

THE
Kit
BEAUTY &
FASHION

*GET
MOUTHY*

A figure skater waxes poetic on lip balm
PAGE 5

*NAIL
THIS*

Colour combos for multi-colour manicures
PAGE 3

*SCI-FI SKIN
SOLUTION*

The next big thing in skincare is the microscopic stem cell. How the products that harness its super powers can give you brighter, younger-looking skin

PAGE 6

IMAGE SCOPE BEAUTY



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5 TOP INTO THE WILD

Embrace your primal instincts with a bold, animal-inspired ring. There's one for every personality and budget



1. **FELINE FASHION**
Vamp it up by pairing this fast cat with a dark and flirty jewel tone mani for an eye-catching look. **Zad** mixed-metal jaguar cocktail ring, \$20, ellehardware.ca
2. **LEADER OF THE PACK**
It's no surprise that self-taught accessories designer Jenny Bird admits to being a fiery Aries. Symbolized by the ram, her sign is characterized as pioneering and adventure-seeking. Ditto this ring. **Jenny Bird** gold-plated ram ring, \$85, jenny-bird.com
3. **SNAKE CHARMER**
Add a dash of sultry to your outfit day or night by channeling your inner aspy Cleopatra. **Thomas Sabo** sterling-silver snake ring, \$219, thomassabo.com

4. **COPY CAT**
Spark a fashion conversation with this crystal-embellished feline ring. Accessorize with your LBD for a night out. **Cocoa Jewelry** gold-plated brass and crystal Nala lioness ring, \$35, cocoajewelry.com
5. **HEAR ME ROAR**
This full-maned knuckle-duster makes a fierce statement. Try it paired with jeans and a flowy blouse to create a soft, Boho look. **Cocoa Jewelry** gold-plated lion cocktail ring, \$25, cocoajewelry.com

—NATASHA BRUNO/PHOTOGRAPHY BY DANIEL HARRISON

web See more gorgeous accessories at thekit.ca/accessories



ASK JEANNE

"I would like to do as some French fashion editors do and stop wearing makeup to work. My hair and clothing are always polished. Good idea? Bad idea?" —Aurelie

DEAR AURELIE:
Sounds like you're ready for a big change. Make sure you ask yourself why. Are you just looking to save a few minutes in your morning by nixing your makeup routine? Do you just want to tone down your makeup for work? The latter might be a better idea instead of ditching your makeup altogether. A bit of tinted moisturizer, mascara, and lipgloss would give you that natural look you crave, without doing away with makeup completely.
It also depends on the kind of job you have. If you're at a job where you're not doing lots of presentations with clients, or staying in the office most of the time, you may not be that inspired to wear much makeup. But, wearing a little makeup is nice—it makes it look as though you've put an effort into your personal style.
I'm not sure that all French fashion editors abandon makeup for work. I think that may be a bit of a myth. But many of them definitely go for a more natural, laissez-faire, natural look. And that's lovely. But remember, even these seemingly effortless looks often involve subtle, but calculated grooming, makeup application and shading.
While great style is a universal subject, culturally, there are some subtle differences that go on. For example, a stylish French woman can get away with having only two or three well-made, classic little black dresses in her wardrobe and constantly turns to them for any and every occasion. Here in North America, stylish women usually entertain a much more diverse (and larger!) wardrobe and crave many more options. I'm not saying one approach is better than the other. They're just different.

As one gets older, less is often more: Certainly no need to go for a fully made-up look every day. It also depends on what kind of overall personal style statement you want to make.
If you're not sure what to do, why not try going to work with less makeup for a few days and see what people say—if they say anything at all. More importantly, keep checking yourself in the mirror. If the image that's reflected back pleases you, then stick with the no-makeup look. When all is said and done, you've got to make yourself happy first and foremost and put your best face forward.

Send your questions to askjeanne@thekit.ca.

Jeanne Beker is contributing editor to the Toronto Star and host of Fashion Television Channel. Follow her on Twitter @Jeanne_Beker.



Emmanuelle Alt

radar



BABY FEVER

Retailers have littles on the brain. **Destination Maternity** has opened a Canadian location, in Calgary. Last week, **Baby Gap** released a collection, above, inspired by the Peter Rabbit books. And don't forget celebrity moms-to-be Kate Middleton and Kim Kardashian. Babies: so hot right now. —Nadine Anglin

GET WELL AT THE RITZ

Free workshops at the Ritz-Carlton Toronto's Wellness Week help you kick-start 2013. The highlight: a skin health class at the hotel's **Spa MyBlend by Clarins** (January 27; 1:30 p.m.). Visit spamyblendtoronto.com for details. —N.A.

THE KIT WILL RETURN

The Kit print feature will not publish the last week of January. For more fashion and beauty news, download the February issue of The Kit interactive magazine on Jan. 30 at thekit.ca



Joe Fresh Spring 2013

MORE JOE, PLEASE

The Joe Fresh empire continues to expand with two new freestanding stores opening up this spring: Victoria welcomes a new shop in February while Ottawa will get its own in March. Fans of the budget-friendly label's *au courant* attire can expect women's, men's and children's apparel and accessories, as well as Joe Fresh beauty products—all under one roof. —N.A.

BANANA REPUBLIC X MILLY

Yet another reason to pine for warmer weather: **Banana Republic** will release a limited-edition collection this summer in collaboration with quirky-hip New York label **Milly**. Look out for more than 60 pieces for men and women, including maxi dresses, mini skirts, polo shirts and accessories. A new print was created exclusively for the collaboration, featuring Milly's trademark vintage-inspired vibe. Prices range from \$24 to \$175. At select Banana Republic stores worldwide. Visit bananarepublic.gap.com. —N.A.



OFF-FIGURE STYLING: KRISTINA LERNER/JUDY INC. RUNWAY: GEORGE PIMENTEL

the edit

web

Learn about the latest nail trends at thekit.ca/body



Tracy Reese
Spring 2013

SPOTTED

DOUBLE DOSE OF COLOUR

Sass up your winter nails with a multi-coluor manicure



ORANGE WITH ATTITUDE

Vermilion nails with a contrasting racing stripe straight down the centres: Now that's a great way to speed into spring. **OPI** Euro Centrale Collection Nail Lacquer in Oy—Another Polish Joke! and My Paprika Is Hotter Than Yours!, \$11, opi.com



NAIL ARTISTRY

A two-colours-in-one wand allows for endless nail-art experimentation in a pair of the coming season's happiest hues. **Revlon** Nail Art Expressionist Nail Enamel Duo in Monet, \$9, drug stores and mass retailers, revlon.ca



TROMPE L'OEIL

Push the manicure envelope with fashion-forward styles inspired by the spectator shoe. Try a silhouette nail or a reverse moon. **Sally Hansen** Colour and Care Complete Salon Manicure in #670 Midnight in NY, \$8, at major retailers. **Essie** Nail Lacquer in Adore-A-Ball, \$10, at major retailers.



BEIGE & BEYOND

Reimagine neutral beiges with iridescent bug-green tips, or perhaps try a tiny teal polka dot placed strategically upon 10 nude-enamelled moons. **Avon** Nailwear Pro + Nail Enamel in Shimmer Noir Emerald, \$7, avon.ca. **Dior** Vernis in Gris Trianon, \$24, dior.com

one minute-miracle



BEAUTY SLEEP ESSENTIAL

Admit it. You haven't always been good about removing your makeup before bed. Non-comedogenic **Burt's Bees** wipes are infused with white tea and cucumber extracts, and made with natural fabric. They take off everything—even that long-wear lipstick. No excuses.

—DEBORAH FULSANG

Burt's Bees Facial Cleansing Towelettes, \$13, at mass retailers, burtsbees.ca

THE BUDGET CHALLENGE

STRAP ONE ON FOR WAY LESS



Material Girl Cillis microfiber faux-suede pumps, \$69, thebay.com



Rashida Jones

EARTH ANGEL

Playing off this angelic white frock, Jones injects some edge to her look with these strappy Mary Janes—a sexy twist on the classic version.



Lauren Conrad

LONG AND LEGGY

While there is no arguing this dress is painted on Conrad, the almond shape toe of her Mary Janes helps lengthen her lower half.




Kate Bosworth

GOLD DIGGER

Bosworth's flapper-inspired outfit and Mary Janes are a natural fit. We love the added vintage nod: a metallic cap toe.

TIP: To get the most flattering look like our celebs, get a strap that hits well below the ankle for longer, leaner-looking legs.

RED CARPET FASHION FORECAST

Presenting three nominees for a best-actress Oscar: We dissect their sartorial selections for recent red-carpet events to predict what they'll wear on Hollywood's most glamorous evening this February  VANESSA TAYLOR

JENNIFER LAWRENCE



HER BEST LOOK

SEEN AT: People's Choice Awards
Lawrence's sequined Valentino Couture dress has a 1970s nod with the draped skirt and batwing sleeves. We love that her tousled braided updo showcases the statement earrings and sheer neckline.



SEEN AT: Critic's Choice Awards
Despite the sweetheart neckline on this Prabal Gurung gown, the leather detail and cleavage makes this one smokin' frock. A sheer train adds a major dose of red-carpet appeal without being too overwhelming.



SEEN AT: Golden Globe Awards
Lawrence ventures outside of her standby dark dresses with a bright, drop-waist Christian Dior gown. The strapless neckline teamed with a full skirt makes her look like the belle of the ball. She continues to wow us with messy-pretty updos.



OUR OSCAR PICK

Elie Saab
A sultry bustier and lace would showcase Lawrence's incredible figure and the floaty skirt has red carpet written all over it.

JESSICA CHASTAIN



SEEN AT: Zero Dark Thirty premiere
Hitting several trends in the same outfit is no easy feat, but Chastain looks great in this cobalt Elie Saab dress. The bouffant-inspired lace bodice contrasts the classic shape of the pencil skirt with a subtle peplum.



HER BEST LOOK

SEEN AT: The Heiress Bash
Canary yellow and classic red lips are the ideal combo for red-heads. Chastain looks flawless in this lace frock. The nude under-layer transforms this dress from classic to mysteriously sexy. We loved that passed on accessories, keeping the focus on this fantastic outfit.



SEEN AT: Golden Globe Awards
Wearing the 'it' hue of the season, Chastain arrives in a mint sorbet Givenchy couture gown. Though the colour is sweet, the silhouette is daring. The plunging neckline and backless detail show Chastain can wear almost anything and look fabulous.



OUR OSCAR PICK

Zac Posen
The bow is feminine, but this silhouette means Chastain would be dressed to kill. A fiery redhead in this sizzling shade is a sure-fire winner.

NAOMI WATTS



SEEN AT: The Impossible Los Angeles premiere
While some may think prints are a casual option for the red carpet, this floor-grazing floral Zac Posen gown is stunning. The flutter sleeves and fit-and-flare silhouette have a subtle 1940s look, along with her pin curls.



SEEN AT: People's Choice Awards
Watts doesn't shy away from a bold, 1970s-inspired look. She makes a dramatic entrance and exit with this Alexander McQueen backless halter top and slinky column skirt. Finishing touch? A multi-coloured collar (part of the dress), earrings and a wind-swept faux-bob.



HER BEST LOOK

SEEN AT: Golden Globe Awards
From the front, Watts's rich burgundy Zac Posen gown reads conservative, with nothing but a simple keyhole. But it's completely open at the back and sports a full train. We love that her matching earrings peek out beneath her vintage-inspired faux-bob.




OUR OSCAR PICK

Gucci
Stepping away from the classic red carpet puffy gown, this column dress would look incredible.

CELEBS: GETTY IMAGES

IT'S THE BALM

Canada's 2010 Olympic figure skating bronze medalist Joannie Rochette waxes on lip balms vs. ointments—and why she no longer bites her lips  JANINE FALCON



A lip balm in every jacket or coat she owns, plus at least four in her purse, earns figure skater Joannie Rochette a Lip-BalmAddict diagnosis. "While competing, I put lip balm under my lipstick to keep them hydrated and prevent my colour from getting into the little lines of my lips," she says. Most of us share Rochette's lip balm obsession. Along with Sorel boots, puffy parkas and maple syrup, lip balm in every pocket is part of the winter-proofed Canadian's culture.

Rochette is part of Canadian culture, too: she's a six-time national champion and 2009 world silver medalist. And during the Vancouver 2010 Winter Olympics, she touched hearts worldwide with her bronze-medal win and two days after her mother unexpectedly passed away of a heart attack. These days, Rochette is touring with Stars on Ice as the Canadian spokesperson for Carmex Lip Balm.

According to Dr. Sandy Skotnicki, dermatologist and medical director of the Bay Dermatology Centre in Toronto, there is good reason for our dependence on lip balm, especially in icy, dry conditions. She says lips are more delicate than the rest of your skin "because they lack the protection of the stratum corneum to keep moisture in and irritants out," she says. So think of lip balm as a substitute shield.

When it comes to lipbalm format, Rochette is definitely on 'Team Tube rather than 'Team Stick. "The problem with waxy lip balms is that when I get in the rink they get cold and almost impossible to apply."

Janine Falcon is head geek at imabeautygeek.com

6 SALVES FOR BABY-SOFT LIPS



Burt's Bees Ultra Moisturizing Lip Treatment has kokum butter, a fruit-seed extract that feels just great. \$5, Shoppers Drug Mart, Rexall, burtsbees.ca



Lippy Girl Lip Love Lip Conditioning Stick is less waxy so it won't harden on cold lips. All-natural, too. \$8, ebeauty.ca



Diptyque Soothing Lip Balm elevates lip salve to luxe salve with subtle fragrance, melty texture, and a pretty pot. \$42, holtrenfrew.com



Carmex Lip Balm is the stick version of the cream. It has cocoa butter, lanolin, tingy camphor and menthol. So great, it sells 138 units per minute. \$3.79, Shoppers Drug Mart.



Elizabeth Arden Eight Hour Lip Protectant Stick SPF 15 is a favourite of makeup pros to soften lips at photoshoots. \$23, The Bay, Sears, elizabetharden.ca



The Body Shop 100% Natural Lip Roll-On softens with natural oils for a pillow soft finish. \$6, thebodyshop.ca

THREE STEPS TO SUPPLE LIPS WORTH KISSING

1. GENTLY BUFF ROUGH LIPS with a hot, damp washcloth. (Forget the toothbrush idea, which can be too aggressive for delicate lips.)

2. DAB LIPS WITH NATURAL OIL, such as seabuckthorn, olive, or sunflower, or a blend like The Body Shop Natural Roll-On. Try a drop or two of the same hydrating serum you use for your face and let it sink in before applying the next step.

3. LOAD UP ON BALM. Ointments blanket dry lips easily, but some stick balms, such as LippyGirl Lip Love Lip Conditioning Stick, are satisfyingly emollient.



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ON THE COVER

A FAIRY TALE COME TRUE

Get brighter, younger-looking skin with anti-aging products that tap the super powers of stem cells

BY JANINE FALCON

Once upon a time, around the mid-18th century, in a land far, far away—Switzerland—there lived an apple tree named Uttwiler Spätlauber. This was a very special apple tree: It bore fruit that had a mysterious ability to heal itself.

Piercing an Uttwiler Spätlauber apple skin would spark the slow growth of a mass of new cells over the cut. The colourless mass, called a callus, was special, too. Comprised of stem cells, it could repair the damaged fruit flesh without leaving a mark. Like magic.

Today, there are only a few Uttwiler Spätlauber apple trees left. But happily, some other species of plant stem cells are also capable of regenerating entirely new plants

“Stem cells are like ‘super cells,’ because they have superior qualities, such as a longer life cycle and more endurance.”

Solen Marie, former VitalScience product development manager

if need be. Apple or plant, these stem cells can help maintain the health of human stem cells, too.

According to the Mayo Clinic, “Stem cells are the body’s raw materials—cells from which all other cells with specialized functions are generated. In the body or a laboratory, stem cells divide to form more cells, called daughter cells. These daughter cells either become new stem cells (self-renewal) or become specialized cells (differentiation) with a more specific function, such as blood cells, brain cells, heart muscle or bone.”

An *International Journal for Applied Science* study reports that human stem cells aren’t quite like plant or apple stem cells—capable of replicating themselves endlessly. Instead,

we are each born with a limited number—and because life isn’t fair, some of us are born with more, says product development manager Solen Marie, who oversaw the formulation of Dermaglow Synchron Age Cream. (Marie just left VitalScience for a complete career shift). “Stem cells are ‘super cells.’ They have superior qualities: a longer life cycle and more endurance,” explains Marie. Stem cells divide into new stem cells and healthy new tissue cells, including fibroblasts, which produce collagen, hyaluronic acid and elastin—essentials for bouncy skin, notes Hiroko Nagawaka, Shiseido’s director of global product development and research.

But, we lose stem cells as we age. They reproduce only a limited number of times before they work their way up from the bottom of the epidermis to die with other cells at the skin’s surface.

Stem-cell skincare, usually aimed at more mature skin (40s and up), contains ingredients such as fruit or plant extracts designed to improve stem-cell health and performance. The idea is to “slow down the renewal of dysfunctional cells and increase the renewal of healthy ones,” says Marie.

“A good environment needs to be created for dermal stem cells to function effectively within the skin,” says Nagawaka. The result? brighter, smoother, firmer, more resilient and younger-looking skin.

The science is encouraging. Investigations show that stem cells from the fabled Uttwiler Spätlauber apple really can protect human stem cells from damage and prolong their life cycles. In fact, one study revealed a 15 per cent improvement in crow’s feet in over just four weeks.

Does that sound like a fairytale?

Janine Falcon is head geek at imabeautygeek.com



1. Dior Capture Totale Crème de Nuit Haute Régénération, \$150, thebay.com 2. La Prairie Cellular Power Serum, \$525, Holt Renfrew, laprairie.com 3. Shiseido Advanced Super Restoring Cream, \$140, thebay.com 4. Stimulation Boost Crème, \$82, stimulation.com 5. Lancôme Absolue L'Extrait, \$350, at Lancôme counters, lancome.ca

web

Get more skincare advice at thekit.ca/beauty



4 CELEBRITIES WHO AGE GRACEFULLY

These gorgeous celebrities will have you planning your beauty routine proactively so you won't ever look a day over 29

BY NADINE ANGLIN

In show business, youth is often equated with beauty, and we've all seen the terrible lengths some celebrities will go to retain their winning looks.

Dramatically-altered faces and waifish bodies are unrealistic at any age, so it's refreshing to see several celebrities take a more natural route with aging: retaining some wrinkles and character, and choosing to age gracefully—and looking so much better for it!

Want proof? It's right here:

- Michelle Yeoh is the poster child for beauty, brawn and brains.
- Diane Lane is quietly confident and always subtly sexy.
- Julianne Moore, is just radiant: her porcelain skin seems to glow from within.
- Halle Berry personifies the phrase, “Aging like fine wine.” It was made just for her.



Halle Berry, 46



Diane Lane, 47



Michelle Yeoh, 49



Julianne Moore, 52

web

Look beautiful at any age. Visit thekit.ca/right-look-right-age



CLOCKWISE: Power couple Dee and Tommy Hilfiger; the Hilfiger master bedroom, Halston jacket and Stubbs & Wootton shoes; Tommy Hilfiger ties, vintage hat, Hermès belt



CLOSET OF THE WEEK

Dee & Tommy Hilfiger

Founders, Deesigns and Tommy Hilfiger; New York City

BY THE COVETEUR



Tommy and Dee Hilfiger are two names synonymous with style and power. Both are successful entrepreneurs in their own right; Tommy with his name-sake empire and Dee with her recently launched collection, Deesigns for America's Home Shopping Network.

The duo have translated the very same labour of love and passion of their businesses into their home, which is a carefully curated, museum-like abode at the iconic Plaza in New York.

From their Eloise room, which features a hand-painted, 360°-mural to the nautical theme of their youngest son Sebastian's room, the Hilfigers have applied the same creativity and thoughtfulness in their home as in their respective lines.

Tommy even took the time to give us an lesson on Hilfiger history, with tales of casting Britney Spears in his ad campaign before anyone knew her.

Dee shares a similar passion for the arts and Americana prep. The former Ford model's love for fashion inspired her to fill a void in the handbag market by creating customizable, multi-functional bags.

Tommy has devoted years to building the classic Americana brand, widely recognized for staying true to its signature red, white and blue-jean classics.

Tommy and Dee's sophisticated taste in art—they own Andy Warhol, Jean-Michel Basquiat, Keith Haring and Richard Prince pieces—and preppy-chic closets made our job a breeze.

web Go inside Tommy's chic closet at thecoveteur.com/tommy_hilfiger

THE KIT ON

instagram

Visit us at instagram.com/the_kit and go behind the scenes of The Kit. See our candid pictures from photo shoots, events and more.



The Kit's office makeover continues with poster-sized prints of our favourite editorial images



Candid photos from the office: Showing off quirky iPhone cases



Our intern's glittery, impressive DIY nail art is inspiring and detailed



A favourite tote from Kate Spade at Yorkdale Shopping Centre in Toronto



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