

PAGE 3 A cover-up that covers all the bases



PAGE 7 Calgary chef brings chic into the kitchen











- Incredible PRIZES to be won, including a Movado Watch
- Gift Bag valued at more than \$100 for ticket holders
- More than \$2,400 worth of Gift Baskets to be won on-site
- Fall Beauty Trend Presentation by Editors from THE KIT
- Presentation by Sherry Abbott, Director of Look Good Feel Better
- Light refreshments and candy bar

To book your tickets, call the stores directly:

TORONTO • OCTOBER 4 at 6 PM Shops at Don Mills, 20 Marie Labatte Rd., 416-384-1858

OTTAWA • OCTOBER 12 at 12:30 PM & 5:30 PM Ottawa Downtown, 161 Bank St., 613-234-7781

MONTRÉAL • OCTOBER 18 at 12:30 PM & 5:30 PM Place VIIIe Avenue, 1 Place Ville Marie, 514-875-1593

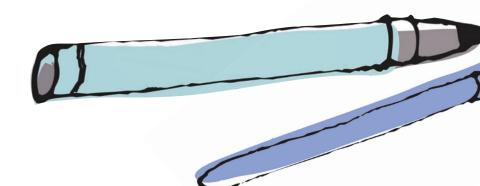
VANCOUVER • OCTOBER 25 at 6 PM Oakridge Mall, 650 W. 41st Ave., 604-264-8035

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ION FOR HING-EAR DAYS

Dear Jeanne, I need a go-to outfit for those days that I just can't pull something together. What should it be? -Alexandra Dear Alexandra.

I don't want to sound like a bore, but my go-to outfit has always been a simple, sleeveless little black dress, to the knee, in a stretch Ponte di Roma double-knit fabric.

Whether you want a bit of a scoop neckline or a high neckline—it's your personal preference. And if your arms can't handle the sleeveless look, go for a short or three-quarter sleeve. But a classic, great-fitting little black frock can be dressed up or down, according to the various hose and shoes you choose, along with the various accessories you want to mix it with.

It's neither over-dressed nor under-dressed on its own, and can work for a multitude of occasions at any time of the year. If you're tired of black, go for navy or midnight blue. You might also think about grey or charcoal, neutral colours you'll never tire of. I like to think about these go-to dresses as blank canvasses for your own individual expression. They're great for travel (choose a fabric that's wrinkle resistant) and can be worn over and over again



without people noticing all that much-especially when you're changing up your accessories all the time.

Besides mixing up the pantyhose you wear, depending on the occasion (everything from nude fishnets and textured tights to black opaque stockings), you'll want a comfy pair of pumps you can rely on. And with the right handbag, you'll always feel pulled together and good to go.

Send your questions to askjeanne@thekit.ca. Follow @Jeanne_Beker on Twitter.

Jeanne Beker is a contributing editor to the Toronto Star and the host of FashionTelevision Channel.





WHAT WE WANT THIS WEEK DANGLY **EARRINGS** If you're new to statement earrings, this is the perfect starter pair. The geometric shape is on trend, yet this pair is subtle and easy to wear. Foxy Originals pewter and 14k gold Hive earrings, \$28, foxyorginals.com ELEGANCE **ABSOLUTE** For chypre fans—and those head over heels for last year's debut Valentino scent-there's a new, deeper incarnation of the spritz. A formula enriched with Madagascar vanilla, velvety cedar, oak moss and patchouli suits



ne-minute miracle HE MULTI-TASKER



For those long, long days when you need a touch-up — or two — a cream compact is a godsend, especially when it boasts as much moisturizer as foundation. This latest multitasker from Laura Mercier offers buildable coverage plus a broad-spectrum sunscreen. It really does work day into night. Enjoy its velvety texture, blendability, rich formula (it is laced with antioxidant vitamins C and E) and portability.



MOISTURE, LIGHT

autumn nights. Valentino

Valentina Assoluto \$96 eau

de parfum (50 ml), valentino

Adapt your skincare for fall with Nars Agua Gel Luminous Oil-Free Moisturizer. It boosts your glow with light-reflecting technology, and comes without fragrance, so it won't interfere with your perfume. Zero parabens, too. \$68, narscosmetics.ca



aqua gel luminous oil-free moisturizer soin hydratant non gras lumineux aqua gel

book, Pretty Powerful, showcases inspiring women according to their personality — natural to bold and offers plenty of tips. \$35,

chapters.indigo.ca



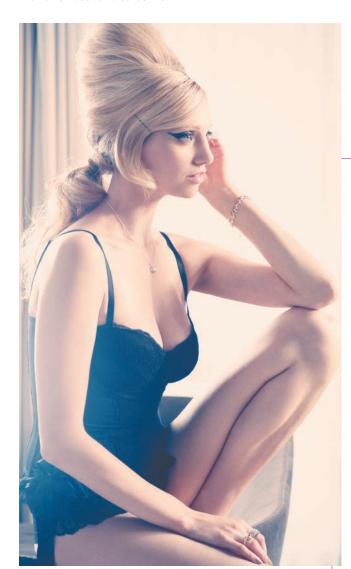
on the cover BIG, SEXYHAIR

BY DEBORAH FULSANG ● PHOTOGRAPHY BY GENEVIEVE CHARBONNEAU ● HAIR BY JUSTIN GERMAN ● MAKEUP BY DIANA CARREIRO

"THE HIGHER THE HAIR, THE CLOSER TO GOD" was the beauty mantra of many a Fall 2012 runway show.

Designer inspiration ran far and wide, from 1960s Brigitte Bardot-style bouffants at DSquared2 in Milan to more princess-inspired, high-volume looks at Oscar de la Renta and Moschino in New York and Paris, respectively. Those trendy tresses were adorned with satin ribbons, bands and crystal-studded brooches-ashairpins in the more-is-more spirit of things.

We're also channeling our favourite silverscreen beauty icons: Sophia Loren, Marilyn Monroe and Bianca Jagger—who made this bigand-beautiful hair look a sexy signature then, now and for seasons to come.



"Use a hot-roller set to achieve this larger-than-life look, spraying each section with hairspray to set the curls as you go," says onset pro, Justin German of Shagg Salon in Toronto.

Agent Provocateur black lace Matinee kimono, \$900, black satin and lace Luna briefs, \$120, both agentprovocateur.com. Victoria's Secret Fabulous nylon and lace bra, \$58, victoriassecret.com. Erin Tracy Designs sterling-silver and crystal earrings, \$120, erintracydesigns. com. Thomas Sabo sterling-silver with diamond bow bracelet, \$219, thomassabo.com

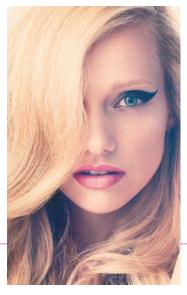
BIG is beautiful

Dry hair upside-down to boost your volume. And tease your hair in sections to create more lift, says German. "As you backcomb, spritz each section with hairspray."

Blush mesh and lace corset, \$74, blushlingerie.com. Simone Perele aloe vera infused jacquard lace and microfiber Caressence shorty, \$59, simone-perele.com. Holly Dyment sliced rutile quartz and diamonds set in 14k yellow gold Zelda ring, \$4,500, hollydyment.com. Links of London 18k yellow gold Entwine ring, \$1,400, and sterling silver Effervescence bracelet, \$290, 18k rose gold Effervescence bracelet, \$1,500, both linksoflondon.com/ca. Erin Tracy Designs sterling-silver and crystals stack ring set, \$220, and 14k gold and crystals luxe stacking rings, \$380 each, both erintracydesigns.com. Thomas Sabo sterling-silver 14k gold and diamond heart pendant, \$259, and sterlingsilver and fresh-water pearl pendant, \$39, both thomassabo.com



cover **BIG SWEEP**



To achieve luscious volume, set your hair with hot rollers or use a bigbarrelled curling iron-whatever your beauty comfort zone. A quick set with Velcro rollers placed in hair that is 90 per cent dry will deliver extra oomph, too.

PRO TIP:

"Use a flexible-hold spray," says German. "Nothing too stiff. You don't want to be using a firm hold spray until the end."

KJL vintage diamante brooch, \$750, caroletanenbaum.com. Hair ribbon, Mokuba Toronto, 416-504-5358. Blush stretch-satin and lace pink robe, \$88, blushlingerie.com





BEAUTY

HE RIGHT STUFF

Hair is reaching great heights this season. Whether you're looking for shine, hold or volume these products will help your mane achieve its big moment. BY NATASHA BRUNO



Aveda Pure Abundance Hair Potion, \$30, aveda.com



Revlon Professional Style Masters Amplifier Fiber Mousse, \$20, revlonprofessional.com



Pantene Pro-V Root Lifter Spray Gel, \$6, pantene.ca



L'Oréal Paris Hair Expertise Volume Collagen Body Boost Root Lifting Spray, \$7, lorealparis.ca



Dove Refresh + Care Invigorating Dry Shampoo, \$8, dove.ca



Pantene Pro-V Lasting Volume Aerosol Hairspray, \$6, pantene.ca

CANADA'S HOTTEST HAIRCUTS

Need a new hairstyle? You can't go wrong with one of these celebrityinspired cuts most requested at top salons coast to coast by JILL DUNN



VANCOUVER Salon: Barbarella Salon, barbarellahair. com (3277 Main St.) The Pro: Laure-Elaine

Most-Requested Celebrity Cut: "Kate Moss is a popular reference—clients are requesting medium-to-long bobs. This trend is really low-maintenance."

DIY Maintenance: "For medium-length haircuts, I like Davines Sea Salt Primer: a great product to get that perfect effortless tousle. As a finishing step, we use Davines No. 10 Universal Polishing Coat, for shine and separation." Davines No. 10 Universal Polishing Coat and Sea Salt Primer, \$32 and \$26, davines.com, at select salons



Salon: Swizzlesticks SalonSpa, swizzlesticks. com (1211 Kensington Rd. N.W.)

The Pro: Ross Hahn Most-Requested Celebrity Cut:

"Michelle Williams's. A short haircut is easy to manage. It's sexy and feminine, and can be worn a bit edgy." DIY Maintenance: "Start styling with Aveda Smooth Infusion Style Prep to achieve the softer, yet sexy lookreminiscent of icons like Marilyn Monroe. A Kevin Murphy Smoothing Brush is a real asset." Aveda Smooth Infusion Style Prep, \$30, aveda.com, at salons. Kevin Murphy Smoothing Brush, \$69, kevinmurphy.com.au, at select salons



Bumble Prep. Surf Spray and Grooming Crème, \$23, \$30 and \$33, bumbleandbumble. com, at select salons and Sephora

Bumble and

SASKATOON

Salon: Magnolia Salon, magnoliasalon.ca (173 2nd Ave. S.) The Pro: Lindsay Mann

Most-Requested Celebrity Cut: "Long and flowing layers like Blake Lively's hair. It's popular because it shows off texture and allows for beachy waves that everyone wants, even in the fall. It is also a great cut to show off ombre colours that are so popular right now."

DIY Maintenance: "Start off with Bumble and Bumble Prep on wet hair and then layer in their Surf Spray and Grooming Cream to add definition and shine." Bumble and Bumble Prep, Surf Spray and Grooming Crème, \$23, \$30 and \$33, bumbleandbumble.com, at select salons and Sephora



Salon: Berns and Black Salon, bernsandblack.com (468 Main St.) The Pro: Kitty Berns

Most-Requested Celebrity Cut: "During the summer it was Robyn, but now it's Rose Byrne's bob with the longer sideswept fringe. I also find a lot of our clients bring in photos of streetstyle bloggers as hair inspiration. We see just as much real people inspiration as celebrities these days." DIY Maintenance: Side-swept bangs need some grit to keep them from flopping. "I love the Kevin Murphy line for this type of style. It gives lots of hold and shape with no residue." Kevin Murphy Hair Gritty Business and Resort Spray, \$22 and \$25 kevinmurphy.com.au, at select salons



conceptstoronto.com (60 Bloor St W)

The Pro: Johnny Iskenderian Most-Requested Celebrity Cut:

"Long hair has huge momentum right now as we move into fall. A lot of clients are inspired by Jennifer Lawrence and her gorgeous hair." DIY Maintenance: "Texturizing styling products like pastes are key for achieving those coveted long layered cuts."

KMS California Molding Paste, \$19, kmscalifornia.com. Aveda Control Paste, \$31, aveda.com, at select salons



ST. JOHN'S, NL Salon: The Hair Factory, thehairfactory.ca (1475 Lower Water St.)

The Pro: Melanie White Most-Requested Celebrity Cut: "Women are embracing texture. Taylor Swift's long, layered cut is popular for younger clients. And our more mature clients maintain a mid-length bob like Cameron

DIY Maintenance: "Make a cocktail out of your products and apply them at the roots instead of at the ends for more lift, volume, separation. Over-use of product on ends, weighs your hair down. Use

a straightening balm on shorter strands, or a lightweight gel for curls." Goldwell Spun Shine Cream and Flat Marble Straight Balm, \$21 and \$20, goldwell-northamerica.com, at salons

news

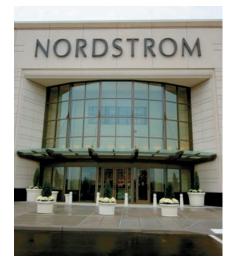
TAVI'S ROOKIE YEARBOOK

She first entered the fashion scene at just 13, impressing the stylish set with her knowledge of Comme des Garçons and Miu Miu. Soon, she started sitting in the front row beside editorial veterans, did a collaboration collection with label Rodarte, and penned a column in Harper's Bazaar. Now, Tavi Gevinson, is the coolest 16-yearold girl from Forest Park, Illinois, and is now a notch hipper thanks to the release of her first book, Style Rookie: Year One. This debut collection of stories about teen life is written by contributors and taken from her blog, Style Rookie. It was launched at a press event this month with another up-and-comer in attendance, Lena Denham, the creator and star of HBO's acclaimed series, Girls.



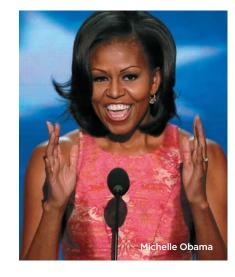
NORDSTROM TO OPEN IN CANADA

Shopping fanatics, hold on to your wallets: American department store Nordstrom is heading to Canada, after months of speculation. According to previously published reports, the Seattle-based high-end retailer is expected to open in four locations. Early reports suggest openings will begin in 2014 with stores at Chinook Centre (Calgary), Rideau Centre (Ottawa), Pacific Centre (Vancouver) and Sherway Gardens (Toronto).



MICHELLE OBAMA'S DRESS

The silk jacquard dress Michelle Obama wore to address the 2012 Democratic National Convention is not yet available in stores, but is being rushed into production. Designer Tracy Reese said she anticipated its popularity and that the pink, rust and copper creation will retail for under \$500 once it hits stores. Read more about it at kit2it.com/styleObama





NAME Connie DeSousa **CITY Calgary**

OCCUPATION Co-owner and cochef of Charcut Roast House

DESCRIBE YOUR STYLE Fast, fitted and flirty

Because Chef Connie DeSousa regularly works 12-14 hour days at Charcut Roast House, the restaurant she co-owns with co-chef John Jackson, getting dressed up is

rare, but one she very much enjoys. "Since I spend most of my days in my work uniform: a blackT-shirt, pants from Chef Works, black clogs and a black apron, getting dressed up is a creative outlet for me," says the former finalist on the first season of *Top* Chef Canada.

"Therefore, even if I'm just going out to the movies or to a friend's house, I put a little more effort into my wardrobe than may be necessary." DeSousa sticks to stocking her closet with basics: black pants and chunky knit sweaters from RW&Co., Old Navy tanks and her go-everywhere fur trimmed wedge boots by Steve Madden.

"I'm not a suit girl," says DeSousa. "I've never had to wear them, so I tend to stick to separates." A former ballet dancer (she studied from age six to 18) she also loves a touch of glam. "I still have all of my costumes, so you know I appreciate a little glitz." Recently, DeSousa added a permanent accessory to her arsenal: a tattoo of a pin-up girl sporting a few of her favourite things, like a link of Linguiça sausages and a Charcut napkin.

"Every male chef has a tattoo," says DeSousa, "Having a beautiful, strong woman on my arm speaks to my sense of femininity."



closet that's

Connie DeSousa shares her closet's singular sensations BY KAREN ASHBEE

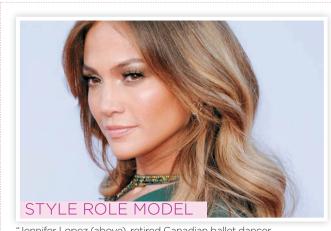


Kenzo windowcheck sweater, \$655, net-a-porter.com



BEAUTY HIT

Bliss The Youth As We Know It Anti-Aging Eye Cream, \$83, sephora.com



"Jennifer Lopez (above), retired Canadian ballet dancer



"I love Mealan," says DeSousa. Location: 1518 4 St SW., Calgary

YOU VOTED LAST WEEK: YES! I LOVE A VAMPY LIP.

NO! I PREFER BRIGHTS.

KIM'S MAKEUP

Extreme contouring, highlighting and concealer—would you use these tricks to get Kim Kardashian's camera-ready look? kit2it.com/Kim-Makeup







Add beautiful definition to your peepers with one of these four products in our eyeliner roundup. kit2it.com/eyeliner-picks



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