little more definition and edge. You can always throw a little fitted blazer on over your top as well to give a pulled-together effect. I'm sure you two look like quite the dynamic duo when you're out and about. But Mom, I think your best accessory-the one guaranteed to elevate you in the most wonderful way-is the beaming smile you must have knowing your keen style sense has rubbed off on your daughter. So enjoy yourselves, and remember that while it's a blessing to be able to see the world through our children's eyes, it's not a mere reflection of ourselves

1. TRENDY TRIM This eye-catching accent adds just the right spark to a rather neutral handbag. **Gap** neon orange bag in jute and leather, \$50, gapcanada.ca 2. JUST A PINCH No need to go head-to-toe neon. Give the trend a subtle nod with DayGlo jewellery. **Joe Fresh** dangle earrings, \$7, joefresh.com 3. VIVID TIPS Go for a mood-enhancing mani in an energizing colour. **Ceramic Glaze** Nail Lacquer in Tropical Guava, \$11,

-NATASHA BRUNO/PHOTOGRAPHY BY ADRIAN ARMSTRONG



ndar

HIGHER GROUND

Rising shoe company Insolito Terra has accomplished

men. According to founder Eddie Lee, the footwear

adds a 2.6" lift that is completely imperceptible to

onlookers, until, of course, you take the shoes off.

From \$222, insolitoterra.com -Katherine Cameron

the impossible and created discreet platform shoes for

at shoppersdrugmart.ca; **Joe Fresh** Nail Polish in Sour Citron, \$4, joefresh.com 4. SHADES UP With the clouds rolling out and the sun shining through, make a style statement in hot-hued sunnies. **Cutler** and **Gross** fluorescent yellow sunglasses, \$500, at Cutler and Gross 5. COOL KICKS Keep casual outfits playful and fun with bold-coloured sneakers. **Keds** Rookie Neon canvas shoes, \$50, at Footlocker



we should be seeing. We've got a lot more to bring to the style table by now. Time to show your daughter what a cool true original you really are.

Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the *Toronto Star* and host of Fashion Television Channel. Follow on Twitter @Jeanne_Beker

BEYONCÉ BLING

When Beyoncé "Queen Bey" Knowles comes to Toronto on July 21 and Montreal July 22, look out for show-stopping outfits from Dsquared2, the label headed by Toronto-born twins Dean and Dan Caten. Beyoncé made headlines in spring for wearing a risqué Julien MacDonald sequined bodysuit with fake gold nipple embellishments. We're sure this tour's ensembles will be just as spicy! –Kiley Bell

OD SECT THE CUELO

PUNKED

Aside from their shared affinity for drugs and devil-may-care attitude, the Clash, the Ramones, and the Sex Pistols have something else in common: they initiated the 1970s punk movement. This spring, the Metropolitan Museum of Art, New York pays tribute with the Costume Institute exhibition *PUNK: Chaos to Couture.* Focused on punk's influence on fashion, the exhibition will feature designs ranging from original punk-era clothing to today's haute couture. May 9 to August 14. –*K.B.* DENIM DAYS

Denim is really having a moment, both on the runway and on the street. Balmain decked out models in it head-to-toe for the Spring 2013 collection, while Rihanna caused a stir across the fashion blogosphere when she stepped out last month in her denim shirt and skirt combo. And, in case you needed an excuse to rock your Canadian tuxedo, May 14 is National Denim Day. More incentive: All proceeds for Bluenotes denim sales that week will go to the CURE Foundation for its fight against breast cancer. *—Nadine Anglin*

the beautiful ideas at thekit.ca

SPOTTED LUSHLASHES

There's nothing as alluring as long, luscious lashes. Play yours up with these performance-boosting picks -DEBORAH FULSANG

> FLIRT WITH FLUTTER Tiny clusters of synthetic lashes make it easier than ever to apply falsies without them looking over-the-top or fake. Lise Watier Individual False Eyelashes, \$17, at department stores and Shoppers Drug Mart, lisewatier.com

LASH LIFT

Get ready for your close-up. This next generation of Diorshow, with its fat brush, helps achieve glam, super-curled lashes fit for a siren. **Dior** Iconic Overcurl Mascara in Black, \$35, sephora.ca

ACE BASE

Like a skin primer, this base nourishes and repairs. Plus, it amps up the volume, length, and curl of your lashes by enhancing your favourite mascara. **Shiseido** Nourishing Mascara Base, \$25, at department stores and select Shoppers Drug Mart Beauty Boutiques, shiseido.com



DAILY DOSE This jet-black vitamin-laced pencil gives you great results and it's good for your skin, too. Revlon Grow Luscious Lash Liner in Onyx, \$10, at drugstores and mass retailers, revlon ca

Daisy Fuentes Spring 2013



THE SHAPE CHALLENGE

minute miracle

THE ILLUSIONIST

Alicia Keys plays up her assets and gets an instant hourglass figure in a graphic panel dress. Follow these tips and you can too

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BRIGHTEYES

Bioderma's magnificent makeup removers just got better thanks to these handy bottles. Saturate a cotton pad by pushing down on the pump, and wipe away waterproof mascaras and stubborn liquid eyeliners. Bonus: It's even gentle on super-sensitive skin.

–ASHLEY KOWALEWSKI Bioderma Sensibio H20, \$33 (500 mL), at drugstores, bioderma.com BYE-BYE, BELT Swap your standby belt-it look and elongate your body with a single colour. DOUBLE-TAKE Bright or light colours instantly draw the eye, so use them to highlight your favourite features. The dark panels streamline your hips and thighs, slimming your silhouette.

HIP TRICK For fuller hips and thighs, white or coloured trousers with a wide black stripe down the outside seam also work well.



Joseph Ribkoff polyamidespandex dress, \$222, ribkoff.com



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MOTHER'S DAY GOLDEN GIRLS

There's no one we learn more from in life than our mothers—and beauty rituals are no exception. As Mother's Dav approaches, actors Kate Hudson and Goldie Hawn open up

BY JANINE FALCON

The Kit: What do you admire most about your mom?

Kate: You go through different stages of a relationship as mother and daughter, so it's hard to answer in one sentence. I most admire who she is as a parent. She's a very non-judgmental mother. When I had Ryder (Kate's son, now 9)she said, "Enjoy these last few weeks because when he comes out, he doesn't belong to you anymore." I think that philosophy is at the heart of how I was raised: I was allowed to make mistakes, encouraged to be an individual and to speak my own mind.

And what do you admire most about Kate?

Goldie: There are a lot of things I admire about her. She's an extraordinarily fantastic mother and a very loving person. She's very smart. And I think she's a very good friend.

What was it like to grow up with famous parents?

Kate: I grew up watching how hard my parents worked together and their professionalism. They were wonderfully collaborative and focused. The glamour wasn't really part of it-that was in the background.

And now you're working together on the Almay Mother's

Day shoot. What are your favourite products?

Kate: The Liquid Lip Balms! I had two of the first samples in my pocket when I went skiing over Christmas, and in freezing-cold weather, they still felt good on my lips. And they have a great pop of colour, but they're not overpowering. I love the bronzers and the CC cream, too.

Do you have a tried-and-true beauty pick-me-up?

Kate: My go-to for a pick-me-up is bronzer. It always brightens. Goldie: Mine too. I'll go a step further and say bronzer, but it's got to have a touch of peach in it. We need a little colour!

What about a favourite fragrance?

Goldie: Between lip gloss and perfume-that's where my addictions lie. I'm a big scent person. I wear oils, actually. I mix my own. I like dark notes like ambers and vanilla, and I mix in a little top note like jasmine or rose oil.

Kate: For sure, I'm also more oiloriented and I go through phases. When I was pregnant, lily of the valley was all I wanted to wear, but it changed to different floral scents-I love orange blossom, neroli and ylang ylang.

This interview has been edited and condensed.







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"They have a great pop of colour, but they're not overpowering" -Kate Hudson





Almay Color + Care Liquid Lip Balm, \$8.95, available at mass retailers from July

MAMA ALWAYS SAID...

Six more stars share the sparkling wisdom passed along by their moms-janine falcon



In high school when we were putting on baby oil, my mom always said, "No, you need to use protection!" We're third-generation Californians; she was starting to see the damage from when she was a young girl, o sunscreen—and wearing a hat—was key.

Carmindy, makeup artist, TV personality, and author, on her mom, Julie Bowyer

Best beauty lesson from my mom? Olive oil. It's great for the face and hair and as skin-tastic as coconut oil.

-Cheryl Hickey, host of ET Canada, on her mom, Lori Hickey



My mom has always cut my hair—and still does! From a very early age, she had me cutting her hair as well. If I did a bad job, she simply tied it back in a ponytail and we tried again next time. She taught me not to take myself (or my hairstyle) too seriously!

–Liisa Winkler, top model, on her mom, Anita Winkler



My mother hates bangs. She told me once that according to feng shui face-mapping, women in their 30s should not wear bangs because it blocks the forehead, where your luck is stored. Sometimes I think she just made it up so that I'd never cut bangs. But since I don't want to risk bad luck, I've just accepted that I'll never have them.

-Lainey Lui, laineygossip.com, host, reporter, on mom Judy Yeung

My mother always said that the key to great skin is a good night's sleep. She can always tell when I haven't been sleeping just by looking at me.

—Sarah Gadon, actor, on her mom, Linda Gadon



The best advice my mom has ever given me is: "Protect your mental health. Your physical health can often be fixed but once your mental health cracks it's tough to get it back." That's why I work out, read and laze around in jogging pants for at least a little bit every day.

Tracy Moore, host of CityLine, *on her mom, Marjorie Moore*









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ON THE COVER HOT MANAS!

Between Kate Middleton and Halle Berry, pregnancy is big news. And it's pushing modern maternity wear to new heights paola Loriggio

She may be carrying the heir to the British throne, but Kate Middleton isn't letting her burgeoning bump steal the spotlight

sure what's covering her body merits as much attention as the royal life growing inside it.

Middleton's polished yet playful look has On average women today are conceiving laterpushed pregnancy style back to the forefront, sparking the most chatter since a knocked-up Demi Moore bared all on the cover of Vanity Fair 22 years ago. "Baby bumps are the new fashion accessory, the new purse or scarf or shoe," says out what they like to wear, Koch says. "They're Andrea O'Reilly, a professor of women's studies at Toronto's York University and founder of the Association for Research on Mothering.

"Maternity maxis got huge thanks to Angelina Jolie, just as Kate Middleton is making the classic looks popular," she says. "I'm seeing more Appearing in impeccably tailored dresses and blazers, wrap dresses, and simple sheaths, which swingy coats, the new People's Princess makes are Kate-inspired, in maternity collections."

around age 30, roughly two years after they were in the 1990s. By the time they're in the family way, stars like Halle Berry, 46-who's now carrying baby number two-have already figured used to taking risks and doing what they want."

Those who rock maternity fashion well know their style-and their bodies. They highlight their best assets, whether it's a killer pair of legs or a waist that still looks narrow in spite of the

> extra load in front, she says. They stick to drapey fabrics that skim over growing curves

> or thick, stretchy knits that rein them in. Properly fitting bras and V-necks help them

> avoid the dreaded uni-boob,

too, Koch says, while statement

accessories draw attention away

from an expanding midsection.

that are commensurate with your bump, because anything too delicate makes the wearer look bigger in comparison," she says.

"You have to wear baubles

"Baby bumps are the new fashion accessory, the new purse or scarf or shoe"

-Andrea O'Reilly, professor of women's studies at Toronto's York University

MODERN MATERNITY

Fashion-loving celebrities like Gwen Stefani, Claire Danes, and Gwyneth Paltrow have helped redefine the maternity wardrobe in recent years, swapping muumuus for chic maxi dresses, fitted tees and even red-carpet-worthy gowns.

Some, like Nicole Richie and Heidi Klum, have gone a step further, drawing up their own lines of maternity clothes to rival the pregnancy collections being churned out by designers such as Nicole Miller and BCBG. And that shift is rippling out far beyond Hollywood, says Amy Tara Koch, author of Bump It Up: Transform Your Pregnancy into the Ultimate Style Statement.

Famous faces like Nicole Richie and Gwen Stefani refused to forfeit their fashion identity while they were pregnant. "I think there's a trickle-down effect," says Koch. "The result was much better maternity clothing for everyone."

MOM-TO-BE STYLE

What celebrities wear has always influenced dayto-day fashion, so it's only natural that women would look to them when it comes to maternity style, says Dionne Klein, owner of the upscale boutique Belly Maternity in Toronto. Different celebrities have stamped their own trademark pregnancy looks.

FASHION FAUX PAS

Of course, some pregnant stars are making headlines for their fashion missteps. Body-hugging sheaths and pencil skirtsthe MVPs of Kim Kardashian's pre-pregnancy wardrobe-have landed the pint-sized celeb on countless Worst Dressed lists, while a boxy black-and-white number had critics comparing the queen of reality TV to the killer whale Shamu.

"She's defined herself as a curvaceous sexpot for so many years and it's really worked for her," but now she's in denial, says Koch. "Those kinds of skin-tight, painted-on leather outfits just don't work in pregnancy."

Sometimes it takes more than one go-round for stars to figure out how to dress their changing shape. Take Jessica Simpson, says Koch. She's awaiting her second child in sporty knits and fitted jeans-a big step up from the sloppy silhouettes that preceded her daughter Maxwell's birth. The important part, says O'Reilly, is that pregnant women dress in a way that they feel comfortable. "If they choose to wear track pants for the duration of their pregnancy, they should be allowed to do so without judgment."





WHAT KATE WORE (FROM LEFT TO RIGHT)

pregnancy style: three ways

These moms-to-be are capturing the world's attention with their maternity looks -PAOLA LORIGGIO





KATE MIDDLETON

AGE: 31 STYLE: Modern classic **BEAUTY MESSAGE:** Glossy mane, polished face, and perfect posture the Duchess is flawless without being overdone. SIGNATURE LOOK: Simple dresses in solid colours.

WHY WE'RE OBSESSED: Inside that bump is the heir to the British throne. Aside from that. Kate's pulled off the ultimate balancing act, injecting some fun into her conservative wardrobe without making royal-watchers—or her inlaws—clutch their pearls. She's young, vibrant, and regal.





STYLE: Edgy casual BEAUTY MESSAGE: A little rock 'n' roll, with strong eyes and a tousled pixie cut. SIGNATURE LOOK: Artfully torn jeans.



WHY WE'RE OBSESSED: Simple silhouettes—loose sweaters, boyfriend jeans—keep Halle looking confident and comfortable. She knocks it out of the park with sheer panels and embellishment on the torso and is as stunning in pregnancy as she was in her Bondgirl days.



KIM KARDASHIAN AGE: 32 STYLE: Bling glam BEAUTY MESSAGE: The queen of

reality TV doesn't leave the house without serious makeup and a full blowout.

and pencil skirts.



`The Duchess in a Tara Jarmon coat at a children's hospice on April 29; in an Emilia Wickstead dress at a charity reception for the National Portrait Gallery; and in a spotted Topshop dress and suede clutch by UFO at the Warner Bros. Studio on April 26.

WHY WE'RE OBSESSED: Keeping up her sexy Kardashian image takes a lot of work, and Kim's efforts tend to backfire as often as not, turning her into an irresistible study for fashion dos and don'ts columns. Her SIGNATURE LOOK: Skin-tight dresses chutzpah makes it impossible not to root for her.

THE NEW EAU DE TOILETTE FOR HER



MOTHER'S DAY

NEW MOM PICK-ME-UPS

Jessica Alba with daughter Haven

They say motherhood is the best gift of all, but here are a few treats guaranteed to put a smile on the face of a special lady



sne can throw this wardrobe multiplier on over anything to dress up her look. Ann Taylor Waterford paisley scarf, \$58, anntaylor.com



SWEET CITRUS This candy-pop necklace will give

her some of the limelight. Banana Republic necklace, \$74, bananarepublic.ca

3-IN-1 BEAUTY

Keep her covered for onthe-go touch ups, with this eye, lips, and cheek palette.

Aerin Shell Colour Summer Style Palette, \$78, select Holt Renfrew stores, esteelauder.ca



We know she's on someone else's schedule, but this stunning watch is as pretty as it is practical. Marc by Marc Jacobs Amy Dinky Watch, \$240, watchit.ca

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BATH SALT

Dot & Lil

SELS _ BAIN

BAG LADY

Forget mumsy diaper bags. This stylish beach tote is roomy enough to fit everything she and the little one—need.

Joe Fresh Stripe Tote, \$12, joefresh.com Sarah Jas

Sarah Jessica Parker and her daughter keep it casual around town

Gaby Basora

Owner & designer, Tucker by Gaby Basora; New York

THE COVETEUR

"I love my kids so much. I don't separate being a mom and running a business," says Gaby Basora, owner of fashion brand Tucker, known for its luxurious fabrics and no-nonsense design. "It is all part of my life." Basora definitely doesn't do mom jeans. When it comes to clothing, she is the queen bee of prints. Her home is filled with reupholstered chairs made from leftover Tucker fabric, too. "My husband said if a fabric is fine for making a beautiful dress, it is most fine for a beautiful chair." But it was Basora's contagious joie de vivre and wide grin (with her trademark Kate Moss gap) that made us feel most at home.



web See more of Basora's style on TheCoveteur.com

THE KIT on instagram

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GETTING LIPPY Our beauty shelves overflowing with bright summer lipstick shades



PINK PARTY A colour-coordinated celebration in The Kit's boardroom



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Dead www. alluring

CLOCKWISE

Basora in one of her

signature jumpsuits; postcards, children's drawings of bats, and a Tucker blouse; her favourite beauty products and an Eiffel Tower souvenir; a

Tucker dress displayed in her kitchen, where

she and her kids often

cook together.

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