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Cartier sunglasses, \$545, josephson.ca. Dennis Merotto silk top, \$345, at select Holt Renfrew, Your Choice and Tocca Finita locations, dennismerotto.com

# A Brighter You

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CelluDestock AntiCelluite Care, \$53,
vichy.ca.
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\$44.99, myzeno.com.



# Neostrata Fruit Stem Cell Gel, \$65, neostrata.ca. Etival Defi Age Day Lotion, \$38, etival.ca. NeoStrata Anti-Aging Gel Anti



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SHOPPERS STORY

WHAT WE WANT THIS WEEK

# ask jeanne SLIM DOWN WITH

"Dear Jeanne, While I like all the 1920s fashions cropping up nowadays, can women with curvier-figures get away with the dropped-waist look?" —Marie, Toronto

It certainly isn't the first time that the '20s have come back with a vengeance. Shades of the much-loved flapper era have surfaced throughout the decades, and it's no wonder: it was filled with carefree gaiety, crazy rhythms and a glamorous but relaxed style—the perfect antidote to dark, uptight times. Then there's the effect that popular entertainment

imagery has, like, as you mentioned, the hit TV series *Downton Abbey*, or Baz Luhrmann's upcoming re-make of *The Great Gatsby*, due out later this year. Of course, it's one thing seeing svelte actresses pull off flapper dresses. It can be quite another kind of victimization when real women struggle to strut these looks. But take heart: though the dropped-waist dresses that graced spring runways (at Gucci and Ralph Lauren) have a silhouette that best suits those with longer torsos and smaller hips, full-figured women—especially those who don't have a waistline they want to show off—should be able to enjoy the dropped-waist look at well.

The beauty of these dresses is that they don't generally cling to the body, skimming the waist and hips, and offering a slimming effect. Just make sure the lower "skirt" portion of the dress isn't ruffled or too flouncy, since that would accentuate your hips. If you're a petite woman, you may find the dropped-waist a bit more difficult to wear since the proportions, which add more length to your top and less to your bottom, can make your legs appear shorter.

Because of the relaxed, comfy feel of these dresses (many of them have elasticized waists), you can pile on the accessories, even a low-slung belt. For me, it's so much about the shoes. If you can manage it, a great high heel or platform wedge will help elevate your look. Flats are fine, too, especially with the new full-length looks we're seeing.

surprises and no bulky side pockets. But the real

magic is the colour—it turns your basic tops

and jackets into a spring-

York Collection polyester-

ready outfit. Jones New

spandex trousers, \$119,

at The Bay.

So enjoy these relaxed lines as long as you can—there's a new peplum waist on the horizon for fall that's bound to present a challenge for some figure types. Then again, with variety and eclecticism being the operative words in fashion today, if something doesn't work on you, don't sweat it. Wear only what you feel comfortable in—what pleases your eye. At the end of the day, you're the one who really matters.—Jeanne

Send your questions to askjeanne@thekit.ca. Follow @Jeanne\_Beker on Twitter.

Jeanne is a contributing style editor to the Toronto Star. FashionTelevision airs Sundays at 5:30 p.m. ET on CTV.



ILLUSTRATION: FREDERICK WATSON

Rachel Bilson

**BODY KIT** SWEET SPRITZ There's something effervescently sweet about Nina Ricci's new Nina Fantasy eau de toilette. Must be the fruity top notes, the cherry-blossom heart and the sweet brown sugar and vanilla base. EDT \$68 (50 ml), ninaricci.com HANDBAG KIT **ECO-HANDBAG** Not just for ecoflooring and coasters anymore, cork livens up white outfits, nautical stripes and army greens. Stuart Weitzman Banner cork handbag, \$825, stuartweitzman.ca CLOTHING KIT **CUTE DRESS** We can't resist the sweet details on this LBD, like the Peter Pan collar and sheer, ruffled hem. Finish the look with a bright cross-body and booties. Vero Moda at M for Mendocino polyester dress, \$59, mendocino.ca HAIR KIT **ROOTS ERASER** In 10 minutes, Revion RootErase by ColorSilk matches any brand of hair colour-extending the life of your colour treatment a few weeks longer, (Spend 0.67 Fl. Oz./Oz. Liq./20 mL e the money you save on a new handbag.) \$8, revion.ca





ACCESSORIES KIT
ARTFUL ADD-ONS
Maryam Keyhani's irresistible

George Antonopoulos

This season's sunglasses signify nothing but fun-all sizes, shapes and lots of colour

BY DEBORAH FULSANG

unglasses empower. They give people an added confidence to face the world," says Toronto-based stylist and fashion designer George Antonopoulos. "Not to mention, they provide a protective shield from the elements." Antonopoulos, by the way, is a man who wears his sleek aviators well, just one of a host of sunglass styles seen on spring runways.

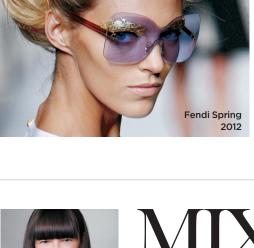
Shades were round and retro at Marni and Dries van Noten, oversized and glamorous at Balenciaga and Fendi, and cat-eye cool at Prada and Bottega Venetta. There was colour. There was pattern. There was a whole lot of confidence going on. And yes—they were wearable.

Keep your collection of big, black Jackie O sunglasses and metal-rimmed aviators close at hand—they always look good—but it's definitely time to invest in something fun. Tip: the trick to wearing the new trends well? "It's easy to go overboard with colour," says Antonopoulos. "I like to use balance as a formula. Bold colourful frames should be paired with more neutral clothes and a neutral lip colour. If you're a risk taker and you have the confidence to pull off bold bright colours, then go with it."









On the list of skills a woman needs so she can call herself a grown-up, you'd expect to find money management, basic household maintenance

and perhaps changing a flat. (Friends reading this column can do me a favour and don't write in with a similar list of skills I do not have.) But since readers of The Kit are a sophisticated bunch, we'd like to add a seemingly frivolous but nonetheless essential item. Of course, you haven't ordered an apple martini in years and prefer the kind of stiff drink Don Draper might slug back before noon, but when friends come over do you default to wine and beer? Can you make a Sidecar? A Widow's Kiss? Tell me you can make a Manhattan. You should learn to mix a drink.

**CERI MARSH** 

Editor of Toronto's must-read food magazine City Bites, Dick Snyder confesses he used to rely on wine and beer to serve guests but notices a difference when he makes the extra effort to whip up cocktails. "Nothing brightens up a party like some smart drinks," he says. Snyder likes a Sidecar. "It's easy to make and looks pretty. I might have the ingredients for that-brandy, Cointreau, lemon-all ready to go and whip a few off."

Dave Mitton, owner and head bartender of The Harbord Room, says that the juicy, fruity drinks like Cosmopolitans or apple martinis, so popular 10 years ago, have made way for what he calls, "more boozeforward drinks." So while a fully stocked bar should include gin, vodka, rum, scotch and rye, if you want to drink old-school, you need bitters. "If you've got Angostura bitters you've got a good start."

You can find cocktail tool kits at restaurant supply stores or swankier versions at places like Williams-Sonoma but all you really need to get started is a shaker and a shot glass. You might think you should be freestyling your pours à la Tom Cruise in Cocktail, but Mitton says no. "If you just pour by eye it's not going to be balanced. Start with a recipe and then adjust it to your likes."

Says Snyder, "I think making cocktails is intimidating to most, but it's remarkably easy once you dive in." Pick up a book of basic cocktail recipes or just ask your bartender the next time you have a particularly delicious drink. Mitton says he's often writing recipe notes on napkins for customers. The only thing you need now is a shot of courage.

# THE SIDECAR RECIPE

INGREDIENTS: 11/2 oz. cognac

1 oz. Cointreau 1 oz. fresh lemon juice

METHOD: Shake in an ice-filled martini shaker and strain into a chilled cocktail glass rimmed with lemon juice and sugar. Add an orange slice or zest to garnish.



BY PHOTOBLOGGER GILLIAN MAPP, GILLIANMAPPONLINE.COM

# what's in your:

# BACK-OF-THE-CAB

Makeup on the move is nothing new for busy women. A 15-minute cab ride is enough time for a presentable face with the help of a few makeup staples—and good red-light karma

BY JANINE FALCON

MIRROR, MIRROR The rear-view is just too far away. Goody Citrus Small Folding Mirror. \$4.29, Walmart, Loblaws. At the next red light, apply vour mascara, Shiseido Perfect Mascara Defining Volume. \$30, department stores

GLOVE-COMPARTMENTAL Transparent compartments in this Sephora Hot Hues clutch make finding things a snap. \$34, Sephora. It also fits a mirror large enough to show your whole face, as well as a lash curler to use at the first stopliaht.

DayWear

SPF 35/FPS 35

SUB-COMPACT CUE Éminence Sun Defense Minerals SPF 30 face powder's builtin brush makes sunscreen reapplication a breeze. A second, darker shade serves as bronzer. \$58, eminenceorganics.com

> **DOUBLE DUTY** This Joe Fresh Eye Shadow Quad in Warm Neutrals can step up as brow powder, too. Embrace the bit of shimmer; it gives brows subtle dimension. \$10, joefresh.com

THE TWO-STEP Bright lip colour cuts down steps you need only mascara on eyes. Yves Saint Laurent Glossy Stain #8

**PINCHABLE** COLOUR Sheer and shimmery Guerlain Terracotta Blush in Sunny Pink lays down a hint of a flush that nice girls normally pinch for. \$44, at Guerlain counters, Murale

ONE-STEP WONDER Multi-taskers are back-of-cab BFFs. Apply skincare, primer, foundation and sunscreen in one step with Estée Lauder Daywear BB Multi-Perfecting Beauty Benefit

Crème SPF 35. \$45.

department stores, esteelauder.ca

# in Orange de Chine, \$34, this shade exclusively at The Bay

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FASHION 

Dress like a princess—make that a queen with a bevy of bangles. The more the better.



Who would have thought Tilda Swinton and Gwyneth Paltrow would embrace glitter so fabulously? Known for their minimalistic style, both starlets captured the attention of fashion scribes with their high-glitter bracelets during the recent award-show run. Although Paltrow went top-tier with her diamond-encrusted cuff to match her sleek white Tom Ford column dress and matching cape, her pro-glitter stance inspires all, from the diamondready to the rhinestones-only crowd.



Tilda Swinton at the Golden Globes Swarovski Rarely bangle, \$575, swarovski.com. Rita Tesolin crystal with green deco-style cuff, \$365 ritatesolin.com. Chanel golden metal bracelet with glass stones, \$3,375, chanel.ca. Elsa Corsi crystal hinged cuff, \$1,200, elsacorsi.com.



# DRY GOODS

Go from bedhead to pretty head with two shakes, sprays or spritzes of these best-of-the-best dry shampoos



# FOR CURLY HAIR

No need to wash your hair daily. This is designed for locking out humidity, combating frizz and reviving curls for another day. LaCoupe Perfect Curls Curl Refresh Dry Shampoo, \$8, lacoupe.com



A favourite backstage at Spring 2012 New York Fashion Week, this revives even styled-multiple-times hair. L'Oréal Professionnel Texture Expert Fresh Dust, \$17, at salons, lorealprofessionnel.ca



# NO RESIDUE

Finally, a dry shampoo that goes on clear—not white. Dove Refresh+Care Invigorating Dry Shampoo, from \$5,



This aerosol dries instantly and soaks up unwanted oils at the root. The tiny packaging makes it perfect for your purse—and overnight stays. Osis+ Refresh Dust Bodifying Dry Shampoo, \$24, schwarzkopf-professional.com



# ODOUR OUT

This dry shampoo absorbs oil, neutralizes odours from your late night out and extends the life of a blowdry. Shake and spray. Redken Powder Refresh 01, \$23,

# NATURALLY

Cotton, corn and rice starch are just a few of the dirt magnets in this 95% natural formula that's free of fragrance, dyes and synthetics. Fekkai Au Naturel Dry Shampoo, \$26, Shoppers Drug Mart, Holt Renfrew and Murale





# nis week's



Whether minimalist silhouettes or extravagant lace, pretty sorbet hues marched down the runway at Dolce & Gabbana, Fendi and Louis Vuitton. Work this trend by sticking to easy shapes that flatter your body type with feminine embellishment. For a subtle nod, go with bows or floral appliqués. For a maximalist approach, opt for girlie feathers and oversize eyelet fabrics.

Brose silk top, \$288, marikabrose.com

Ideal for the girl on the go, Goody Double Wear Head Wraps are elastic headbands that double as necklaces. We love them stacked together around your neck as an accessory at the officeand then one or two to hold your hair back when you work out. You know what that means: you can go straight from the office to the yoga studio—no excuses.



Goody Double Wear Head Wraps, \$5 for a 2-pack, goody.com

Kate Spade blazer, Mikimoto pearls, Femme de Carrière pencil skirt, Christian Louboutin pumps and a Karen Millen handbag.

NAME KARA KILLAM CITY VANCOUVER **OCCUPATION** CONFLICT NAVIGATOR

**DESCRIBE** YOUR STYLE "When I work, it's classic but feminine. When I play, I prefer lots of colours— I want to have more fun

with it. Always feminine."

s a professional mediator who resolves internal conflict within large corporations, Kara Killam's work is serious business. "When I'm seeing clients, I have to dress more conservatively, but I still want to look fashionable," she says.

So it's no surprise to delve into her closet and uncover a row of pencil skirts, beautifully tailored blazers and enough fitted, button-up blouses that Killam doesn't have to hit the drycleaners more than once a month. Her string of pearls and diamond stud earrings are staples. But Killam also has a playful sideand that's where her collection of more than 70 colourful silk scarves come in, not to mention a raft of designer sunglasses from D&G, Burberry and Tiffany & Co.

Killam laments that Vancouverites have to consider the city's rainy weather so much in their wardrobe choices-and it's something she tries to work fashionably around. "I just bought Kate Spade rubber boots with a little bow on them and a bit of heel. I can feel feminine but still go to the park with my daughter."



Kara Killam adds classic flair to her business look

BY KATE MACLENNAN

**BEAUTY HIT** Hugo Naturals French Lavender All Over Lotion, \$10,

hugonaturals.com



Kristin Scott Thomas



"I love Tory Burch. It's fun, full of bright colours, young but classy.





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# TOP CELEB HAIRSTYLE

Looking for a new spring style? We've rounded up our favourite celebrity looks and shared the expert tips you need to get the look. Simply print and take to your stylist, confident that you'll leave the salon happy. Go to TheKit.ca/beauty/hair/celebrityhairstyles-for-spring.



# THE BEST BAGS IN PARIS

Forget the runways. Want to see the trendiest bags around? They're on the arms of fashionable ladies at Paris's most exciting ready-to-wear runway presentations. Handbag editor Glynnis Mapp captured them for us. Check out TheKit.ca/fashion/bags/ the-best-handbags-at-paris-fashion-week.







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