

# THE KIT

SOUTH ASIAN EDITION



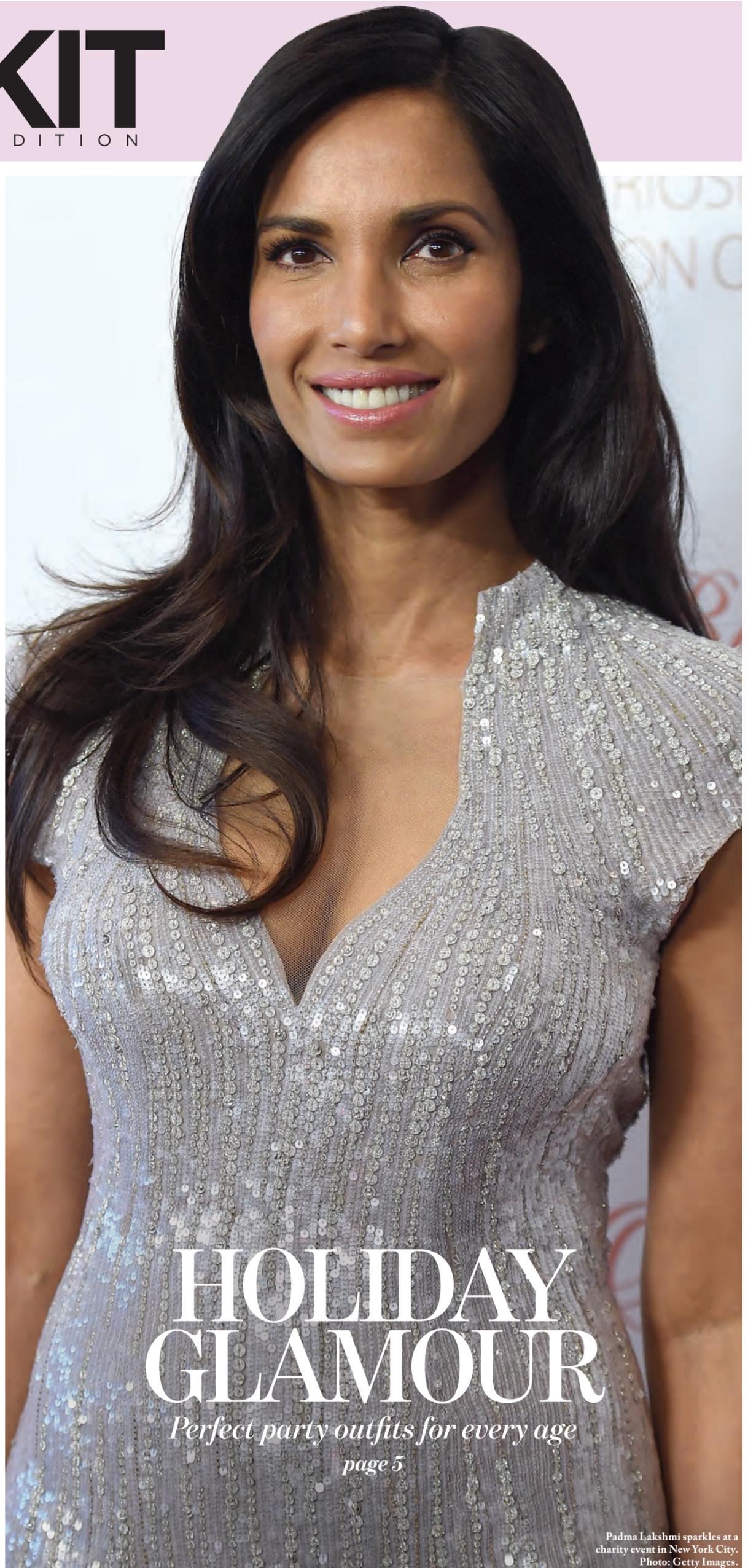
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Padma Lakshmi sparkles at a charity event in New York City. Photo: Getty Images.

STAY CONNECTED



### BEAUTY AT YOUR SERVICE

Our beauty pros have extensive product knowledge and are your guides for getting gorgeous. Visit any Hudson's Bay and they'll share tips, trends, solutions, and free samples, plus help you find glam gifts.

**HUDSON'S BAY**

# HUDSON'S BAY



**NEW**

**ALAÏA**

**Alaïa Paris Blanche**  
The newest edition is composed of almond, heliotrope flowers and vanilla.  
100 mL eau de parfum, \$162.

**Alaïa Paris**  
This modern scent has a floral heart and musky base.  
100 mL eau de parfum, \$162.



**YVES SAINT LAURENT**

**Splendid Wood**

This unisex fragrance has cardamom, incense and woody accords.  
80 mL eau de parfum, \$230.

## DREAMING of Unforgettable Fragrances

Make a powerful impression when you wear these dreamy designer scents to holiday parties or give them to loved ones as luxe gifts.

**NEW**

**DIOR**

**Savage**

Powerful and fresh with natural ingredients that leave a lasting woody trail.  
200 mL eau de toilette, \$145



**VALENTINO**

**Uomo Intense**

Mandarin, vanilla and black leather notes make up this strong, masculine scent.  
100 mL eau de parfum, \$115.



**MUGLER**

**Angel Muse**

Awaken the senses with this unique woody gourmand.  
50 mL eau de parfum, \$102.



**PRADA**

**L'Homme Prada**

Layers of amber and iris deliver a modern, sensual scent. 100 mL eau de toilette, \$118. 150 mL, \$142.

**La Femme Prada**

A sweet fragrance that boasts frangipani flowers, ylang-ylang and vanilla notes. 50 mL eau de parfum, \$115. 100 mL, \$165.

Stay on the pulse of gifting this season—shop all the latest designer scents and our exclusive fragrance sets at **THEBAY.COM**

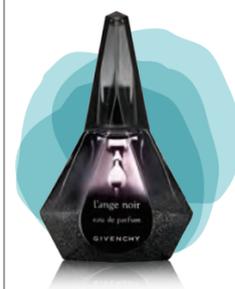
MOST WANTED

# Oh so lovely

Now that the hotly anticipated *Jackie* is finally in theatres (and earning Natalie Portman best-actress buzz), we're reminded of the former First Lady's formidable sartorial swagger. Jacqueline Kennedy Onassis established herself as an icon with her wardrobe of all-white ensembles, off-the-shoulder silhouettes and pillbox hats. Yet no accessory had more impact than her signature oversized sunglasses. Channel her high fashion *and* high society vibes with these rounded, mother-of-pearl beauties that are fit for a 21st-century woman of influence.

—Jillian Vieira. Photography by Hamin Lee

MICHAEL KORS SUNGLASSES, \$199, MICHAELKORS.CA



## THE AMATEUR NOSE

*A dessert chef sniff-tests a sesame-and-almond-based fragrance*

### THE NOSE

Zagros Leung, pastry chef at Byblos, Toronto

### THE SCENT

Givenchy L'Ange Noir, \$103 (50 mL), thebay.com

### THE NOTES

Black sesame, fresh almond, pink peppercorn, tonka bean, iris

### THE VERDICT

"It smells like our dish called loukoumades, made with halva [sesame] paste, walnut praline, spices and burnt-honey ice cream. [Middle Eastern desserts] are sweet, citrusy, and then the spice kicks in at the end."



### GRACE JONES, 1978

"This was actually taken in an office somewhere, and there was a glass table. I brought a light and I had her go on top of the glass. She was cool."

### CULTURE

## SNAP TO IT

Allan Tannenbaum has seen—and photographed—it all

BY VERONICA SAROLI

Allan Tannenbaum has spent his life taking analog photos, but if he were to start over today, he's not so certain it would work out. "When young people see my photographs, they're like, 'Really, New York was like this?' It was a different and really creative time. Now if you go to a party—even at a cool place—half the people are sitting around looking at their phones," he explains during a visit to Toronto's Stephen Bulger Gallery, where an exhibit of images from his new book,



### CHER, 1970s

"We were doing a story on the Empire Rollerdrome in Brooklyn. A lot of people would come over from Manhattan because roller skating was getting popular, and that was the best place to go to it. There were other photographers there, so maybe people knew that Cher was going to be there."



GRIT AND GLAMOUR BY ALLAN TANNENBAUM, \$70, STEPHEN BULGER GALLERY

*Grit and Glamour*, was held in early December.

Born in New Jersey, Tannenbaum moved to San Francisco for school before returning north, where he bided time as a Manhattan taxi driver and bartender. Eventually he landed a gig at *Soho Weekly News* between 1973 and 1982 that meant documenting the sybaritic happenings of various clubs—Studio 54, Club 82, the Mudd Club and CBGB to name a few. Here, the lensman shares the stories behind some of his favourite photos.



### THE CLASH, 1981

"I wanted to find out what they were wearing, so their former manager—his name is Kosmo Vinyl, which is a great name—told me everything."



### THE RAMONES, 1977

"Their look was very retro in terms of the '50s rock and roll style—the black motorcycle jackets. These were the first punks. What came later out of England with the safety pins and Mohawks and all of that...I don't know what you would call that, but this was the real punk look."



### Q & A

## A FINE LINE

How Delfina Delettrez turned the jewellery business on its head

BY JILLIAN VIEIRA

Great expectations come along with a legacy last name—just ask Delfina Delettrez Fendi. (Maybe you've heard of that nearly 100-year-old luxury Italian fashion house famous for its quirky opulence, now headed up by Karl Lagerfeld?) But the Rome-based 29-year-old has only bolstered the family name with her eponymous jewellery line, which she's been producing for a decade. In fact, her totally cool, surrealist concept—think tiered, ruby-dotted lips dangling on a solo earring—spawned an entirely new category in the market: fine jewellery for the cool fashion set. We sat down with the soft-spoken designer during her first appearance in Canada to talk about her singular approach, style philosophies and famous kin.

**Why were you drawn to starting a jewellery collection?** "I saw a hole in the market—no one was making jewellery for my generation. I started with a completely free approach, without really considering the rules. In the beginning, I was setting stones upside down! I like to escape from trends to avoid being categorized. I want to have all doors open in front of me."

**How have your design sensibilities changed since you started 10 years ago?** "I'm more focused now [*laughs*]. Back then, I would have an idea but couldn't explain

it to the people I was working with. Sometimes the idea was too hectic and conceptual. Now I always have technique in the lower level of my brain. It helps me to immediately imagine how the pieces will look on the body."

**Since your family is so entrenched in the fashion world, do you ever bounce design ideas off them?** "Always. Ever since I was a child, my family was my school. They still are today. In the beginning, I would prepare my presentations on a smaller scale for my mother and grandmother and the two of them would get a miniature preview. I would wait for their responses and it would always be positive."

**As someone who designs fine jewellery, what are your thoughts on engagement rings?** "I think we should break the rules and introduce an engagement earring or bracelet. My aunt wears her engagement ring on a chain around her neck—her reasoning was that she's not a ring person, so why should she have to change her habits for love?"

**How would you describe your personal style?** "When I work, I wear a uniform. I don't want distraction—I want to be a sort of display [for my pieces]. Back home, a shop resizes nuns' gowns for me. The nuns wear them when they are cooking or gardening, and so I wear them while in the laboratory and can really get my hands dirty. But I can also be super eccentric and wear pieces that I like to call 'icebreakers.' I'm quite shy, so I wear something that speaks to you before I do. It makes you want to approach me and ask questions like 'What are you wearing?'"



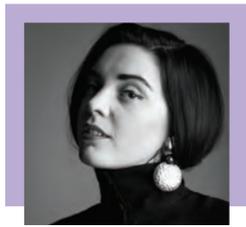
CLOCKWISE, FROM LEFT: DELFINA DELETTREZ RING, \$19,045, EARRING, \$2,275, RING, \$2,200, ARCHIVESLTD.COM

GIFT GUIDE

# Ultimate holiday wish list

We polled four of the most stylish women in Canada to find out what they're asking for this season—get inspired!

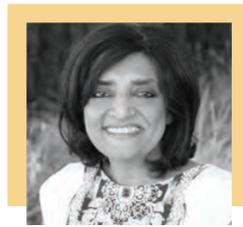
BY NATASHA BRUNO



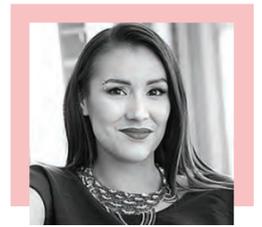
**Brittany Ann Wachter, 29**  
Fashion designer and creative director of Brit Wachter, Montreal



**Amy Rosen, mid-forties**  
Journalist, cookbook author and owner of Rosen's Cinnamon Buns, Toronto



**Surinder Bains, 62**  
Founder and owner of Miraj Hammam Spa, Vancouver



**Devon Fiddler, 28**  
Founder and designer of SheNative Goods, Saskatoon

## Best gift you've ever given

"Custom garments and leather-bound books for my loved ones. I love making gifts to give to people."

"Restaurant gift certificates to places I know people will love. I always include menu suggestions so they don't have to think too hard."

"Home scent fragrances by Esteban Collection Paris. There is nothing more welcoming for your Christmas guests than these delicious scents."

"We gave a white and black SheNative Bucket Bag to my grandmother from our first collection."

## Ultimate holiday indulgence

"Relaxing with my sweet family and baking and cooking."

"I literally don't stop eating chocolate for the entire month of December."

"Oysters from the Brittany coast with my favourite champagne from Reims. Veuve Clicquot is typically on reserve."

"Sugar cookies."

## Fave holiday tradition

"I love winter adventures: being outdoors and taking in the beauty of my surroundings. It's a great time to relax and enjoy where the year has brought you."

"Making (then eating) latkes."

"Perusing the magnificent Christmas windows at Galeries Lafayette in Paris before purchasing a block of Fauchon foie gras."

"Christmas Eve dinner with my family."

## Top holiday cocktail

"Mulled wine, extra spicy!"

"I also literally don't stop drinking for the entire month of December."

"Kir Royale."

"Christmas sangria: white wine, ginger beer, apple cider, brandy, a few pears, plus oranges and pomegranate arils."

## Restorative beauty treatment you swear by

"I love reiki! Also, infrared sauna and yoga."

"Every winter, I head to Body Blitz (471 Adelaide St. W.) with a couple of my gal pals to catch up and take in the soothing waters."

"Hammam and Gommage at Miraj Hammam Spa—and a thalassotherapy cure at my favourite spa on the island of Djerba off the coast of Tunisia."

"I use a DIY coconut oil and honey face mask."

## Most memorable holiday moment

"Midnight bonfires and skating on the farm with my little brother."

"Spending time at the cottage with my extended family and walking out toward the ice shacks on a frozen Lake Simcoe."

"Having an early dinner on Christmas Day with my Vancouver family, then leaving that evening for Paris and celebrating Boxing Day with my French family—*magnifique!*"

"Sledding in northern Saskatchewan's gorgeous Patuanak for the first time in 2010, and getting beautiful handmade beaded gauntlets for Christmas."

## Wish list



RENCONTRER LOOLOO CHOCOLAT CD, \$12, CHOCOLATMTL.COM. FREE PEOPLE MOOD RING, \$38, FREEPEOPLE.COM. OPELLE BAG, \$485, OPELLECANADA.COM. REIKI TREATMENT, \$95 (60 MIN), THE ROCK STORE (TORONTO). I LOVE DICK BY CHRIS KRAUS, \$20, AMAZON.CA



SMYTHE BLAZER, \$695, GRAFIC.COM. VINCE CAMUTO BOOTS, \$285, HUDSON'S BAY. CALVIN KLEIN SCARF, \$48, THEBAY.COM. RAG & BONE SWEATER, \$395, SAKS FIFTH AVE. GLAMGLOW DREAMDUO OVERNIGHT TRANSFORMING TREATMENT, \$69, SEPHORA.CA



GUERLAIN SHALIMAR EXTRACT, \$157, SELECT GUERLAIN COUNTERS. HERMÈS SCARF, \$1,370, HERMES.COM. CAMPO MARZIO BAG, \$440, SELECT CAMPO MARZIO STORES. WOLFGORD TIGHTS, \$55, WOLFGORDSHOP.COM. HOLT RENFREW COLLECTION GLOVES, \$95, HOLTRENFREW.COM



DUNE LONDON BOOTS, \$219, THEBAY.COM. MANITOBAH MUKLUK BOOTS, \$230, STORE.MANITBAH.CA. HILLBERG & BERK EARRINGS, \$80, HILLBERGANDBERK.COM. SHENATIVE COIN PURSE, \$90, SHENATIVE.COM. HELEN ORO DESIGNS NECKLACE, \$300, HELENORODESIGNS.COM

## HAIR HEAD MISTRESS

Just in time for holiday hair season, the reigning queen of celeb hairstylists, Jen Atkin, lets us in on her top five tips

BY RANI SHEEN

Meeting Jen Atkin in the flesh is somewhat unnerving, like seeing a Snapchat feed come to life—if you're one of the millions who've watched countless hours (literally) of her streamed cellphone videos from, say, Kendall Jenner's living room or on set with Chrissy Teigen. Warm and chatty, Atkin documents the behind-the-scenes fun as she whips her clients' hair into effortless-seeming beach waves, just-so high ponyes or gorgeously tousled low buns. A savvy businesswoman, she's spun her success into a product line, Ouai, a collection of hair accessories with jewellery brand Chloe and Isabel and a consulting partnership with Dyson, the esteemed home-gadget brand that recently entered the beauty space with its Supersonic hair-dryer. When we meet to chat in the corner of an extremely loud, buzzy party in New York, held to fete said hairdryer (her Snapchat feed is full of playful clips starring a bemused Sir James Dyson), Atkin's own hair is the embodiment of her signature style: centre-parted, lank but not flat, with just enough bend in the lengths. "Oh, I just got rained on," she says. "And I actually only blow-dried the very top of it." Effortless style, indeed. Read on for more of Atkin's low-key hair wisdom.

**1. Behind every party hairstyle is a great blow-dry** "My favourite thing to do is to get the hair nice and smooth, add some hairspray, and then blow-dry over that hairspray. You're setting it, so you don't have to deal with fly-aways. It makes a difference."

**2. Your hair dryer's diffuser nozzle is your friend** "My generation was about curls, but you can actu-

ally achieve that effortless bend with a diffuser. The combo of mousse and hairspray with the diffuser is like heaven. You'd be surprised what your hair can do. I put the mousse on damp hair from root to end, and then for girls that want a little more balance, I do the wave spray from the shaft to ends. Then I take random pieces and do a flat-iron bend."

**3. Hair accessories can be simple and chic** "I did a hair accessories line with Chloe and Isabel—easy things like circle clips that you can throw in your purse and dress your hair easily. I love the bun cover—that's really cute: If your hair is really flat, you can push it to the side and it keeps your hair to one side, which gives the illusion of more hair."

**4. A sleek look doesn't have to sacrifice volume** "I love straight hair. How you do it depends on your hair type: If you have coarse hair, you'd want to use a finishing cream after you blow-dry, but if you have very thin hair, then you'd want to use a volumizing product. I actually use wave spray to give more volume on a blowout."

**5. When you're styling your hair a lot, you have to take care of it** "I tell my clients who get their hair blow-dried on a regular basis to make sure to take care of it, whether it's with coconut oil or the Ouai treatment mask. It's about making sure you add moisture to your hair because women over-dry our hair. If you're going for a waved or curly look, you only need to dry it 75 to 80 per cent."



## JEN ATKIN'S TOOL KIT

Ouai SOFT HAIRSPRAY, \$32, SEPHORA.CA. DYSON SUPERSONIC HAIRDRYER, \$500, THEBAY.COM. CHLOE AND ISABEL BUN CUFF, \$65, CHLOEANDISABEL.COM



## ONE-MINUTE MIRACLE

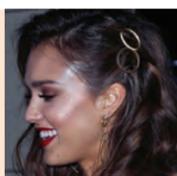
**Dear Bioderma Atoderm Huile De Douche:** The battle between this season's freezing outdoor temperatures and constant indoor heat makes my skin super dry, but thanks to you, this winter won't be getting the best of me. When I apply your silky shower oil to my face and body, your coconut- and sunflower-derived ingredients provide all the moisturizing reinforcement I need. The best part is, your light scent and barrier-repairing formula is gentle enough for my ultra-sensitive skin. Truth be told, you've washed away my winter blues.

*Happily yours,*  
*Carly Ostroff*

BIODERMA ATODERM HUILE DE DOUCHE, \$20, DRUGSTORES

## STAR SPOTTING

If you follow Jen Atkin on Instagram (@jenatkinhair), you know that she's responsible for some of the most followed heads of hair in the world. We asked her about some recent inspo-worthy shots.



**Jessica Alba** "If you go to #nomorehairdents, you will get so much inspiration. Every day there are pictures of Jessica Alba with two of my gold circle clips."

**Chrissy Teigen** "We were trying to go for a retro look for a skit she was doing. I pulled out the diffuser, some mousse and a little retro curling iron. People ended up loving it."

**Bella Hadid** "For a sleek ponytail, like the one I did last night for Bella, the blow-dry is important. There's a difference when she does it herself."

A-list Atkin clients, clockwise from top: Cara Delevingne, Mindy Kaling and Lily Collins.

RIGHT LOOK RIGHT NOW

# Your holiday fashion guide

If there's any time you can step outside your style norms, it's during the month of December. These scene-stealing closet upgrades are just the ticket for a sparkling season

BY JILLIAN VIEIRA



## IN YOUR 30s

**Inspiration:** Kate Bosworth  
**Trend:** Out-there detailing

Look-at-me embellishments always make a splash on the party circuit—for proof, see Bosworth. Prettied-up appliqués, extra-sparkly sequins or ruffles will do the trick (just not all at once!).

MELISSA BUI DRESS, \$2,695, MELISSABUI.COM.  
H&M TOP, \$60, HM.COM.  
ZARA DRESS, \$119, ZARA.COM



## IN YOUR 40s

**Inspiration:** Padma Lakshmi  
**Trend:** Shoulder-baring looks

Take a page from Lakshmi's red carpet playbook and up a feminine palette with unique, shoulder-revealing cuts, which transform what could be an everyday dress into an evening-ready showstopper.

EVER NEW DRESS, \$200, EVERNEW.CA. TIBI DRESS, \$800, TIBI.COM.  
FRENCH CONNECTION DRESS, \$158, FRENCH-CONNECTION.CA



## IN YOUR 50s

**Inspiration:** Halle Berry  
**Trend:** Modern lace

The best part about lace is its impression-making potential. It reads as delicate and pretty in the form of a streamlined Victorian top or as surprisingly sexy in Berry's skin-baring approaches.

BCBGMAXAZRIA TOP, \$257, BCBG.COM. REISS JUMPSUIT, \$535, REISS.COM. ALLSAINTS DRESS, \$395, ALLSAINTS.COM



## IN YOUR 60s

**Inspiration:** Diane von Furstenberg  
**Trend:** Standout toppers

An LBD repeat is no match for a take-notice jacket. Opt for an extra-long, drapery version, like von Furstenberg, or a weather-appropriate furry vest (although we're pretty sure you won't be leaving it with coat check).

PINK TARTAN JACKET, \$595, PINKTARTAN.CA. TORY BURCH VEST, \$2,250, TORY BURCH.  
ELLIIE MAE JACKET, \$695, ELLIEMAESTUDIOS.COM



BEAUTY INSIDER

## BOLD APPROACH

Makeup pro James Kaliardos on New Year's beauty essentials and the power of a neutral lip

BY RANI SHEEN

One of the most rewarding stops on the backstage beauty circuit at New York Fashion Week is Rodarte, and not just because designers Laura and Kate Mulleavy typically dream up the most whimsical, beautiful beauty looks. It's because their longtime lead makeup artist, James Kaliardos, is a delight to talk to. Kaliardos is at the peak of avant garde fashion—he's a co-creator of the collectible art-fashion magazine *Visionaire* and used to hang out with Andy Warhol at Area nightclub in New York—but he's also warm and twinkly. Even when he's doing near-black lips or pierced eyebrows, his makeup always makes women look gorgeous, never silly. That might be why

his client list includes Hillary Clinton, Linda Evangelista, Julianne Moore, Tilda Swinton, Miley Cyrus and Anne Hathaway.

We spoke to Kaliardos to find out what informs his approach to beauty.

### 1. A red lip can turn a night around

"My most memorable New Year's was my first trip to Sydney, Australia. My boyfriend at the time, now my husband, has a house right on the harbour, and we were watching the fireworks. His sister was getting married, and I didn't



RODARTE



TADASHI SHOJI



ROSIE ASSOULIN

beauty editors ask me, 'What are the three things women should do?' I don't think a

woman should do anything; she should make her own decisions, especially about her beauty. It's a private moment for her to reflect about what she wants to put out into the world or how she wants to tap into her creativity. You shouldn't feel obligated to put on your face for the world."

### 3. Don't be afraid to be interesting

"The makeup in this collection isn't for 'pretty' girls. It's for girls who look even better than pretty: interesting. They look like something you don't see all over the place, something that will turn your head. A dark lip definitely is a 'don't fuck with me' kind of look; it's a very strong statement. But when you dot on a neutral lip and perfect your lip with liner, you look really put together. It looks like you're worth a lot of money, you know what you're doing, you're pulled together, you're very into those subtle changes that shift perception."

### TOOL KIT

This season, M.A.C is celebrating three long-running artist collaborators—Kaliardos, Diane Kendal and Kabuki—by inviting them to create their own dream products. Here, Kaliardos shares his top three



"I call these 'diamond eye accents' because they give this reflection on the eye that's really fun for New Year's."

"It was fun to dip into the M.A.C archives. This lipstick called Jasper started out as a brown colour from the '90s. I added a little bit of wine to it to make it a bit more versatile."

"I made this highlighter for darker skins, because it's hard to find the right highlight that's not ashy. I'm really happy with the light and dark palettes. You can contour, highlight and colour your cheeks."

M.A.C PRESSED PIGMENT EYE SHADOW IN BLACK GRAPE AND LIGHT TOUCH, \$28 EACH. LIPSTICK IN JASPER, \$21. FULL FACE KITS IN MOONS OF SATURN AND MOONS OF JUPITER, \$50 EACH, MACCOSMETICS.CA

TREND ALERT

# Rock on

*Out-of-this-world crystals and stones are powering the next wave of nail art*

BY RANI SHEEN | PHOTOGRAPHY BY HAMIN LEE | MANICURES BY RITA REMARK

Crystals are beautiful, mesmerizing and have the power to make our day—and so does a fresh manicure. Rita Remark, lead nail artist for Essie Canada and the brand's lead global educator, has been meditating on this connection for a while. "I started to see rocks and crystals everywhere, whether it was a marble countertop or a necklace with a beautiful crystal on it," she says, while on set in Toronto for this shoot. "Whenever I see a pattern forming, I have to copy it onto nails."

Remark, 28, was introduced to the power of crystals when friends gave her a rose quartz to help her feel grounded while working amid the frenzy of New York Fashion Week. Now on her eighth season, she works with designers such as Band of Outsiders, Wes Gordon and Jonathan Simkhai to dream up the nail looks for their shows. She was also a backstage fixture at dearly departed Toronto Fashion Week. "Toronto is my home," she says. "I really had a comfort zone with the designers—it was like family."

Wherever she's working, Remark is always looking to move her craft forward. "A lot of nail art is high-contrast and intentionally jarring—this is more subtle," she says. "It's also like a wink-wink to something that's natural—some people only like 'natural' nails. Crystals are as natural as it gets." These looks are surprisingly easy to DIY because the designs are haphazard and imperfect. "If one nail has more gold than another, it really doesn't matter," says Remark. "It feels right."

## THE LOOK ROSE QUARTZ

Promotes self-esteem, trust, love

**HOW TO DO IT** 1. Paint translucent pink base. 2. Mix pink polish with acetone on foil; dab on nails. 3. Repeat step 2 with white polish. 4. Paint thin white veins with striping brush. 5. Top with coat of sheer white. 6. Finish with matte topcoat such as Essie Matte about You.

ALYNNÉ LAVIGNE RING, \$220, ALYNNÉLAVIGNE.COM, EXPRESS JUMPSUIT, \$90, EXPRESS.COM



## THE LOOK HOWLITE (above left)

Promotes awareness and stress-release

**HOW TO DO IT** 1. Paint cream base. 2. Use a striping brush to paint very thin wavy black veins overtop. 3. Finish with shiny topcoat.

BAZZUL DRESS, \$275, BAZZUL.COM, BEAUFILE RING, \$350, SALES@BEAUFILE.COM

## THE LOOK TURQUOISE (above right)

Promotes luck, protection, self-acceptance

**HOW TO DO IT** 1. Paint aqua base, such as Essie In the Cabana. 2. Sponge on metallic teal and pastel green splotches. 3. Add a few drops of taupe polish to a cup of water, and spray with hairspray. 4. Dip each finger in, pull out, allow to dry. 5. Clean up cuticles and skin with remover. 6. Finish with matte topcoat.

BAZZUL DRESS, \$275, BAZZUL.COM, MARMOD8 RING, \$90, ETSY.COM/SHOP/MARMOD8

## THE LOOK AMETHYST GEODE

(right) Promotes inner peace, balance, intuition

**HOW TO DO IT** 1. Paint sheer lilac base. 2. On separate pieces of foil, mix dollops of deep purple, grey and off-white polish with drops of acetone. 3. Dab purple mixture on with paintbrush. 4. Add flecks of grey and off-white. 5. Paint full coat of sheer pink. 6. Use tweezers to apply uneven pieces of gold leaf. 7. Finish with topcoat.

MELANIE AULD BRACELET, \$170, MELANIEAULD.CA, MEJURI RING, \$130, MEJURI.COM

ALL CRYSTALS COURTESY OF THE RUSSIAN STONE, THERUSSIANSTONE.COM



## THE LOOK ANGEL AURA QUARTZ

Promotes energy, balance, wisdom

**HOW TO DO IT** 1. Paint clear base. 2. Add one coat sheer pink. 3. While it's tacky, use tweezers to press on tiny triangles of iridescent gift wrap. 4. Repeat steps 2 and 3. 5. Finish with glitter topcoat, such as Essie Sparkle on Top.

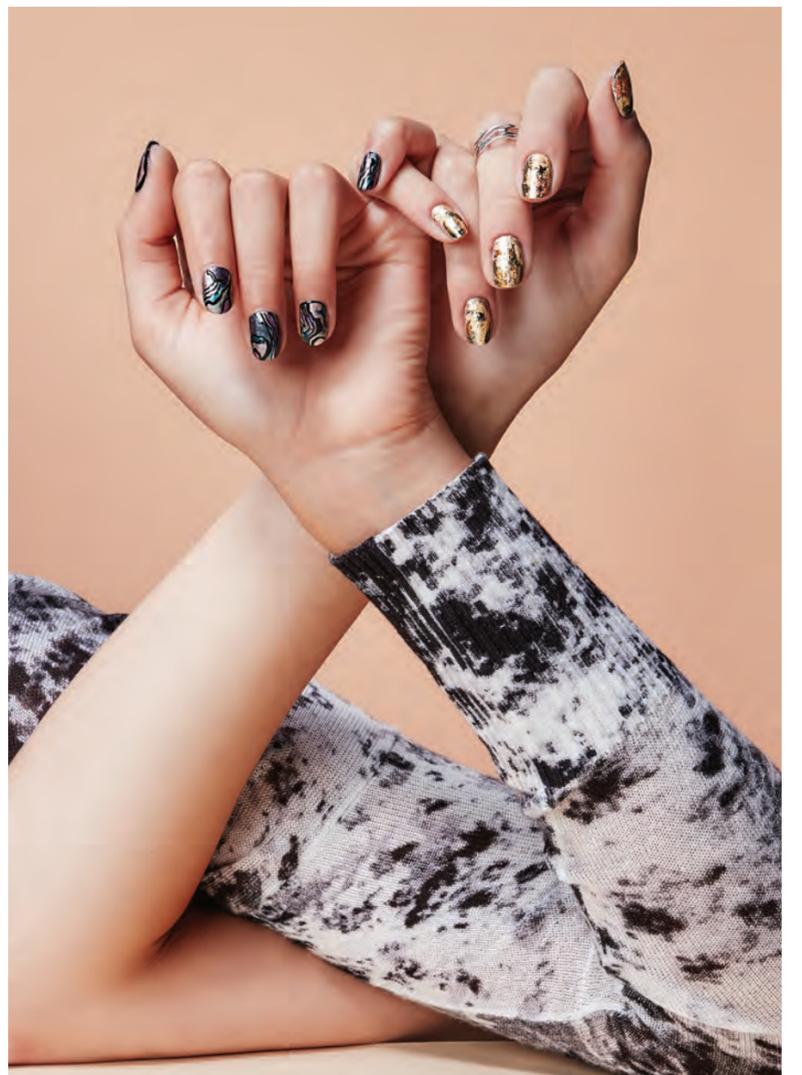


## THE LOOK AGATE

Promotes healing, confidence, courage

**HOW TO DO IT** 1. Paint grey base, such as Essie Chinchilly. 2. Dab black blob near edge of each nail. 3. Trace outline of each blob with thin off-white and pale blue lines. 4. Follow with thick wavy white line, thin navy, thick off-white and thin pale blue lines. 5. Dab gold glitter polish over black. 6. Cover with matte topcoat; sprinkle white sugar on top of white polish.

JENNY BIRD BRACELET, \$75, JENNY-BIRD.CA



## THE LOOK ABALONE SHELL (above left)

Promotes compassion, gentleness, peace

**HOW TO DO IT** 1. Paint black base. 2. Dab with iridescent charcoal, pearly pink, mauve, teal, rose gold and lime. 3. Use a striping brush to paint wavy black lines overtop. 4. Finish with shiny topcoat.

JOHN + JENN TOP, \$150, JOHNANDJENN COLLECTION.COM

## THE LOOK PYRITE (above right)

Promotes wealth, power, vitality

**HOW TO DO IT** 1. Paint one coat of copper, such as Essie Penny Talk. 2. Cover with topcoat and use tweezers to press on pieces of tarnished gold leaf from a craft store. 3. Add another layer of shiny topcoat.

DANIEL CHRISTIAN TANG RING, \$100, DANIELCHRISTIANTANG.COM



TEST DRIVE

## CAN YOU ACTUALLY WEAR A CORSET?

Randi Bergman tries to have a good time in history's most notoriously un-feminist clothing item

SHOP THE TREND



FROM TOP: BRAVE BELT, \$155, BRAVELEATHER.COM; HOURGLASS ANGEL CORSET, \$175, HOURGLASSANGEL.COM; L'AGENT BY AGENT PROVOCATEUR CORSET, \$315, LAGENTBYAP.COM

Fifteen minutes into my test drive of one of fall's hottest trends, I'm sweating, swearing and screaming loudly enough to terrify all my neighbours. Silly me: When I decided to slip into a corset to hit up a fancy cocktail party in honour of an up-and-coming designer, I was picturing Rihanna casually sporting a corset belt on top of a PJ top while on a date with Drake—I thought replicating her look would be as easy as making a Drake meme. (Note to self: Never equate yourself with a living icon.) Unlike Ri's Chanel cincher, mine is a torso-flattening satin number that hits just below my breasts. The look doesn't work: My butt is way bigger, and the corset creates a literal shelf in the worst way possible when layered over a vintage silk button-down. Worst of all, having only haphazardly listened to the careful dressing instructions from Northbound Leather while picking up said corset, I have become trapped inside the hard casing of one of feminism's first wearable foes.

Before activists burned their bras in the '60s, the corset was suffragette enemy number one. Shaping the ideal female figure since the early 1600s, the corset became downright dangerous near the end of the 19th century, when the "wasp waist" (a scary waist measurement of 14 to 17 inches) became fashionable. Deformed ribs and dislocated organs were only a few of the side effects, which led to protests and, ultimately, bondage bodices being abandoned for the looser styles of the 1920s. Since falling from grace, the corset has crept back into fashion a few times (all hail Madonna's larger-than-life cone-bra corset in the mid '90s, by way of designer Jean Paul Gaultier). But its reappearance on this fall's runways at Prada, Loewe and Balmain is directly related to the Kardashians and their popularization of waist-trainers. While their shaping abilities have yet to be proven, the Kim-approved contraptions have become synonymous with the otherworldly curves so sought after today.

But back to me and my regular cu (I'm now officially going for sexy witch) and, infuriatingly, I can't get the damn thing back on. After managing to knock over several items on my dresser with the bones of the corset—which when half done up, stand stiffly out at attention—I'm finally ready. With double-layered hoops and heeled sandals, my final look is *The Craft* meets '90s prom. I'm not displeased. I head out in the pouring rain and can't enter my Uber without assistance. I remember that historically, women weren't accorded much of a life, which totally makes sense in this awkward moment.

In a time rich in feminist dialogue, the corset's current return seems particularly profound. Or maybe I'm too hungry to be thinking clearly. After the party, despite the fact that a corset is truly a no-sit item, I suggest grabbing a late dinner. But once settled at a no-frills pho restaurant with my friends, I find eating past full (as is my usual style) impossible. So like a Victorian lady, I leave some food on my plate.

"After managing to knock over several items on my dresser with the bones of the corset, I'm finally ready."

SHOPPING  
A STAR-STUDED STATEMENT

Want a stellar present? Ask for the most on-trend pieces in the galaxy, as inspired by the out-of-this-world collections from Valentino and Dolce & Gabbana



FROM TOP: WILDFOX SWEATER, \$258, WILDFOX.COM; MARSHALLS JACKET, \$180, MARSHALLS.CA; VINCE CAMUTO NECKLACE, \$78, HUDSON'S BAY; TOPSHOP DRESS, \$260, HUDSON'S BAY; GAP JEANS, \$90, GAPCANADA.CA

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SHOPPING

## Caped crusader

Once the uniform designated for royalty and comic book characters, the striking cape coat has seen a resurgence this season for fashion appreciators of lesser superpowers. The statement piece was spotted at Prada, Mulberry and Tommy Hilfger in an easy-to-wear silhouette and a winter-averting knee-length hemline. Looking regal without all of the responsibilities is a trend we can marvel at. —*Sarah Cho*



FROM LEFT: J.CREW, \$714, JCREW.COM; BARBARA BUI, \$5,335, BARBARABUI.COM; SENTALER, \$895, SENTALER.COM; MULBERRY, \$3,685, MULBERRY.COM; PHILOSOPHY DI LORENZA SERAFINI, \$745, HOLT RENFREW



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